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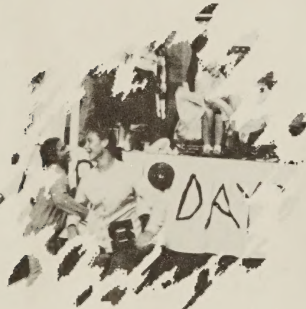
SHS



Student Life 6



Senior 28



Junior 50



Sophomore 64



Freshmen..... 78

The Free Lance-Star

616 Amelia St.

Fredericksburg, VA 22401

Stafford High School



The Indian Legend

Volume 44 • 1996

Student Population: 1604

Stafford High School
33 Stafford Indian Lane
Falmouth, Virginia 22405

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It's Like This... Gesturing emphatically, Greg Bishop talks to another student during the first day of school over his brand new folder, compliments of the school. The blue Stafford folders were a common sight on the first day of school in homeroom. Getting back into the routine was fun because one got to see his or her friends, but it could also be boring because of the necessary explanations and instructions the student had to sit through. *Photo by Stacie Bordick.*

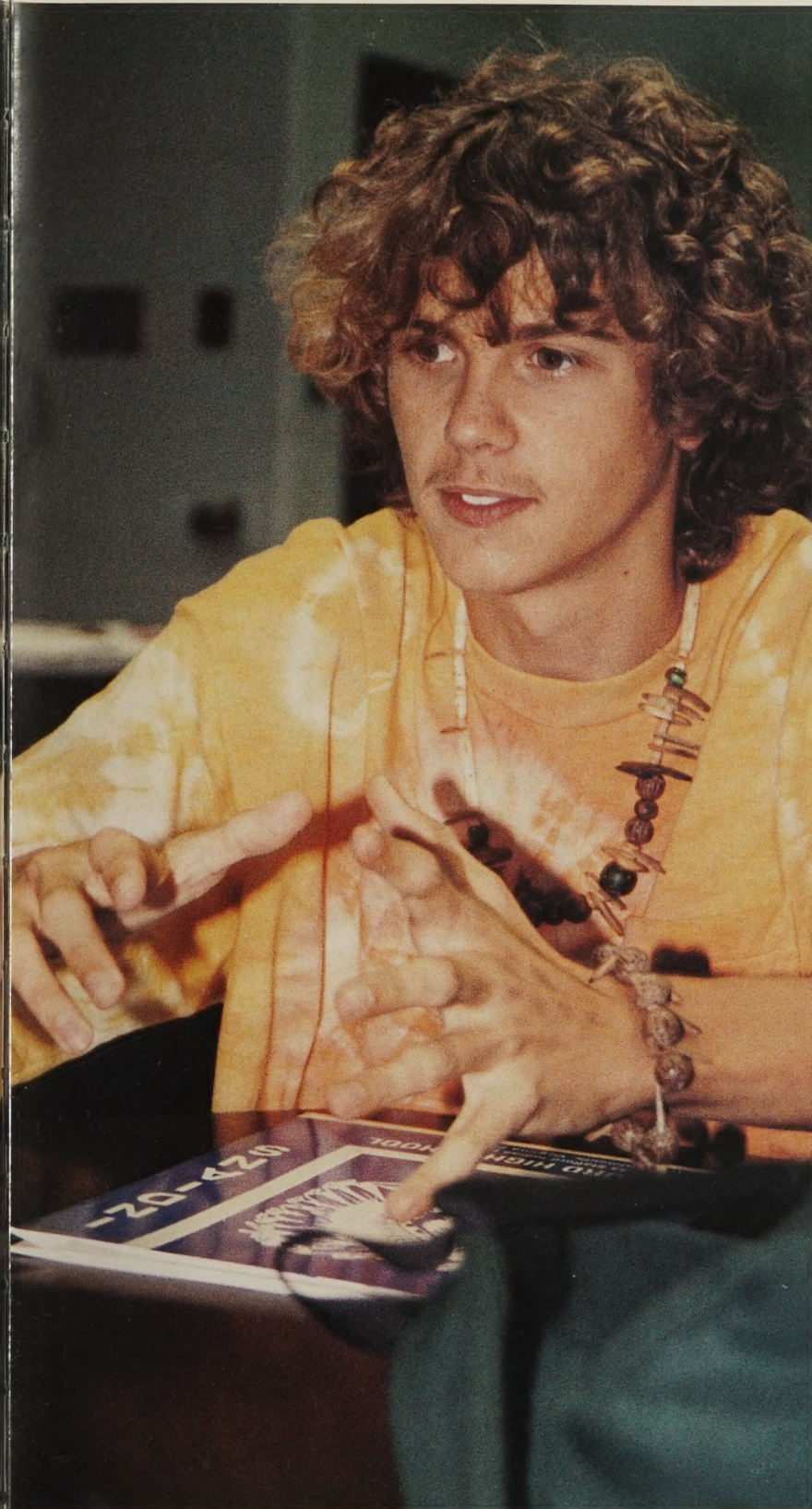
'96...Turn it around or upside down and it still comes through loud and clear, sort of like the students of Stafford. In the face of adversity they were always able to come through. They survived everything from proms to college searches; dating to financial aid; parking permits to vital decisions about the future. Every day presented a challenge, whether just the normal drone: homework, tests, and quizzes, or the more diverse: jobs, S.A.T.'s, sports, and other extracurricular activities. During the four years of high school, even the little things seemed life-threatening. "When you need a Homecoming date it seems like a really big deal, but after you get one and after Homecoming you realize how dumb it was to stress over it," declared Crystal Goding. Nevertheless, the students made it and in '96 they looked forward toward the 21st Century, the new year, decade, century, and millenium that *they* were to be responsible for, which was so close but at the same time so far away.

The class of 1999 began their high school careers in '96 and were sometimes turned around or a little backwards and unsure of what the years ahead held in store for



Just Chillin' After an apparently hard golf practice, Coach Dick Byrne relaxes in the coolest of golf carts. Non-golfers often do not realize the skill and talent as well as effort necessary for the sport of golf. The golf team fared very well this year coming in first in the district and second in the region. *Photo by Niki Tyson.*

...turning it upside down!



Hit 'em Hard Putting everything into it, David Friel runs into the blocking sled during JV Football practice. The JV Football team started practice well before the school year began. Football was a very physically and mentally challenging sport that few other sports could match. *Photo by Mark Hughes.*



Reading Notes Going over their music, Nick Powers and John Gayle discuss their performance. Practicing long hard hours was necessary but often fun for band members. The audience in the stands at the home football games was very appreciative of their hard work. *Photo by Mark Hughes.*

Carry A Big Stick With looks of determination on their faces, Amy Hutchins, Kris Denson, and Coach Pat Wheelbarger practice hard. Field Hockey was *not* a sport for the mild or the meek. Practices, which started in the middle of a heat wave, consisted of a lot of endurance exercises such as running and drills on technique. *Photo by Mark Hughes.*

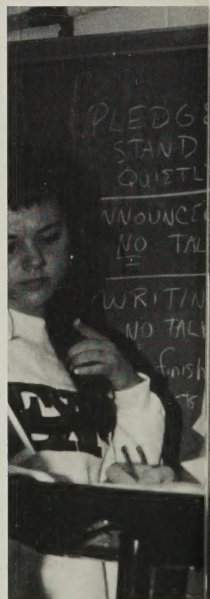


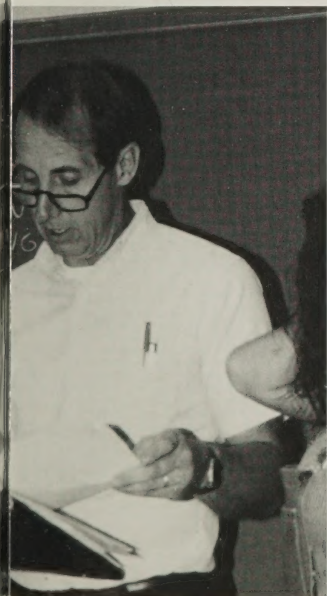
Trust Me Participating in an exercise in trust, Josh Chamberlain allows Kevin Ouellette to lead him around. Drama class was a learning experience and a fun time all rolled into one. While it was a place for students to relax, it was hardly a "nothing" class.

Photo by Stefanie Shifflett.

them but were confident nonetheless that they could somehow contribute something to the world that had not been there before '96. Those who would exit high school in **1998** were also still staring in the face of uncertainty about what their futures held; however, they knew that '96 would bring to them more certainty and responsibility than they had possessed as the underlings of the school. As the class of **1997** walked through the doors they exuded an air of superiority, proud that they were no longer so lost and confused, and happy that in '96 they were beginning the preparations to move on past high school but still had time to enjoy the experience. Then came the class of **1996**, excited to realize how close they were to facing the future and closing the door on their way out but scared at the thought of moving on, leaving friends, and growing up.

Whatever class they were in, it was soon evident that the student body was more of a mass of friends than a mess of strangers. They helped each other out in more ways than one. Margaret Sacks commented, "It was a big help having study groups; we got a lot done but actually enjoyed ourselves at the same time." In '96 the students were original, strong, and becoming prepared to face a world that they just possibly could turn around. *Story by Stephanie Crain.*

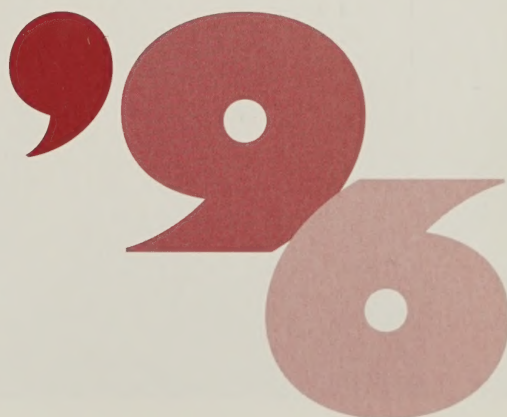




Beowulf Anyone? Explaining English to Mandy Shealy, Mr. Jimmy Andrews proves that he knows his stuff. English was not always a favorite subject of students, but often the students were happily surprised to find how interesting a teacher could make it.

Photo by Stacie Bordick.

Just Smile And Nod Taking the utmost care to pay attention, Angela Rutherford and Anna Ervin listen in Yearbook. Photojournalism (Yearbook) was a class that required effort both in and out of class. It was not a class that one could slack off in, or everyone in the school would see the evidence would be in the yearbook with their names by it. *Photo by Stacie Bordick.*





Student Life

The life of a high school student

is often a diverse and bewildering experience. It is full of homework, first dates, laughter, parties and much more. By the time a student reached senior status, his or her life was often nonstop. "According to my daily planner, the next time I'll be able to sleep is a week from Tuesday. Even then I'll probably only get an hour of sleep," laughed Kathrin Havrilla. It was often difficult for students to balance all of their responsibilities whether they were homework, sports, jobs, or work at home. Some students also made sure that their activities did not interfere with time to chill.

While most students will agree that school was often a hassle, school had its positive points. There of course is the common and generic reason that school was good: a place to meet people and make friends, but there were other reasons as well. Despite the fact that most of the students would never admit it, there were some really interesting things going on in the school, such as Marine Science or Broadcasting Technology. "We gather footage and edit it and have a good laugh watching ourselves on camera," explained Cameron Trant (about Broadcasting Technology). But as John Kraus remarked, "Sometimes I use home to escape from school and sometimes I use school to escape from home." *Story by Stephanie Crain.*

Tootin' Away Doing his best to get every note right, Ben Nuckols plays in the band during the halftime performance at a Varsity Football game. Halftime shows took a lot of time and effort to coordinate and perform. Football games had something for everyone from the band to cheerleaders and naturally the game. *Photo by Mark Hughes.*

Guardians of the Goal Waiting for the shot to be taken, Kris Denson, Elizabeth Campbell, Amy Connelly, and Amy Piester protect the goal. Field hockey required teamwork as well as individual talent. The team apparently had a lot of both because they went all the way to State's. *Photo by Mark Hughes.*



Indians on the Warpath...

Showing their school spirit, Scott Johnson cheers his Indians on. The football games were enhanced by the five or so young men who dressed up as Indians and walked in carrying torches with the team. Not only did it look amazing but it also helped to intimidate opposing teams. *Photo by Mark Hughes.*

Actors Galore During the play "As You Like It," Katherine Torrey, John Torrey, and Taylor Blackburn display their acting talents. Two other plays, "The Tower" & "Confusions" were performed during the 1994-1995 school year to the delight of the student body. *Photo by Mark Hughes.*

1995 ended with a mixture of emotions, mostly sadness from the departure of the graduating senior class. Many close friends of those who remained in the halls of Stafford, left to pursue their future goals. Some were off to work while others were college bound. Whatever their decisions, many underclassmen missed their graduate friends. The halls during the next school year would be filled with many new faces, minus the beloved '95 graduating class.

The graduation ceremony which took place had mixed reviews. Dawn Baker, who attended the ceremony to see her brother graduate, said that "it was just too long and went on and on." However Meredith Liepold felt it "was hard to see everyone leave." Many would be lost to the "outside" world, but would not be forgotten. *Story by Gina More.*



Time Out While at Prom '95, Cameron Trant, Jennifer Ouellette, John Kraus, and Crystal Goding take time out from dancing to catch up on what was going on. Prom was a great time to spend with friends.

The 1995 graduating senior class left behind many lasting memories...

FLIP SIDE

*...but there's always the
"Class of '96!"*

The seniors of 1996 were just
as excited as any other



Love in the Air? Showing her affection, Gretchen Kuhl envelops her boyfriend Adam Lincoln during Prom '95.

Wrestling Mania As a sumo wrestler in the festivities that were held at After Prom, Marcus Lawrence shows off his masculinity. After Prom had a lot of activities in which the students could participate to unwind after the big night.

Photo by Mark Hughes.

previous graduating class. However, they were not leaving without reminiscing about past memories. Kelly Cwiak said that "being a senior is really fun, but it also makes me sad to think about leaving. I can still remember when I was a freshman. I've had four wonderful years here at Stafford." Others weren't quite so sentimental about memories but looked at the year behind them as Ray DeLeon summed it "the best."

FLIP SIDE

In the winter months the days
and nights are filled with




student's wishes and prayers
for snow. "To wake up to
four inches of snow is the
stuff dreams are made of,"
said Eric Wichman, "Some-
times I go and play football
but most of the time I just
sleep."



Takin' a Break Before field hockey practice, Bonnie Combs ties her shoe. Practice was grueling and any excuse to take a break was often used. *Photo by Rita Stevens.*

Doggone Cute. In between soft-ball games Lena Browneyes and Melissa Fauscett make a new friend. Visitors were always welcome at the games, and sometimes even those of the human kind. *Photo by Rita Stevens.*





Dairy Queen At the county fair, Heather Howe milks a heifer. Thanks to her quick hands, she won the cow milking contest for her father's team. The performance was "udderly" amazing. *Photo by Niki Tyson.*

For most people, summer was usually filled with either work or vacations and on occasion just lounging around and soakin' up some rays. "I worked on [Interstate] 95 all this summer, it was tough" said Scott Johnson. Allison Masters explained about her job as well, "I worked at Fuddruckers this summer, it was cool. You should go there; you get free cookies." Summer trips were also a big part of the vacation time. "I went to Israel and rode a camel through Jerusalem," said Patrick Edwards. Ashley Sisson and Heather Copley ventured across the Atlantic, too. "We went to Stafford, England. It is nothing like this place at all." Some people brought back more than memories from their summer vacations, like John Bridges. "I went to Florida, met a girl from Indiana, and now she stalks me!" Summer was a blast for most and a chilling experience for some. *Story by Adam Sullivan.*



The Flamingos Before practice Tom Marlowe, Mike Kozicki, Jason Trant, Dustin Hood, and Ben Whitford strike a pose. Stretching was an important part of cross country running. *Photo by Rita Stevens.*

The hot and spicy days of summer seemed would never end.

Dog Days

Summer Outings

Arabian Knight. Standing in an Israeli desert, Patrick Edwards soaks up the beautiful view. He spent three weeks in Jerusalem with a church group last summer. He never imagined that he would ever get such a wonderful opportunity to travel across the world. *Photo by Mrs. Edwards.*

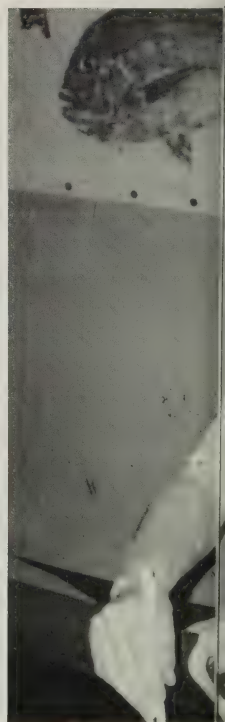
The summer of '95 began for many of the class of '95 and other lucky people with Beach Week. Margaret Sacks remembers "coming in late one night and discovering her bed was being occupied, so she ended up sleeping on the balcony with a boogie board as her pillow." Some people were fortunate enough to get accepted to Boys' and Girls' State, but had to miss Beach Week. Ben Nuckols "went to Boys' State, and took part in a parody skit in the Talent Show that made fun of the speakers who came with the sole purpose of being boring. They made the whole 900-member delegation of Boys' State explode with laughter."

A number of people participated in various camps from SCA, to sports, to Governor's School. Whether for a couple days or a month, it was always good to get away from home for a while. Tug Coker "went to California to play in a basketball tournament. It was great because I went to the beach, and to the O.J. Simpson murder site. But the best thing was that all expenses were paid for." Those who were unable to attend any camps or go on vacation at the beach made the best of their days off. Erin McCants, a diligent Rally's employee, "went to a Tom Petty Concert. It was phat," she said. A lot of people had great summers, and shared their memories of the fun times throughout the school year. *Story by Anna Ervin.*



I'm Stuck! Adam Cwiak is buried in the sand at Nags Head. Chilling at the beach was a great way to pass the days during the summer. After being spoiled by the sun and waves, it was torture to leave and have to think about school once more. *Photo by Carol Cwiak.*

*From Beach Week to September,
the Fun Never Dies.*



FLIP SIDE

On the other hand, some felt that the summer was very boring, and could not wait for



A Budding Scientist While at Mary Baldwin College, Kelly Cwiak takes a chemistry course to earn credits for college. After the last day of school, classes were just beginning for others.

Photo by Kelly Cwiak.

Konichi wa (Hello) Linda Cannon learns how to cook some common Japanese foods. She went to Japan for her son's wedding, and got a taste of the culture. She saw that the best way to travel to other countries is to live like the natives. *Photo by Mr. Cannon.*

school to commence. "All I did was watch TV for two weeks and spend some quality time with my family", said Tia Campbell about her Nebraska vacation. It is hard to make the best of summer when the options are not there. Take advantage of all opportunities and have a blast.

Summer Practice

Gregarious Golfing Contemplating his next stroke, Corey Davis prepares to send the ball to the green during the summer practice session of golf. Corey had a very successful season and placed 11th in the State Tournament. The golf team placed 2nd in Regionals and 6th in State.

Photo by Niki Tyson



While some may have spent their summer in the air-conditioning, the athletes tried not to let the heat get to them. For them, the summer meant getting up early and heading off to a HOT day at practice. "Practice was rough work. Everyday I came home with a new bruise," said Amy Butler, a field hockey player. To some the hard work was a new experience. "I was really nervous because it was my first time on drill team. Practice was tough, but I had a lot of fun and it brought the team closer," said Kim Murphy. "We knew we needed the summer to practice hard and that it would pay off. I actually wanted to practice because I wanted my senior year to be the best," said Cameron Trant.

The main complaint about summer practice was obviously the heat. "There were times the pond looked really inviting," said Melissa White, a Junior Varsity cheerleader. Even though at times there was frustration and sweat, there were times of fun and laughs too. Its those times that keep the dedication there and make the athletes ready to come back next year. *Story by Danielle King.*

Water Break Taking a break from the hot summer practice, Shaun Benning cools off at the water fountain. The heat kept the team looking forward to the quick water breaks they were allowed during practice. A record breaking heat wave hit this summer, keeping Stafford high on the thermometer.

Photo by Mark Hughes.

*Athletes had to beat the heat
...but they had fun, too.*



FLIP SIDE

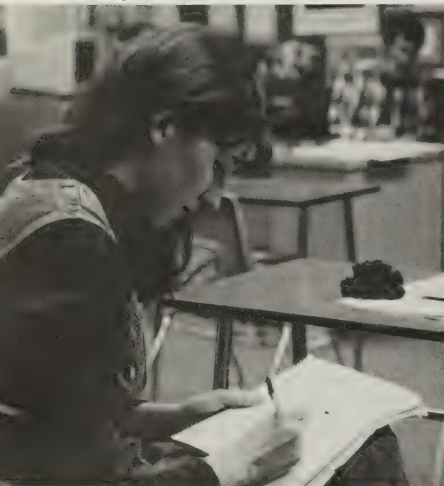
Some students were quite content with spending the summer inside and relaxing. "Sleeping in was a welcome change," said Kerry



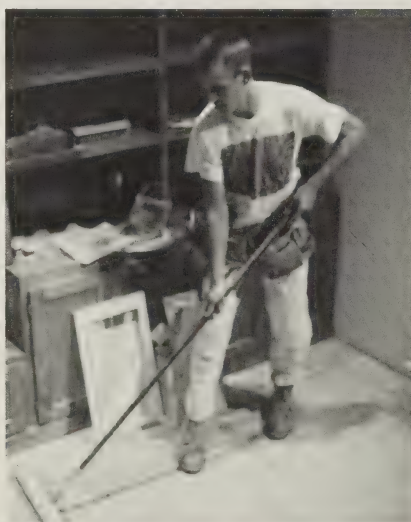
McKinnon. "I wasn't ready to come back but I wanted to see everyone again," she added. To many summer is thought of to be a break...a time away from the stress and pressures of school. But for those who spent long days at work, relaxation was the last thing on their minds. "I hated going to work. If it hadn't been for the money, I wouldn't have even bothered getting up," said Steven Cull. Sarcastically he added, "I so looked forward to going in everyday and making those little Burger King crowns."

FLIP SIDE

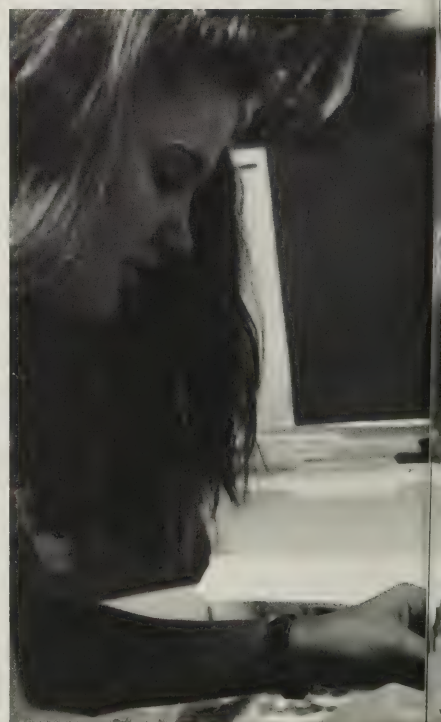
The summer of 1995 was a chance for student to find part-time jobs. Others found that their



time was best spent enjoying their free time. But for the students that wish to find their first summer job, they found getting into the working world could be tough. Michelle Cowen remarked, "I found out that minimum wage was not enough." It was difficult for some to make ends meet when they had responsibilities and bills to pay. The summer of 1995 was really a preschool lesson to real life.



Tool Time Sweeping the sawdust away, Scott Johnson makes sure that his work area is clean. He found himself working under the guidance and command of his father who is a local contractor. Construction work was an unusual but well-paying job. *Photo By Liz Malay.*





Did You Say Wild Cherry? At Kings Dominion, Auxiliadora Mairena shows off her expertise at snow cone making. It proved to be a tough job when, "the syrup didn't come off my hands." For many working at an amusement park was fun but the 45 minute commute was hectic. The pay and the new friends were a plus. *Photo By Maria Mairena.*

Working over the summer is not really what people want to do, but in the summer of 1995 many were busy. They found out that if they wanted to have fun a little cash in their pockets wouldn't hurt. Scott Johnson could usually be seen on Interstate 95 digging ditches on a daily basis. Just because students were working didn't mean that they didn't have time to exchange stories. "One day a wall fell on Adam," said Scott about Adam Sullivan's construction job.

The summer didn't always have to drag on with a daily routine. Eric Connelly recounted (while lifeguarding), "Some little boy came up behind me and pulled down my shorts with my boxers and I was standing naked in front of a bunch of girls." A summer job didn't always turn out to be what people expected. For those who weren't fortunate enough to keep their jobs, they still found it easy to laugh at what could've been. Corbin Stacy was one of those remarking, "I threw up in the front wait station of Market Street and quit because they made me clean it up and wouldn't let me go home." Overall, the summer was great whether working or not. *Story by Auxiliadora Mairena.*



Horses Of Course While at Hazelwild Farms, Lisa Dye works on cleaning her riding gear and tack. She found that working in an area that she loved was a wonderful experience. For many summer jobs were not just one summer flings, they are jobs worth going back to. *Photo By Michelle Damos.*

It'll Be Alright Taking special care, Kristi Moyers puts band-aid on Casey. She was one of the many children Kristi cared for at Child's World in Ferry Farms. She was happy to have had the chance to experience childcare before pursuing it as a career. *Photo By Liz Malay.*

Cash becomes the necessity as school ends.

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"After lunch I said to myself,
and anyone else within



earshot, 'I need a piece of
gum'. Then out of nowhere
came an unknown under-
classman, to my rescue with
a sugarless relief to my
Dorito breath." *Ryan*

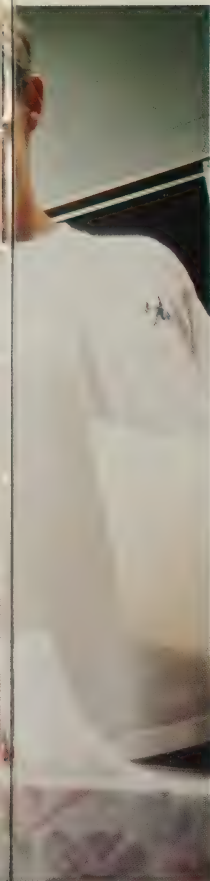
Drewniak



Stocking Up With a label of ownership, Ms. Jackie Davis passes out textbooks to Michael Doremus and John Paul Rapier. The first week of school meant a lot of new textbooks for students to carry. Carry home they did, too, with a lot of homework to accompany them. *Photo by Bryan Ennis.*

Measuring Up With a milliliter here and a milliliter there, Mr. Matt Schrader and Joe Decatur ponder over a beaker. The Chemistry students not only had to learn the ways of the laboratory, but they also had to learn the ways of a new teacher. Stafford had many new teachers join its family. *Photo by Michelle Damos.*



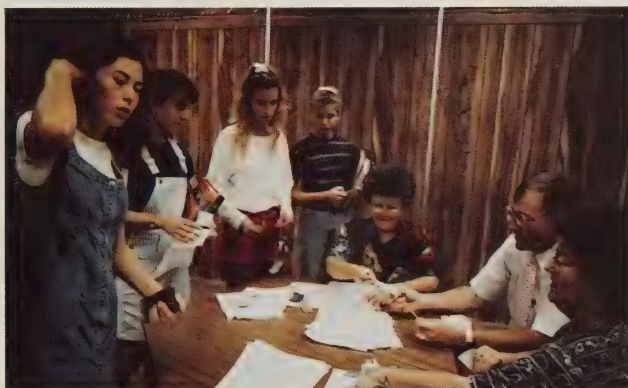


Week one

No emergency calls to the doctor were made, no examination needed to be performed; everyone just knew that the pitted feeling in the bottom of their stomach was a symptom of the first week of school. It's a disease that plagues every teenager once a year. At Stafford there were reported cases of this disease in several of its most common degrees.

Found in the earlier stages, the symptoms could be treated with optimistic outlooks, like junior Kelly Combs who said "The first week of school was a breeze compared to working all day plus two field hockey practices." Other patients found remedies such as "I've been reenergized by the liveliness and excitement of going into my senior year" (Patient no. 249, John Bridges). More serious cases were recorded where the patient lost memory and sense of direction, such as Danielle Washington who found herself lost and in the wrong homeroom the first day of school. She later said it would not have been so bad if she wasn't a SENIOR.

All in all, however, the 1995 epidemic of the first week of school was not too bad. There were no necessary quarantines and many began to see it as a week closer to the last week of school. *Story by Jennifer Moore.*



Sign on the dotted line With a flip of the hair (and the pen), Regina Griffith gets her parking permit, as Kelly Cwiak and Emily and Brittany Wood wait their turn in line. The first week of school was every man for himself when it came to getting a parking space. Things got to normal soon, however, and rearview mirrors everywhere were ornately decorated. *Photo by Mark Hughes.*

The students tried to find Indian remedies to cure their annual illness.

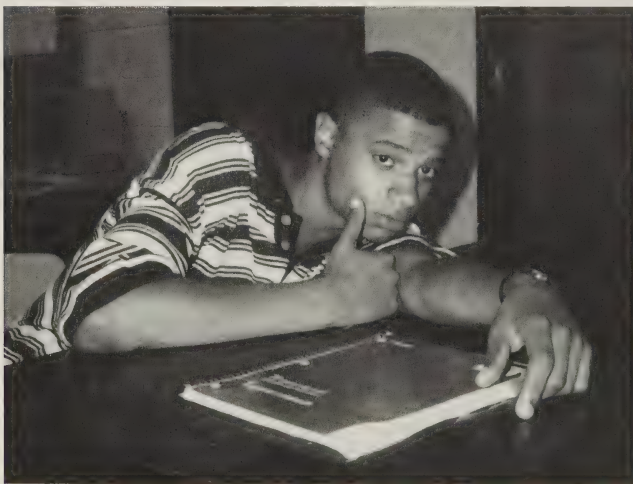
We're Back

Working Hard Taking notes in English during those first few days of school, Ray DeLeon practices the habits of a diligent student. Paying attention and taking notes was often very hard at the beginning of a new school year. It was necessary, however, if one wanted to be a successful student.

Photo by Brian Ennis.

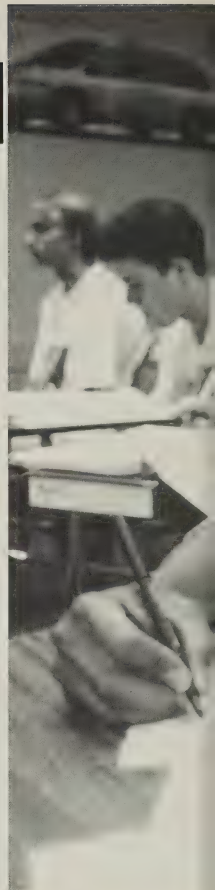
After a restful but short summer the time came to start a new year. Many students looked forward to the year. "I was excited about the year because I knew I had a really easy schedule," commented Jason Loving. Other students found it difficult to get into the routine. "The hardest thing about getting used to school was convincing my stomach to eat the cafeteria food," laughed Tom Sitzman. Mrs. Watts groaned, "I don't think I'll ever get back into the routine because I'm buried under piles of paper." But no matter which way they felt, the inevitable experience had to begin.

For some students the year brought about changes in the way they got into the routine. It was especially different for those who had younger siblings joining them in the high school. Dawn Epperson, speaking about her younger brother Justin Epperson, said, "This year was the hardest to get back in the routine because I have to compete for bathroom time with my brother." Amanda Kingston knew this whole year was going to be different not having her older brother Erick around. "Me and my brother used to race to school everyday, now I have to drive up Route 1 all by myself." The bottom line is that school brought about changes and students had to adjust. *Story by Cameron Trant.*



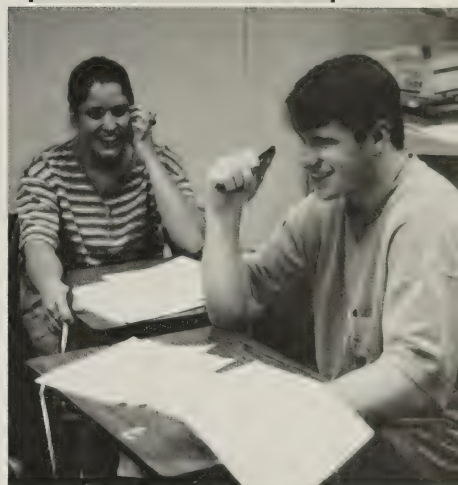
Taking a Break Waking up, Brian Watson apparently found the first week of school a little overwhelming and found his quiet study hall a welcome surprise. Sleeping was one of the many liberties students had to give up as school started. However, students usually found a way to deal with their sacrifices. *Photo by Rita Stevens.*

Whether you like it or not!



FLIP SIDE

But what happens when the routine is over? When the spring is over and the long



school days of January and February start. The thought brought chills to the senior football players. John Kraus said, "I can't even imagine school without football." Chris Watts was able to speak for many when he said "It will be sad." Four years of work will end at graduation for these guys and it will be hard to fill the void.



Women at Work Discussing their plan of action, Amanda Sparks and Erin Nelson work in Technical Drama. Their class made the set for the play "Our American Cousin." *Photo by Rita Stevens.*

Just a Note Reading from his notes, Mr. Eric Powell teaches his history class. Taking notes was one of the things many students dreaded about school beginning. *Photo by Bryan Ennis.*

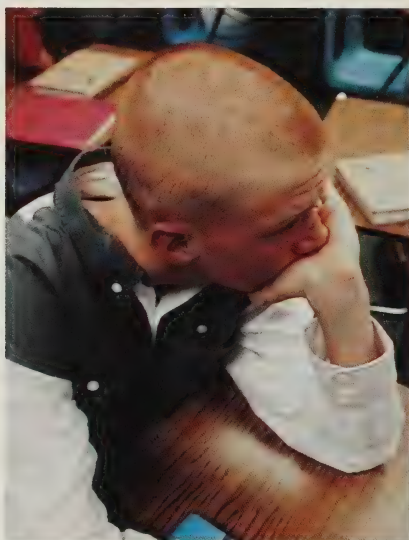
FLIP SIDE

The beginning of the school year brought in the styles of "grunge," the Dead, brightly colored hair and the baggy

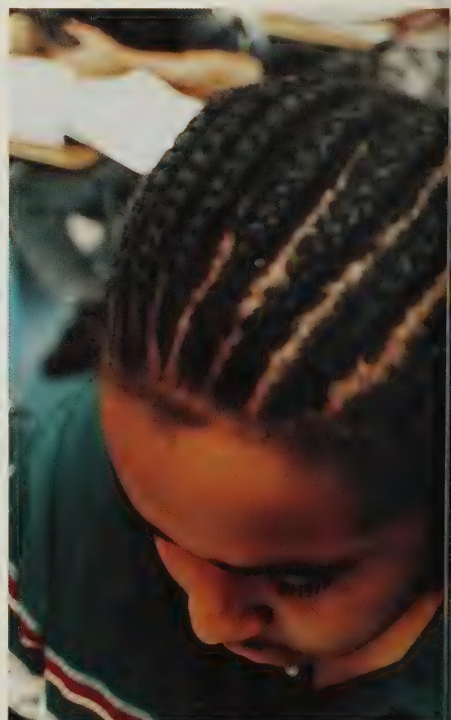


clothes of urban hip-hop. Though being a unique individual was "in," not all trends were new. Students were seen around school sporting some old standards. No tinted hair or Airwalks for Meredith Goggin and Brian Quann. Rugby shirts and jeans were as popular as ever despite the rise of Crayola-tinted hair and thrift store bargains. Some styles seem never to die.

Bobbing It. With this fad, Candice Whitaker shows off the bob. This swinging old fashion has enjoyed a rebirth with the hit show *Friends*. So what about bob? *Photo by Bryan Ennis.*



Buzzzzzz! With hair straight out of bootcamp, Brian Morey sports the crew cut. This was one way to stay cool during the summer months, but it got a little chilly when the air conditioner came on. *Photo by Bryan Ennis.*



Go trends

Time Lapse. For some, holey jeans were more than just a fad. John McMurray goes back to the old school with these pants. Even though wearing holes in clothes wasn't hip for most people, some nonconformists didn't mind looking different. *Photo by Bryan Ennis.*

Trends were the reason we got dressed in the morning. After all, what could possibly be better than looking exactly like everyone else? Well, according to Crissy Throne, several things. "Just because you see someone wearing something doesn't mean you should." However, other students didn't really mind it, "I think it's cool, it gives you new ideas," said Chris Conway.

Trends allowed people to express things their way. It's almost impossible not to have trends, because when something clever comes up, people are naturally going to want to do it. How could every single person have a different style from everyone else? Still there were people like David Catalano, who refused to accept the highest form of flattery. "If one more guy grows sideburns I'm gonna shave mine off," he threatened.

Trends at Stafford were quite a source of amusement, like staring in wonderment at students walked around with tints in their hair that Crayola hasn't even come up with yet, or counting how many of the same pairs of Airwalks there were stomping around. Nevertheless, some of it was too much for Kathrin Havrilla; "If I see one more 'No Fear' shirt, I might scream." *Story by Kira Bernabe.*

Green Day.

Displaying her unique style with her "kool-aid"-colored hair, Jenny McGee looks on. This genre of hair color was popular at Stafford this year. Was there a method to this madness? *Photo by Stefanie Shifflett.*

Corn Rows. Snoop Dogg is in da house with this doo. Clinton Powell is kickin' it with his rows. This all-natural hair style was something to behold. Go Clinton. *Photo by Bryan Ennis.*

Students analyze every trend.

The normal routine consisted of going to classes to learn



about far off places or to explore the sciences. Many were bored by the drone of the routine, and always looked for something fun to pass the time. Liz Malay and Corbin Stacy "went to a thrift shop and tried on about a million different hippie outfits" to get into the spirit of things. However, school was a must to succeed in life and was not all fun and games.

Working Man Helping out with the senior Homecoming float, Travis Yonts wraps foil around a bicycle wheel. The seniors took first place for their float of "Gilligan's Island." *Photo by Liz Malay*

Please Don't Pop! Preparing for Homecoming, Rebecca Kimmitz fills a balloon with helium. Hard work and student involvement made "Homecoming '95" a success. *Photo by Rita Stevens.*



Pippi Longstocking? On Nerd's Day, Jennifer Moore really gets into the spirit of things. Her interesting hair-style attracted much attention from the students. Creativity was evident in preparing for each day designated during spirit week. *Photo by Mark Hughes*

Great Hair! On Get Up and Go Day, Adam Sullivan shows off his school spirit with his unique hairstyle. Bunny slippers to bathrobes were seen on Get Up and Go Day. Fun was had by all. *Photo by Stacie Bordick.*



Spirit

Pocket protectors, double images, bunny slippers, blue and gold bodies... Sound like a weird creation from a horror/sci-fi movie? The answer is unfortunately, no. It was merely Spirit Week in the halls of Stafford. Spirit Week deviated from the norm, "causing a lot of fun and laughter from the basic routine," as stated by April Grigg.

Monday was Get up and Go Day where students basically got up from bed and left to start their school day. Some sported curlers in their hair, while others wore their favorite slippers. Some really got into the spirit, however, and went all out, slippers, nightgowns, bathrobes, no deodorant...

Tuesday was Nerd Day. Many displayed their opinions as to what the "ideal" nerd was. Oversized glasses and suspenders were a common sight. Students had a creative imagination which brought a lot of laughs from their peers.

Wednesday was Twins Day. A group of close friends would appear in the halls looking exactly alike. Coincidence? Or perhaps they had planned their ensemble previously, to show their enthusiastic spirit they had for their school.

Thursday was Hippy Day. Many felt though, that this day "didn't differ much from any other day," as felt by Kari Cwiak. Parent's old clothes, lost to the dust in the attic resurfaced for the outrageous day. Dashickis and headbands were just a few of the many items seen throughout the day.

Friday brought about Blue and Gold Day. It was the day of the big Homecoming game and spirit was in full force. Katie Fox who came to school clad in blue and gold said that "It feels great to be able to support the school." Clothes weren't the only way to express the school colors. Many were seen with blue and gold hair, or possibly even blue and gold skin... Hopefully it washed off. Story by Gina More.

Week



Nerd Times Four Showing off their school spirit, Joanna Fray, Jeanine Yednock, Rebecca Kimmitz, and Katie Sweet are dressed up for Nerd Day. On Nerd Day, everything from pocket protectors to mismatched clothing were found throughout the halls of Stafford. Photo by Bryan Ennis

Breaking away from the usual drone of the school day made Spirit Week crazier than ever!

Comin'

Home

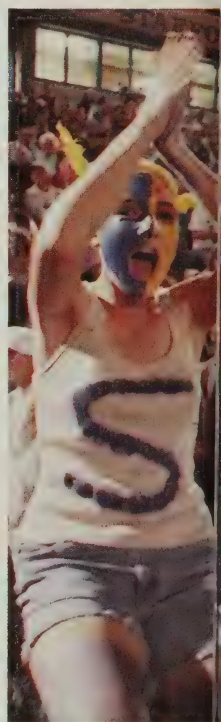
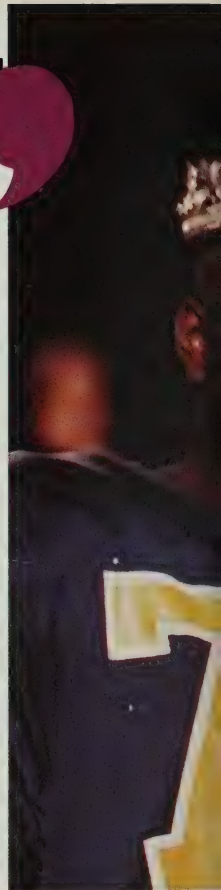
After the week of preparation and perspiration, Homecoming was finally here. The Friday festivities were kicked off with the pep rally and concluded with an awe-inspiring victory over Mt. Vernon 30 - 17. The halftime show was as good as ever with the class of '96 taking the float contest for the second time with their theme of "Gilligan's Island." After the parade, the floats gave way to the Homecoming Court. James Poole and Hollis Sullivan were crowned King and Queen of Homecoming '95. Hollis was ecstatic; "I couldn't believe it was me." But the fun was just beginning.

Saturday was the day of the dance, the day to make all those last minute plans and get to your date on time. For some, the dance was a romantic dream, for others "It was a night from the bowels of the Underworld" described Erin Doyle. Dennis Carmody shared his recipe for a romantic night out, "I cooked us grilled chicken and peas. Oh, and Carl's for dessert." For Robin Jones, "It was a neat time to see everyone dressed up." Homecoming was a time to let your hair down and have fun. When it came down to it, Regina Griffith echoed the feeling of the night when she said "I had a blast". *Story by Adam Sullivan.*



The Tribe Before the opening kickoff of the Homecoming game, the football team is led out by the tribal chieftains. The torch-bearing Indians were great for rallying the crowd as well as the team. The team won this one over Mount Vernon. *Photo by Mark Hughes.*

A Night of Football and Fun...



FLIP SIDE

Not everyone went to the dance.



Jacquelyn Bonner and some of her buddies had a girls' night out. "I really don't think I missed much. We laughed and had a good ol' time at the movies."

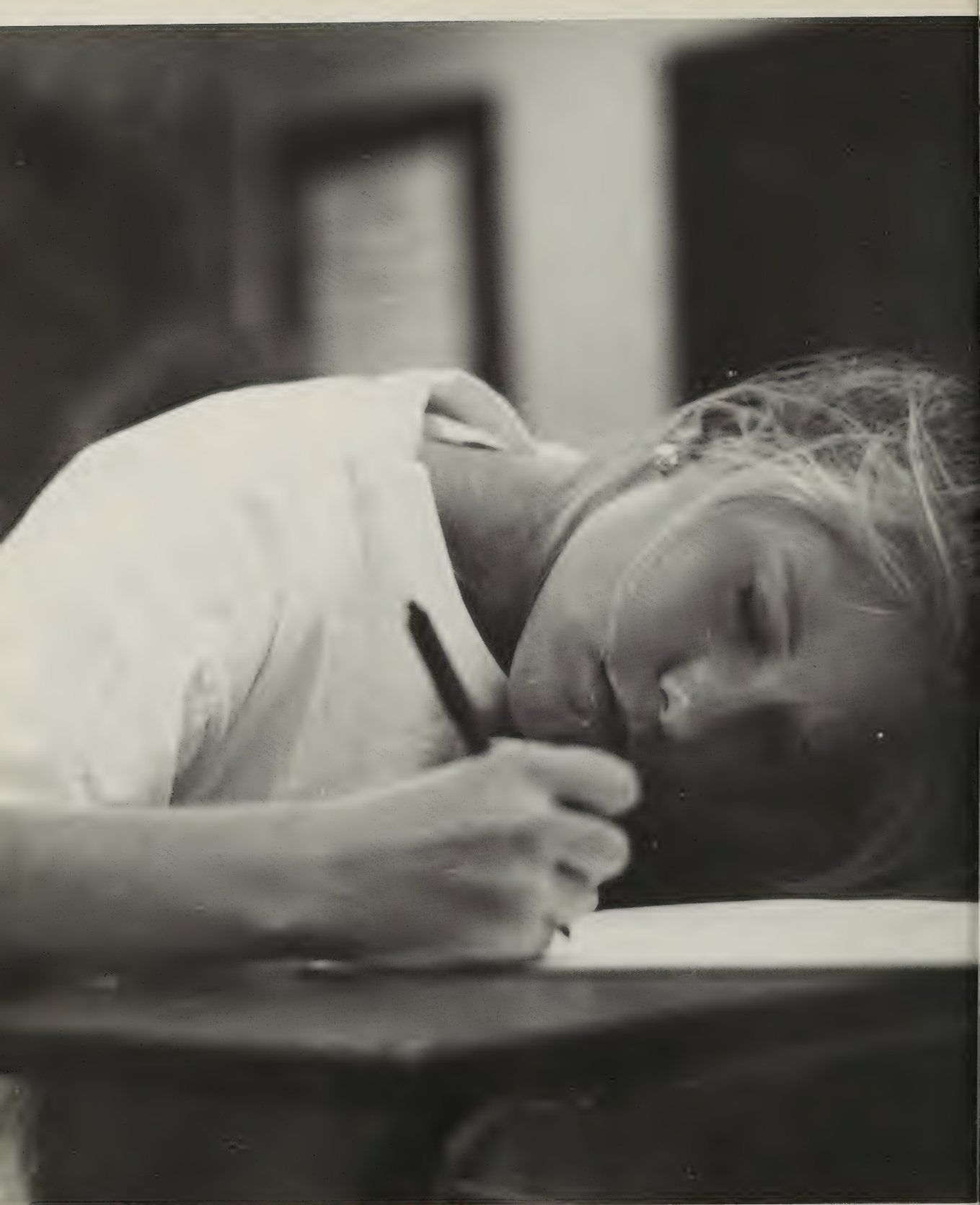


Stafford's Royalty. After being crowned King and Queen of Homecoming, James Poole and Hollis Sullivan share a royal smile. The crowning moment was awaited by the entire school, and was worth the suspense.

Photo by Mark Hughes.

Showing Off That Spirit At the Homecoming game, Jennifer Moore, Jessie Scherrens, Erin McCants, and Amanda Masters proudly display their Stafford Spirit as they brave the cold and cheer on the team. Fans don't get any better than this, except for the torch-bearing Indians. *Photo by Mark Hughes.*





Seniors

The Class of '96.... what can be said? They were arguably one of the most unique and original classes ever to show their faces at our wonderful alma mater. Ever since the beginning of their years here, they had been told that they were different and special (maybe it was true and maybe it wasn't but they seemed to like to believe it). Perhaps Joanna Fray was a little more accurate in her statement that the Class of '96 was merely "INSANE!" Regardless of whether they were special or insane the Seniors were unique. Margaret Sacks attributed this to a simple fact: "We're more like a family than just a class; we care about each other like a family but we fight like a family too."

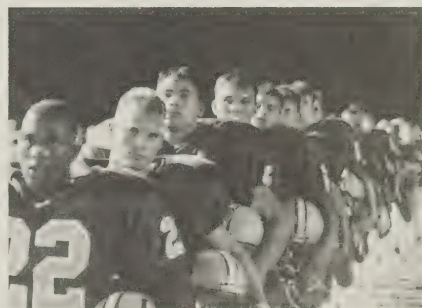
The Seniors in 1996 were constantly doing things to stand out from the rest of the crowd. They turned the school upside down with events like the "Indians" (Scott Johnson, Adam Sullivan, Ray DeLeon, David Catalano, and Kevin Sasser among others) cheering and walking in with the football team carrying torches, being back-to-back Homecoming float winners, and being four-time tug-of-war champions at the Homecoming Bonfire. The Class of 1996 was even caught cheering at pep rallies.

Leaving the school after four years was a harsh reality for many of the Seniors to face. "We're such a close-knit unit that the thought of leaving everyone in the fall is almost unbearable," commented Ryan Drewniak. Despite the fact that it was hard to leave, the Class of '96 knew that they had exciting things in store for them in the future.

Story by Stephanie Crain.

Working Hard Looking like she is sleeping, Amanda Masters actually diligently finishes her assignment. Seniors often had the urge to let things slide since they were almost done with high school. Senioritis was a common disease among the Class of '96. *Photo by Stefanie Shifflett.*

Breathing Well Modeling the latest in respiratory aids, Monte Lambert, Troy Farrar, Eric Schneider, and Matt Shelton stand on the field during the National Anthem. Lined up before the game, the Varsity Football team could be a very formidable sight. The football team had very few players but had a great season anyway. *Photo by Mark Hughes.*



Picture Perfect Smiling pretty for the crowd, Homecoming King James Poole and Queen Hollis Sullivan revel in their royalty. Being named Homecoming King or Queen was a great honor because they were chosen by their peers. The Homecoming show at halftime was one of the most interesting events of the year. *Photo by Stacie Bordick.*

Fall Fun

When the leaves were dropping, autumn fun began.

The fall brought great weather and opportunity to enjoy any free-time. The weekends were perfect for natural afternoon outings. The temperatures did not drop rapidly, allowing students to take advantage of the warm, sunny days. Ray DeLeon went hiking at Rag Mountain with a group of friends. He "loved the fresh air, solitude, and view from the top of the mountain". Patrick Edwards said that "the colors of the leaves helped the time pass by at the Regional Cross Country Meet." Horse-back riding was a popular sport of the fall. Dawn Epperson went fairly often because she "enjoyed the beauty of the trail from a different perspective and had a blast when the horse galloped." The only negative thing about the gorgeous leaves was that they needed to be raked. Jesse Hanson was able to make the tiresome job fun by "jumping into the piles of raked up leaves."

Halloween was an excellent chance to buy a pumpkin; too bad the high schools do not have Pumpkin Patch field trips. Margaret Sacks remembered "spending all day working at the Haunted High for the National Honor Society." Though there was not a very good turnout because the football game had been delayed, "it was still fulfilling to see the fear on the faces of the young children that went," said Brian Creasy. Brian played the role of the sadistic gym teacher. Many seniors visited colleges to decide where to apply. Ben Nuckols "saw the greatest win in UVA football history as they knocked off the undefeated, national championship contending Florida State Seminoles." Before the winter had even approached, the fall produced lots of memories. *Story By Anna Ervin.*

Indians are Red Hot! Ray DeLeon is proudly carrying a torch to get the football team psyched to win. Ray, Kevin Sasser, David Catalano, and Scott Johnson showed their spirit by dressing up as Indians. The Indian Spirit spread and the support of the crowd motivated the team for victory.

Photo by Mark Hughes.



DAVID AKERS
SHARMAINE ARMWOOD
ERICA ANDERSON
JARVIS ATKINS
KIMBERLY BAILEY

ROBYN BAKER-SCA Rep. 9, Reporter 10, French Club 9-10,
Spanish Club 9-10, Spanish Club 12, Key Club 11-12, Drill Team
10-12 Co-Cap. 11-12, Girls Ensemble 9, Madrigals 10-11, FBLA
10-12, Focus 9-12, Jr. Civitans 12
TABITHA BAKER
ALLISON BALDWIN - Varsity Field Hockey 11, 12, Winter
Track 11, Key Club 12, HOPE 11, Soccer 12
KATHRYN BALGAVY - FBLA 9-12, Historian 12
KRISTEN BARTHOLOW - Marching Band 9-12, French Club
10-12, Junior Civitans 11, NHS 11-12, Wind Ensemble 10-12,
Focus 9-12

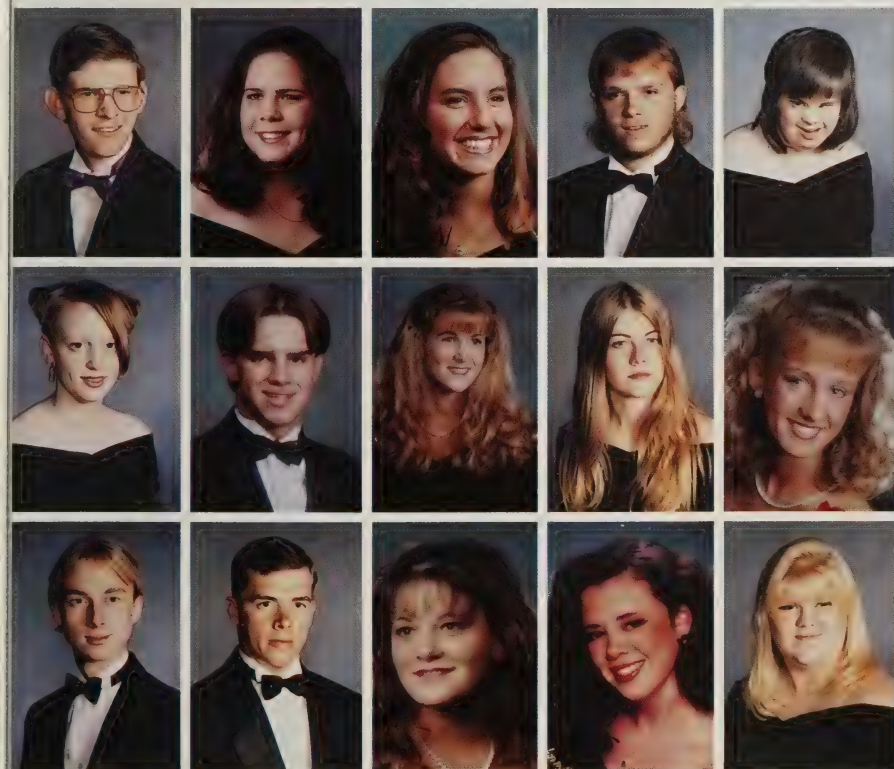
HARPER BENNETT, III
KIRA BERNABE - Yearbook 11-12, Mads 10-12, Key Club 10-
12, Spanish Club 9-12, Orchestra 9, Enviro 12, Drama 10-12,
Democrats 10-12 Sec. Forensics 12
DAVID BERRY
MAUREEN BERRYMEN
ROBERT BISHOP





Did They Find a Bomb? Hanging out at the football stadium, John Conroy tries to pass the time during the bomb threat. The students who arrived by bus and car were diverted to the football stadium parking lot and stayed at the football field while waiting until school commenced. *Photo Mark Hughes.*

Mmm Mmm Good Katie Sweet, Sarah Evans, and Megan Staab enjoy the nice fall weather during lunch. They needed to eat well to get energy for the Pep Rally. They organized two Pep Rallies during the football season to get the team and fans psyched to win. *Photo by Liz Malay.*



STEVEN BLAND
JACQUELYN BONNER - Key Club 10-12, French Club 11, Yearbook 12, Environmental Club 12
STACIE BORDICK - Yearbook 10, Photo-Editor 11, 12, Spanish Club 9-12, NHS 11-12, Who's Who, Field Hockey 9-10, Latin Club 10
RONNIE BRADY, JR.
HALEY BRAM

SARAH BREWINGTON
JOHN BRIDGES - Soccer 9-12, Winter Track 11, Spanish Club 10-12, Environmental Club 11-12, Key Club 10-2, Jr Class President, Sr Class President
HEATHER BROOKS
CASEY BROWNING - Yearbook 11
KILEY BROYLES - Cheerleading 9-12, FBLA 11-12, VICA 12

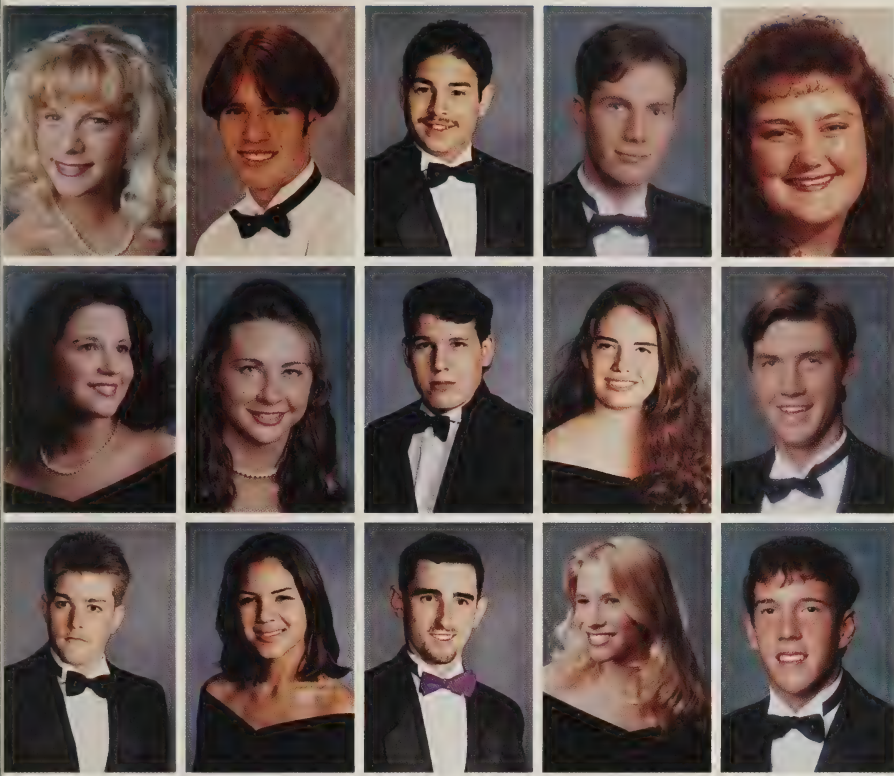
DOUGLAS BRYANT, JR - VICA 10-12, Vice Pres 12, TSA 11-12, Lacrosse 11-12, NHS 11-12
JAMES BUCK - Electricity 1 and 2, Auto 1, Football, VICA
CARRIE BUCKLES
CANDICE BUSHEY
SUSAN CAMPBELL - Cosmetology 11-12, VICA 11-12, DECA 12



Enjoying The Sights.

Standing inside the OAS Embassy Plaza, in Washington, DC, Auxiliadora Mairena, Regina Griffith, Kathrin Havrilla, and Crystal Jenkins take a break from learning about Latin America's culture and government. The Spanish club takes a yearly field trip to a cultural event.

Photo by Stacie Bordick.



SUSANNAH CAMPBELL - Varsity Field Hockey 11-12, JV Field Hockey 9-10, Cap. 10, FBIA 12, German Club 11-12, Spanish Club 9-10, JV Basketball 11, Varsity swimming 9-10, Key Club 9-12
 KEVIN CARMODY - Madrigals-10
 EDWIN CARRILLO
 DAVID CATALANO - Track 10-12, SCA President, French Club 9-12, Key Club 10-12, Madrigals 9-12
 ANDREA CHEEK - Softball 9-10, VICA 11-12, ICT 11-12.

Spanish Club 9-10
 DENA CHILDRESS - Senior Class Reporter, Soph. and Jr. Class Vice Pres., SCA Rep., Homecoming Court 9-11, Varsity Softball 9-12, Tennis 9-11, Basketball 9, Young Dem. 10-12, Spanish Club 9-11, TSA 12, FBIA 10-12
 CATHERINE CLEAVER - Field Hockey 9, Swimming 9-12, FBIA 9-10, Spanish 11-12, NHS 10-12
 JOEL COBB
 ANGELA COCKRILL - NHS 10-12, Indoor Track 9, Spanish Club 9-12, FBIA 10-12, Vice Pres. 12
 JOHN "TUG" COKER - Basketball 9-12, Tennis 9, Golf 9-12,

Baseball 12, SCA Vice Pres. 11, Latin Club 9-11, FBIA 10, NHS 101-12, Key Club 9-12
 JOSEPH COLE
 JENNIFER COLVIN
 ERIC CONNELLY - Baseball 9-12, Swimming 9-12, NHS 11-12, Spanish Club 10-12, Key Club 9-12
 JESSICA CONROY - Drama 9-12, French 11,



FIELD TRIPS

Field trips... the best excuse to miss a day of school! "The bus rides are the best part," says Jason Loving, an electricity student who took the trip to Vepco in Richmond early in the year. "Mr. Hall fell asleep on the bus, so we decided to put lipstick on him," he said. The students from Electricity and Auto Mechanics spent the day riding around in electric busses and trollies. Even though the group had to leave at 6:30 in the morning, Stafford "lit up" Vepco with their school spirit. "We were the loudest ones there. We rode around on the buses singing songs about how we were from Stafford High," said Brian Venf. Because of their chants and energy, many felt that they wouldn't be forgotten around Vepco.

Marine Science took a field trip this year which left many classrooms "seniorless." The trip was to Virginia Beach to observe and capture aquatic organisms. Students spent from 8:00 to 12:00 out on a boat catching squid, crabs, fish, and even an octopus. "I was just glad I didn't see anyone spew," said Stephanie Crain. Later in the afternoon they went to a museum where they saw more marine animals. Overall, fieldtrips were looked forward to by the students. *Story by Danielle King*

All Aboard. On a Marine Science field trip to Virginia Beach, Jamie Sanborn, Hollis Sullivan, Mike Diebold, and Tug Coker enjoy the salty air. Students spent the day observing aquatic life and improving the skills they learned in the classroom. *Photo by Brian Ennis.*

STEPHANIE COOK
TANYA COSTA - VICA 11-12

MICHELLE COWEN

STEPHANIE CRAIN - Indianettes 10-11 Officer 12, German Club 11 Pres. 12, Key Club 10-12, NHS 10-12, Drama Club 9, FBLA 10, German Gov. School 10, Who's Who 11, Nat. Merit Commended Student, Yearbook 11 Copy Ed. 12

BRIAN CREASY - Winter Track 9, Soccer 9-10, Cross Country 10, French Club 11

NICOLE CROWLEY

JASON CURTIS

KELLY CWIAK - Key Club 10-12, Soccer 9-12, Track 10-11, Drama Club 9-12, Spanish Club 11-12, Latin Club 11-12, Hope Club 11-12, NHS 10-12, SCA Representative 9-12, Focus 9-12

JENNIFER DAHLING - VICA 11-12, HOSA 10-11, TSA 10-11

MICHELLE DAMOS - Yearbook 12, Spanish Club 10-11, Jr. Civitans 11

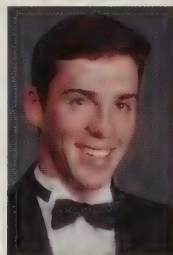
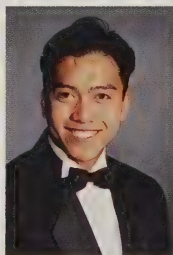
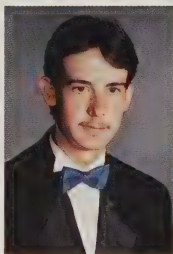
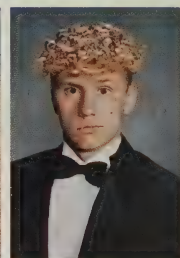
MATTHEW DANZI - FBLA 10-11, Spanish Club 10-11, Yong Republicans 11-12, NHS 11-12, Science Club 12, Chemistry Club Pres.

THOMAS DAYMUDE - DECA 10-12, Spanish Club 12

RAYMOND DELEON - Soccer 9-10, Spring Track 110-11, Winter Track 10-12, NHS 10-12, Key Club 11-12, French 11-12, Basketball 9, Staff, Leadership Forum 1, SSS 11-12, Enviro. Club 12

CHRIS DENNING

HEATHER DENNIS



Seniors Rule

It could possibly be the best feeling on earth.

Seniority is eventually what high school students strive to reach. Some remember that as freshmen they looked up to the seniors and wondered what it was like. Well, this is a buzz clip for all those who don't know but it is a big deal. Yes, graduation leads to bigger and better things but as remarked by Chris Dunn, "We're about to go off to college and we're about to have a lot of responsibility heaped on top of us."

Not everyone's outlook is towards the future and the picture of what the real world is like. Many are really just interested in the here and now. Senior John Kraus is one who has awaited this moment for a long time and says, "We can walk down the hall and know that the underclassmen can't touch us." Seniority may seem as if you're being branded an ugly name, but really it's a great state to be in. For Samantha Pirog, "being a senior is euphoric." Being a senior is a transition everyone must make and they are really there to end one cycle and begin a new one. *Story by Auxiliadora K. Mairena.*

Whoa, Baby! During some free time, James Poole eyes Mandy Shealy's senior pictures. For many it was great to finally take some time and dress up for a special occasion - senior year. Wherever portfolios were seen eyes were sure to stare at the beautiful people. *Photo by Liz Malay.*





SUMMER DENNIS

REENA DESAI - Jr. Civitans, Parl. 11, Sec. 12, FBLA 10-11, Reporter 12 Parl. 12, SAEU 12, Treas. 12, Boy's V. Soccer Man. 10-11, Who's Who, Historical Soc. 11-12, Young Dem. 10-12, Latin Club 12, French Club 10, Science Club 12, Drama 11-12, Pub. Speaking Student of the Year 10, Sports Med. Club 11

RICHARD DICKINSON - Auto Mech. 1 and 11, Football 9-11, VICA 12

MICHAEL DIEBOLD

RAYMOND DOOLEY - Baseball 9-12



ANGELA DORSEY

JOHN DOUBERLY

ERIN DOYLE - Swimming 9-11, FBLA 10-12, Parliamentary 11, Latin Club 9-11, Spanish Club 12, Drill Team 12, NHS 10-12, Drama Club 9

ERIK DREISS - French Club 10-11, History Club 10-11

RYAN DREWNIAK - NHS 10-12, Spanish Club 9-12, Key Club 9-12, Focus 9-12, Senator Boy's State 11, FBLA 10, SCA Rep. 10-11, HOBY Leadership Conference 10, Golf 9-10, Captain 11-12, Baseball 9-12, Basketball 9-10, Who's Who Student 12



CHRISTOPHER DUNN - Young Republicans 11-12

MATTHEW DUREN - Football 9-12, Lacrosse 11-12, Key Club 11-12, French Club 11

LISA DUVAL

LISA DYE - Spanish Club 10, FBLA 12, Junior Civitans 11

CHRISTOPHER EARLY



What Did You Say? While waiting for the meeting to assemble, Hollis Sullivan and Dena Childress thought about what their agenda would be. As class officers, they faced a great responsibility to the senior class in keeping them happy and making their last year the best. The job proved to be tough but these women prevailed. *Photo by Liz Malay.*

How 'Bout Star Trek? Planning for the class float, Regina Griffith and Erin McCants exchanged ideas on themes. The seniors' effort put them in contention for a sure win. Their true dedication to their class of four years stood out. *Photo by Liz Malay.*

Look what I did! With pride, Dawn Epperson shows Mrs. Terry Valente the progress she is making on her independent study. Her study of Kinesiology was enhanced by her hands on experience as a student trainer. Many of the independent study students found their studies practical in everyday life. *Photo by Heather Loving.*

Steady Hands Donning a fashionable purple and beige apron, Jenny Scaife creates her own dinnerware. Long hard hours were spent in the clay room by Jenny to perfect her skill. It proved worth it though, when she did not need to buy Christmas presents. *Photo by Heather Loving.*



mission.
Please keep the training room neat & clean.
The training room is not a lounge - you should only be here if you need to be.
Treat your trainer's with respect - we are a necessity and not a luxury.



PATRICK EDWARDS - Soccer 9-12, Key Club 9-12, Spanish Club 10-11, Indoor Track 10, Swimming 11, Cross Country 12, FBIA 10, Young Republicans 12
DAWN EPPERSON - Trainer 10-12, Sports Med. 10-12, Vice Pres. 11, Flags 9-10
ANNA ERVIN - Cheerleading 9-11, Tennis 10-12, Track 11-12, NHS, Freshman Class Treas., Sophomore Class Treas., SCARep. 9-12, Key Club 9-12 Treasurer 12, Spanish Club 9-12, Drama Club 9-12, Latin Club 10, French Club 11-12, Focus 9-12, FBIA 10, Who's Who 11-12, Enviro. Club 12
TROY FARRAR, II - Varsity Football 10-12, Track 10, 12
JASON FARRELL

MELISSA FAUSCETT - Softball 9-12, Softball Cptain 12, Cheerleading 9, Amer. Sign Lang. 11-12

ROBERT FESSLER

WILLIAM FESSLER - FBIA 9, French Club 11, VICA 12

MATHEW FINES - Baseball 9-12, FBIA 12

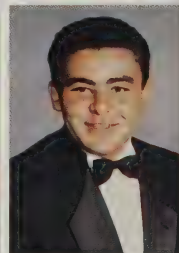
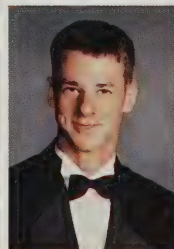
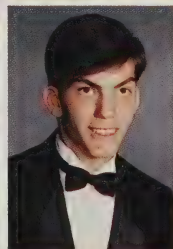
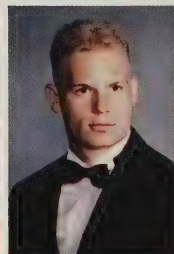
MAUREEN FISH - Marching Band 9-12, drum Major 12, Wind ensemble 10-12, Latin Club 8-10, Literary Magazine 11-12, Spanish Club 12, Junior Civitans 9

TRAVIS FLEMING - Football 9, Track 10, FBIA 10, DECA 12
HOWARD FLEMING, III - VICA, ICT, Carpeting, FHA

MELISSA FLETCHER - SCARep. 12, Spanish Club 11-12, TSA 10-11, COE 12, FBIA 12

LISA FOSS - HOA 9, FBIA 10

AHMED FOUAD - Winter Track 12





Teacher?

Whose the Teacher, whose the student?

Did you ever think of being a teacher? Try taking an independent study; you get to be the teacher and the student all in one. Write your own lesson plans, give yourself tests, do your own research, and even grade your own work, to an extent. "It is a lot harder than I thought it would be. You have to make your own schedule and stick to it, because there are no deadlines," studiously stated Stefanie Shifflet. The independent studies curriculum was extremely tough. Subjects included Abnormal Psychology, Astronomy, C++, Wheel-thrown Pottery, Drama, Public Speaking, and even Opera Singing.

All of the ambitious students reported down to the Focus room each day, during their assigned periods. "I never even knew we had a Focus room until I took independent study," admitted C++ researcher David Catalano. They were not preparing for a final exam, however their test was to come in the form of a gigantic project. The independent study students culminated their studies at a Focus festival at the end of the year, an evening where they presented all the research they had gathered throughout the year. "Every time I think of the class as just another study hall, I remember I have to present it all at the end of the year, and I get going," confessed Abnormal Psychology student Erin McCants.

Story by Jennifer Moore.



AMRFOUAD
HANS FOY
SEAN FOY
ERIN FRANKLIN
JAIME FRANKLIN

ROBERT FRANTZ - Swimming 9-12, Golf 10, Key Club 10-12, VICA 10-12, French Club 12, Junior Civitans 12
JOANNA FRAY - Tennis 9-11, Co-Captain 12, Swimming, Varsity 10-12, SCA Rep, 11, Treasurer 12, Key Club 10-12
BILLIE FRITTER - TSA 9, VICA 10-12, French Club 9, Latin Club 10, DECA 12, FATA 10, Science Club 11
JANIEL FRITZ - Symphonic Bnd 9-10, FBLA 12, FHA-HERO 12
CHRISTOPHER FRYE - VICA 10-12, Football 9-10, Basketball 9-10, Auto Mech 11-12, Masonry 11-12, Carpentry 11-12, Baseball 9

JESSIE GARCIA - ICT
RUSTON GARDNER
JASON GEORGE - Auto Mechanics 1, Masonary 1 and 2, VICA, FBLA, TSA
KAREN GIBBS - Varsity Hockey 9-12 Capt. 12, Softball 9-12, Track 9, Latin 9-10, Spanish 11-12, DECA
CRYSTAL GODING - FBI A 9-12, Key Club 9-12, Drill Team 10-12, Co-captain 12, Literary Magazine 10-11

After Hours

Shoney's, Cappuccinos, Parties and the Like

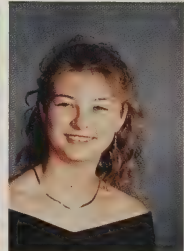
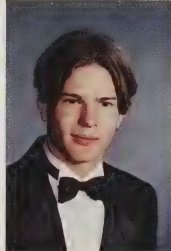
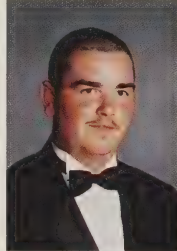
When school was over, homework was done, and all clubs and other activities had adjourned, many students felt the need to find a way to release some stress. Corbin Stacy said, "I spend most of my time hanging out with my weezers at the Leggett Modeling Club." Other students said they enjoyed talking over a cappuccino. "I go to Hyperion to taste a little bit of heaven from Europe," remarked Anna Ervin.

Weekends were a symbol of freedom for students. It all started with the Friday night football game and the festivities afterward. Dances after the game proved to be a popular hangout for the underclassmen. Those who could drive usually left and found fun elsewhere. Kerry Knowles joked, "After a football victory, we always end the day where our coaches started it. About thirty people go and raid Shoney's Breakfast Bar." Saturday seemed to be the night for teenage parties. "There is always a big party somewhere around town and I enjoy going to meet new people," stated Adam Sullivan. Sunday was the day to recoup for the new week. "Weekends are so hectic that every free moment I have I crash and burn," sighed Stefanie Shifflett. *Story by Cameron Trant*

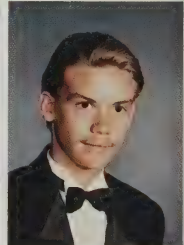
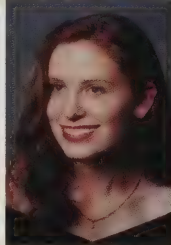
E-Z Curl? Training hard in the hopes of a successful basketball season, Robbie Thomas works on his arm strength. Upper body strength and endurance was very essential to basketball players. Weight-lifting after school was an excellent opportunity for students to train during their off seasons. *Photo by Mark Hughes.*



JASON GRANT
JASON GREEN-Soccer 9-12
REBECCA GREEN
KIMBERLY GREENSTREET-Chorale 9-12, V Field Hockey
Manager 11, V Cheerleading Manager 12, Color Guard 9, SCA
Rep. 10-11, Music Club 11
KELLIE GRIFFITH-Softball 9-10, VICA 12



REGINA GRIFFITH-NHS 10-12 Secretary 12, Spanish Club
101-2, Field Hockey 9-10, Environmental Club 11-12 Pres. 12,
Key Club 11, Winter Track 12, Drama Club 9
CARRIE GRIGG-Tennis 11-12, NHS 10-12, Key Club 10-12,
Spanish 10-12, Publicity Officer 12, Who's Who, HOPE Club 11,
Focus 9-12, SSS
KELLY GRIGG
PATRICK HALL-Football 9-12, Wrestling 9-12, Lacrosse 11-
12, VICA 10-12
WILLIAM HALTERMAN-Lit. Magazine 11-12

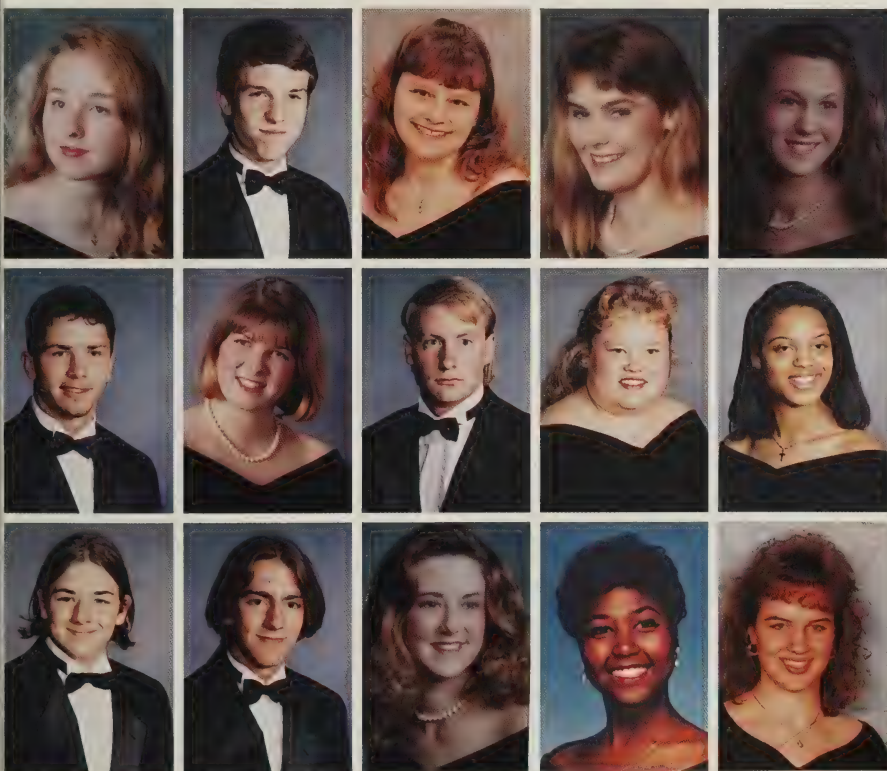


DANETTE HAMNER
ADAM HARDING
KATHRIN HAVRILLA-Mads 9-12, Drill Team 11, Key Club
10-12 Officer 12, NHS 11-12, Forensics 11-12, Spanish Club 9-
12, Who's Who 11, Drama Club 9, Jr. Civitans 10, focus 9-12
MATTHEW HAYES-VICA 12, Drama 10-12, Band 9-12
MELISSA HENRY-FBLA 10, 12, VICA 11-12, Spanish Club 9,
HOSA 10





Hanging Around Propping herself up on the fence, Melissa Fauscette watches the progress of a softball game. Fall softball was an enjoyable way to stay fit and pass extra time. Even when school sports were idle, students played through other organizations in order to stay on top of the game. *Photo by Rita Stevens.*

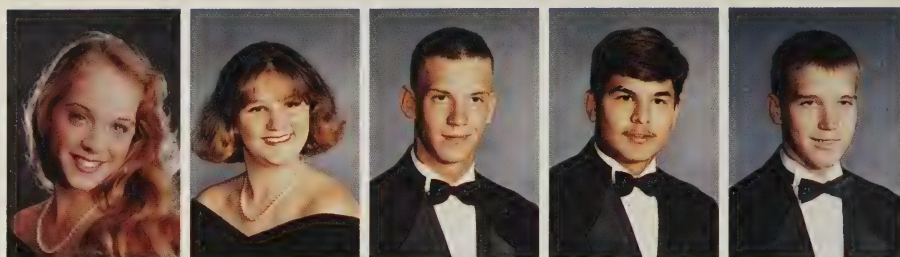


AMANDA HESS- Madrigals 10-12, Softball 9-10, Key Club 9-12, Literary Mag. 10-12
PATRICK HODGE - Tennis 11-12, Cross Country 9, Track 9, NHS 10-11
MELISSA HOLLAND - FBIA 10-11, Chorale 9-10, Girls Ensemble 11-12, DECA 12
KRISTINA HOSKINS
KRISTINA HUBBLE- VICA 12, Spanish Club 9

CRAIGHUGHES
LAURA HYDE- Academic Letter 11, Flag Corps 9-11, SAD 9-10, Int. Club 9-10, FBIA 12, French Club 12
DAVID ILLI - Football 9, 11-12; Winter Track 10, Swimming 9, VICA 11-12, TSA 10
JENNIFER JACKSON- HOSA 10-11, FBIA 9
LA WANDA JACKSON- SAEU Club 9-11, FBIA 9-11, DECA 11, Spanish Club 11, Track 10

ROBERT JACOB
RICHARD JACOBS- Drama Club, Spanish Club, Forensics
CHRISTINA JANIS - Cheerleading 9-12, Gymnastics 10-12, WVAHSS 12
CRYSTAL JENKINS- Spanish Club 9-12, Madrigals 12, Spanish Honor Society II, Power Team 10-12
LESLEY JENKINS

JENNIFER JOHNSON
SAMANTHA JOHNSON - Softball 10, 12; FBLA 10-12, Key Club 11-12, Spanish Club 10
SCOTT JOHNSON - Football 9, Wrestling 9-12, Captain 12, Key Club 11-12, Spanish Club 11-12, Junior Class Treasurer, Senior Class Vice Pres., Focus 9-12
WILLIAM JOHNSON - Latin Club 9-10, VICA 11-12
DARREN JOHNSTON



MORGAN JOLLEY - Marching Band 9-12, Vocal Ensemble 9-10, Madrigals 11-12, Wind Ensemble 1, Historical Society 11-12, Secretary 12, Recruiters 11-12, Spanish Club 9, 12, Drama Club 9
MARCIA JONES - German Club 9-10, Winter Track 10, Marching Band 9-12, Concert Band 9-12
RAY JORDAN
ALLISON KAY - FBLA 9, Spanish Club 9-10, VICA 11-12
RALPH KAY - Basketball 9-12



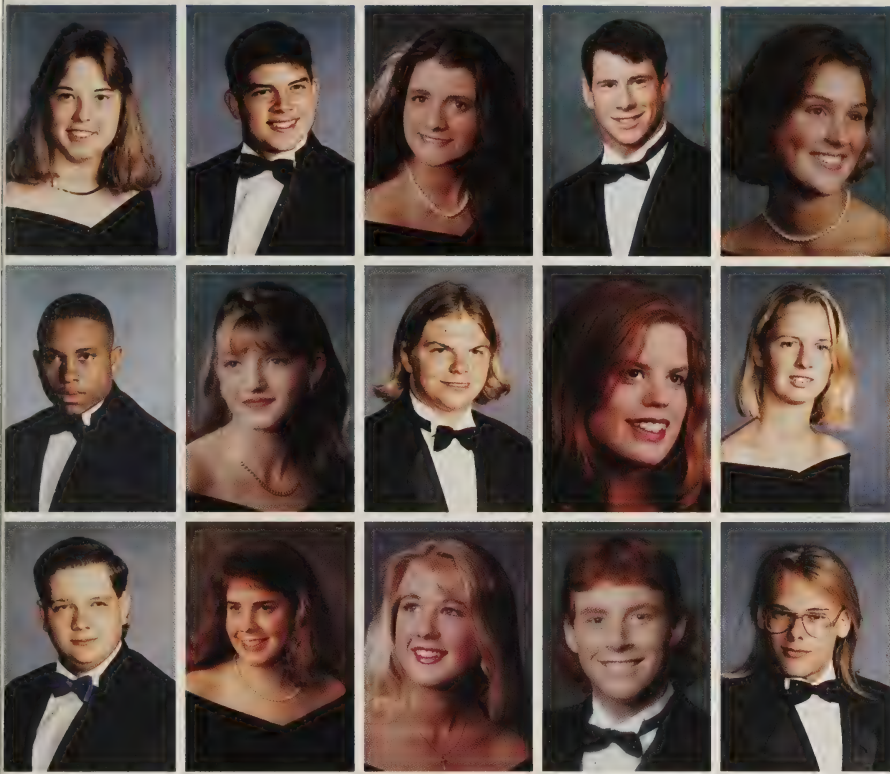
CHRISTINE KIMBALL - DECA 12, Latin Club 9, French Club 10, FBLA 10
DOLLY KING - FBLA 10-12, Cheerleading 9-12
TROY KING - TSA 10-12, FBLA 12, Spanish Club 12
AMANDALEE KINGSTON - Football Student Trainer 9, Wrestling Manager 11-12, Football Manager 11-12, Track 10, HOSA 11
EVONNE KIRK - FBLA 10, FHA 9



A Bridge to the Future

Making sketches for his bridge, Paul Wielt designs his engineering project. Paul planned to attend Virginia Tech and major in architectural engineering. Introduction to Engineering was a class many students found useful for deciding whether or not engineering was a career for them. *Photo by Bryan Ennis.*





BECKY KITTS

KERRY KNOWLES, JR. - Football 9-12, Winter Track 11-12, Spring Track 11-12, Lacrosse 11-12, Spanish Club 12
VICKI KOUSSOGLOU - Basketball 9-12, Spanish Club 10-12, Soccer 9, Young Democrats 10-12, Jr. Class Parliamentarian
JOHN KRAUS - Football 9-12, Boy's State 12, Focus 9-12, Science Club
GRETCHEN KUHL - Swimming 9-12, Soccer 9, Spanish Club 11-12

DEMOND LAMBERT - Football 9-12, Basketball 9-12, Track 12

RENEE LEE-VICA, SADD
PHILIP LESNIK - Tennis, VICA
TARA LILLIBRIDGE
INGRID LOMMERS - German Club 12, History Society 12, Focus Club 12, Jazz Band 12, Basketball 12

MICHAEL LONG - TSA 11, VICA 11

KATHRYN LORENZ
HEATHER LOVING - Cheerleading 9-12, Spanish Club 12, FBLA 12
JESSE LYNN
GREGORY LYNN, JR.

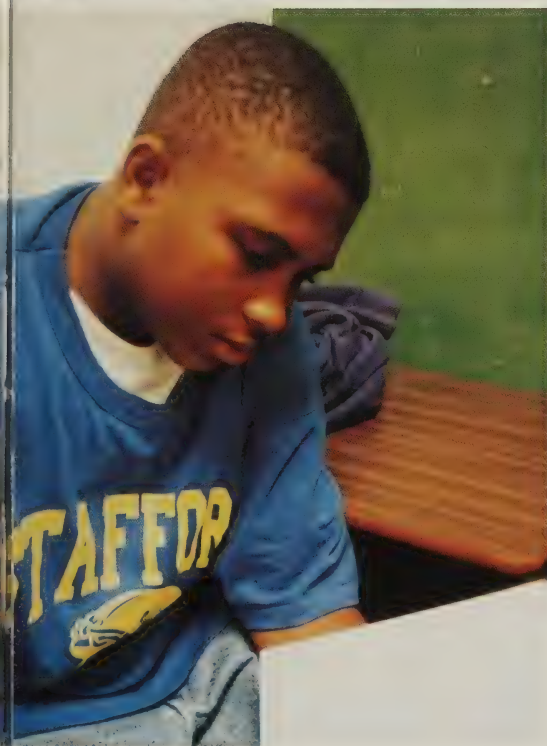
Life Beyond

College thoughts were scary but exciting.

While some seniors planned to enter the work force immediately after high school, others decided to subject themselves to more of that torture, school. The prospect of one's undergraduate studies was not always a negative one; in fact, as Cameron Trant stated, "College is cool because you have a much freer schedule: you can eat when you want, sleep when you want, study when you want, classes really aren't always mandatory, and there is always a party somewhere." College was also different from high school in that students were able to take a lot more classes that were in topics that really interested them, whereas in high school one often had to take classes that did not interest them.

The application process was perhaps one of the most annoying aspects of the whole college experience. They were often long and tedious requiring essays, recommendations, and many trips to the Counseling Department (who were, by the way, very helpful during the whole process). "I haven't really finished any of my applications; they're such a pain," sighed Amanda Masters. Once a student had finished the application procedures and had confirmed their acceptance to college, it all seemed worth it. Maybe Kathrin Havrilla summed it up best (at least for the females), "In less than one year I will be out of Stafford County with my freedom and a whole new selection of males." *Story by Stephanie Crain.*

Hmmmm... Studying his government, Monte Lambert passes the time before a football game. Monte was undecided of his future plans, but knew that an education was important. Good grades were a must for all athletes. *Photo by Bryan Ennis.*



Into the Arts

Enhancing the creativity of students

Every student was creative in their own way. They showed their talents through art, music, dance, theatre, writing, and singing. Casey Cooper felt that art was filled with "free expression. I like drawing the best because there were no limits." Morgan Jolley thought that "singing and playing the French horn filled me with a joy that made all of my problems disappear for a little while." "It was a form of emotional expression," says Katherine Kimbrell about playing the flute. Kathrin Havrilla took a creative writing class and Journalism. She felt that writing "was a release," and she got her ideas from her own life. Some people revealed their creativity best by performing, but others did their best work alone.

Corbin Stacey got "an adrenaline rush from the thrill of the crowd while cheering." Experience and practice were an essential part of cheering and helped Corbin make up unique routines. Nathan Richards learned that drama "opens one up and lets one relax in front of an audience." Everyone was creative in some form or another. *Story by Anna Ervin.*

What's This Button Do? Liz Malay is learning how to work her camera. She needed to learn how to focus for her photojournalism class. Photojournalism required skill in either photography, writing, or design in order to successfully create the 1996 yearbook. *Photo by Mr. Hughes.*



SWANTJE MACLEAY - Field Hockey 10-12, Spring Track 9, 11; Winter Track 11, Key Club 11-12
 AUXILIADORA MAIRENA - Cheerleading 9-11, Winter Track 10, 12; Soccer 9-12, NHS 10-12, Key Club 9-12, Latin Club 9-11, Spanish Club 9-12, Focus 9-12, Yearbook Staff 12, Hope Club 10-11, Who's Who 11-12, SCA Representative 9, 12
 DAMON MAKIN
 ELIZABETH MALAY - Girls Nation, Cheerleading 9-12, Captain 9, 10, 12, All-Star Cheerleader, NHS 10-12, Gymnastics 9-12, Track 11-12, Soccer 10, Spanish Club 9-12, VP 11, 12, Young Repub., Key Club, Forensics, Drama Club, SCA, Class officer 11, Who's Who
 VIVIAN MARCUS - Marching Band 9-12, History Club 11-12, Symphonic Band 9-10, Wind Ensemble 11-12, German Club 12

ALAN MARSH
 ALLISON MASTERS - Spring Track 9-12, Winter Track 10-12, Cross Country 11-12, NHS 10-12, Key Club 11-12, SCA Rep 9
 AMANDA MASTERS - Spring Track 9-12, Winter Track 10-12, Tennis 10, NHS 10-12, Cross Country 11-12, Key Club 11
 CHRISTOPHER MATHENEY
 DANIEL MATHENEY

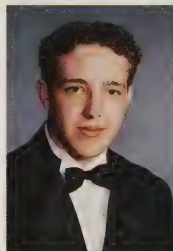
ANGELA MCCAIN
 ERIN MCCANTS - NHS 11-12, French Club 9-12 Vice Pres. 12, Drama Club 9-12, Key Club 10-12, Field Hockey 9-10, Winter Track 9-12, Spring Track 9-12, Focus 9-12, SCA Rep 10, Who's Who, Enviro. 12
 JOSEPH MCCARTNEY - TSA 9-12
 CHRISTOPHER MCCASLIN - Spanish Club 9, VICA 10, Sym. Band 10, Tennis 10, Swimming 9-10, Marching Band 10-12, Wind Ens. 11-12
 EMILY MCCORMACK - Cheerleading 9-12, Gymnastics 9-12, NHS 11-12, Soccer 10, Track 11-12, Spanish Club 9-12, Key Club 9-12, Focus 9-12, Enviro Club Secretary 12, FBLA 10, Drama 9, Who's Who Student 11-12, Teenage Republicans 10-12





Let's See Here. Rick Bernstein is trying to fix the engine of a car in Auto Mechanics. This class allowed students who were familiar with cars to show off their talent. Being able to fix car trouble was an important lesson taught that could be applied for the years to come. *Photo by Heather Loving.*

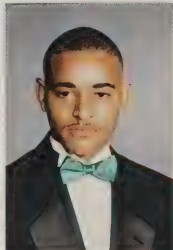
Well I Think... Ryan Drewniak intently listens as Vicki Koussoglou talks to her Advanced Placement English writing group. Group work was a chance for students to give their input and ideas, compile them, and learn from each other. Many classes encouraged group work so that students would feel more comfortable with each other; therefore, they would not hesitate to speak their opinion. *Photo by Liz Malay.*



KATHRYN MEYERS-NHS 101-2, KeyClub 10-12, French Club 12, Girls State 12, Drama club 9-10, Who's Who, FBLA 11
JENNIFER MOORE-Cross Country 10-12, Winter Track 9-12, Soccer 9-12, NHS 10-12 Parliamentarian 12, Key Club 10-12, Focus 9-12, SCA Rep. 9, Latin Club 9
WILLIAM MORALES
TIMOTHY MORAN, II-Spanish Club 11-12, FBLA 12
CHARLES MORGAN, III



JESSICA MORRIS-Drama Club 9-12, French Club 10-12, Public Relations 11-12, Track Manager 9, History Club 11, Flags Squad 9 Co. Cap. 10, Girls Ensemble 12
MIRIAM MOSS
MELISSA MULLEN
ELIZABETH MULLINS
CRISTOPHER MYERS-Madrigals-Bass I 12



HAGAI NASSAU-Wrestling 10-12, Latin 11, Voice Of Lady Booters 11-12
MICHAEL NAVE, JR.- Masonary 1 11, Auto 1 10, Auto 1 11, Basketball 9-10, Football 9-11, VICA 9-12
CLIFFORD NELSON-Football 9, Spanish Club 12
BERNARD NEWTON
JILL NEWTON-Spanish Club 10-11, FBLA 10-11, HOSA 10, Historian 12

JAMIENORDLUND
 HEATHER NORWICH-DECA 11, SSS 11-12
 BENJAMIN NUCKOLS-Tennis 10-12, Marchin Band 9-12,
 Wind Ensemble 9-12, Key Club 9-12, NHS 10-12, Boys State 11,
 French Club 9-10, FNHS 9-10, Focus 9-12, FBLA 12, Forensics
 12, Drama 9
 JENNIFER OUELLETTE - Band-Symphonic/Wind Ensemble
 9-12, Marching Band 9-12, French Club 11
 CHRISTOPHER PANKRATZ



JOEL PARCHMENT
 JOHN PATRICK, III-German Club 11-12, Key Club 9
 JASON PAYNE
 RONALD PAYNE-TSA, VICA, Masonary, Auto Mechanics
 FRANCISCO PEOT-Baseball 10-12, Basketball 10



MARK PHILLIPS
 SAMANTHA PIROG-Historical Soc. 10-11, Spanish club 9-
 12, FBLA 12, HOPE 11, Science Club 11, Drama Club 11-12
 CYNTHIA POLCHA-FBLA 10-12, Spanish Club 9-12, Key
 Club 10-12, Focus 9-12, Girl's State 11
 JAMES POOLE-Football 9-10, 12, Track 11-12, VICA 12,
 Chorus 11-12, HC King 95
 STEPHEN PRITCHARD



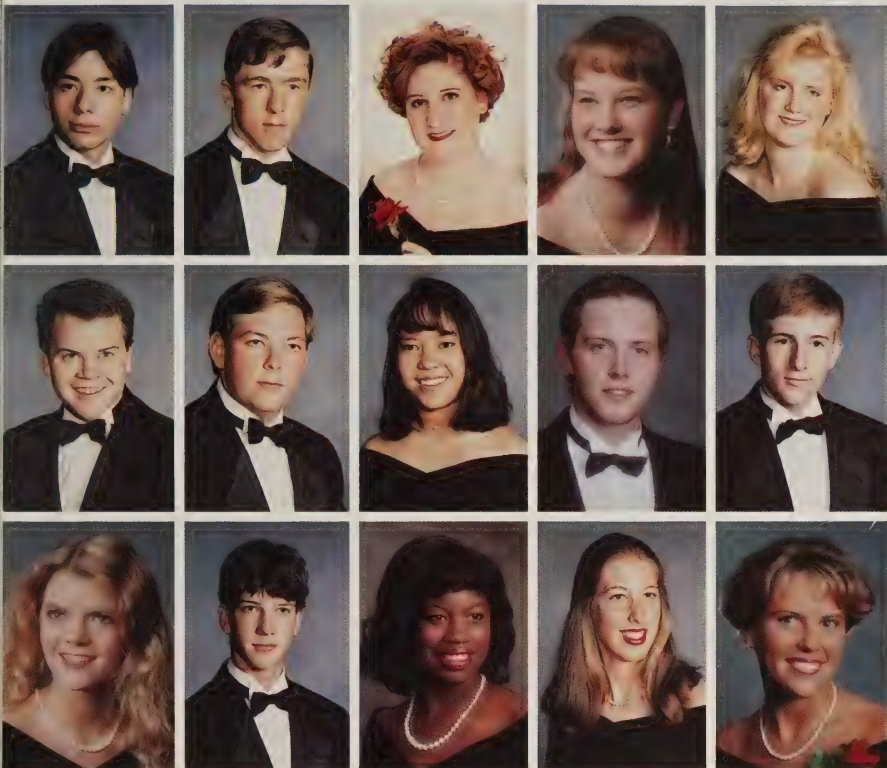
AP & Special Classes

Advanced Classes-hard work pays off

There was many advanced placement and special classes and if your lucky enough to be enrolled in one, be prepared to work. Of course, not all days in AP classes are full of stress and hard work. "AP history is pretty cool! Mr. Agnew is always doing something funny and making the class laugh," said Jesse Hansen. Once, Mr. Agnew's class was in the middle of a game of "AP History Softball" when there was a fire drill. Instead of waiting to finish the game inside, the class walked to the softball field and finished answering history questions and advancing bases. Talk about creative teaching styles!

"My AP classes became my life. They were all I ever worried about," said Auxilidora Mairena. After hardly any time at all, people seem to realize that these classes weren't ones you could just breeze your way through. "I guess the second time around you pretty much know what to expect. I was prepared to stay up all night and do the work. People in my class freak out when there's a paper due, but since I had an AP class last year, it's not a big deal," said Anna Ervin. "My advanced classes have done two things for me this year... they've challenged my mind and they've made me loose a lot of sleep. Unfortunately, the fast pace doesn't leave much time for napping." *Story by Danielle King.*





JULIO PUMA-VICA 12
JEFFREY QUANN-Tennes 11-12, Spanish Club 12
EMILY QUAYLE-Spanish Club 11-12, FBLA 11
CARA RANDALL-Basketball 9-10, Soccer 9-10, Freshman
Class Officer, Sophomore Class Officer, Junior Civitan 9
STEPHANIE REDIFER

ADAM REED-DECA 12, FBLA 11, TSA 11
RONALD ROBERTSON
BONNEVEI ROSALES-German Club 12, Junior Civitans 12,
Historical Society 12
ARIC ROSE
NICHOLAS ROWDON-Wrestling 9-12, Track 11-12, Spanish
Club 9-10, TSA 9-10, 12

MICHELLE RUFFNER
BRENDEN RUSSELL
ANGELA RUTHERFORD-Latin 8-12, NHS 10-11; Treasurer
12, Y. Democrats 11-12, Track 9-10, Cheerleading 9-10,
Yearbook 11; Editor-in-Chief 12, Girls State 11, Key Club 9-12; Lt.
Governor 11, Focus 9-12, Governor's School 11
MARGARET SACKS-NHS 10-12 Pres 12, Key Club 10-12,
Soccer 9-12, Tennis 10-12, French Club 9-12, Young Republicans
9, 11-12, Who's Who
ANDREA SAIKOWSKI-Tennis 9-12 Cap. 12, Swimming 9-12,
Spring Track 9, Spanish Club 9-12 Pres. 12, Key Club 9-12 Sec.
11, SCA Rep. 9-12, Cheerleading 9



Don't Bump the Table! Mr. Richard Byrne lectures as Jason Green, Russel Hubbard, Robby Smith, and David Hatch watch to see who's bridge will survive the test. Physics students' grades were based on how much weight their bridges could withstand. Photo by Brian Ennis.

It All Adds Up. Mrs. Monn's fifth period Calculus class listens intently as she works out a difficult problem. Paying attention was a necessity if they wanted to pass. Photo by Brian Ennis.

Peek-A-Boo. Just making a few minor adjustments, Troy King makes sure that all parts are in place. Learning to use all the functions of the video camera was important in the class because the skills had to be put to use in projects. Many found that the class fun because they got to work with new technology. Photo by Liz Malay.

Say Cheese

Broadcasting is a step forward for Scafford

Stafford High has finally invested in broadcasting. It was a great opportunity for the school to step up a little higher on the educational ladder. This was the first year there was a broadcasting class. It a wonderful experience for kids with interest in this field to let their ideas become reality. Vicki Koussoglou remarked, "I love this class. We're preparing for television announcements that we're hopefully going to be able to see this year. We're pretty much the pioneers." The class learns how to use the technical equipment in order to expand their skills. "It's exciting to know that we're forging new ground for the Stafford High Community," explained John Torrey.

The class was not only fun and exciting, but it also helped those who planned on pursuing a career in broadcasting. Jimmy Santmeyer took the class very seriously and took in as much information as possible because it was really interesting. It didn't always have to be serious. Nick Rowdon explained, "Working with the new video cameras was great because I could catch actual events on film."

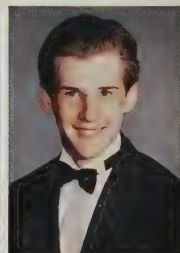
The class has proved to be successful for the students and for the school. It was a class that would be around for a long time because technology sparks in the mind of everyone. Story By Auxiliadora Mairena.

Getting The Hang Of It. While working on a broadcasting project, Chris Watts learns how to handle a video camera. He decided that the school lobby was a great place to capture student life on film. The new cameras were a great way to get the students to try new ideas with them.

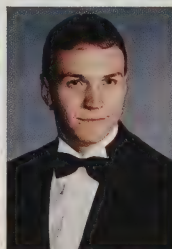
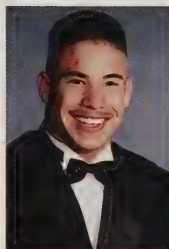
Photo by Liz Malay.



JAMIE SANBORN-Chorale 11, Girls Ensemble 12, French Club 11, Band 9-10
TIFFANY SANDS-FBLA
JAMES SANTMYER - Drama Club 9-12, FBLA 10, VICA 11-12, SCA 12
KEVIN SASSER-NHS 11-12, Tennis 10-12, Winter Track 10-12, Key Club 9-12, French Club 9-12, Environmental Club (Vice Pres.) 12, Drama Club 11, Yearbook 11
WESLEY SAVILLE

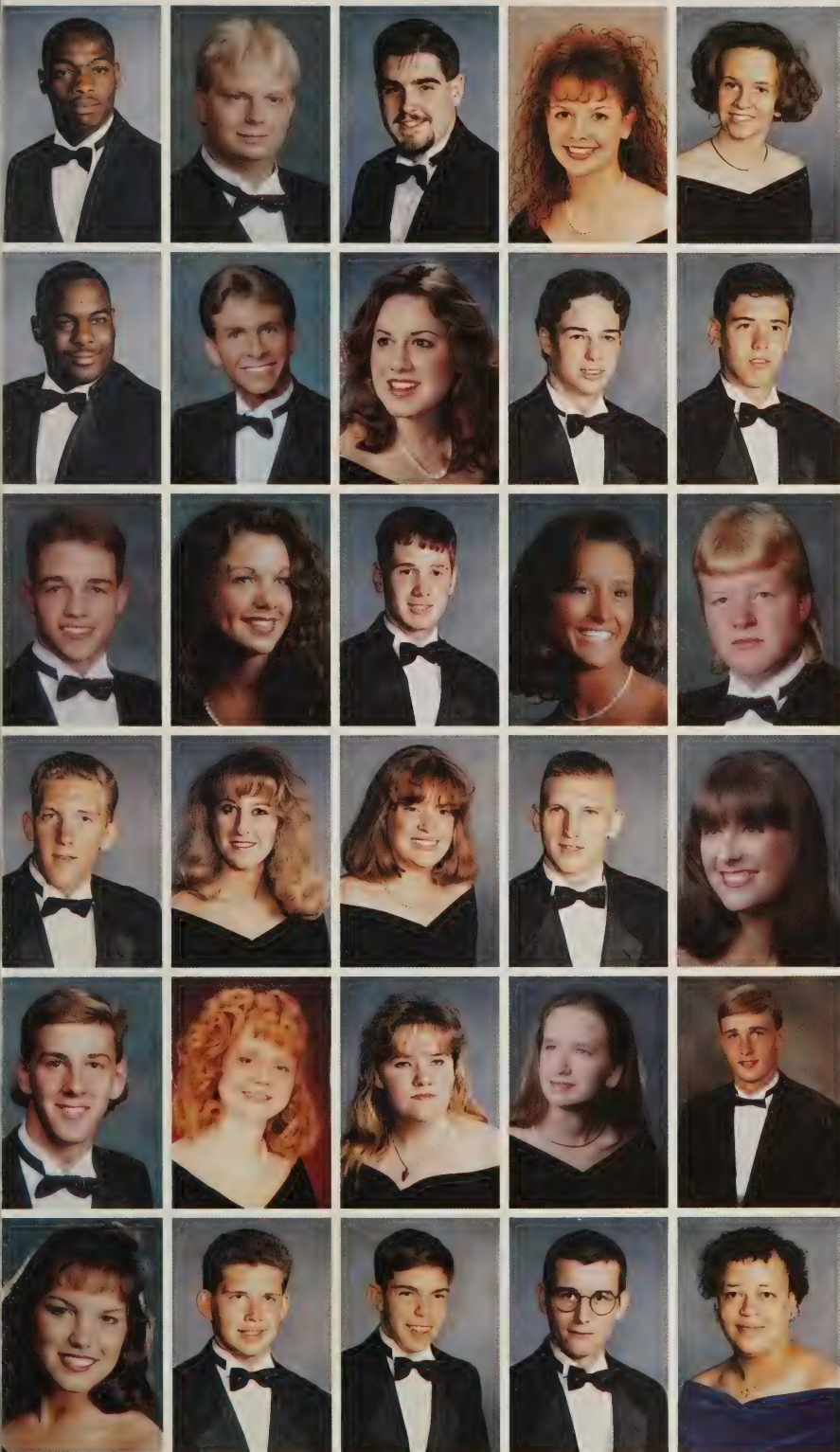


JESSICASCHERRENS - Cross Country 10-12, Winter and Spring Track 9-12, NHS 10-12, Forensics 9, French Club 9-12, Key Club 9-12, SCA Representatives 10
ERIC SCHNEIDER - Football 9-12, Captain 12, Wrestling 9-11, Track 10-12, Winter Track 12, HOSA 12, SCA Rep 11-12, Sports Med II 12
EMILY SCOTT
SHAWN SCOTT
MICHELLE SEBORIA



AMANTHESI SHEALY - Cheerleading 9-12, SCA 9-12, Parliamentarian 11, Softball 9-12, French Club 9-11, Drama Club 9-11, Class President 9, Focus 9-12
JASON SHELTON - Baseball 9-12, Football 11, VICA 11-12
MATTHEW SHELTON - Football 9-12, Wrestling 11-12, Lacrosse 12, Jazz Band 10-12
STEFANIE SHIFFLETT - Softball 9-12, Forensics 10-12 Pres. 12, Focus 9-12, Drama Club 11-12, Historical Society 11-12, Sports Med. 10-12, HOPE 10-12, Independent Study 12, Yearbook 12
ROBERT SIDAM - Lacrosse 11-12, Football 10





ANTHONY SMITH
JASON SMITH
DAVID SMITH - VICA 10-12
HEATHER SMITH - VICA 12, ICT 12
RENEE SPENCER

THOMAS SPROW, III - FBIA 11-12, VICA 12, JFS 11-12
CORBIN STACY - Cheerleading 10-12, SCA 9-12, Drama Club 9-12, Basketball Manager 9, Who's Who 10-12, Spanish Club 9-12, Sports Medicine 12, Broadcasting 12, Focus 9-12
ANDREA STOELKER - Swimming 9-10, 12; Spring Track 9-10, Key Club 9-12, Spanish Club 9-12, Drama Club 9-11, FBIA 11, SCA Representative 9-12, WWAHS 11, Peer Mediator 11-12, Focus 9-12
BENJAMIN STUDEBAKER
JASON STULLER

ADAM SULLIVAN - Swimming 10-12, Track 11-12, Key Club 10-11, Spanish Club 10-12, Yearbook 12, Outstanding Junior Award, Who's Who Student 12
CATHERINE SULLIVAN - Spanish Club 10-12, Latin Club 10, FBIA 10, Key Club 11-12, Focus 9-12, Basketball 9-10, Tennis 9-12 Co-Cap. 12, SCA Rep. 10-12, Sophomore Pres., Junior Class Pres., Senior Sec. Homecoming Court 10-11
MICHAEL SWANSBURG
KATIE SWEET - Cheerleading 9-12 Co. Cap. 12, SCA Reporter 12, FBIA 12
DANIEL SWIERK - Swimming 9-12, NHS 11-12

OKEY SYNAN, JR. - Auto Mechanics 1 and 2, VICA 10-12
STACY TALAK - FBIA 9, HOSA 10, VICA 11, DECA 12
CHRISTINA THOMAS - FBIA 10-12, Spanish Club 10
STANTON THOMAS - Basketball 9-12, FBIA 11
JESSICA THOMPSON - Drill Team 11-12, Girls Ensemble 10-12, Cosmetology I and II

ROBERT TIGNOR, III - VICA 12, FBIA 12
AMY TOOMBS - HOSA 11, FBIA 12
JENNIFER TOOMBS - FHA 12, FBIA 11
KATHARINE TORREY - Drama 9-12, French Club 10-12 Pres. 12, Forensics 11-12, Focus 9-12, NHS 12
CAMERON TRANT - Football 9-12, Sr. Class Treas., Key Club 9-12, TSA 11-12, Focus 9-12, Teenage Republicans 9-10, Latin Club 9-10, Forensics 11-12, FBIA 10, Boy's State 11

AMBER TUSSING - Debate 9-12, Forensics 10, NHS 10-12, Key Club 10-12, French Club 11, Who's Who, SSS 11
WILLIAM TYLER - Football 9-12, Lacrosse 10, 12; French Club 11-12, Jazz Band 11-12, Wind Ensemble 10, Chorale 10, Madrigals 11-12
BRIAN VENO - TSA 9, VICA 11-12, Spanish Club 11
JOEL WALOR
DANIELLE WASHINGTON

Top Ten Video Rentals in September

1. Outbreak Dustin Hoffman, Morgan Freeman
2. Just Cause Sean Connery, Laurence Fishburne
3. The Quick and the Dead Sharon Stone, Gene Hackman
4. Nobody's Fool Paul Newman, Jessica Tandy
5. Circle of Friends Chris O'Donnell
6. Kiss of Death David Caruso, Nicolas Cage
7. Boys on the Side Whoopi Goldberg, Mary-Louise Parker
8. Disclosure Michael Douglas, Demi Moore
9. Billy Madison Adam Sandler
10. Dumb and Dumber Jim Carrey, Jeff Daniels

Top Ten Movies in September

1. Seven
2. Assassins
3. Dead Presidents
4. To Die For
5. Making of an American Quilt
6. The Big Green
7. Devil in a Blue Dress
8. Halloween 6
9. To Wong Foo
10. Showgirls

WILLIAM WATERS - Spanish Club 10-11, VICA 11-12,
Basketball 10, Electricity 11-12
CHRISTOPHER WATTS - Football 9, Varsity 10-12; Baseball,
Spanish Club, Latin Club, Key Club, TSA
AMY WEAVER - Varsity Soccer 11-12, SCA 11
DONALD WEDDING - VICA 11-12, Students Serving Stafford
12
ALVIN WEEKS - Yearbook 12, Lacrosse 12

JEREMY WHITTEMORE

PAUL WIELT - Football 9-12, Wrestling 9-12, Soccer 9-12,
TSA 12, VICA 11-12, Orchestra 9-12
PHILLIP WILCOX
JASON WILLIAMS
JEFFREY WILLIAMS

MARCUS WILLIAMS

CANDICE WILSON
CHARLES WILSON - Key Club 9-12, Spanish Club 10-12,
Football 10, Basketball 10
CHRISTINE WINTER - FBIA 10-12
DAMON WOOD

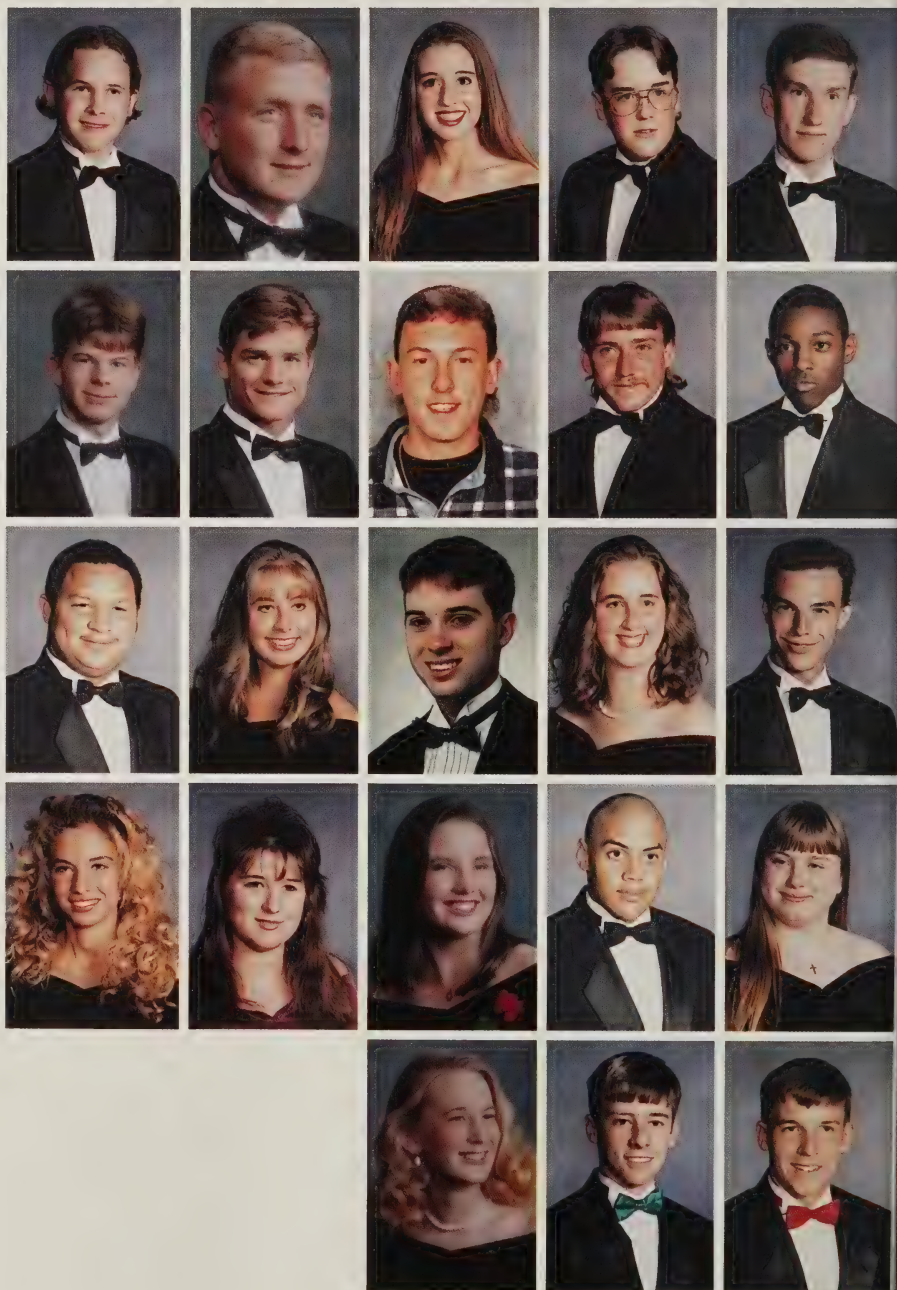
EMILY WOOD

JENNIFER WOODS
KIMBERLY WOODSON
GARY WOODWARD - Marching Band 10-12, Baseball 10-12
JESSICA WOOTEN - FBIA 10-12, Drama 9

JENEANE YEDNOCK - Basketball 9-12, Softball 9, 11-12; SCA
Secretary 12, SCA Representative 9-11, Latin Club 11, Spanish
Club 12, Key Club 12, Hope Club 11, Sports Medicine Club 10-
11

TRAVIS YONTS

ROBERT YOUNG - Football 9-11, Lacrosse 11, VICA 10-12



Top Twenty Singles in September

1. Fantasy Mariah Carey
2. Gangsta's Paradise Coolio
3. You Are Not Alone Michael Jackson
4. Kiss From A Rose Seal
5. Runaway Janet Jackson
6. Waterfalls TLC
7. I Can Love Like You That All-4-One
8. Only Wanna Be With You Hootie & The Blowfish
9. Boombastic Shaggy
10. As I Lay Me Down Sophie B. Hawkins
11. I Got 5 On It Luniz
12. Run-Around Blues Traveler
13. I Hate You (The artist formerly known as Prince)
14. He's Mine Mokenstef
15. Colors of The Wind Vanessa Williams
16. Roll To Me Del Amitri
17. Carnival Natalie Merchant
18. I'll Be There For You The Rembrandts
19. Brokenhearted Brandy
20. 1st Of Tha Month Bone Thugs-N-Harmony

The Best Selling Albums in September

1. Cracked Rear View Hootie & The Blowfish
2. Dangerous Minds Soundtrack
3. Jagged Little Pill Alanis Morissette
4. One Hot Minute Red Hot Chili Peppers
5. Crazysexycool TLC
6. E. 1999 Eternal Bone Thugs-N-Harmony
7. The Woman In Me Shania Twain
8. The Show Soundtrack
9. Frogstomp Silverchair
10. Circus Lenny Kravitz
11. Games Rednecks Play Jeff Foxworthy
12. Mortal Kombat Soundtrack
13. Four Blues Travelers
14. Throwing Copper Live
15. Dreaming of You Selena
16. Tigerlily Natalie Merchant
17. Seal Seal
18. Under The Table And Dreaming Dave Matthews Band
19. History: Past, Present, and Future Michael Jackson
20. Sixteen Stone Bush

Hot or Not?

Is it still Brad Pitt & Kate Moss or has ninety-six flip flopped the charts?

Like the price of the movies themselves, teen idols rose and fell with the dollar signs. He has been claimed the James Dean of the nineties. Brad Pitt's popularity level soared with the release of "Seven." "It was so scary, but I didn't want to close my eyes because I wanted to see Brad Pitt," confessed Auxiliadora Mairena. The females also enjoyed a night at the movies with flicks like "A Walk in the Clouds," "Now and Then," and "Clueless."

The male portion of Stafford found their selection at all extremes. The release of "Mortal Kombat" was an exciting way to bring the video game to life. "Die Hard III" and "Assassins" fell somewhere between. Controversial movies brought about a lot of bonding. Adam Sullivan honestly stated "Let's just say there has been a lot more guys' nights out since those movies came out."

The good ole' Virginians and quick home-movie releasing kept many of last year's favorites alive. "I love that part 'No I will not make out with you.'" giggled Anna Ervin. *Story by Jennifer Moore.*

PRIME-TIME TELEVISION

1995-1996 Fall TV schedule

	7-7:30 p.m.	7:30-8 p.m.	8-8:30 p.m.	8:30-9 p.m.	9-9:30 p.m.	9:30-10 p.m.
SUNDAY	Am. Funniest Home Videos Hour		Lois & Clark		Movie (through 11 p.m.)	
	60 Minutes		Cybill	Almost Perfect	Movie (through 11 p.m.)	
	Space: Above and Beyond		The Simpsons	Too Something	Martian Child	Misery Loves Company
	Brotherly Love	Minor Adjustments	Mad About You	Hope & Gloria	Movie (through 11 p.m.)	
	Pinky & the Brain	Sister, Sister	Kirk	Simon	First Time Out	Cleghorne!
	8-8:30 p.m.	8:30-9 p.m.	9-9:30 p.m.	9:30-10 p.m.	10-11 p.m.	
MONDAY	The Marshall		NFL Monday Night Football			
	The Nanny	Can't Hurry Love	Murphy Brown	If Not For You	Chicago Hope	
	Melrose Place		Partners	Ned and Stacey		
	Fresh Prince of Bel-Air	In the House	Movie			
	Star Trek: Voyager		Nowhere Man			
TUESDAY	Roseanne	Hudson Street	Home Improvement	Coach	NYPD Blue	
	John Grisham's The Client		Movie			
	Wings	NewsRadio	Frasier	Pursuit of Happiness	Dateline NBC	
	Deadly Games		Live Shot			
WEDNESDAY	Ellen	Drew Carey Show	Grace Under Fire	The Naked Truth	PrimeTime Live	
	Bless This House	Dave's World	Central Park West		Courthouse	
	Beverly Hills, 90210		Party of Five			
	seaQuest DSV		Dateline NBC		Law & Order	
	Sister, Sister	The Parent Hood	The Wayans Bros.	Unhappily Ever After		
THURSDAY	Charlie Grace		The Monroes		Murder One	
	Murder, She Wrote		New York News		48 Hours	
	Living Single	The Crew	New York Undercover			
	Friends	The Single Guy	Seinfeld	Caroline in the City	ER	
FRIDAY	Family Matters	Boy Meets World	Step by Step	Hangin' w/ Mr. Cooper	20/20	
	Dweebs	Bonnie Hunt Show	Picket Fences		American Gothic	
	Strange Luck		The X-Files			
	Unsolved Mysteries		Dateline NBC		Homode	
SATURDAY	Jeff Foxworthy Show	Maybe This Time	Movie			
	Dr. Quinn, Medicine Woman		Touched by an Angel		Walker, Texas Ranger	
	Martin	The Preston Episodes	Cops	America's Most Wanted		
	JAG		John Larroquette Show	The Home Court	Sisters	



Junior Divider

Juniors

Junior year: a time for many new experiences, memories, and decisions. Life for juniors held opportunities never presented before, and school was more important now than ever. Two years were under their belt and the Class of '97 reminisced about past times. "Junior year is not that different from freshman and sophomore year, I still have a bad lunch shift," was Andy Craver's point of view.

The idea of having more seniority pleased some students. Some, however, such as Dennis Carmody, believed that they were "not an underclassman or upperclassman." This only proved the Class of '97 had a unique status in the halls of Stafford. They were at the point in their lives where they were not considered too young, but were not the oldest either. They made their mark by displaying their persevering attitudes and facing each new challenge with determination.

New-found freedom was a major issue with the juniors. Suddenly, they were able to drive, which provided many new possibilities. Cruising with friends to hang out without the chaperone of parents made many happy. Christie Tokar felt that "junior year is the best so far, and I love the freedom!" No longer being "babied" by their parents, the juniors made their presence known throughout the school.

Junior year proved to be difficult with many new responsibilities, but the junior class met each responsibility with evident determination, making '96 one of the best years ever. *Story by Gina More.*

Wheeee!!! Taking time out of the hectic school schedule, Andy Craver and Becky Bricken show off their "skateboarding" skills. Whenever possible, students tried to have fun to get away from the busy routine. *Photo by Bryan Ennis.*

What A Night! Standing before a cheering crowd at the big Homecoming Game, Rebecca Kimmitz and Dennis Carmody are introduced. The two were part of the Junior Homecoming Court. The Homecoming Game was an exciting night, as Stafford defeated Mount Vernon, 30-14. *Photo by Mark Hughes.*



Deep In Thought Pondering over some work before her, Whitney Lucado is oblivious to everything else around her. When it came to school work, students were usually loaded down with the many assignments which their various teachers assigned them. *Photo by Stacie Bordick.*

MARKEE ALSTON
 STACEY ARRAN
 TURNER ASHBY
 MELINDA AUBREY
 MATTHEW BAILEY
 AMY BAKER
 DAWN BAKER
 RYAN BAKER



JONATHAN BALES
 MELINDA BALL
 MELINDA BEST
 JENNIFER BIGELOW
 JILLIAN BLISS
 TODD BLOSE
 SARAH BOLTHOUSE
 MATTHEW BOURNE



GUY BOUTCHYARD
 KIMBERLY BRADLEY
 HALEY BRAM
 CRAIG BRANHAM
 ADAM BRAY
 ANGIE BREWSTER
 REBECCA BRICKEN
 GERRAD BROOKS



Golden Memories

The dance was literally a three-ring circus.

The receiving of class rings was a tradition that was carried out again in the 1996 school year. Last spring many students in the Class of '97 ordered their rings. "It took me hours to decide the style of my ring because it is so set in 'gold' and I had to try and represent all four years of high school in one little ring," laughed Ben Malay. Once ordered, anticipation of their delivery loomed all summer. "I was so excited when my ring finally came in. It made me feel like my senior year was so much closer," smiled Sarah Evans.

The actual dance was not too much different than any others. "I was one of the hundreds that went to the dance to get the ring then leave," confessed Beth Disalvo. Some students did stay and participate in another tradition, one of ring turning. "It finally made me feel like an upperclassmen when we joined the tradition of getting class rings and had them turned," stated Kristi Moyers. "I was very disappointed that my ring didn't fit because when all my friends were turning each other's rings I couldn't participate," groaned Rebecca Kimmitz. For some, the rings were not the most exciting part of the night. "Mrs. Watts doing the chicken dance was the highlight of my ring dance," laughed John Torrey. *Story by Cameron Trant.*





JENNIFER BROWN
SHAWN BROWN
TYRONE BROWN
LENA BROWNEYES
WENDY BRUNO
JOSEPH BUCKNER
CHRISTOPHER BURGESS
MARK BURROUGHS

STACY BUSHEY
TIMOTHY BYRNE
CHRISTOPHER CAHILL
JUSTINE CAMPBELL
DENNIS CARMODY
TROY CARNEAL
SUSAN CARY
BRANDON CASH

TIFFANY CATRETT
RANDALL CHANDLER
BENJAMIN CHILDRESS
LISA CHINN
STEVEN CLARK
ANDREW COLEMAN
DEIDRE COLEMAN
KELLY COMBS



Paying Up As Mrs. Roberts pulls out the credit card, Joni Edwards and Lisa Faults wait to get their rings. Students waited in line to empty their wallets and gather their gold. The ring dance was the night that Juniors had waited for a long time. *Photo by Bryan Ennis.*

Ring Dance Turning Kristen Lichtenfel's ring, Darla Stevens participates in a long time tradition. Thomas Perrone couldn't help from peeking in on the action. It was an exciting night for the Juniors. *Photo by Rita Stevens.*

JAMES COMO
JENNIFER CONNELLY
RICHARD CONNER
JOHN CONROY
VIRGINIA CONWAY
JANELLE COOKE
AMANDA COOPER
BRADLEY COOPER



HEATHER COPLEY
KRISTY CORNETT
DEREK COX
ANDREW CRAVER
JEREMY CROPP
WILLIAM CROPP
PATRICK CROSS
ALEX CROUCH



GREGORY CROWLEY
MATTHEW CULL
MELISSA CUSHING
KARI CWIAK
ROBERT DALEY, III
ROBERT DAVIS
JASON DAY
ELENA DAYMUDE

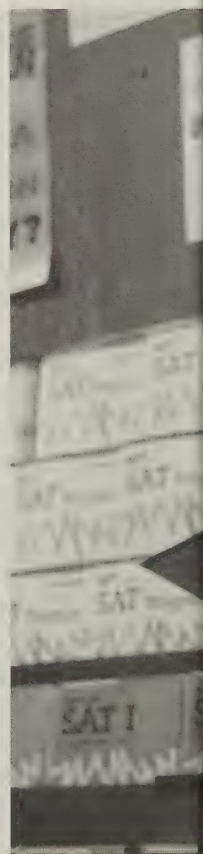


The Test

For college bound students, the S.A.T. often struck fear and disgust in the heart of students.

The Scholastic Aptitude Test. The S.A.T. The test which decided futures. No matter how it is said, it really never had a positive connotation. Students rarely had anything nice or funny to say about the agonizing test which took up about three and one-half hours early on a Saturday morning when any proper teenager would still be in bed. Vicki Koussoglou believed that the S.A.T. "...only shows if you are a good test-taker or not; it's kind of dumb for colleges to put so much emphasis on them because they don't really show ability or knowledge." Katherine Torrey seemed to agree. "It's kind of a waste because you come out tired and nervous for no apparent reason. It's just a test of how well you fill in little bubbles," she commented.

Not all of the students were frightened by this test. Angela Rutherford remarked, "It's not really all that hard compared to the SAT II." The SAT II is another form of the SAT. It is a test which measures a student's ability in specific areas such as a language, different levels of math, or a science. Regardless, SAT's were necessary if one wished to attend college. *Story by Stephanie Crain and Ryan Drewniak.*



JAMES DELP
JASON DENGLER
KRISTINA DENSON
MELISSA DERR
AMBER DIGENNARO
MARYANN DIMAIO
SHANNON DIPEPPE
BETH DISALVO





MICHAEL DONALDSON
WILLIAM DORGELOH
SOUKHONNALOM DOUANGDARA
GARY DOVE
CHRISTOPHER DOWD
ROBERT DUNN
JONI EDWARDS
JASON ELLIOTT

BRYAN ENNIS
JAMIE ENNIS
SARAH EVANS
JEREMY FARRAR
PATRICK FEINDT
NATHANIEL FERGUSON
ALFRED FISHER
MELISSA FISHER

CARA FOOSNESS
BETHANY FOSHEE
KATHERINE FOX
FREDERICK FRAZIER
KARLI FREDETTE
JAMIE FRENCH
JOSHUA FRENCH
DAVID FRIEL



Say WHAT??? Appearing a little bewildered, Rob Frantz, Karen Gibbs, and Ray DeLeon study the booklet on SAT II Subject Tests. The SAT's, I and II, often confused and upset the college-bound students. *Photo by Stefanie Shifflett.*

Oh, Joy! Skimming one of the overly interesting booklets on the SAT, Maureen Berryman figures out what the test is all about. The booklets were long, as was the registration form, but the information was necessary. *Photo by Stefanie Shifflett.*



ROBERT GAGNON
DENNIS GALINDO
JENNIFER GALLAHAN
VERNON GALYEN
DAVID GEORGE
ALISON GODFREY
MEREDITH GOGGIN
CHARLES GORHAM, JR.

KEISHA GOURDINE
AMY GOWER
KEVIN GRAHAM
CHRISTINA GRAY
JASON GREEN
MEGHANN GREEN
APRIL GRIGG
JON-PAUL GRIZZLE

CLAIRE GRYGOTIS
BROOKS HAAS
BENJAMIN HALL
KEVIN HALVERSON
AMBER HALVORSON
REBECCA HAMM
ANTHONY HAMRICK
JESSE HANSON



Raving Indians

Pep rallies brought excitement and enthusiasm into their daily school routine...

"S.H.S.!" Words constantly hammered into my mind as I entered the gym during a thundering pep rally. Cheerleaders tumbling across the floor, sports teams being introduced, all juxtaposed in a harmonious sound. I imbibed the images of blissful chaos resonating off the empty walls of the gym, as I took my seat with the rest of the student body in the bleachers. The students personified school spirit as the underclassmen traditionally rose for the grand entrance of the seniors and as students cheered along with chants of the cheerleaders. Wondering if I was the only student enamored by the atmosphere I asked Michael Donaldson his feelings. "The cheerleaders are great and the gymnasts are awesome," was his boistrous response. However, not all students had such an exuberant approach. "If it gets you out of class I'm all for it," states Jennie Korniotis. Mark Lutterbie agreed, "The best thing about pep rallies are the shortened classes." For students, there truly was electricity in the air, dynamite in their stomping feet, and force in their domineering voices. Pep rallies united the student body into a radiant jumbalaya.

Story by Gina More.

Gearing 'em Up! While at a pep rally, the cheerleaders get the student body all hyped up for an upcoming game. The cheerleaders worked hard throughout the school year to keep the school spirit level high. *Photo by Alvin Weeks.*



PAUL HANZEL
MATTHEW HARDING
CHARLES HARRIS
DAVID HATCH
BRIAN HAYES
RICHARD HEFLIN
LEON HEFLIN, JR.
MARGARET HEIN

ELIZABETH HERLAN
SABRINA HILL
AMANDA HINE
JASON HOBBS
JOSEPH HODGE
ANDREW HOLCOMB
DUSTIN HOOD
TYLER HORNE





JASON HOWDERSHELT
HEATHER HOWE
RUSSELL HUBBARD
BRADFORD IGLESIAS
MARCHELLANIE INGRAM
PAUL JASMAN
BRANDI JEFFREY
CANDACE JENKINS

LESLEY JENKINS
HEATHER JENNINGS
JENNIFER JONES
VICTORIA KEETON
SHANNA KILEN
STACI KILLION
REBECCA KIMMITZ
BRIAN KNIGHT



Dancing Indians Performing one of their dance numbers, the Indianettes strut their stuff in front of the students at a pep rally. The Indianettes practiced a lot to make sure that each routine was perfect. *Photo by Stacie Bordick.*



JENNIE KORNIOTES
MICHAEL KOZICKI
JASON LADMIRALT
MITCHELL LAMBERT
JAMES LANE
MELISSA LANG
BOBBIE LAWSON
MEREDITH LEIPOLD

AMY LEWIS
KRISTIN LICHTENFELS
HEATHER LILLIBRIDGE
ADAM LINCOLN
JUSTIN LIPSCOMB
KENDRA LITTLE
JEANIE LOMAX
STEPHEN LONG

PROSSER LOUGH
WHITNEY LUCADO
ERIC LUNNEY
MEAGAN LUTES
MARK LUTTERBIE
THADDEUS LYMAN
DAVID MAIN
BENJAMIN MALAY



Early Out

Graduating Juniors were ready to take on the "real" world!

The memories of high school last a lifetime. For a few, the sooner they left the better. The latter was true for the graduating juniors more often than not. Their reasons for graduating early are different, but the main truth behind them all was to get on with their lives. Sharmaine Armwood said, "I just want to get out of Stafford and get on with the rest of my life."

The plan for many of the early gradulators was to go to a community college and then on to a profession. Heather Dennis had her future planned out: "I'm going to graduate early and come back to Stafford as a post graduate in cosmetology and get my haircutting license." Michelle Seboria was on her way to nursing school: "I'm leaving Stafford to go to Germanna for two years and then on to nursing school." Whether they were nursing or cutting hair, you could bet these juniors would be successful. *Story by Adam Sullivan.*

Simply Beautiful. Working busily, Heather Dennis gives a makeover to the maniquin's head. This was fun for the ladies in cosmetology. Some of the graduating juniors would use this trade to make a living after high school. *Photo*

by Rita Stevens.

KAREN MANN
LEO MANSTER
CRISTI MARKHAM
THOMAS MARLOW
SHARENE MARSH
JEREMY MATHIAS
CHRISTOPHER MCALISTER
JENNIFER MCCORMICK



TRENT MCEWEN
BRIAN MCKENNEY
JASON MCKNIGHT
JENNIFER MEINCKE
MELIDA MERCADO
JOSEPH MERENDA
STEVEN MILLS
JIMMY MILLS, JR



ROBERT MILTON
CHRISTOPHER MOFFITT
MEGHAN MONROE
GINA MORE
MATTHEW MORIN
SHANNON MORRIS
WILHEMINA MOSS
KRISTI MOYERS





RYAN MUHLENKAMP
KEVIN MURPHY
M. SHANE MUSSELMAN
JENNIFER MUZZY
STEPHANIE NAGY
ANDREW NAVE
KAREN NAVE
ROBIN NAVE



Don't look at the keys. While in her typing class, Kari Graninger practices the no-look typing technique. This is an art which is practiced during hectic timed writings. Kari shows her poise and control over the keys with great ease. *Photo by Christy Stoner.*



ERIN NELSON
GERARD NELSON
JAMES NEWTON
NATHAN NIELSEN
JAMES O'DONNELL
CORY ODHAM
DAVID OJIBWAY
FRANCIS OKESON, JR.

KELLY OLIVER
CHRISTOPHER ORTIZ
JOANNE PARCHMENT
LATORIA PARKER
CANDICE PATES
ASHLEY PATTON
ELIZABETH PENN
DANIEL PENNY

JASON PETERSON
JOSEPH PETRUCELLI
STEVEN PIATT
AMY PIESTER
DAVID POWERS
ARRON PROWETT
MARISSA PUGH
BRIAN QUANN

My Beautiful Son. Brandon Ratliffe poses in front of the crowd, revealing his voluptuous chest. The guys liked exaggerating their chest sizes and make-up to add to their appearance. *Photo by Niki Tyson.*

Smells Like Team Spirit. Susannah Campbell paints Allison Baldwin's face to get psyched before the Powder Puff game. The seniors played an outstanding game of football, and proved themselves to the juniors. Even the real football players were impressed with the ability of the girls. *Photo by Mark Hughes.*



LARISSA RAGAN
CHRISTOPHER RASMUSSEN
CHRISTOPHER RATLIFFE
JERRY REDDING, II
ROBIN REEDY
COREY REID
SANDY RHODY
NATHAN RICHARDS

TRAVIS RIDDLE
JOCELYNE RINGO
ANGELA ROBERTS
MICHAEL ROBERTS
JASON ROBINSON
MELVIN RODGERS, III
CURTIS ROSE
NANCY ROUNTREE

LEAH RUBIN
CLIFFORD RUSSELL
ROBERT RUSSELL, II
ERIN RYAN
ZANE SALAM
JENNIFER SCAIFE
NATHAN SCHERZER
JAMIE SCHOONOVER



Flipping Roles

Powder Puff Proved the Power of Seniors

The seniors received another victory at the Second Annual Powder Puff game this past fall. It was hilarious to watch the guys dressed as Cheerleaders and Dancers, humiliate themselves in front of the crowd. The girls played a game as awesome as any regular football game. "Whoever said the girls could not play football had better eat their own words," growled Jeneane Yednock. The excitement never ended while the score went back and forth. Crystal Goding said, "Both teams were tough, but the Seniors will always fight for the win." Most of the players of the Senior team had been experienced from last year, so they had a slight advantage. There was so much to know about the game and both teams only had one night to practice, which would explain the constant confusion throughout the game. Plays were being taught as they went along. Joanna Fray "played defense and learned a lot about the game." The best way to understand the game of football was to actually play it.

The Cheerleaders did a great job keeping the crowd involved. John Bridges said, "Being a Cheerleader gave [him] more respect for the Cheerleaders, since it is harder than it looks." Many of the guys actually looked pretty. Part of the Drill Team's dance routine was to drop to the ground and pop the balloons on their chests. They worked very hard on their dance and it looked great. At least everyone could tell what they were trying to do. A King and Queen were elected by the teams and squad. Kevin Sasser was Queen and Vicki Koussogiou was elected King. Kevin was so thrilled that he could not stop yelling with pride, "I'm Queen, I'm Queen!" Kelly Cwiak said, "It was a close game, but our Seniority pulled through and we beat the Juniors." Hopefully the tradition of the Senior victory will continue for years to come. *Story by Anna Ervin.*



RYAN SCOGGINS
ANGELA SEALS
BENJAMIN SEHL
DANIEL SETZER
CRYSTAL SEXTON
DAVID SHAFFERMAN
JESSICA SHAHAN
ELLIOTT SHARP

MICHAEL SHUGART
MATTHEW SILKENSEN
MARK SIMMS
NATHUEIL SISCO
THOMAS SITZMAN
MELISSA SKEEN
CAROL SMITH
LEE SMITH

CHRISTOPHER SNELLINGS
STEPHANIE SOURS
SHELLI SPOON
MEGAN STAAB
ANDREW STAMPS
TIMOTHY STELLO
ALVERY STEVENS
ANGELA STEWART

LISA STIDHAM
CHRISTY STONER
CHRISTINE STUTZMAN
CATHERINE SULLIVAN
SEAN SULLIVAN
JOSEPH SWANSBURG
SHARON TAPSCOTT
ANGIE TAYLOR

DANIEL TAYLOR
RAYMOND TAYMAN
CHRISTIE TOKAR
JOHN TORREY
CRISTI TORRICE
DAWN TRESKO
JEFFREY TRIGGER
MICHAEL TUTOR

EDWARD TUTOR, JR
WILLIAM TUTTLE
JASON TWIGG
KAREN TYLER
NIKOLE TYSON
ANDREA VALENTINE
KENNETH VARGA
VINH VU



Parking Permits and First Car

Heaven Or A Hassel?

Finally, the freedom of the road. No more having to ask Mom or Dad for a ride. The right to come and go as you please. No more riding the "cheese", and lots of responsibility. After the long wait to finally get a license, some felt like it was even longer to get a hold of a parking permit. "It was terrible; the first day I got to school too late, and the next day I got to school way too early. So did a bunch of others. The school wasn't even unlocked yet, so we had to sit and wait," said Margaret Hein, who was one of many that struggled to get a "valid" permit. "I didn't get here early enough, but I had really good friends who got up early, so I just cut in line," said Alex O'Donnel. Z.T. Salam had his own opinion about parking permits. "I think parking permits are stupid myself. If people want to drive to school, they are going to whether they have a permit or not," he said. "Compared to my old school, permits are really cheap. At Liberty, they were \$100.00!" said Launa Jennings.

Those who didn't get a permit get to make the daily walk from the football field to school. On occasions, students were even seen jumping the fence and running, trying to make it first period on time. What a way to start the day.

Getting a car for the first time is probably one of the most memorable times during the high school career. "I bought my first car from Mr. Stemple. It wasn't a lemon even though it did break down about a million times," said ZT. "It's big, blue, and reminds me of Babe the Blue Ox," said Jesse Hanson.

Story by Danielle King.





MARK WAETJEN
TIMOTHY WAHL
MICHAEL WALLER
SARAH WALOR
STEPHANIE WATERS
BRIAN WATSON
JASON WENDT
WILLIAM WENZEL

JASON WESTERLUND
LEE WESTFALL, JR.
CHRISTOPHER WESTHOFF
IRENE WHALING
MICHELLE WHITE
AMBER WIDOWSKI
JULIA WIGGLESWORTH
CHRISTOPHER WILSON

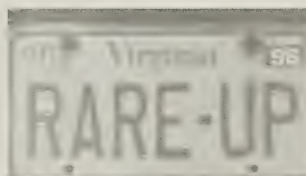
LINDA WILSON
DEANNA WINGERDER
JASON WOOD
AMANDA WOOLNER
JEFFERY WOOTEN
LAUREN WRIGHT
JASON YINGLING
SHAUN ZEHRING



Matt Cull



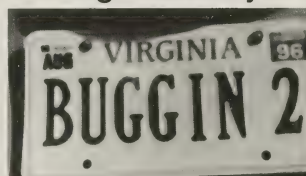
Pat Hall



Angela Dorsey



Alvery Stevens



Phil Lesnik



Alison & Amanda Masters

Freedom at Last... Almost. Awaiting in the long line to leave school, Erica Civeraterese and Nathan Richards sit patiently. Students had to make their way through the crowd in the afternoons before they could finally get out of the parking lot. For the new comers, the traffic was a hassle and having to be the ones behind the wheel was sometimes stressful. *Photo by Liz Malay.*



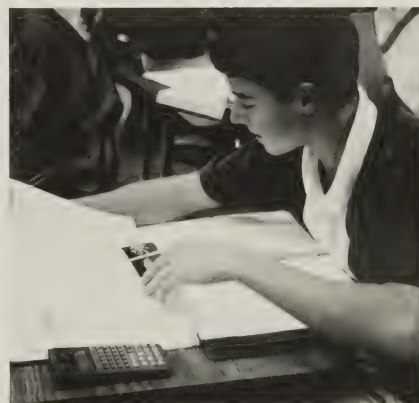
Sophomores

When they walked in on September 5, 1995, the class of 1998 was a little less confused and intimidated than they had been a year before. They had been through this "first day of school" experience before and they were no longer the underlings of the school (i.e. they were no longer the unfortunately detested freshmen class). "We're not looked down upon as much anymore by the upperclassmen," commented Katie Roberts. In fact, as Shirley Barnes pointed out, "If you get in with the right group of people, no one really cares how old you are. They just tease you about being an underclassman."

That's not to say that being a sophomore was always fun and games. They were still considered young and small by the upperclassmen. Cameron Trant commented that, "I think it's my right to pick on underclassmen because I am a senior." Sophomores also faced the problem of classes getting harder and teachers being less understanding as they got older. "My sophomore year was harder than I expected," remarked Rebecca Washburn. The difficulties were good for making the class of '98 stronger, more mature, and more ready to face problems the real world would throw at them in about two short years. Nonetheless, the sophomores in '96 seemed to be characterized by Sandy Mesa's comment, "At least we're not immature freshmen anymore." *Story by Stephanie Crain.*

I'm Enthused With a tired look on her face, Melissa Duer listens in her science class. Sitting and listening to a teacher talk for a whole period could get tiresome no matter how interesting the subject. Students either had to pay attention or fall asleep, and falling asleep could get one in trouble. *Photo by Stacie Bordick.*

Beaming Royalty In regal style, Lindsay Coker and Chris Kraus smile at the crowd during halftime of the Homecoming game. Being elected to the Court was quite an honor because one was elected by his or her peers. The entertaining halftime show of Homecoming was made even better by the fact that Stafford was the victor of the game. *Photo by Stacie Bordick.*



Mind-boggling With his calculator close-by, Nick Shahan flips through the book trying to complete his Chemistry assignment. Chemistry was a difficult class that required a lot of hard work and calculator use. Doing one's homework was almost always necessary to keep up with the fast pace and difficult concepts. *Photo by Stacie Bordick.*

DALAL ABILMONA
CATHERINE ADAMS
MELANIE ALLEN
KRISTIN AMES
MARK ANDREWS
PHILLIP ATKINSON, JR
AARON AUSTIN
WILLIAM AXTMAN

MORGAN BAKER
NICHOLAS BALDACCI
ADAM BALDWIN
MICHELLE BALLARD
SHIRLEY BARNES
JONATHON BARNUM
JASON BAST
TREVOR BELL

JERRY BENFIELD
LARRY BERRYMAN
DOLORES BEVAN
SARA BISHOP
DANA BONELLI
ANDREA BORDICK
RITA BOTTS
SETH BOURNE

JAMES BOUTCHYARD
JULIANE BOWERS
ROBERT BOWLING
CHRISTOPHER BOWMAN
CHARLES BOYD
SCOTT BOYD
CHRISTINA BRADMAN
DAVIS BRADSHAW



School Spirit

Who's got it and who doesn't.

School spirit was a way for a school to show its uniqueness. This year there was a great variety in apparel. The Spirit Day themes were Get Up and Go Day, Nerd Day, Twins Day, Hippie Day, and Blue & Gold Day. The week was completed with a Pep Rally, the win against Mt. Vernon, and the Homecoming Dance.

The ones who participated found out that it was a great way to let their ideas roam free. Kenneth Varga said, "It was a chance for our freaky sides to come out of the woodwork." Those who didn't want to come to school dressed like weirdos quickly overcame their fears. Ray DeLeon remarked, "Get Up and Go Day was great. It gave us a chance to express our creativity."

Spirit Week showed how people took pride in their school. It was also a high school experience that left people with many memories. Patrick Hodge remarked, "You don't realize how many cool clothes people have until spirit week. They should wear them more often." Overall, the spirit at Stafford is compared to no other. *Story by Auxiliadora Mairena.*

The Legends Live
Dressed up for the Homecoming game, Scott Johnson, Ray DeLeon, Kevin Sasser, and Adam Sullivan keep the Stafford fire burning. They attracted a lot of attention and their spirit was passed on to the crowd. The Homecoming game was won that night. *Photo by Mark Hughes.*



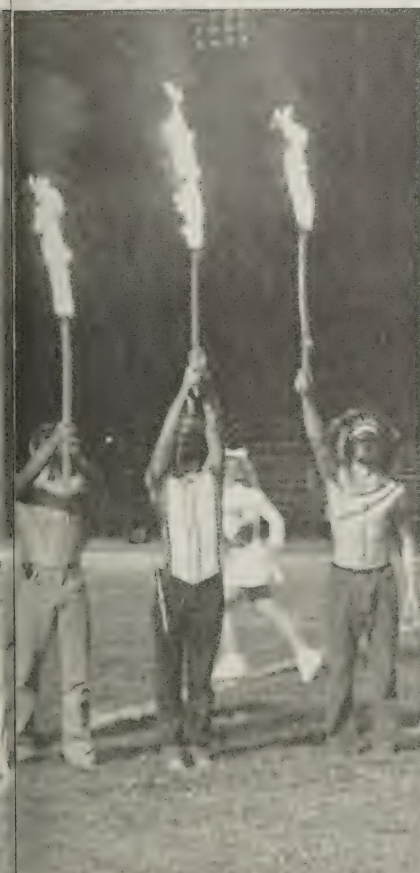


AMY BRANSOME
TRAVIS BRASSART
ELIZABETH BRAUN
TIMOTHY BRENNAN
JARED BROOKER
BRANDON BROOKS
DANIEL BROWN
JENNIFER BRUNER

CHRISTOPHER BUNN
VIRGIL BURGESS, JR.
EDWIN BURTON, JR.
MELISSA BUSHEY
AMY BUTLER
HILLAREY BUTLER
SEAN BYRNE
ANNA CALDWELL

LAURA CALLOWAY.
ELIZABETH CAMPBELL
PEGGY CARMICHAEL
THERESA CARMICHAEL
JEFFREY CARPENTER
CRYSTAL CARPER
AMY CASCIO
JONATHAN CATALANO

APRIL CHAREST
CHRYSTAL CHAVONELLE
NATHAN CHERRICO
CAMERON CHEWNING
KURT CHEWNING
CECILIA CHO
ELIZABETH CHO
ERICA CIVITARESE



Blue and Gold

Making posters for spirit week, Megan Staab and Christy Stoner work hard after school.

Preparing for Spirit Week took a lot of planning and the cheerleaders contributed to the festivities of the school year. The spirit brought out by the school allowed everyone a happy and enjoyable time. *Photo by Liz Malay.*

Malay.



Dress Shirts & Khakis During Twins Day, Dave Harrison, Pete Gorfida, Eric Powell, David Shotwell, Gerald Brown, Chris Hylton, John Agnew, and Mr. Moncreef dress alike. It was a great way for teachers to participate in the same activities as students. *Photo By Michelle Damos.*

CHARLES CLARY
CHRISTINE CLEAVER
JENNIFER CLEMENTS
ANGELA CLINE
TODD COATES
LINDSAY COKER
CAMERON COLLINS
KATHERINE CONNER



JEREMY CONRAD
JOHN CONROY
KELLI CONYERS
BRIAN COOK
JESSYE COOLEY
COLLEEN COONEY
AMY COOPER
CASEY COOPER



KIMBERLY COOPER
MICHAEL COOPER
THOMAS COPPAGE
GEORGE CORNWELL
CHRISTOPHER COX
EMILY CRABTREE
AMY CRAFT
JUSTIN CRITZER



On the Mark Mr. Dale Portner's gym class learns marksmanship. The PE classes took a break from the routine of football and badminton to explore archery. PE classes were a way that the school enforced fitness. *Photo by Lauren Wright.*

Pumpin' Up C.W. Harrison gets fit in the Stafford weight room. Off-season athletes found the weight room a common place for after school activities. *Photo by Mark Hughes.*



MICHAEL CROSNIKER
KRISTEN CROWLEY
STEVEN CULL
SARAH DANZI
ANNE DAVIDSON
CHRISTINA DAY
ADAM DEANGELO
PATSY DECATUR





MATTHEW DEERING
MICHELLE DEGRANDIS
MICHAEL DENNING
JAY DESAI
JASON DILLON
KRISTI DIXON
RONALD DIXON, JR.
ALLISON DOBSON

MATTHEW DONALDSON
BRIAN DONETY
BRENT DOOLEY
JANET DOUBERLY
ADAM DOWLING
ALEXANDER DOYAL
ROBERT DOYLE
KEVIN DRURY

MELISSA DUER
MATTHEW DURSA
SUSAN DYSON
MISTY EAGAL
KATRINA EAST
KRISTA EDWARDS
MYLES EGLEVSKY
ERIN EMERY



Gettin' Buff

Which way is fit?

Fitness was on the tip of everyone's tongue this year, whether it meant running a five-minute mile or just being able to walk up the stairs without breathing hard. The gymnasium wall was painted, "Fitness, it's not just a test, it's a way of life". P.E. classes walked by it each day with that deep thought in mind.

Stafford's highly developed athletic program provided one option in fitness. "Yeah, participating in three sports is better than joining any health club," exclaimed track star Jessie Scherrens. The coaches and sponsors worked the entire season to create an optimum environment for physical improvement. Judging from the success of the sports teams, the hard work paid off.

Outside of school Stafford County offered Parks and Recreation sports, local gyms, and there was always YMCA volleyball. "Weight lifting helps me not only physically, but emotionally, and mentally; it is a release from the daily grind," admitted Ben Studebaker. Or, as in the case of Chuck Harris, "My physical routine consisted of making it to the refrigerator and back between television commercials!"

The key was not how much you did, but just keeping it on your mind. *Story by Jennifer Moore and Ryan Drewniak.*



MICHAEL EUBANK
SHIRLEY EVANS
SEAN FARMER
TED FASENMYER
GEORGINA FIGLIOLA
JOHN FINES
JACLYN FISHER
JOANN FISHER

JEANINA FITZGERALD
JUSTIN FITZGERALD
AMBER FLIPPO
BRANDIE FORCIER
STEVEN FOWLER
JEAN FOX
NEAL FRAZIER
BESSIE FRIEND



DENISE FRITZ
JACOB GADD
JENNYFFER GALINDO
TERRENCE GALLIVAN
KRISTEN GALYEN
CHADD GARDNER
MARK GARRISON, JR
KRISTINA GATES

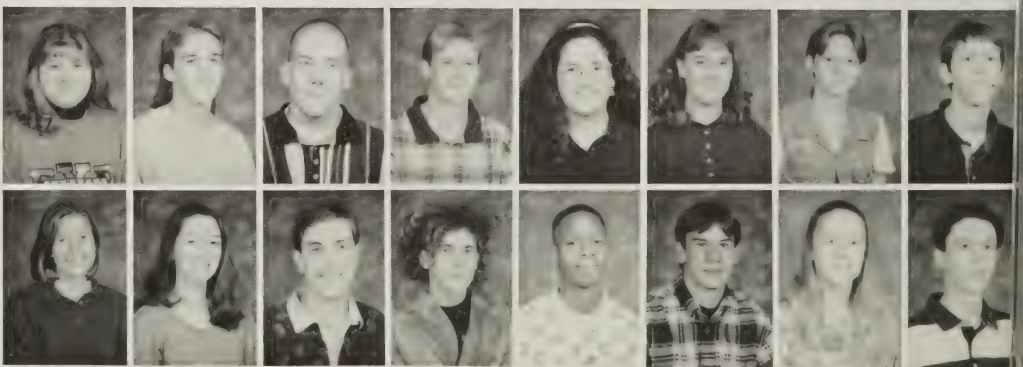


"Main Office" Answering the phone, Mrs. Sue Keyser takes down a message. It was hard work to run the switchboard all day. On days when there were cancellations, the number of calls could double and make the job even harder. *Photo by Rita Stevens.*



Special Secretaries Wearing her game face, Mrs. Julie Bove sends out letters for Saturday school. It takes a tough person to keep an administrator in line, especially Mr. Trant. The secretaries of the school were very under-appreciated for all of their hard work and long hours. *Photo by Bryan Ennis.*

DORIS GAYLE
JOHN GAYLE, JR.
SYMION GENTNER
ROBERT GILLISPIE
EMILY GILMORE
PATRICIA GIPSON
SHANNON GLASSHOFF
DOUGLAS GMAZ



EMILY GODFREY
DACIA GOLDMAN
RYAN GORMAN
MICHAEL GREEN
ERIC GREENE
RICHARD GREENLAW
RENEE GRIFFIN
TIMOTHY GRIFFITH



ALANA GUENIN
THOMAS HAGERTY
BONNIE HAMILTON
JOSEPH HARDING
CHARLES HARRISON
AARON HARWELL
ERIKA HAVASY
WILLIAM HAYES

DAVID HEFLIN
SUZANNAH HENDELL
CHARLES HENDERSON
MICHAEL HENDERSON
HEATHER HENKEL
JUSTIN HENSLEY
LAURA HICKMAN
JAMIE HICKS

Office Workers

The people who keep the school running

Throughout the school there were many workers whose specific jobs and duties remained a mystery to most of the students. "Even though they stay behind the scenes, they are very essential to the mechanics of our school," commented Jennifer Moore. They did everything from answering the thousands of phone calls that come in every day, to keeping track of all of the monies students brought in through fundraisers, to keeping each student's individual record. When students did need to find something, the secretaries usually were able to take care of things. "They are the ones that keep the school running. They can take care of your every need," said Auxiliadora Mairena.

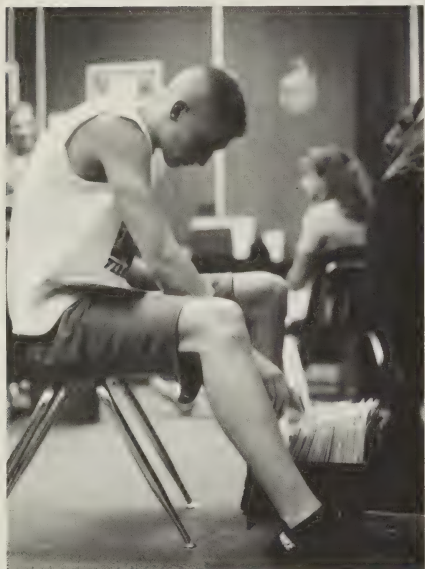
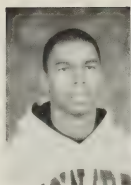
Many students found the office workers to be great people to get to know. "Mrs. Keyser is so sweet because she always greets everyone with a smile!" laughed Kari Fredette. Many students enjoyed being around them so much they became office aides. "I love working in the Attendance Office because Mrs. Bove, Mrs. Watts, and Mrs. Berry throw parties for every holiday," smiled Stephanie Crain. These people work really hard and maybe were the true force that kept the school running. *Story by Cameron Trant.*



JEROME HILL
MELANIE HILL
MARK HLYWA
ALLYN HOOD
KIMBERLY HOUCK
BRANDON HUFFMAN
MELISSA HUGHES
PAUL HUGHES

AMY HUTCHINS
BRIAN HUTCHINSON
BENJAMIN HYDE
BILLY ICE
STACY JACKSON
KATHERINE JACOBY
RACHEL JARNECKE
DAVID JETT

EDWARD JOHNSON
LAURA JOHNSON
RYAN JOHNSON
SARAH JONES
MELEANA KALA
WILLIAM KEINER
NATALIE KELLY
ERIN KERBY



Flipping Fingers Flipping through the files, Robbie Thomas fulfills his attendance aide duties. Filing was one of the many tasks performed by student aides. Despite the work, they found it a relief from the classroom environment. *Photo by Stefanie Shifflett.*

SHAUN KERR
KATHERINE KIMBRELL
DANIELLE KING
BRANDY KNOTT
KATHRYN KOLAKOWSKI
MATTHEW KORNIOTES
MICHAEL KRAIN
CHRISTOPHER KRAUS



ELIZABETH KRAVETZ
CHANCE LANE
LISA LANHAM
HUEI LING LAU
CHRISTIE LEEPER
SARAH LEIMER
CHRISTINE LESTER
NADYA LIEB



CHRISTIAN LINCOLN
JAMES LOCKLEAR, III
JASON LOMAX
JOHN LOVING
JAMES LYNCH
RYAN LYNCH
BETHANY MACDONALD
CHAD MARTIN





HUNTER MATHESON
LOWELL MCCAIN
JENNIFER MCGEE
KERRY MCKINNON
DARRELL MCMURRAY
SARAH MCPHERSON
CRYSTAL MEAD
RAYMOND MEADOWS



Easy "A" ...

...Or Maybe Not!

From Broadcasting to Attendance Aide, activities like these have all too often been considered classes that produce easy A's. '96 changed that stereotype. "I may not get a grade, but I work my behind off during sixth period," exclaimed Frank Trivett. He was an art aide for the department, where he earned the affectionate name of "Art Boy." Most of the departments were lucky enough to have students at their disposal during certain periods of the day. They held jobs like running passes, putting up bulletin boards, and other trivial tasks. "I never know what I am getting into when I go to help the social studies department," smiled Amanda Masters, who was an aide with her sister.

Those who weren't fortunate enough to become an aide found pleasure in choosing their own electives. The school offered several new electives. A favorite among students was Broadcasting Technology. The class showed students the ABC's of broadcasting. "I don't mind being a guinea pig; the class is really fun," explained Chris Watts. The try-anything attitude of students helped make all the electives successful and not just another easy "A." *Story by Jennifer Moore.*

The Perfect Angle The "head honcho" Kevin Graham adjusts props on the stage. Technical students like Kevin combined with art students to produce the sets for the plays. It was safe to say the productions wouldn't be the same without them.

Photo by Bryan Ennis.



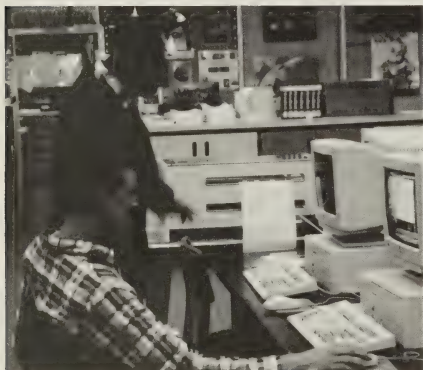
KRISTA MEARS
SAMANTHA MENCL
SANDY MESA
RACHEL MICER
CAROLINE MILES
BRANDON MILLER
JAMISON MONTGOMERY
KAREN MOORE

CHRISTOPHER MORAN
LISA MORRIS
MARY-AMBLER MORRIS
JAMES MORRISON
DEIDRA MULLINS
MELISSA MULLINS
SEAN MULLINS
KIMBERLY MURPHY

MICAH MURPHY
OMRI NASSAU
CHARLES NAVE
DANIEL NAVE
JOHN NEAL II
KEVIN NELSON
RODNEY NEWTON
ELIZABETH NIELSEN

Cards Anyone? Taking a break from the usual school routine, George Rodriguez shows his fellow classmates, Dustin Titlow and James Trinh a card trick. Cards were a popular way to pass time when there was nothing else to do in class. *Photo by Stacie Bordick.*

Computer Friendly With a little assistance from Tyrone Brown, Eddie Tutor explores the world of computers. With advancing technology, computers were becoming an item used every day. Students found them helpful when needing information for a report due in class. *Photo by Stacie Bordick.*



TIMOTHY NIMMO
MARK NISLEY
KATHRYN NUCKOLS
REBEKAH O'DONNELL
JOSEPH OCHELTREE
ERIC OGILVIE
REBECCA OLIVER
STEPHANIE OTIS

MICHAEL OTTO
MITCHELL PARIS
DWAINE PARKER
BRIAN PARKS
GARY PASTELL II
MICHAEL PAYNE
SEAN PAYNE
MELISSA PEMBERTON

RAFAEL PENARANDA
CHRISTINE PENN
THOMAS PERRONE, III
JENNIFER PHELPS
KRISTIN PHILLIPS
SARA PHILPOTT
BRIAN PITTS
TIMOTHY PODLEISZEK

AIMEE POTTER
NICHOLAS POWERS
MELANIE PRINCE
ELISA PRITCHARD
DELILAH PUMA
DANIEL PYLE
HEIDI QUALLS
JEFFREY RAGER





Friends Forever

From having fun to having fights, a best friend could always be counted on.

They were always there to talk to, laugh with, and share those "don't tell anyone" secrets with. They're best friends; they "always know when you're down and they're someone you can count on," said Liz Nielsen. Best friends made the day seem brighter, especially when one was having a bad day. Throughout the school day, they could sympathize with the problems others were going through: be it teachers, school work, or other friend problems. Laurie Ripper summed up a best friend as "a person who believes you when you talk about all the fantastic things you are going to do... or at least they pretend to."

Outside of school best friends were even more of an incentive. They made the weekends even more fun. From driving around with no destination in mind to going to see a movie, being with another person was definitely better than flying solo. Who else could make the dulllest time actually seem interesting? When best friends didn't feel like going out, but would rather relax around the house, what appealed to them then? Chris Kraus replied, "we just chill." *Story by Gina More.*



SCOTT RAMSBURG
MEGAN RANDALL
JOHN RAPIER
JEANNE RECTOR
JASON REED
DIANA REEDY
MELISSA REEDY
SABRINA REEVE

JOSEPH REID
EMILY RICHARDS
LAURIE RIPPER
KENNETH ROACH
JESSICA ROBERTS
KATHERINE ROBERTS
RHONDA ROBERTSON
BENJAMIN ROBINSON

MICKEIA ROBINSON
ROBERT ROBINSON
STEFANY ROBINSON
STARLA ROCKWELL
GEORGE RODRIGUEZ
JASON ROGERS
STACEE ROGERS
JESSICA ROSE

JONATHAN ROTHWELL
ANDREW ROWDON
MARY ROWE
JAMES RUPPERT
RYAN SALE
BRANDI SANDERSON
JEREMIAH SANDERSON
BRIAN SATTERWHITE

TRAVIS SAUNDERS
ADAM SCHELIN
GENEVIEVE SCHERINS
JAY SCHMITZ
LISA SCHREIBER
JACOB SCOTT
KRISTIE SEAL
MICHAEL SEKELLICK



DAVID SHAHAN
DAKIN SHARUM
ERIN SHEA
KEVIN SHEETS
ALLISON SHEPARD
ASHLEY SISSON
STEPHANIE SKEEN
JESSICA SLATER



MARY SMART
AMANDA SMITH
JENNIFER SMITH
AMANDA SPARKS
MISTY SPENCER
AMBER SPICER
AMY SPITLER
DANA STALLARD



JASON STANLEY
JONATHAN STEINMETZ
JUSTIN STERNE
RITA STEVENS
JENNIFER STRAWN
JILL STRONG
SHAUN STURM
ANGIE SULLIVAN



RONALD SULLIVAN
SUZZANE SULLIVAN
TIFFANY SULLIVAN
RYAN SWIERK
BECKY TAYLOR
EDITH TAYLOR
NICOLE TAYLOR
ELLSWORTH THOMAS



Lunch Lady Land

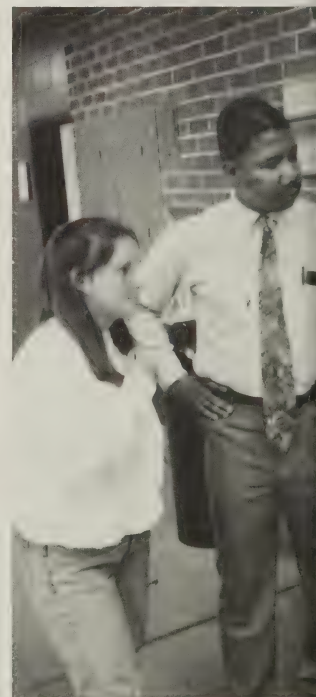
And Security Guard Isle

The people who ran the show hardly got enough recognition. These hard-working men and women cleaned up the cafeteria after the lunches, kept the parking lot safe, and made our lives a little bit easier. Yes, our cafeteria workers and security guards. Without these necessary laborers, the school would be in ruin.

The main job of the "Lunch Ladies" was to clean up after the student body had finished gorging themselves. Billie Cooper, the supervisor of the crew, said: "The worst messes to clean up are sunflower seeds. And when the kids start throwing Jell-O." Cookie, another worker, got straight to the point when she said: "I just clean ya'lls messes up." Thanks Cookie!

And thanks to the security guards. Those of us who drove to school became very familiar with the school's patrol vehicles, but few of us knew the faces behind the wheel. Clyde Atkins and William Benton have been guards here since 1990 and '91 respectively. Their ongoing mission: "To detect, deter, and report." But there were other jobs to be done. "One of the most important jobs I do is keeping people out that don't belong," stated Clyde. "But the part of the job that is the most fun is interacting with the students" said William. These are the people that made the wheels turn at Stafford. *Story by Adam Sullivan.*

Get to work! While getting information for the school paper, Becky Bricken and Andy Craver keep Willy Benton from his most important job as protector of our school. Without him who knows what kind of filth and refuse would walk the halls of our fine institute of learning? Thank you Willy! *Photo by Bryan Ennis*





JESSICA THOMAS
ROBERT THOMAS
DAVID THOMPSON
ELIZABETH THOMPSON
JAMIE THOMPSON
MATTHEW THOMPSON
DUSTIN TITLOW
JASON TRANT

JAMES TRINH
FRANK TRIVETT, JR.
FRANCES TRUSLOW
JONATHAN TRUSLOW
JONATHAN TRUSLOW
BRYANT TURNER
COLEMAN TYSON
KIMBERLY ULRICH

SHELLEY VALENTINE
MALCOLM WADDY
BUDDIE WALKER
VICTORIA WALSH
REBECCA WASHBURN
ROSHAWN WATSON
DALE WEAVER, JR.
ARLINE WEEKS

CHRISTOPHER WEIMER
JENNIFER WELDON
MELISSA WHITE
TIMOTHY WHITSTONE
BEN WHITFORD
KENSLEY WHITLER
BACHE WHITLOCK
ERIC WICHMANN

WHITNEY WILKERSON
AMY WILLIAMS
RICO WILSON
JANICA WINE
JASON WINE
CHRISTOPHER WINGER
BRADLEY WOLFF
MELANI WOOD

SABRINA WOOD
PRENTICE WRIGHT
SAMANTHA WRIGHT
JOSEPH YEDNOCK
SUZANNE ZAIDAN



Cleaning Up. After the lunch time stampede, Moezela and Helen separate the dishes into the trays so they can be washed and used again. Lunch hour was a hectic time for these ladies, preparing over 1,000 lunches a day. Man, that's a lot of taco pizza! Photo by Rita Stevens.



Freshmen

The Class of 1999... the year itself signified the beginning of a new generation. These students were in fact the faces of the future; these students were going to leave high school and face the world at the end of the 20th Century and the beginning of the 21st. The truth of the matter was however, that in 1996, they still had a little way to go before they were ready to take charge of the world. The Freshmen had just begun their high school experience and that first year was obviously a big change as well as an extremely challenging experience. Paul Deal felt that, "High school was a rude awakening."

There were also freshmen who saw the positive side of high school. They were usually allowed more privileges and were given more responsibilities because of the fact that they were now in high school. Freshmen were often influenced by the older students to act more like an adult but whether that was due to the fact that they were constantly around older and (hopefully) more mature people or because they felt they should do so due to upperclassmen peer pressure is not quite clear. "I feel older and can act more mature (even though I sometimes don't)," commented Audra Muhlenkamp.

Nonetheless, freshman year was interesting; in fact, Jammie Hillian had only one complaint: "The crowded halls have got to go." *Story by Stephanie Crain.*

What Page? Flipping through their books, Marcus Watlington, Dustin Rollins, and Jennifer Covington work in Latin. Sometimes students had experience already in foreign language before they reached high school but most began their bilingual careers as freshmen. *Photo by Stacie Bordick.*

Very Interesting Listening intently, Valerie Danielson and J.W. Wilson concentrate all of their attention forward. It was almost impossible to succeed in any class without working hard and paying attention. The freshmen had to work even harder to get used to high school classes. *Photo by Stacie Bordick.*



Poof!!!! Granting wishes of the crowd, members of the Freshmen class portray the TV show "I Dream of Jeannie." The theme of Homecoming was Classic T.V. Other floats' themes included "The Flintstones," "Happy Days," and "Gilligan's Island." *Photo by Margaret Sacks.*

CHRISTIE ABEL
CAROL ALEXANDER
JERMAINE ALLEN
NATHAN AMICO
JOSHUA ANDERSON
KIMBERLY ANDERSON
KIMBERLY ARCHER
THERESA ARMBRESTER

AMY ARMSTRONG
THERESA ARNOLD
NICHOLAS ATKINS
WILLIAM ATKINSON
JAMIE ATWELL
CHRISTON AXIBAL
JASON AYERS
HEIDI BACH

ANDREW BAILEY
BRANDON BAILEY
JOSHUA BAILEY
KRISTEN BAKER
RAKEYA BAKER
SHANNON BARNES
JAMES BARR
EMILY BARWICKE

PRESTON BATTS
CHRISTIE BEACH
JOANNA BEARD
JOSHUA BEAZLEY
DAVID BEHM
HEATHER BENNETT
COURTNEY BERRY
RICARDO BERRYMAN



Where Am I?

*Excuse me, can you tell me how to get to
the math department?*

The incoming freshman had faces of disarray while trying to find their classes on the first day of school. They were embarrassed to ask the upperclassmen for help because they did not want to look stupid. "It was confusing for the first five periods, but then I felt more comfortable," admits Alok Gulati. The halls made changing classes very difficult, because it took five minutes just to go down the main hall upstairs. Many looked desperately for someone that they knew. All of the previous middle school groups were split, and they had to become friends with students that used to be their rivals. Graham Hope said, "It was a change from middle school, because in eighth grade we were at the top, but as freshmen we felt like we did in sixth grade." Sixth grade was the first year of middle school, and students had to deal with a new school and larger classes, like the freshmen that had to start high school. Nathan Havasy said, "I felt kinda insignificant, but it was still better than middle school." There were so many more people to meet and new experiences, because of the variety of activities offered. It was just the beginning of maybe the best four years, and the friends made would never be forgotten. *Story by Anna Ervin.*

Scoping It. Rebecca Washburn is experimenting with microscopes in biology. Learning how a microscope works was a useful lesson for many labs to come. Along with the start of the year came introductory lessons on how to use the equipment that classes were so fortunate to have. *Photo by Christy Stoner.*





MELANIE BISCOE
COURTNEY BLAKE
MISTY BLANKENSHIP
MELISSA BLOTNER
NICOLAS BOEKE
MEGAN BOGERT
NATHAN BOURNE
VINCENT BOUSA

BRYAN BOUSLOG
KRISTY BOWEN
EDITH BOWERS
MICHELLE BOWIE
ANNETTE BOWLING
JACKELYN BRAJA
TAMEKA BRANHAM
KATHERINE BRENNAN

CATHERINE BREWINGTON
CRAIG BROOKS
NICOLE BRORS
ADRIENNE BROWN
JAMES BROWN
MICHAEL BROWN
MICHAEL BROWN
KELLEY BRUDER

ERIC BUCHANAN
MARY BUCK
JUSTIN BULLOCK
TIMOTHY BURCHAM
CHRISTOPHER BURNS
BRADLEY BURRUSS
CARL CABANISS
JENNIFER CARRUBA



This Is Review? Katie Ryan diligently copies notes in math class. The beginning of the year was supposedly review, claimed most teachers. Somehow the summer made students forget what they had learned the previous year. *Photo by Stefanie Shifflett.*

MELISSA CARTAGENA
AARON CARTER
KRISTY CARTER
JOSHUA CHAMBERLIN
STEVEN CHILDRRESS
JOSHUA CHITTUM
JOSHUA CHUMLEY
RAYMOND CLARK



DIANA CLARY
INDIA CLEMONS
DUSTIN COLEMAN
DAVID COLLIER
CHRISTOPHER COLOMBEL
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NATHANIEL COMPTON



KENTON CONLEE
PATRICIA CONNER
DARRAGH COPLEY
ANTHONY CORNUET
ARACXY CORONA
CARRIE COVERT
JENNIFER COVINGTON
JOHN COWAN



Gym Class

Freshmen keep physically fit at school.

Whether you enjoyed it or not, P.E. was mandatory for underclassmen, but juniors and seniors could indulge in the exercises as an elective. Skills in archery, ping pong, football, and other sports were learned and improved up on this year. And of course there was everyone's "favorite"... physical fitness testing. Curl ups, sit ups, the shuttle run, sit and reach, and the dreaded mile run were among the tested activities. "I don't think we should be tested and graded on our physical capabilities," said Justin Critzer.

For some, physical education was a way to get a real workout since extra time was scarce. Others felt gym class was an unnecessary period. "It's worthless," says Christie Cleaver. "You don't learn anything or get anything out of it," she added.

On fitness days, most classes were found straining over multiple types of curl ups and sets of push ups, followed by jumping jacks and then the timed running. On activity days, students had to partake in whatever sport their class was doing at the time, from the "rough & tough" game of floor hockey to the calmer game of table tennis. But some found ping pong to be more dangerous than expected. "It seemed like every day I got nailed with a ball, and the worst part was that it was even by my own girlfriend!," said C.W. Harrison. "I didn't mean to hit him!" laughed Jessica Roberts. "It was an accident every time... I promise," she added with a smirk. "Anyway it was still funny." * Story by Danielle King.



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JOSEPH CRIBB
LAURA CRIGLER
ADAM CWIAK
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REBECCA DOYAL
AIMEE DUDASH
SABREE DUFF
DAVID DUGAN
JASON DUPKE



Ouucchhhh! During physical fitness testing, Brandon Bailey forces himself to reach just one more inch... or maybe not. These tests weren't looked forward to by most students. Some received awards for their test scores. *Photo by Niki Tyson.*

Slap Shot. Awaiting the puck, Amy Hutchins uses her hockey skills to decide her next move. Floor Hockey was one of many activities played in P.E. Students received participation grades in Physical Education. *Photo by Liz Malay.*



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Being Friendly

Making new friends is not as easy as it looks.

It was not always easy to go up to someone and say, "Hi! My name is....." Meeting new people can sometimes mean rejection, but that doesn't mean anyone should quit trying. Allison Hales thought that if she asked for directions she would probably meet someone new; instead she said, "I am still looking for the stairs to the third floor." Practical joking was a good way to meet new friends because everyone could loosen up and laugh with each other.

There were many clubs and activities in which to meet new people. Some thought it was great to share interests with others because it was more fun to do things together. Chris Holcomb remarked, "It was nice making new friends at soccer intramurals." Interacting with kids from other grades was a plus for some. "It was neat meeting people who could drive," said Sally Harman.

The truth is that friendship is what makes the world go round. Without friends people would have no memories to cherish for the rest of their lives. Making friends now is important because they were the links to things that happened in the past and things that will happen in the future. *Story by Auxiliadora K. Mairena.*

This Is So Funny! While working together on a project, Sam Newsome and Jenny Tuscany share a funny moment in biology. Often working together in groups gave students an opportunity to meet new people. Classes did not always have to be all work and no play. *Photo by Lauren Wright.*



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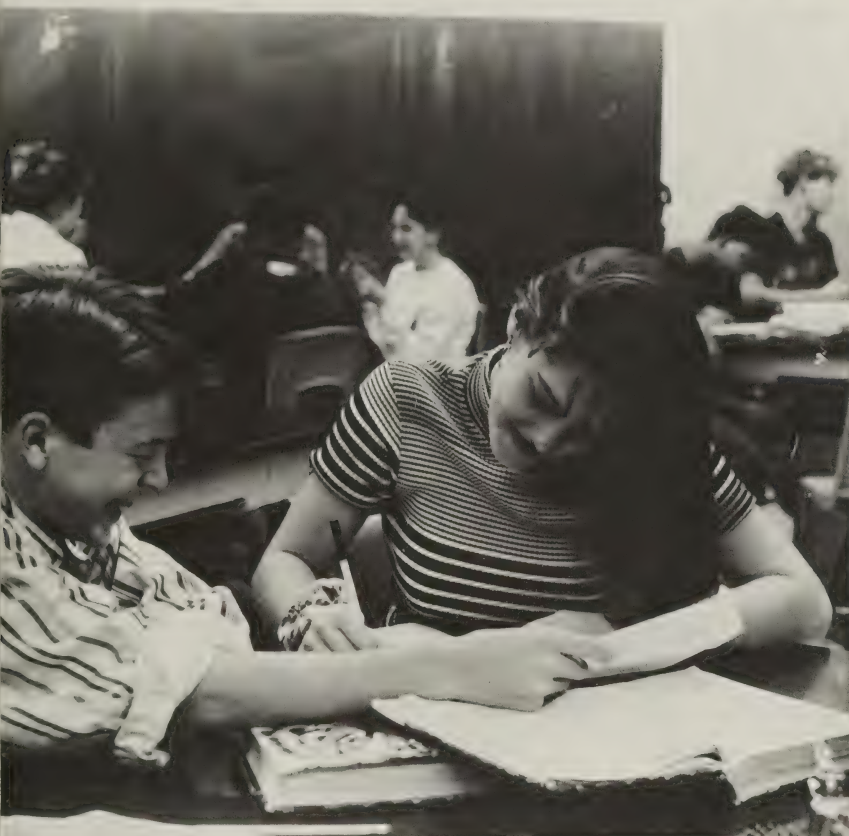


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ERIN HAAG
LOREEN HAGERTY
ALISON HALES
SAMANTHA HALL
CASSANDRA HANNA

CORY HARDING
LOTOYA HARDY
SALLY HARMAN
CANDACE HARPINE
LYNNE HASSELL
LISA HATCH
NATHAN HAVASY
JANIS HEARTLEY



Sharing The Spotlight. While being introduced on the Homecoming Court, Amy Parsons and Michael Brown are the center of attention on the field. During Homecoming week court members worked on their class float along with their fellow classmates. This time proved to be fun and many new friendships were made. *Photo by Mark Hughes.*



SAMUEL HEIN
JACOB HENTY
CHRISTINE HERCHENROEDER
CHRISTIAN HILCHEY
DUANE HILLIAN
JAMMIE HILLIAN
LA'LITA HINES
ALDEN HINGLE

CRYSTAL HISSEN
JAMIE HIZER
MICHAEL HODGE
CHRISTOPHER HOLCOMB
ELIZABETH HOLLAND
KYLE HOOD
GRAHAM HOPE
JUSTIN HOPKINS

Dance the Night Away

*From after-school sock hops
to all night shindigs*

"In middle school all our dances were after school. We didn't even have to worry about getting ready, because we had already been at school all day," recalled Julie Sullivan. Freshmen were subject to a rude, yet pleasant awakening when they were asked to their first dance. The dances went from little theme socials to late-night celebrations. "Going to the dances after the games was great because it extended the night, and everyone was so excited when we had won the big game," smiled Jessica Moore.

"When I was a freshman, dances were kind of confusing, because I wasn't sure if you were suppose to ask girls or just wait and see who showed up," admitted Cameron Trant. Freshmen were able to adapt fast though and get into the high school night life. *Story by Jennifer Moore.*

Lady in Red Smiling, Katie Russel stands with Graham Hope during halftime at the Homecoming football game. The Homecoming Dance was the first big dance of the year. *Photo by Mark Hughes.*



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Cafeteria Qualms

*It took time for the Freshman
to find their place in the cafeteria.*

One of the biggest fears of the incoming freshman class was not being able to find a friend in the cafeteria. The size of the cafeteria and the intimidation from the upperclassmen were the main reasons for this. "It stunk to be a freshman in the cafeteria because I couldn't sit in the carpeted area and I didn't know any upperclassmen," reminisced Adam Sullivan. Through time, the freshman learned all the do's and don't's and were able to put their fears aside. "The first week of school, figuring out the 'system' of the cafeteria was hard because I didn't know what you could get and where to get it, but it didn't take long to learn," remarked Bradley Richmond. Because of their physical stature, many of the freshman felt intimidated by the bigger and older students. For the lucky few who had some size like Dustin Coleman, the lunch shift was automatically easier. "The only trouble I had with the cafeteria was getting used to the long lines. You have to plan at least five minutes into your schedule just to wait in line," he said. The chance to take a break from class with your friends made lunch a favorite time of the day. *Story by Cameron Trant.*

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LISA ROBINSON
MATTHEW ROBINSON
CHRISTOPHER ROGERS
KATIE ROGERS
DUSTIN ROLLINS





Balancing Act Cleaning up his trash, Bradley Richmond balances two trays while carrying his locker on his back. The privileges students were given in the cafeteria were a real positive over middle school. As each year passed the students learned more about how to milk those privileges for all they were worth. *Photo by Rita Stevens.*

Fries Anyone? Eating her french fries, Margaret Trost gives a glare at one of her friends as Crystal Hissen looks on. Lunch time was a great place to socialize with friends. Many Freshman found life much easier sticking together with other Freshman on the Underclassmen side of the cafeteria. *Photo by Rita Stevens.*



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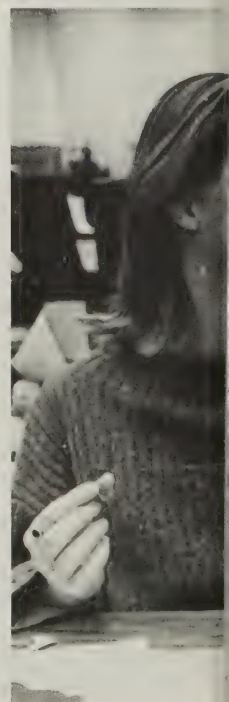
New Experiences

*How fun would it be to change schools...
to a different country?*

Imagine going to a different country to attend school. How hard would it be to cope with the new language, different styles of living, and being without family? All these experiences were not just imagination for Ingrid Lommers, who came from Holland as a foreign exchange student. However with all the cultural changes to adjust to, she "likes it here a lot." One wouldn't be able to easily tell that she was from a foreign country. Ingrid says that "English is required in Holland for five years." She took seven years and speaks English fluently.

Previous years seemed to bring about more foreign exchange students in the halls of Stafford. However, Ingrid seems to be the only exchange student for the 95-96 school year. With the diverse backgrounds found at Stafford though, she will probably blend right in.

Story by Gina More.





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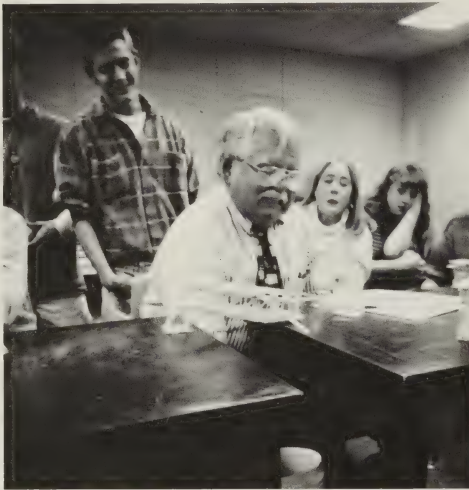
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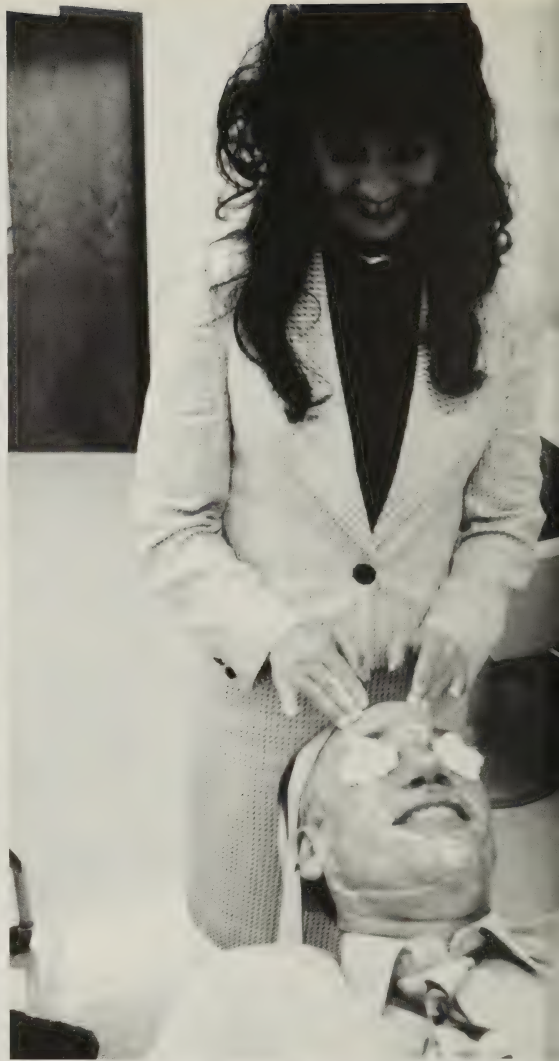
Art Fun During art class, Liz Kravetz and Ingrid Lommers share a good laugh. Making new friends was essential for Ingrid, to make it an easier adjustment for her. She came from Holland as a foreign exchange student. *Photo by Bryan Ennis.*



Look Here... Explaining the rules of newspaper, Mr. Driver shows Kristen Lichtenfels and Christie Tokar information in a book. *Photo by Christy Stoner.*



Crack!!! With looks of anguish on their faces, Mr. Byrne and his students watch as someone's bridge finally collapses. The Physics' classes took part in this annual event for a nine-weeks project. *Photo by Stacie Bordick.*



William Pugh-Principal
Mark Strickler-Assistant Principal
Michael Trant-Assistant Principal
James Andrews-English
Dona Banks-Paraprofessional
Jane Black-Librarian
Bobbie Blalock-English
Susan Boggs-Special Education

Colleen Carter-Sign Language
Kerry Carter-Sign Language
Jane Clark-Paraprofessional
Ron Cook-Custodian
Lorraine Dillard-Paraprofessional
Elizabeth Dixon-Business
Brian Driver-English
Agnes Dunn-History

Anna Ellis-Paraprofessional
Nancy Embrey-Paraprofessional
Betsy Gilbert-Business
Sue Gill-English
Joseph Haag-English
Sherri Holbert-Technical Specialist
Mark Hughes-Art
MaryAnn Lewis-English



Friends?

*Despite the faculty-student relationship,
they seemed to get along.*

The faculty... teachers, administrators, secretaries. The common myths seem to have been that the students did not respect the faculty's hard work and that the faculty was a mean bunch of adults out to ruin the students' good times. Both of these myths were misconceptions. The students for the most part did realize how hard the faculty's job was. Patrick Edwards stated that "It must be really hard to stare at a bunch of uninterested faces a lot of the time." Another sympathetic student, Scott Johnson, commented on the faculty's efforts also. "I don't think everyone realizes how hard they work for us," he remarked.

Because of their negative image, it might seem as though the members of the faculty were not people that the students could have fun with or be friends with. The truth was quite the contrary. John Bridges for example laughed with Mr. Price as he joked, "I think Mr. Price has gained much experience in his two years here at Stafford." This joking and fooling around was not uncommon in all different parts of the school. For example, many students in both the art and yearbook classes were often found joking and talking with Mr. Hughes and Mrs. Sigler as friends and not just having impersonal teacher-student relationships. Mr. Hughes smiled, "Even though they drive me crazy, they are all a joy." (There was no sarcasm in that comment whatsoever.)

So maybe it was a common happening at most high schools, or maybe it was unique to this school, but for whatever reason the teachers and students seemed to genuinely like each other and enjoy each other's presence. Perhaps Kristen Barthelow's reason for liking her Calculus teacher was the most unique reason ever: "Mr. Hinds is really cool because he says things like 'jeepers-crow!'" *Story by Stephanie Crain.*

Beautiful Pores Smiling contentedly, Mr. Trant receives a facial from Mrs. Gibson in a Cosmetology class. Students and teachers could receive many beautifying treatments in Cosmetology. *Photo by Stacie Bordick.*



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Susan Keyser-Secretary
MaryBeth Kelly-Special Education
Ralph Ladmiraault-English
Dave Marshall-Orchestra
Jane McConnell-Paraprofessional
Barbara Pietschman-Drama, English

Eric Powell-History, Government
Penny Shelton-Drivers Education
Winonna Siegmund-English
Rachel Sigler-Art
Lois Simms-Cosmetology
Nancy Sorrentino-Special Education
Jim Stemple-Technology
Julie Stemple-English

Elizabeth Sturgill-Special Education
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Todd Welker-Technology
Terry Wilson-Carpentry

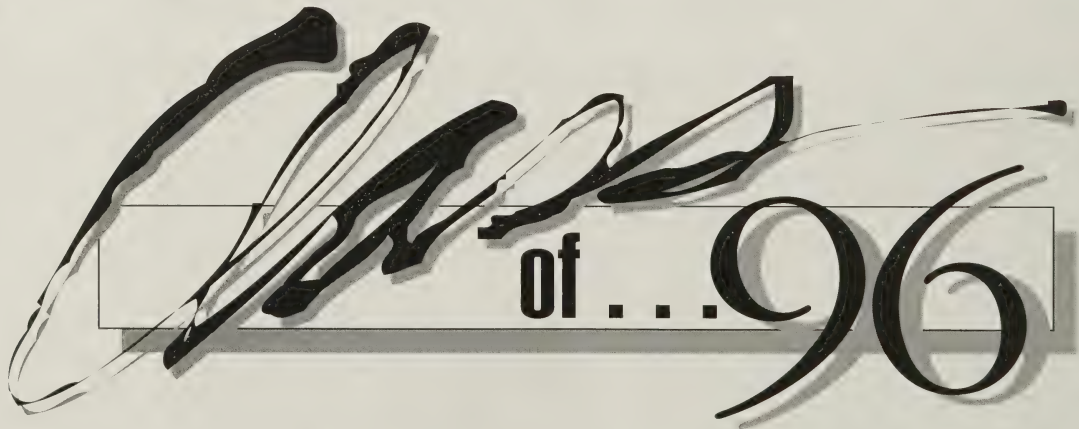
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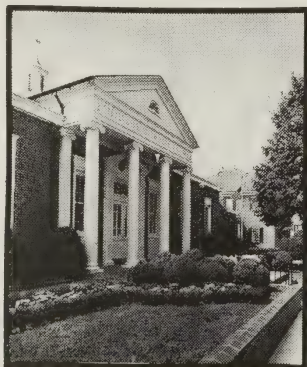
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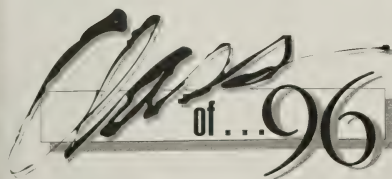
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Falmouth, Virginia 22405
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I guess the word for this year is **SNOW!** After missing ten days of school because of heavy snow it is a miracle this year's book ever got done. Somehow after making are way through the snow and into the school, stressing 110 days over deadlines and trying to deal with the chaotic pace of putting together a book including 1604 students in 36 sport teams, 34 clubs, 20 academic classes, and articles ranging from student hangouts to foreign exchange students, the 1996 "Indian Legend" is finished. We made it again. (I think?)

The job of the yearbook staff was made easier by help from many friends. I would like to thank the support and advice of Kathleen McKee and Rachel Sigler for trying to keep me sane; Julie Stemple for editing all the copy; Jesse Hanson for organizing and distributing all the portrait packages and organizing the index (and having the coolest toys and a hearty laugh); Justin Miller for tying up all the loose ends; Aaron Austin for compiling all the sports statistics and information; Jacquelyn Bonner for helping with all that incredible cropping and designing; Heather Howe for keeping me organized with sales; Gina More for extra duty selling advertising; and of course Angela Rutherford for editing all the copy (Good Luck at Harvard!!). HA! HA! Did you think I'd forget you, Stacie? Thanks to Stacie Bordick for her three years of constant dedication and excellence!

This yearbook could not have been published without the hard work of the entire yearbook staff. They all should be proud of their accomplishment.

Good Luck to all the Seniors and thanks again. It was fun!

Mark Hughes
Yearbook Advisor

Thanks to everyone who made this book possible. Due to lack of space, I am only able to thank a few.

I would like to thank Mrs. Julie Stemple for pouring over the countless binders of yearbook copy. The photographers made the yearbook look great, and I know Stacie Bordick will go on to commandeer another group of photographers at William and Mary. The designers used their artistic skills to create images and themes that will last a lifetime; Jacqueline Bonner headed up the design team and her excellent cropping created many fun-filled pages.

My deepest thanks goes out to Stephanie Crain for helping me edit the yearbook, and keeping the writers in line. All of the writers did a great job this year, and even made math class sound interesting. Adam Sullivan's unprintable stories and captions were often sources of humor.

Auxiliadora Mairena's mastery of the past tense made a certain editor very happy.

Finally, thanks to Mr. Hughes, the yearbook god, for his guidance and patience. Without him, the yearbook would not have been possible. In spite of the snow he was always calm and understanding about the late deadlines.

Thanks to all the seniors for combating Senioritis and putting forth their best efforts. It has been great working with everyone this year, and I think we have done a great job this year. Good luck to next year's staff!

See ya,
Angela Rutherford
Editor in Chief

Once again, despite the difficulties, the Indian Legend has been produced. I personally was a little skeptical about whether or not it would ever get finished, but it was and it turned out to be one of the best yearbooks ever presented (in my opinion). None of this could have been done without the hard work and guidance of Mr. Mark Hughes. I want to thank him profusely for everything he did for the staff and for me. The photographers and designers also did an excellent job; without their quality work, the writers would have had a much harder time making their stories and captions as interesting as they were. I would also like to thank Jesse Hanson, Aaron Austin, Heather Howe, and Gina Moore for all of the thankless extra work they did behind the scenes.

Most of all, I have to thank all of my writers. Even though I was often yelling and complaining about missing deadlines and writing completely unprintable material, your hard work was greatly appreciated. I was especially impressed by all of the seniors' ability to keep working even with a terrible case of Senioritis running rampant through the staff. You guys made the editing job a lot easier on me. I must also extend thanks to Angela Rutherford for all of her wonderful editing. Thanks for catching all of the things I missed and backing me up on my executive decisions about what could and could not be printed.

I've had a blast and I will genuinely miss everything from Mr. Hughes's whistles to being asked by staffers to write their stories and captions for them. Stacie, always remember who was really in charge. Good luck to everyone!!

Love,
Stephanie Crain
Copy Editor

Yearbook: *Front Row:* Niki Tyson, Rita Stevens, Aaron Austin, Stefanie Shifflett, Jennifer Moore, Michelle Damos, Lauren Wright, Danielle King. *Second Row:* Heather Loving, Heather Howe, Alvin Weekes, Justin Miller, Jesse Hanson, Bryan Ennis, Adam Sullivan, Cameron Trant, Angela Rutherford, Dawn Baker. *Third Row:* Christy Stoner, Gina More, Karli Fredette, Anna Ervin, Auxiliadora Mairena, Stephanie Crain, Stacie Bordick. *Not Pictured:* Jacquelyn Bonner, Liz Malay.



Newspaper: *Top Row:* Diann Wigglesworth, Kristin Lichtenfels, Jason Robinson, Sara Wator, Andrew Craver, Becky Bricken, Brian Quann, Tara Lillibridge, Sarah Bolthouse, Mr. Brian Driver. *Bottom Row:* Elizabeth Herlan, Meridith Goggin, Christie Tokar, Melissa Skeen, Vicki Koussoglou.

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Personal Ads

Congratulations
Chris!

Mom & Dad



*Who could imagine we would
have the best daughter in the
world, congrats Grad!
Love you more!*



*Congratulations
on your success at
Stafford High School.
Best of luck with your future!
Love Mama, Dad & Buzz*



**Stafford High
Class of 96!
Congatulations**

*"For I know the plans I have for
you," declares the Lord, "plans
to prosper you and not to harm
you, plans to give you hope and
a future."*

Jeremiah 29:11



*Congratulations
to my daughter
Kimberly L Greenstreet.
Words could never express
how proud I am of you.
Love Mom*

The murder trial of O.J. Simpson ended. Not guilty. It took the jury less than four hours to reach a verdict in the sensational trial that lasted eight months. The jury of 10 women and two men found that Simpson did not kill his former wife, Nicole Brown Simpson and her friend, Ronald Goldman in June, 1994. The trial twisted and turned through a maze of scientific evidence and dozens of expert witnesses. Judge Lance Ito presided over the trial in which Los Angeles Police Detective Mark Fuhrman's racial slurs and attitudes became one of the focal points of Simpson's defense.



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Hundreds of thousands of African-American men marched in Washington in a spirited rally for unity and brotherhood. The Million Man March was organized by Nation of Islam leader Louis Farrakhan. Participants were optimistic that one of the outcomes of the peaceful day of praying, singing and speech making would be more understanding between black and whites.

Timothy McVeigh is a well-guarded prisoner. He and one other man, Terry Nichols, are charged with 11 counts in the bombing of the Alfred P. Murrah Federal Building in Oklahoma City. The explosion on April 19 killed 169 people and injured more than 500.



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The Atlantic region's hurricane season this year was so active that it has produced the most named storms since the National Hurricane Center started assigning names in 1953. Storms are named in alphabetical order, but names beginning with Q, U, X, Y and Z are excluded because of their scarcity.



Bill Gates made computer headlines when he introduced Windows 95, the long-awaited upgrade to the Windows computer software program. It was billed as revolutionary and innovative, and the musical group the Rolling Stones were turned into software pitchmen. Gates, the 39 year-old chairman of Microsoft Corp., was also crowned the richest man in the United States, with a net worth of about \$14.8 billion.



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The civil war in the former Yugoslavia continued as the 1995-96 school year began. Four years after the wars of Yugoslavia's destruction began, there was still no peace among the Croats and the Serbs and the Muslims. More than 3 million people have lost their homes, more than 200,000 have become refugees. There remains a deep reservoir of bitterness throughout the former Yugoslavia, and NATO continues its attempt to bring peace to the Balkans.



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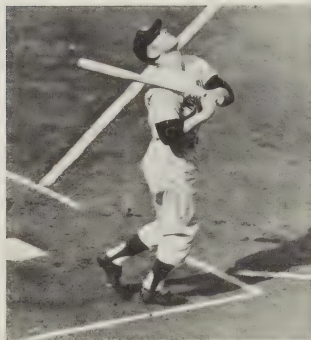
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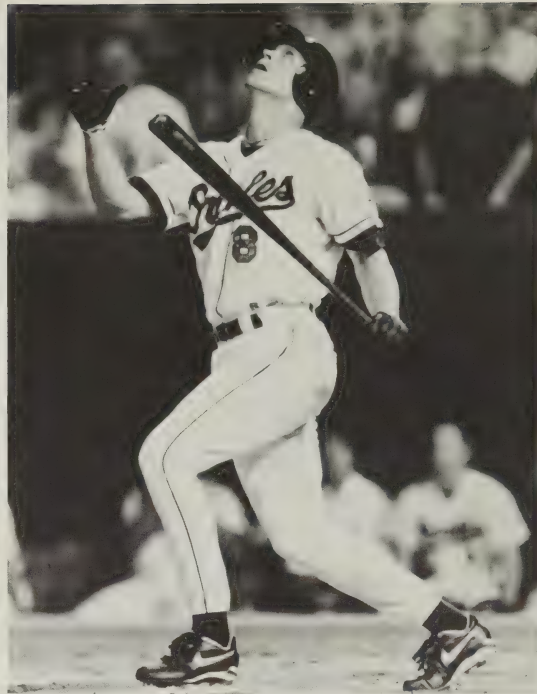
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Baltimore Orioles shortstop Cal Ripken marched into the record books when he broke Lou Gehrig's record and played in 2,131 consecutive baseball games. Gehrig had held the record since 1939. Ripken broke the record on September 6 and went on to finish the season having played in 2,153 consecutive games — the last 70 of them without an error.



Mickey Mantle was one of the greatest baseball players who ever lived. From the time he broke into the major league in 1951, six months shy of his 20th birthday, until he retired following the 1968 season at the age of 37, Mickey Mantle inspired generations of fans with his power and ability. He died of a fast-spreading liver cancer at the age of 63, two months after a liver transplant.

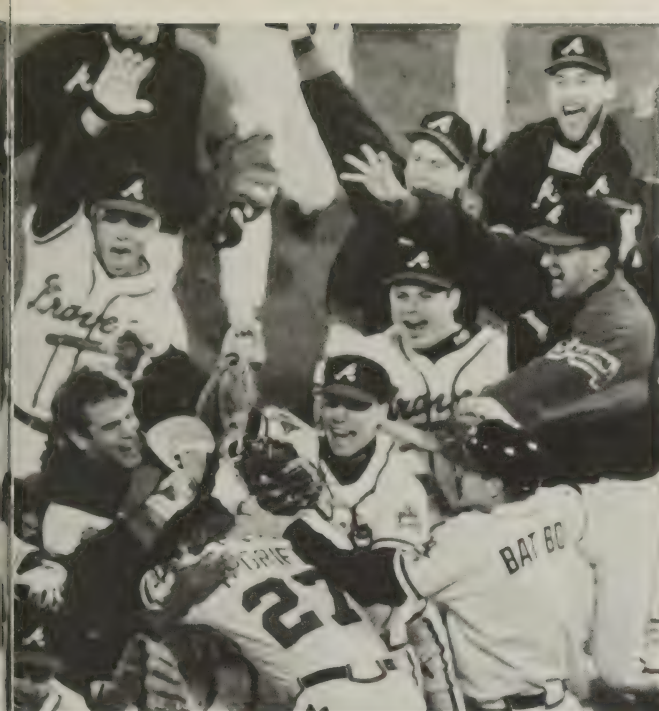


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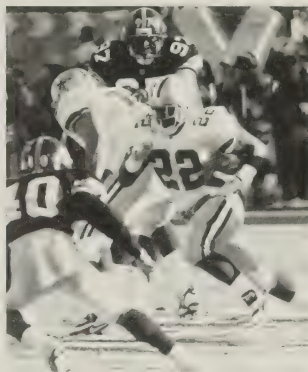
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It took 30 years for the Atlanta Braves to win a World Series, but the fans say the wait was worth it. A sixth inning home run by David Justice gave the Braves a 1-0 victory over the Cleveland Indians for a 4-2 series triumph. The Braves had come close twice before, losing the Series in seven games to the Minnesota Twins in 1991 and in six games to Toronto in 1992.



Dallas Cowboys' Emmitt Smith goes for a long gain as the Cowboys went on to beat the Pittsburgh Steelers 27-17 to win Super Bowl XXX. For the Cowboys it was the fifth Super Bowl title, matching a feat achieved by San Francisco last year. It was also the Cowboys' third championship in a four-year span.

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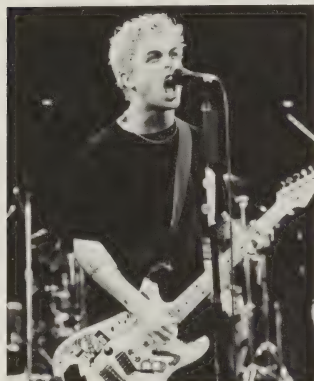
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The Cranberries are threatening U2's reign as America's favorite Irish band. Their last two albums sold more than six million copies. The Cranberries are onto something big. Singer Dolores O'Riordan prances barefoot on stage with a warming presence. The latest album from the group, "No Need to Argue," has been on the charts for several months. The Cranberries may have their limitations, but they haven't yet risen to the surface.



Green Day hit the charts with "Insomniac," its second major-label release. The San Francisco trio has unleashed whatever pent-up energy it managed to stockpile during the last whirlwind of a year. One of the songs, "Panic Song," is as close to sheer pop-punk purity as you'll ever get.

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One critic described Hootie and the Blowfish as a pleasant band with a mellow sound, a winning and unpretentious attitude, a goofy name and a lot more. The South Carolina band includes Darius Rucker, vocals and guitar, Mark Bryan, guitars, Dean Felber, bass, and Jim Sonefeld, drums. Musically, Hootie can move casually but efficiently from harmonizing to country rock, from blues to thick-as-molasses Southern rock.

Boyz II Men, the Philadelphia-based quartet which is made up of tenors Wanya Morris and Shawn Stockman, baritone Nathan Morris and bass Michael McCary, has had a presence on the top-selling charts for several years.



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Blues Traveler is a down-home Tennessee band with a unique style. On their most recent album, "Four," the group lets their talent shine through with the some catchy tunes. As one critic said: "These tunes can be described as a spicy combo of on-the-edge rock 'n' roll and hard-line country/western bluegrass music."

The Dave Matthews Band may have come out of nowhere, but the band is here to stay. Fewer than 150,000 copies of "Remember Two Things," the album the quintet recorded for about \$12,000, sold at shows or mail order. But the group's second album, "Under the Table and Dreaming" is a major label success. It rocked up the charts without a hit single or video hype.



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The pop-rap trio TLC, who hit it big in 1992 with such hits as "What About Your Friends," were at it again this year. Their hit album "Crazy Sexy Cool" hit the charts nearly a year ago and is still going strong.



Triple Grammy winner Sheryl Crow and her band have toured without a break since her debut in 1993. Every time they schedule a break, the album zooms up the charts. One of the reasons for the success is her vocal technique: she has a full, throaty timbre and projects every crystal-clear lyric with authority. She comes alive on stage.

S

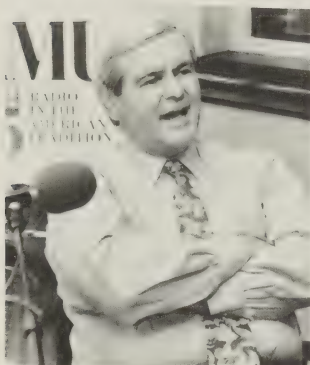
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House Speaker Newt Gingrich, a Republican congressman from Georgia, rose to the heights of Speaker of the House of Representatives. Gingrich was always considered a 1996 presidential candidate. He promised to overhaul more than a generation of social programs that began in the eras of the New Deal and the Great Society.



Israeli Prime Minister Yitzhak Rabin, the war hero turned political leader who fearlessly pursued peace with the Palestinians, was assassinated on November 4, 1995. He was 74 years old when he was gunned down after a political rally.



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President Bill Clinton prepared for a new political battle: the 1996 presidential election. Early in the election process, the 49 year-old Democratic president faced nearly a dozen Republicans looking to be the nominee to run against the President.

Sen. Bob Dole, a Republican from Kansas, wanted to be president of the United States. When school began in September, Dole, the Senate Majority Leader, was a leading conservative candidate. The run for the high office was nothing new for Dole. He ran for president in the primaries of 1980 and 1988.



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STAFFORD HIGH SCHOOL

THE 1996 INDIAN LEGEND



STAFFORD HIGH SCHOOL

THE 1996 INDIAN LEGEND

Group of Geeks Demonstrating their school spirit, Kelly Cwiak, Anna Ervin, Jeneane Yednock, Joanna Fray, Mr. Jimmy Andrews, Kevin Sasser, Emily McCormack, and Morgan Jolly pose in their "Nerd Day" outfits. Spirit week consisted of many different days for the students to show their school spirit by dressing up. *Photo by Stacie Bordick.*



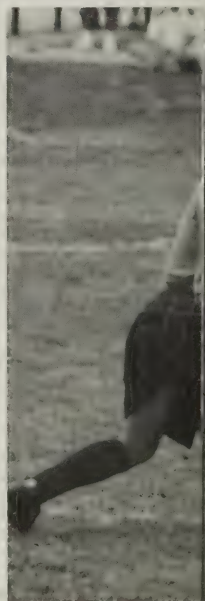
Running Start With a look of extreme concentration on her face, Christy Stoner prepares to vault. The gymnastics team was both the district and regional champions as well as sixth in the state meet. It was one of Stafford's best showings in years. *Photo by Liz Malay.*



Hey Baby With a sensual look on "her" face, Miss Mademoiselle Candy Can-Can (alias Cameron Trant) poses during the evening gown portion of the Googa Mooga while "her" escort, Liz Malay, looks on. The Seniors backstage agreed that the Googa Mooga was one of their favorite high school memories to date. *Photo by Heather Howe.*

colleges to look at that it's overwhelming, but I know I'll find the right one," smiled Heather Howe.

The seniors were a bit nostalgic and philosophical about their high school experiences and high school in general. Margaret Sacks, in fact, could not believe that it was all about to end. "It doesn't seem like it's going to end; from summer practices to school-sponsored trips during the breaks, somehow school has always been never-ending, but now it's going to end," she reminisced. Others had tips and suggestions for those still in or about to come to high school. "Getting involved was the best thing I ever could have done. The experiences you have are unforgettable and so are the friends you make," advised Auxiliadora Mairena. Whatever way one looked at it, the past year was over; the class of '96 was only a memory. All that lay ahead was the unknown. *Story by Stephanie Crain.*





Whoosh!! Displaying his talents in the snow, Carl Cabanis soars high through the air. The students had a total of 10 days out of school due to snow. It was necessary to maintain one's sanity to find many fun and creative ways to pass the time in their many free hours. *Photo by Jonathan Bousa.*

I Won!!! With joy and excitement on "her" face, Miss Firma Buttoucks (alias Hans Foy) receives "her" crown and bouquet from Miss Googa Mooga 1971, Eddie Allen. *Photo by Niki Tyson.*

Got It Fighting for the ball, Sara Philpott plays hard while Katie Kolakowski provides assistance. While the outcome of this particular game was less than desirable, Stafford defeated Brooke Point in the district competition and appeared at the state tournament as well. *Photo by Mark Hughes.*

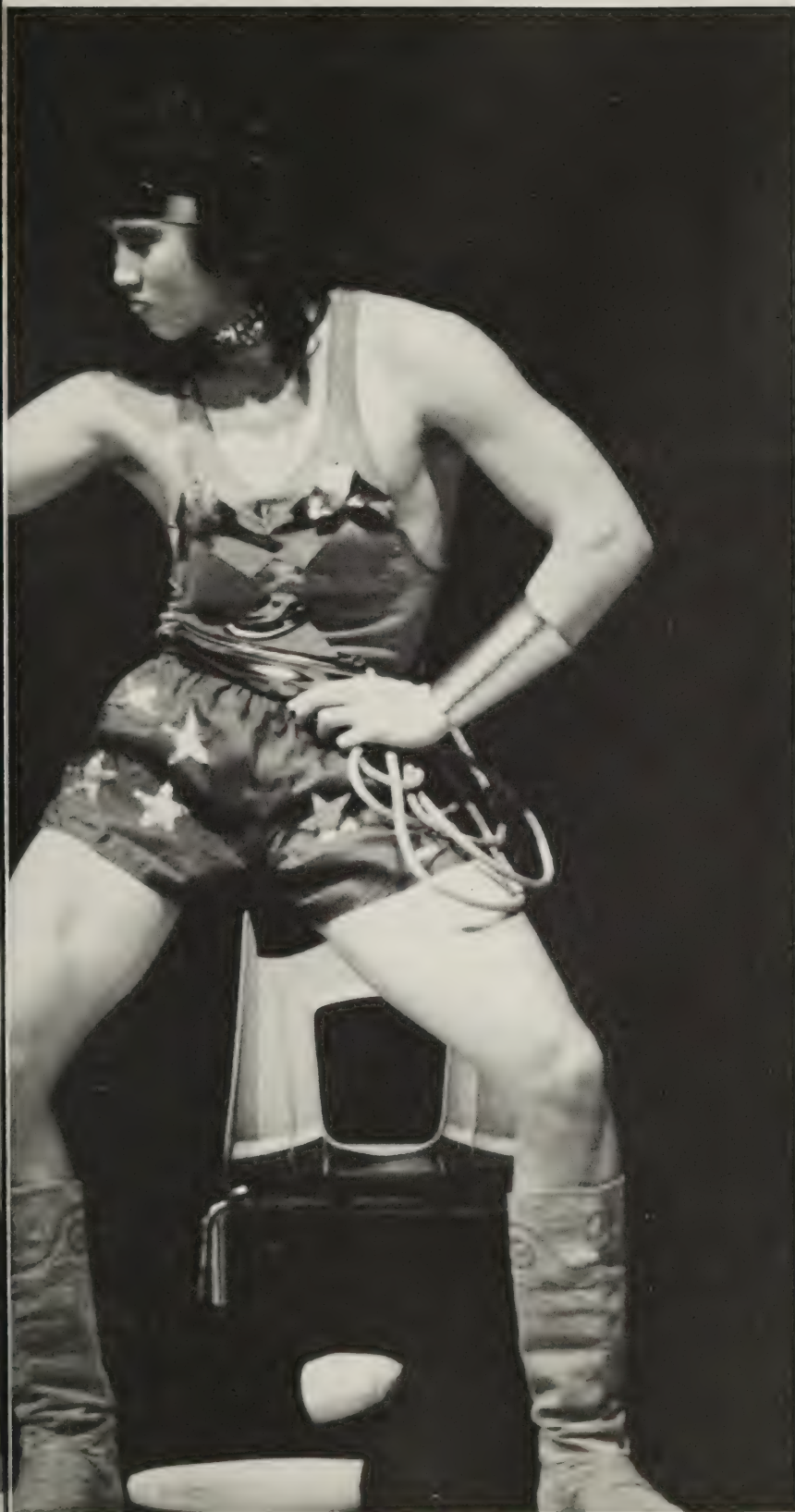
Watch Out!!! Warning the audience of “her” strength, Miss Wanda Woman (alias Ray DeLeon) performs in the talent portion of the 25th Annual Googa Mooga. The seniors in '96 had 24 contestants in the competition—the second highest number in recent memory. The Googa Mooga was the biggest fund-raiser the whole year for the senior class. *Photo by Niki Tyson.*

As the end of the year rolled around in '96 there was a myriad of experiences, memories, and feelings that were running rampant in the school. The seniors were spending their last moments in the school soaking everything up because they knew it was all about to end for good. “I’ve spent so much time at the school the last four years that I almost feel more at home there than at my own house. I’m actually going to miss it,” remarked Crystal Goding. Eric Connelly also realized the importance of making the most of what was left. “We’ve [the senior class] got to enjoy what’s left of high school. Next year we’re either going to have jobs or college staring us in the face,” he commented. The underclassmen knew that they were now another year closer; the rising seniors especially were looking with excitement and a little trepidation toward their final year in high school. “There are so many

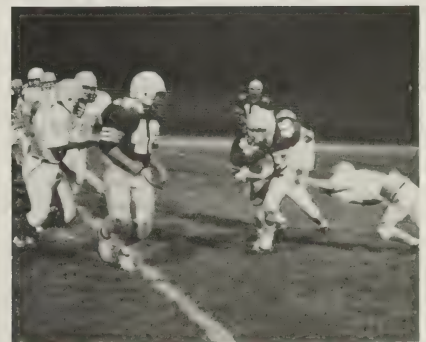
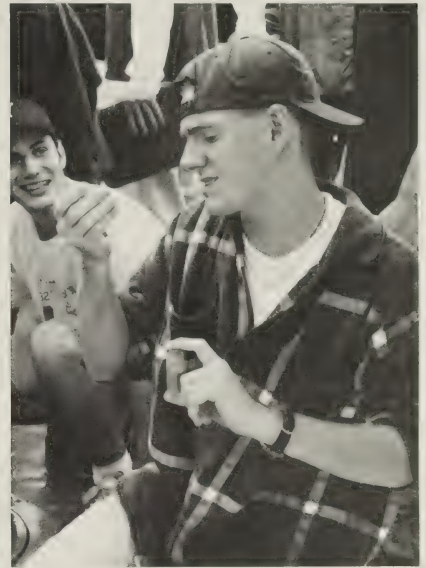


Got One Celebrating the first snow, Stephanie Crain plays “Catch a Snowflake on My Tongue” during the first snow of the season in December. Little did she or anyone else know that many more snowflakes were about to fall. January and February of '96 brought about record-breaking amounts of snow and 10 days out of school in Stafford County. *Photo by Cameron Trant.*

...turning it upside down!



WHAT? Trying to figure out the reading on the syringe, Rob Frantz computes the salinity of the water at Virginia Beach as David Catalano looks on. The Marine Science and Dual Enrollment Biology classes took a field trip to Virginia Beach in the fall to collect specimens for the tanks in the Marine Science room. Despite the fact that there were a few cases of seasickness, the students had an interesting time. *Photo by Margaret Sacks.*



Missed Me Dodging a tackle, Jamie Atwell rushes the ball in the game against North Stafford. The Freshmen football team's record did not accurately portray the hard work and dedication of the team. They were well prepared to move up and play hard on the JV team. *Photo by Stacie Bordick.*

Studious Student Typing away, Emily McCormack works on a project. In order to keep up their GPA's, NHS students had to work hard in school. Schoolwork was a must for any type of success. *Photo by Stefanie Shifflett.*

Running the School

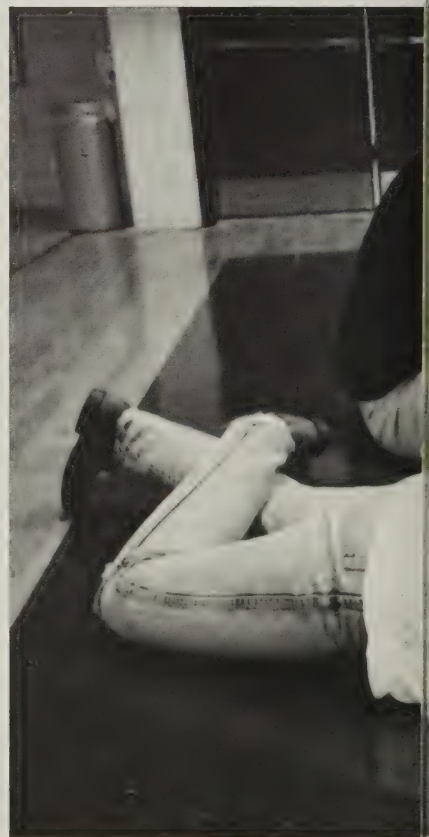
Class officers and the NHS set a positive example.

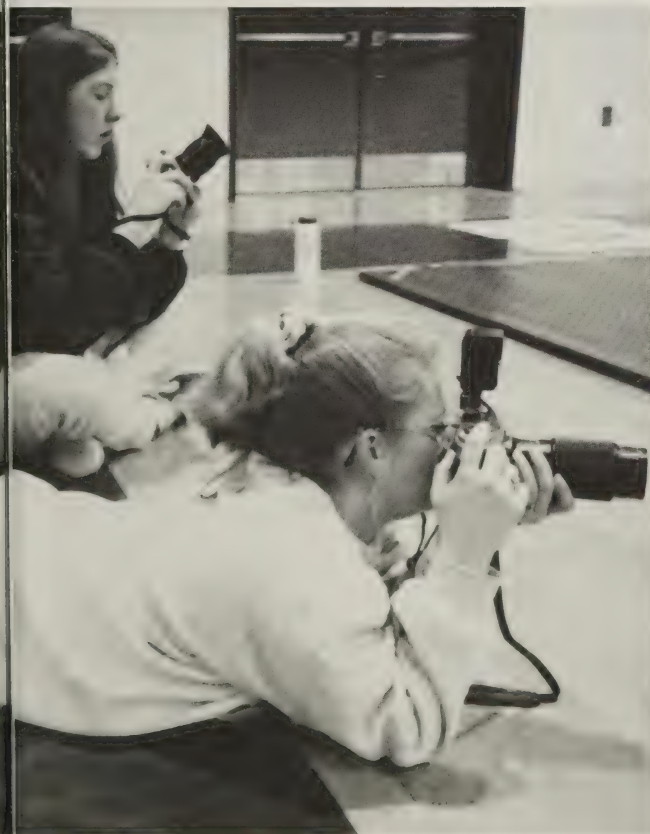
Being a class officer meant giving up a lot of spare time, but for most it was well worth it. Crystal Carper said, "This is my second year as a class officer and I have loved every bit of it." The officers worked hard with each other and with their sponsor to organize and carry out events such as dances and fund raisers. As a senior class officer, the group of officers worked together to plan all of the Senior activities. Some of them include designing the graduation announcements, making the senior T-shirts, planning the dinner dance, and organizing the commencement exercises. Senior class Vice President Scott Johnson said, "I've enjoyed working with my fellow officers in running the activities of the Senior Class." For the underclass officers, the job description wasn't quite as hectic, but nonetheless they took their job very seriously. Freshman class President Amy Parsons stated, "The most difficult part of being a Freshman officer, is handling the duties of the office, and having to adjust to the high school experience."

The National Honor Society was another organization that was concerned with the ongoings of the school. Liz Malay commented, "The NHS is one of the most important organizations in the school. From tutoring to caring for the elderly, NHS students are involved in their schools and communities in a big way." The NHS was a club of well-rounded students and kept a well rounded schedule of activities. The club participated in activities varying from putting on a Haunted High, to preparing food for the teachers, to volunteering at the 1208 House. President Margaret Sacks summed it all up by saying, "What ties us together is not a high G.P.A., but a strong dedication to aid the school and community in any manner necessary." *Story by Cameron Trant and John Bridges.*

Snapshot Trying to get the perfect shot, Stephanie Crain and Margaret Sacks take pictures at the wrestling match. The National Honor Society activities took up a lot of time, but many NHS students helped out with other activities as well. *Photo by Mark Hughes.*

NHS: *Front Row:* Rebecca Kimmritz, Shanna Kilen, Erin McCants, Jennifer Moore, Jessie Scherrens, Amber Tussing, Jamie Ennis, Leo Manster. *Second Row:* Jennie Korniotis, Auxiliadora Mairena, Kelly Cwiak, Erin Doyle, Stacie Bordick, Meghann Green, Jennifer Johnson, Melissa Derr, Nicole Crowley, Elena Daymude, James Como. *Third Row:* Corey Davis, Joey Hanzel, Kari Cwiak, Katie Fox, Anna Ervin, Whitney Lucado, Allison Masters, Emily McCormack, Lisa Chinn, Tom Sitzman. *Fourth Row:* Mike Donaldson, Mark Lutterbie, Elizabeth Herlan, Alison Godfrey, Karen Johnson, Angie Cockrill, Cathy Cleaver, Kathryn Meyers, Matt Danzi. *Fifth Row:* Doug Bryant, Andy Stamps, Ben Malay, Jason Robinson, J.R. Redding, Cameron Trant, Jason McKnight, Ray DeLeon, Tug Coker. *Not Pictured:* Margaret Sacks, Ben Nuckols, Angela Rutherford, Amanda Masters, Vicki Kousaglou, Stephanie Crain, Ryan Drewniak, Patrick Hodge, Liz Malay, Carrie Grigg, Katherine Torrey, Kathrin Havrila.





SENIOR CLASS OFFICERS: *Front Row:* Hollis Sullivan, John Bridges, Dena Childress. *Second Row:* Scott Johnson, Cameron Trant.



JUNIOR CLASS OFFICERS: *Front Row:* Nicole Tyson, Kristina Denson. *Second Row:* Turner Ashby, Dennis Carmody, Andrew Coleman.



SOPHOMORE CLASS OFFICERS: *Front Row:* Crystal Carper, Amy Cascio, Kristi Dixon. *Second Row:* Lindsay Coker, Kim Cooper.



FRESHMAN CLASS OFFICERS: Kristin Dietz, Katie Russell, Amy Parsons, Courtney Berry.

JUNIOR CIVITANS: *Front Row:* Angel Rosales, Ashby Conway, Katie Russell, Dara Copley, Shanna Kilen, Lexie Keeton, Christina Gray, Christie Tokar, Melida Mercado. *Second Row:* Mary Tokar, Allison Hales, Melissa Derr, Allison Derr, Darla Stevens, Reena Desia, Amy Dudash, Marty Wright, Catherine Brewington. *Third Row:* Meghan Green, Jamie Ennis, Jennifer Phelps, Robert Frantz, Jason McKnight, Alex Doyal, Margaret Hein, Rita Stevens. *Not Pictured:* Mary Ann DiMaio, Angela Seals, Sean Mullins, Angel Judy.



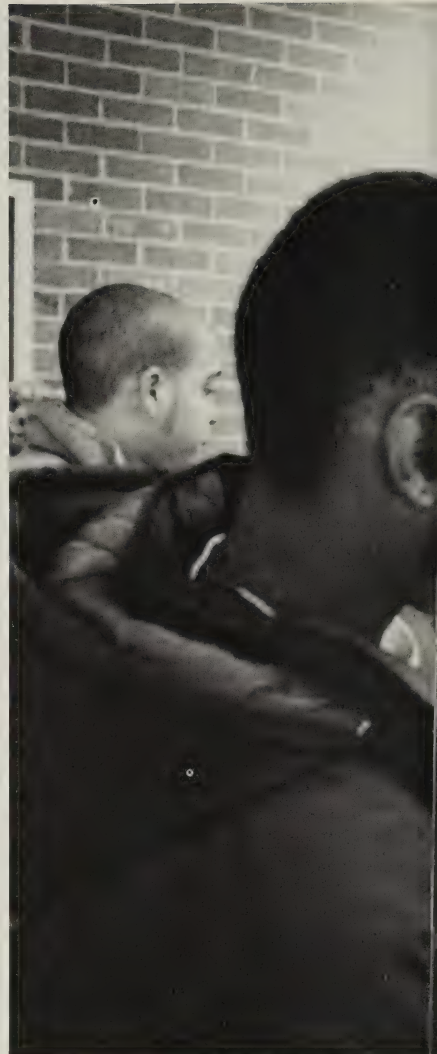
KEY CLUB-Seniors: *Front Row:* Jeneane Yednoch, Susannah Campbell, Allison Masters, Jessie Scherrrens, Erin McCants. *Second Row:* Amber Tussing, Hollis Sullivan, Joanna Fray, Andrea Stoelker, Kelly Cwiak, Robyn Baker, Crystal Goding, Auxiliadora Mairena, Anna Ervin, Mrs. Sue Gill. *Third Row:* Cameron Trant, Chip Wilson, Rob Frantz, Chris Watts, Chris Conway, Ray DeLeon, Kevin Sasser, John Bridges, David Catalano. *Absent:* Angela Rutherford, Margaret Sacks, Ryan Drewniak, Ben Nuchols, Amanda Masters, Andrea Saikowski, Carrie Grigg, Jennifer Moore, Patrick Edwards, Matt Duren, Cindy Polcha, Kathryn Meyers, Jacquelyn Bonner, Tug Coker, Stephanie Crain, Regina Griffith, Samatha Johnson.



KEY CLUB-Juniors: *Front Row:* Kari Cwiak, Becky Bricken, Megan Staab, Kristen Lichtenfels. *Second Row:* Christie Tokar, Meredith Goggin, Christy Stoner, Kim Bradley, Keisha Gourdine, Erin Nelson, Jenny Korniotos, Kelly Combs. *Third Row:* Mike Roberts, Tom Marlow, Andrew Craver, Brian Quann, Elizabeth Herlan, Allison Godfrey, Mark Lutterbie. *Fourth Row:* Tom Sitzman, Chris Westoff, Jason Robinson, Jason Green, Jason McKnight. *Absent:* Carol Smith, Lisa Stidham, Marissa Pugh, Amy Piester, Katie Fox, Brandon Ratliffe, Diane Wigglesworth.



KEY CLUB-Sophomores and Freshman: *Front Row:* Georgina Figliola, Mary Tokar, Alison Hales, Edith Bowers, Darren Myers, Frank Ervin, Adam Cwiak. *Second Row:* Crystal Tussing, Rita Botts, Katherina Kimbrell, Aaron Austin, Jill Strong, Allison Shephard, Amy Cooper, Erin Kerby, Kim Murphy, Ken Marlow. *Third Row:* Beth MacDonald, Melanie Allen, Dana Bonell, Katie Kowlakowski, Darla Stevens, Rebecca Washburn, Katie Roberts, Sarah Jones, Sarah Danzi, Amy Butler, Cameron Collins. *Fourth Row:* Christian Hilchey, Adam Dowling, Dacia Goldman, Catherine Miles, Janica Wine, Katie Jacobs, Sarah McPherson, Lindsay Coker, Meleana Kala, Laura Calloway, Alok Gulati. *Fifth Row:* Rodney Newton, Kurt Chewning, Michael Crosnicker, Todd Coates, Elizabeth Campbell, Ryan Gorman, Rita Stevens, Matt Donaldson, Sean Farmer, Jonathan Catalano, Justin Sterne, Jeremy Conrad. *Absent:* Dee Bevan, Emily Godfrey, Amy Branscome, Angela Cline, Nathan Compton, Alex Doyal, Whitney Eck, Kari Fredette, Heather Howe, Sam Kang, Matt Korniotos, Elizabeth Lewis, Krista Mears, Ashley Sisson, Frank Trivett, Bache Whitlock, Britany Wood.



Lollipop? Intently watching as her customer makes his choice, Allison Masters works the concession stand. Several different clubs took turns running the concession stands. The Key Club used the money they raised to give away scholarships. *Photo by Mark Hughes.*

Helping Hands

Concerned with helping others

Within our school there were two clubs that were concerned with helping out in the school, as well as in the community. The first and biggest was the Key Club. The club has about 120 members and participated in almost as many events. Michelle Cowen remarked, "I enjoy being a member of the Key Club because it motivates me to do good will." The club did service projects ranging from running the elevator, to tutoring at the elementary schools, to working blood drives. Auxiliadora Mairena said about the bloodmobiles, "I enjoy working the blood drives, because I get to miss my classes, but it is a very hectic job because there are millions of passes to deal with, you must deal with people chickening out at the last minute, and you serve people food without being allowed to eat any."

The other community service organization was the Junior Civitans. They didn't have nearly as many members, but they still kept a busy slate of events. Missy Derr said of participating with the Civitans, "It was a way to participate in a community service organization, and see the effects of volunteering in the community." The club did much of their volunteering outside of the school. They spent time at the homeless shelter, helped with food drives, tutored the special education classes at Falmouth, and helped out with community events that the County put on. Ms. Elizabeth Sturgill commented, "They are a great group of kids who offer community work and services that benefit people of all ages." *Story by Cameron Trant.*

Getting Credit Signing in on the attendance sheet, Katie Kolakowski earns a half point. Points were an important measure of a student's participation. Seniors who earned 25 service points were allowed to wear service chords at graduation.

Photo by Rita Stevens.

Smiles that fill the room! As Mrs. Valerie Wick watches on, Mrs. Sue Gill hands out the monthly calendar. The Key Club was such a large organization, doing so many things that they needed calendars to keep track of everything. *Photo by Bryan Ennis.*

Good Morning SHS Having fun on the job, Jeneane Yednock wakes up the Indians with the morning announcements. SCA officers had the duty of informing the student body about what was going on. The broadcasting students got in on some of the action, too, when the school advanced to video announcements. *Photo by Liz Malay.*

SHS Politics

"A voice of the students"

Perhaps they weren't engaged in heavy debate, or causing furloughs, but the student government at Stafford was alive and well. It was business as usual for the SCA. From the "Classic TV Show" Homecoming to the second annual Sadie Hawkins dance, the student government was busy keeping students involved in the school. Not only did their efforts benefit the entire school but individual officers also reaped awards. "I have really enjoyed being a member of the SCA. It has given me the opportunity to meet all different kinds of people, and to be a voice of the students," reported Joanna Fray.

Politics and government found its way into Stafford in other ways too. The Young Democrats recorded a record attendance in its activities. "I did not anticipate the enthusiasm in the organization this year; but was amazed at the results," commented John Agnew. Mr. Agnew was the advisor for the club in '96. The Teenage Republican enjoyed the excitement of the election year as well. Stafford students like Meghan Green were always anxious to find ways to be involved. The overwhelming involvement and enthusiasm in government at Stafford was a definite indication that leaders were in the making. *Story by Jennifer Moore.*



Are You Sure? Performing her sponsorial duties, Mrs. Sue Keyser looks over ideas submitted by David Catalano, SCA president, and Rebecca Kimmitz, SCA parliamentarian. The SCA officers were always on duty, plus they came together to work seventh period as a team. All their hard work showed in '96. *Photo by Bryan Ennis.*





Delegates on Parade
Walking alongside their Homecoming float, Meghan Green and Shanna Kilen exercise their first amendment rights. All the clubs were allowed to participate in the Homecoming parade, which made it a huge success. Photo by Mark Hughes.



YOUNG DEMOCRATS: *Front Row:* Kira Bernabe, Liz Kravetz, Laurie Ripper, Sara Danzi. *Second Row:* Katie Sweet, Sarah Evans, Bryan Ennis, Reena Desai, Sarah Bolthouse. *Not Pictured:* Angela Rutherford, Vicki Koussoglou, Jesse Hanson, Wilhemenia Moss, Katherine Kimbrell.



TEENAGE REPUBLICANS: *Front Row:* Robert Gagnon, Chris Miran, Arline Weeks, Jamie Ennis, Melissa Perr, Robin Reedy, Melissa Reedy, Christina Ctray, Shanna Kilen, Becky Bricken, Patrick Edwards. *Second Row:* Matt Danzi, Jason Trant, Lisa Chinn, Cristi Cleaver, Alex Doyal, Colman Tuson, Garrett Green, Jenifer Phelps, Jenifer Smith, Meghann Green, Robert Dunn. *Third Row:* Patrick Cross, Brian Ennis, Andy Craver, Alvery Stevens, Chris Dunn, Ben Robinson, Christian Lincoln, Tom Sitzman, Mike Kozicki. *Not Pictured:* Sean Mullins, Mary Ann DiMaio, Brain Eland, Jason Mcknight, Todd Blose, Margaret Sacks.



SCA OFFICERS: *Front Row:* Jeneane Yednock, David Catalano, Sarah Evans. *Second Row:* Joanna Fray, Katie Sweet, Rebecca Kimmitz.

Hidden Wonders

A place for the earthy, the vocal, and the quick-thinkers

The Environmental Club offered students opportunities to get involved and show their earth-conscious sides. They tried to change the views of many, like Tug Coker, who didn't feel that the environment was worth it. He commented, "We're all going to die anyway, so why should we care where anyone throws their soda cans and candy wrappers? The world can't be saved." The Environmental Club held strong views that the earth could be salvaged. Regina Griffith said, "We are doing everything we can." They were productive with river clean-ups, pond clean-ups, and t-shirt sales. Kevin Sasser commented, "Although the members were a few, we had lots of help and loads of fun."

Debate was not just a bunch of people arguing about things. It required quick-thinking and the ability to express strong opinions. Debaters had to convince the audience and the judges that they were right. Some debates were based on morals, principles, ethics, and facts.

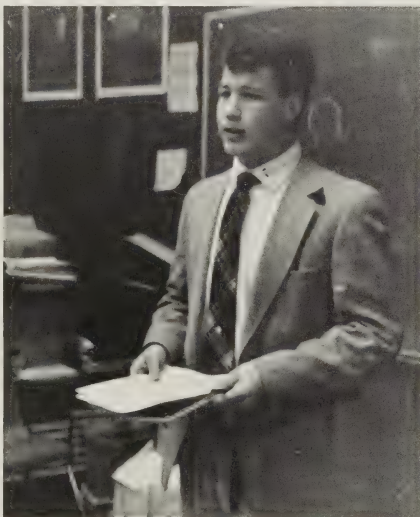
Forensics required good vocal and artistic ability. Students could express their own views on literature with their voice and bodily expressions. Original oratory, extemporaneous speech, and impromptu were just some of the events in forensics. Members in both debate and forensics clubs often competed against other schools.

Chess club was also challenging and the ten member group had a lot of fun. Mr. Ladmirault, the advisor commented, "Chess helps you think reasonably to set goals. It helps develop a winning attitude." Overall it was a great experience for the swift thinkers. *Story by Auxiliadora K. Mairena.*

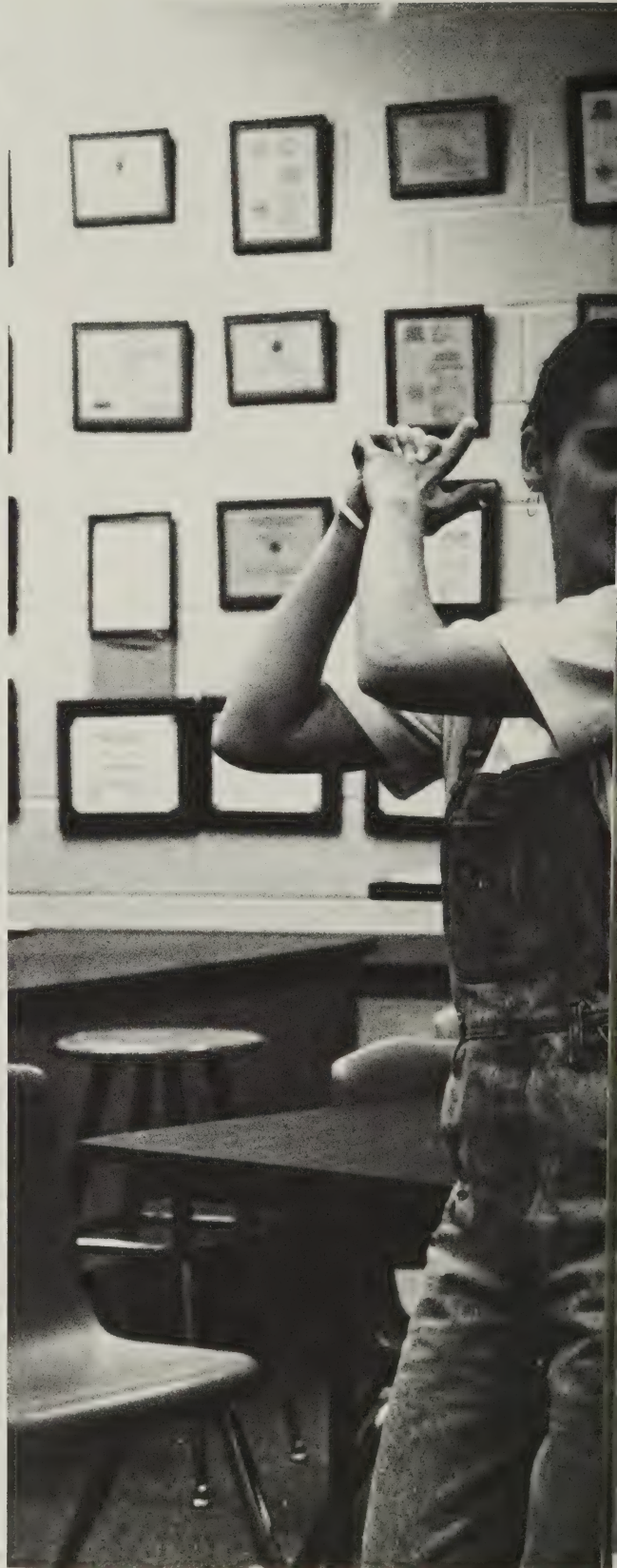
Aspiring College Professor

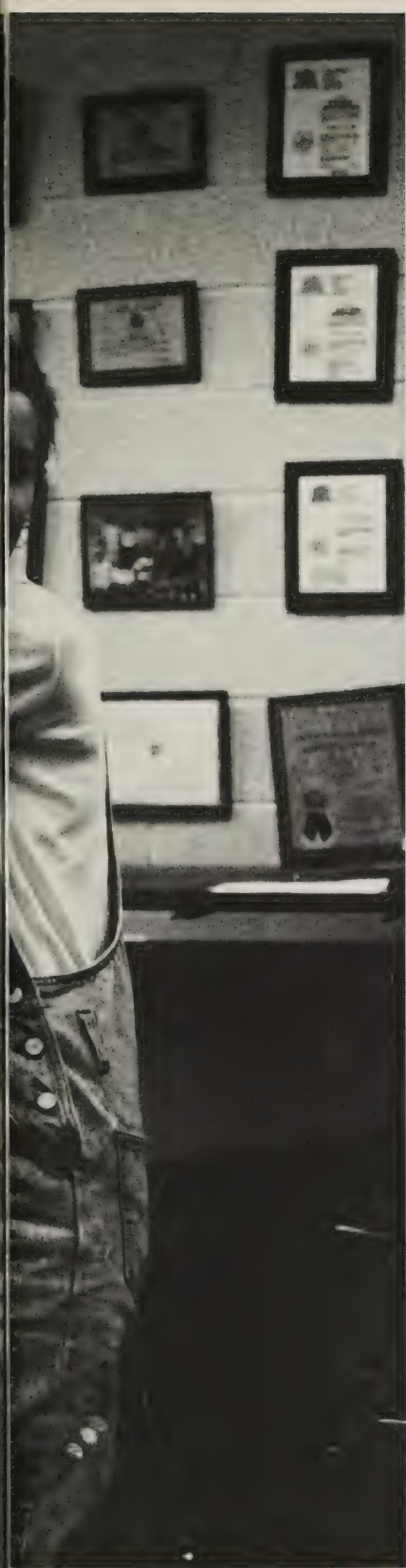
Attempting to get in touch with his more studious side, Brandon Ratliffe concentrates on his speech for Forensics. Memorization was a key for these students. Their practices allowed them to perform well in front of the judges.

Photo by Liz Malay.



Stick 'em Up While practicing for a competition, Stefanie Shiflett shows the rest of the crew how it's done. Poise and body language were important parts of expressing the mood and storyline. Forensics allowed students to take on different roles and to explore their creativity. *Photo by Michelle Damos.*





Chess Club: Andy Craver, Chris Forman, Mr. Ladmiraull, Mike Krain.



ENVIRONMENTAL CLUB: *Front Row:* Arline Weeks, Kira Bernabe, Becky Oliver, Kristen Dietz, Mary Smart, Shirley Barnes, Jessica Rose, Amanda Evans, Elizabeth Lewis. *Second Row:* Keity Russell, Heather Copley, Laurie Ripper, Erin McCants, John Bridges, Joey Hanzel, Emily McCormack, Mr. Summers. *Third Row:* Kevin Sasser, Andrew Craver, Alex Doyal, Jessica Conroy.



FORENSICS CLUB: *Front Row:* Meredith Goggin, Christy Stoner, Beth DiSalvo, Stefanie Shifflett. *Second Row:* Jason McKnight, Brandon Ratliffe, Dennis Carmody, Adam Sullivan, Bryan Ennis.



DEBATE CLUB: *Front Row:* Amber Tussing, Stefanie Shifflett, Becky Bricken. *Second Row:* Meghann Green, Dennis Carmody.

TSA: *Front Row:* J.W Wilson, Ted Fasenmyer, Thomas Coppage, Jamie Atwell, Rebecca Kimmitz, Kristy Moyers, Sarah Evans, Colman Tyson, Chris Janis, Katie Sweet. *Second Row:* Jermaine Allen, Lamar Stewart, Matt Minks, Bobby Bowling, Justin Bullock, Willy Mullins, Seth Bourne, Nathan Bourne, Aaron Harwell, Jacob Scott, Jason Majors. *Third Row:* Rick Dickinson, Jason George, J.W. Boutchyard, Mandy Kingston, Cameron Trant, Adam Harding, Doug Bryant, Alex Doyle, Nick Cornwell.



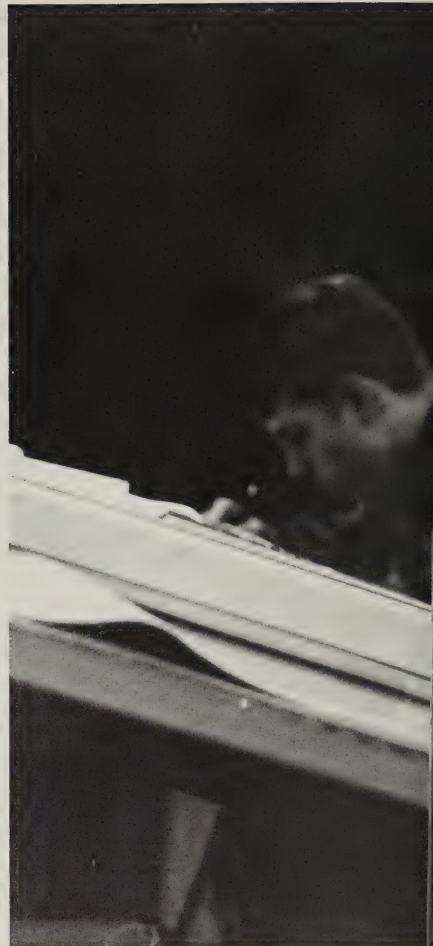
ELECTRICITY: *Front Row:* Rick Manuel, Will Johnson, Russell Hubbard, William Fessler, Eddie Tayman. *Second Row:* Brian Veno, Joel Parchment, Robbie Tignor, Kevin Sheets, Jason Loving.



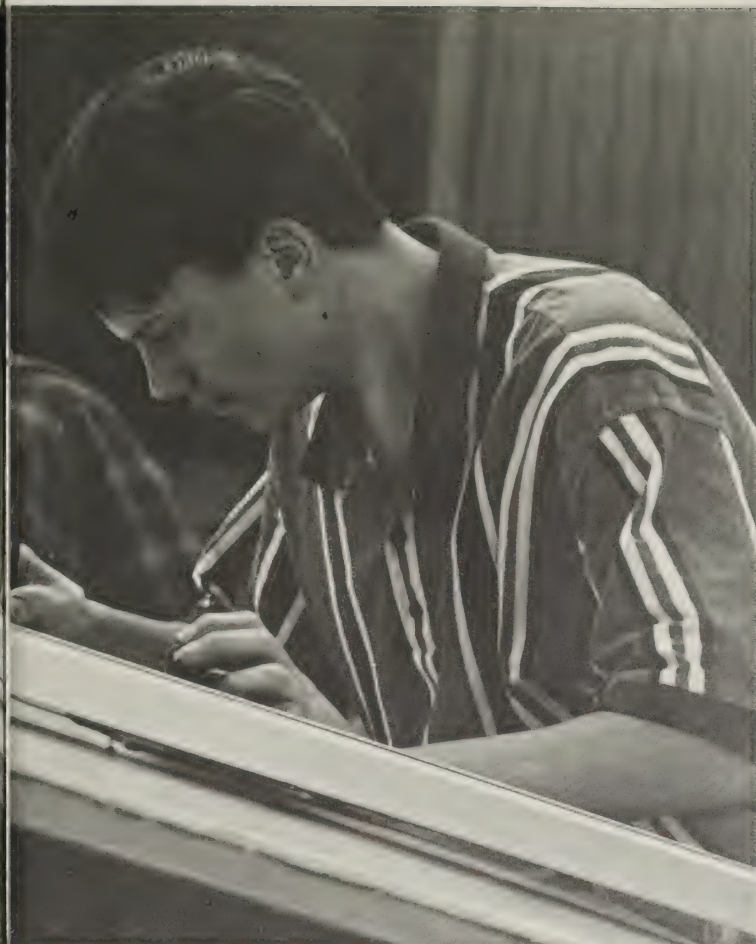
COSMETOLOGY: *Front Row:* Amy Baker, Jennifer Gallahan, Jennyffer Galindo, Jennifer Dahling, Dorothy Washington, Kelli Conyers, Jennifer Bigelow, Tokeya Lawrence, Cristi Torrice. *Second Row:* Crystal Mead, Marcie Mullins, Allison Kay, Melinda Best, Cindy Baker, Meagan Lutes, Teresa Cook, Helen Gresham. *Third Row:* Susan Campbell, Stacy Bushey, Deidre Coleman, Shirley Evans, Kiki Alston.



DRAFTING: *Front Row:* Billie Fritter, Mike Roberts, Darnell Hobbs, Jon-Paul Grizzle, C.W. Harrison, Phil Lesnick, Jason Twigg. *Second Row:* Elliot Sharp, Damon Wood, Chris Pankratz, Jeremy Farrar, Adam Harding, Brad Cooper, Matt Morin. *Third Row:* Robert Daley, Rob Frantz, Justin Young, Symion Gentner, Jason Green, Steve Mills, Doug Bryant, Mr. Jett.



VICA & TSA



Working Hard Concentrating on his design, Kurt Chewning works intently. In the background, Curtis Rose ponders. *Photo by Niki Tyson.*

Designing Man Mr. Jim Stemple works on the program for awards night. He is checking names and adding graphics. *Photo by Liz Malay.*



Contemplation Working on their assignment, Billy Fritter and Damen Wood try to finish before the bell. Students had fun creating their own designs and drawing. *Photo by Liz Malay.*

Measuring Away Working on her drafting assignment, Jennifer Brown works diligently. Students measured and designed for their grades. *Photo by Niki Tyson.*

VICA & TSA

The Trick of the Trade

VICA and TSA were both very productive this year. The clubs were for students who were enrolled in trade and industrial classes such as auto mechanics, carpentry, cosmetology, drafting, electricity, etc. VICA, consisting of 272 members preformed their annual citrus sale which was very successful. They donated about \$500.00 worth of the fruit to athletic teams and nursing homes. The VICA members built an actual house in Highland Homes that they had designed themselves. "As far as I'm concerned, this is the most talented club in the school," said Mr. Robert Jett, sponsor.

TSA and VICA went to spring competition and competed in a number of events. Overall they did very well. They competed in building techniques and leadership skills. When asked what she thought of VICA and TSA, Stacy Bushy said, "It teaches you to be a well rounded individual and prepares you for the future with competitions." *Story by Danielle King.*

Handy Man Enjoying his work, Brice Long tries to repair a car in auto mechanics. He had fun fixing what most considered a hassle. The skills learned in auto mechanics could be utilized for years to come. *Photo by Heather Loving.*

Future Builders

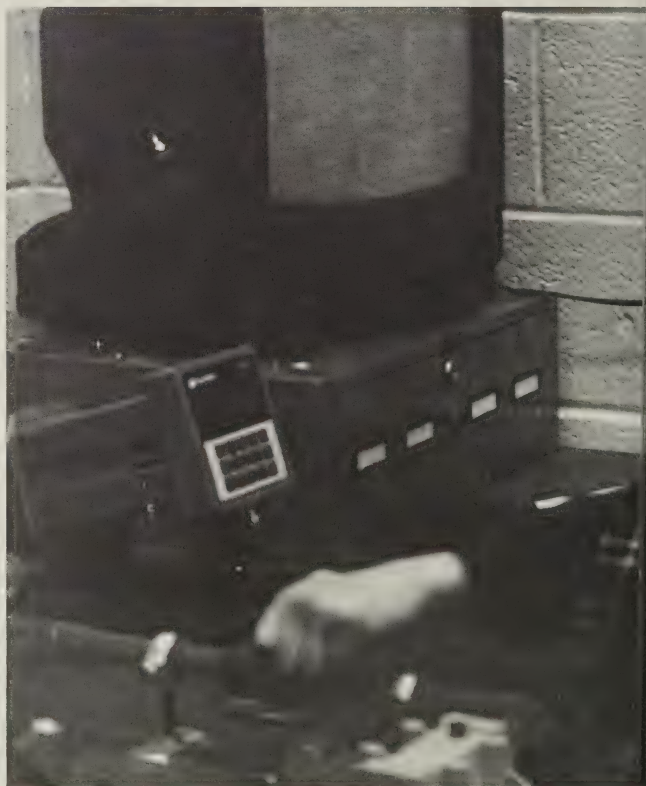
VICA was full of talented artists and designers.

The Vocational Department was a whole other school within Stafford. Most of the students who took classes there participated in VICA. Many talented individuals took a vocational class such as: Masonry, Drafting, Engineering, Cosmetology, or Auto Mechanics. The president of VICA was Rob Frantz. He claimed, "It's the largest and most talented club in the school. No other club can fix your car, do your hair, or design and build a house." Chris Pankratz liked to draw and was a very skilled artist, so he took drafting. He said, "I'm in my first year of drafting and we are learning the fundamentals of drafting by drawing with shapes, especially blocks." Many students in drafting hoped to have a career in architecture in the future. David Illi was in Drafting III and said, "I enjoy drawing houses and hope to become an architect so that I can draw houses that actually will be built eventually." Another aspiring architect, Paul Wielt said, "My favorite part of drafting is sketching. My house and airplane sketches are my better drawings." The material learned in the Vocational Department would come in handy out in the real world. VICA was a combination of many skilled students that shared very useful talents. *Story by Anna Ervin.*



Getting to Work Trying to focus on his assignment, Curtis Rose chats with a friend. Though the drawings were complicated, the end results proved that the hard work was worth it. The drafting students had to worry about tiny details in order to successfully complete a drafting design. *Photo by Christy Stoner.*

Working Intently... or Maybe Not Playing around in the drafting lab, Mark Phillips fidgets with the equipment. The electronic devices were difficult to use. *Photo by Niki Tyson.*



VICA



AUTO MECHANICS: *Front Row:* Amy Lewis, Staci Killion, Wayne Balderson, Brad Wolfe, Troy Carneal, Steven Fowler, Brian Mitchell. *Second Row:* Chris Snelling, Alex O Donnell, Mike Tutor, Shawn Brown, Joel Cobb, Chris Frye, Ronnie Brady. *Third Row:* Matt Bourne, Jason Howdershelt, Tim Hall, Mike Otto, Brad Oruett, John Barr, Stephen Long. *Fourth Row:* John Gines, Levi Bourne, Jason Wendt, David George, Jason Burroughs, DeeJay Fluellen, Robbie Russell, Andy Nave.



ICT: *Front Row:* Renee Lee, Andrea Cheek, Krisina Hubboe, Crystal Gallahan, Michelle Ruffner, Angie McCains, Chris McAlister, Heather Smith, Kiley Broyles, Melissa Fauscett, Kelly Griggs. *Second Row:* Tabitha Baker, Bobby Jacob, Seth Tyson, Bobby Smith, Sean Foy, Brian Waite, Casey Browning, John Doberly, David Berry, Jason Williams. *Third Row:* Levi Bourne, Jesse Lynn, Darren Johnston, Okey Syman, Jason Shelton, Cameron Chewing, Jessie Garcia, Julio Puma, Steven Bland



MASONRY: *Front Row:* Brian Hayes, Donald Wedding, Dustin Titlow, Scott Conner, Steven Mitchell, Bryce Long. *Second Row:* Darrell Sisco, Kamal Reid, David Jackson, Gary Dove, Phillip Wilcox, Calvin Taylor, Charlie Nave. *Third Row:* Bernard Newton, Corey Reid, Brandon Brooks, Chris Matheney.



CARPENTRY: *Front Row:* Jason Stanley, Christopher Wilson, Cory Odham, Vernon Galyen. *Second Row:* Terry Wilson, Nick Baldacci, Jason Grant, Charles Clary, Robert Smith. *Absent:* Joshua French, David Ojibway, Jason Day, Jon Layman, Wesley Saville, Donald Wedding.

Helping the Helpless After a long day of walking around school, Eric Schneider goes to see Maureen Berryman so she can wrap up his weak ankle. The trainers' job is sometimes taken for granted, but they are very important to the school's athletes, even those with such trifling problems.

Photo by Rita Stevens.

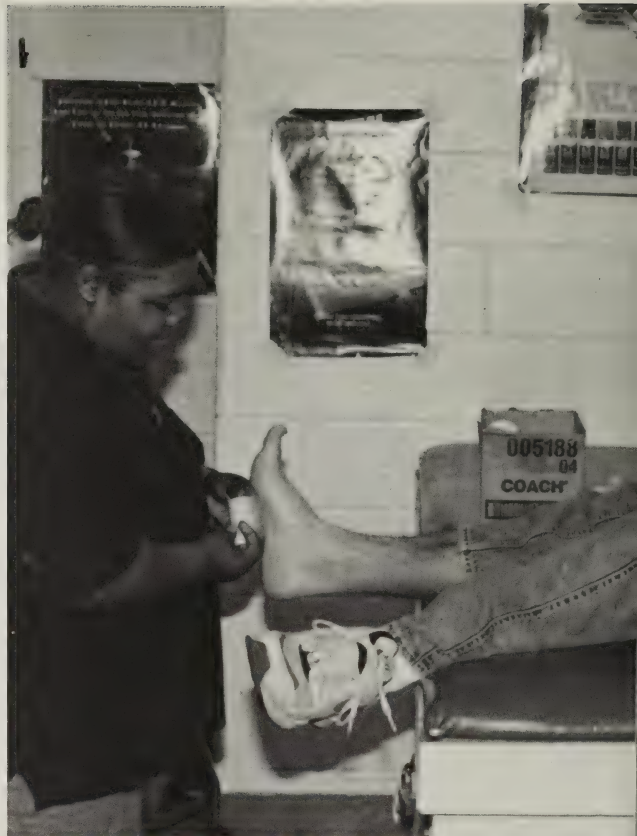
Let's Go Clubbing

Making a difference.

SHS (Students Helping Students) was Stafford's answer to peer pressure. This club was designed to help students cope with difficult situations in life. The premise behind this club was to give students a more comfortable way to talk about their problems. They achieved this by training students to listen and help students with their problems. This Club was formerly known as SOS (Students Offering Support). It has enjoyed great success at this and other schools.

The Sports Medicine club was dedicated to helping the injured at all athletic events. From a little cut to a broken leg or a torn anterior cruciate ligament, these helpful students preserved the well being of our most valued athletes. "Sports Medicine was very fun, especially on the days of track meets. We would sit out on a towel and soak up the sun," said Kris Denson.

The Hope club was united by its rejection of illicit drugs of all kinds. Anna Ervin summed up the club when she said: "We don't like junkies." *Story by Adam Sullivan.*



Dancin' Up a Storm Striking a pose during practice, the Recruiters conclude their dance routine. They spread their Christian faith by doing service projects and dances. *Photo by Mark Hughes.*

That's the Spirit The Student Alliance for Ethnic Unity shows their pride by parading around in their float during the Homecoming festivities. Throughout the year this club worked hard to cross the cultural boundaries that have separated mankind and students for ages. *Photo by Mark Hughes.*

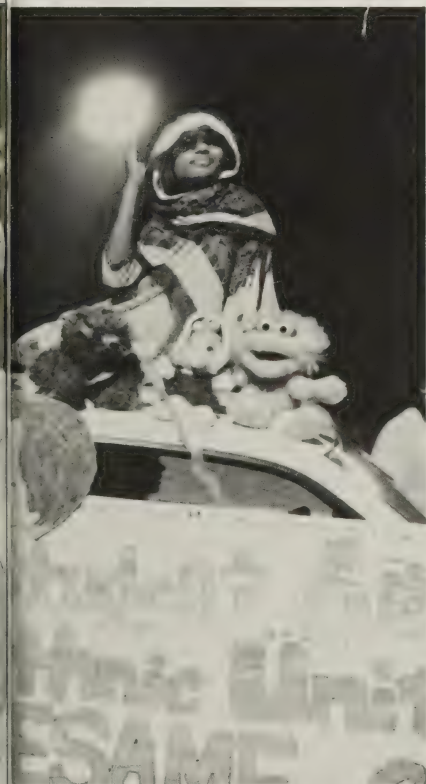




COE: *Front Row:* Carrie Buckles, Dena Childress, Heather Brooks, Mandy Shealy, Sharmaine Armwood, Maria Douangdara. *Second Row:* Nicole Crowley, Katie Balagauy, Melissa Sullivan, Kari Graninger.



RECRUITERS: *Front Row:* Heather Bennett, Ashby Conway, Elizabeth Fordham. *Second Row:* Casie Sullivan, Emily Richards, Mary Tokar, Shelley Valentine.



SPORTS TRAINERS: *Front Row:* Chip Wilson, Nathan Miller. *Second Row:* Dawn Epperson, Maureen Berryman, Mrs. Buttery.



STUDENT ALLIANCE FOR ETHNIC UNITY: *Front Row:* Maria Douangdara, Reena Desai, Maureen Berryman, Miriam Moss, LaWanda Jackson, Jeannie Lomax. *Second Row:* Sharmaine Armwood, Deanna Wingerter, Kerry Knowles, Wilhemina Moss, Benjamin Robinson, Laltoria Parker, Eddie Carrillo, Mr. Powell.

"Screen" During a part in the one act play, "Screen," Jessica Morris and Janet Doublerly partake in one of the scenes. "Screen" won first place among the district competition. Photo by Lauren Wright.

Actors Galore

In the Limelight

Drama Club was very successful with the hard work and effort put forth by the aspiring actors. Throughout the year, drama had many successes such as the performance of "Our American Cousin" and the one-act play, "Screen." The original play of "Screen" was written by the cast with help from Ms. April Stafford and Mr. Tom Clark, which was about media influences on society, and won first place in the District.

Brandon Ratliffe, who was a part of the Drama Club, described it as "a plethora of acting delight under the influence of director Tom Clark who exposes us to a wide genre of drama through many exuberating, directorial treats." Others such as Joey Hanzel, shared the viewpoint of Brandon Ratliffe. Joey said that drama "is a way to express yourself and not really care what others think of you." Drama was definitely not a class where one could easily slack off and still come out on top. The wonderful array of talent and determination displayed proved that full force of effort was put forth. Story by Gina More.



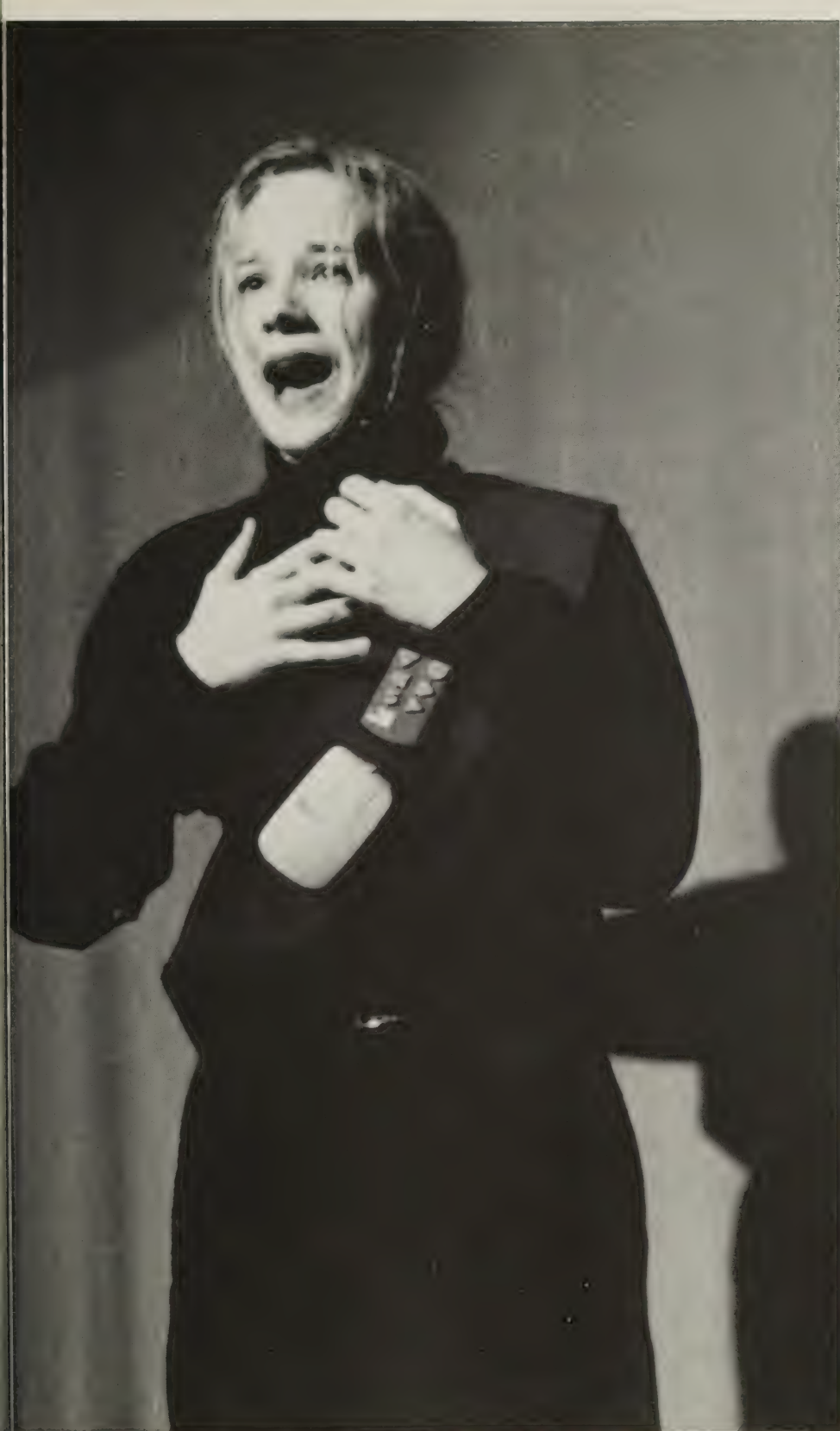
Just Pretending Deeply engrossed with their play parts, Nathan Compton, Nick Boeke, and Chris Early act out a part in the play "Screen." The students really got into their characters and did a wonderful job pulling off the play. Photo by Mark Hughes.



In the Action Standing amidst other cast members, Katherine Torrey acts in "Screen." "Screen" was a big success for the Drama department. Photo by Lauren Wright.

DRAMA: Front Row: Cramer Thompson, Becky Hamm, Christy Stoner, Erin McCants, Jessica Morris, Jamie Ennis, Patsy Decatur. **Second Row:** Scott Ramsburg, Joe Harding, Chris Moran, Becky Oliver, Tiffany Rutland, Kim Bradley, Kensley Whitley, Willy Mghee, Morgan Baker, Sara Bishop. **Third Row:** Janet Doublerly, Diana Reedy, Christina Gray, Stephanie Shillelt, Kevin Graham, Brandon Ratliffe, Dennis Carmody, Mandy Smith, Emily Gilmore, Joey Hanzel, Matt Donaldson. **Fourth Row:** Chris Early, Nathan Richards, Alok Gulati, Marcus Lawrence, Brian Creasy, Ben Robinson, Sarah Bolthouse, Shanon Murphy, Reena Desai, Nancy Roundtree, Davis Bradshaw, Mike Green.





With a Little Help with assistance from Scott Ramsburg, Janet Doublerly plays her character in "Screen." It took teamwork and cooperation, but the drama students pulled it all together and came out on top. *Photo by Mark Hughes.*



From Afar In the fall production of "Our American Cousin," Cramer Thompson sits while Johnny Torrey takes on his character's role and fans her. Dee Dee Bevan and Brian Creasy are in the background looking on. "Our American Cousin" was a big success, apparent by the number of people who came to watch it. *Photo by Stacie Bordick.*

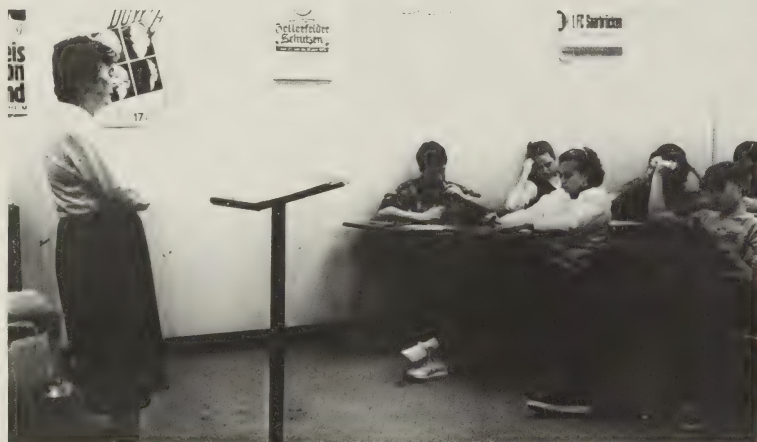
All Alone Taking the spotlight, Cramer Thompson has her moment to shine. It took hard work and dedication for "Screen" to be a success. The students put forth their best effort and it really showed. *Photo by Mark Hughes.*

Dead or Alive

Students could join clubs of both living and dead languages.

The German and Latin clubs were perhaps not as famous as the Spanish club with their record numbers of members, or the French club with their annual Valentine's Day celebrations, but that is not to say that being a member of one of the other clubs was not worthwhile. The German club was part of the VOGS, or the Virginia Organization of German Students, and the VOGS organized several activities in the year for German clubs. The School Board allowed the German Club to attend the annual German Convention where they took part in workshops and heard guest speakers. They also had a fund-raiser which consisted of selling Gummi Bears and Softi-Chews. "At the last minute we were told that we couldn't sell Advent Calendars because of the religion thing so we sold the Gummi Bears. It worked out all right, though; we raised enough money," commented Stephanie Crain.

The Latin Club also participated in some fun activities such as their annual Roman Banquet and the Convention in the fall. In the spring they also took part in the Certamon competition, or for the non-Latin speakers, the Latin version of Jeopardy. "The best activity of the year is most definitely the Roman Banquet because you get to boss around the younger students and make them do your bidding," laughed Latin V student Angela Rutherford. Regardless of which club students belonged to, members were almost guaranteed a good time. *Story by Stephanie Crain and Jennifer Moore.*



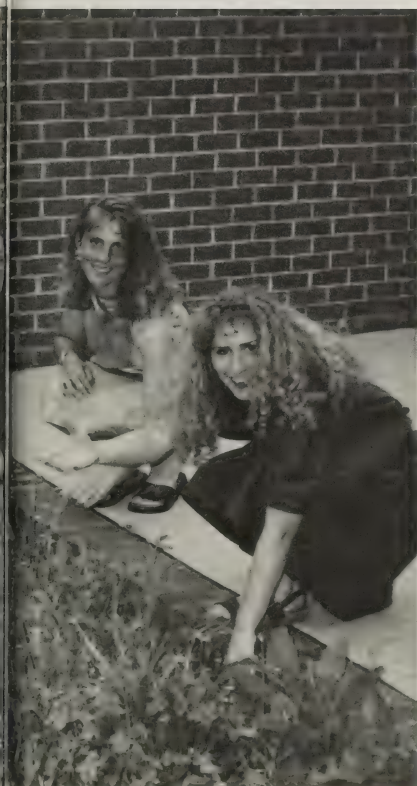
Die Antwort, Bitte? Waiting for a response to her question, Mrs. Linda Cannon stands before a German II class seventh period. While many of the German students were in the German club, German students who weren't in the club were allowed to participate in the activities of the club. *Photo by Stefanie Shifflett.*

Yes, Master! Bowing to do their masters' biddings, Sarah Bishop, Danielle King, Edith Taylor, Kelly Cwiak, and Dee Dee Bevan act the role of slaves at the annual Latin Banquet. Determination of whether the student would be a master or a slave was based on the level of Latin that the person had attained. *Photo by Wayne Wray.*





How Entertaining
Wearing authentic togas, Michael Kozicki, David Friel, Kevin Graham, Kim Bradley, and Rebecca Washburn entertain their fellow Latin club members at the Latin Banquet. One of the Latin club's major activities each year entailed attending the Latin Banquet. The students who attended it were usually well entertained. Photo by Wayne Wray.



Latin: *Front Row:* Mary Smart, Kristen Dietz, Becca Kimmitz, Shanna Kilen, Jessica Rose, Katie Roberts, Rebecca Washburn, Kerry McKinnon, Amy Cooper, Alison Shepherd. *Second Row:* Whitney Lucado, Kelly Cwiak, Melissa Rose, Aimee Dudash, Jennie Korniotos, Becky Oliver, Reena Desai, Deanna Wingerter, Al Philpott, Russell Hubbard. *Third Row:* Bryan Ennis, Arline Weeks, Rodney Newton, Ben Sehl, Seth Bourne, Matthew Korniotos, Caroline Miles, Eric Lunney, Tim Nimmo, James Como, Sara Philpott. *Fourth Row:* Matthew Donaldson, Kari Cwiak, David Friel, Mike Kozicki, Alex Doyal, Beth MacDonald, Elizabeth Campbell, Karen Johnson, Dacia Goldman, Emily Crabtree, Chris Conway, Chris Westhoff, Nick Cornwell. *Back Row:* Michael Donaldson, Andy Stamps, Kevin Graham, Jason Yingling, Christian Hlichey, Camden Walker, Kim Bradley, Jason Trant, Lisa Chinn. *Not Pictured:* Angela Rutherford



GERMAN CLUB: *Front Row:* Joey Katz, Angel Rosales, Kristin Ames. *Second Row:* Melanie Biscoe, Tom Coppage, Willy McGhee, Amber Flippo, Tim Podleiszek, Elizabeth Cho. *Third Row:* Ingrid Lommers, Rebekah Meyers, Susannah Campbell, Thomas Perrone, Melissa Derr, Laura Calloway. *Fourth Row:* Chris Bunney, J.W. Patrick, Hunter Matheson, Dakin Sharum, Mark Garrison, Kurt Chewning. *Not Pictured:* Stephanie Crain.

French & Spanish

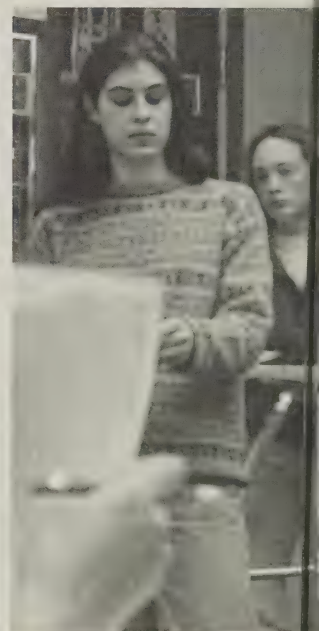
Expanding on Cultures

The French and Spanish clubs lead a productive year. The Spanish club made their own pinatas out of balloons, and then had a blast destroying them. Over the Christmas holiday, the club helped at the homeless shelter downtown. They also went to Washington, D.C. and visited Planet Hollywood. "We had a table of twenty-six people and our bill was over \$500.00," said Jesse Hanson.

The French club was successful in their Valentine's Day sales of carnations, roses, telegrams, and balloons. The members helped to make Valentine's Day a little brighter. "Getting to pass out the gifts on Valentine's Day was a lot of fun. The surprised looks on everyone's faces was the best part," said Kensley Whitler. Students got a chance to expand their foreign language skills outside of the classroom atmosphere. *Story by Danielle King.*

On guard At half-time during the home football game, the Spanish students act out Zorro on the field in front of the fans. *Photo by Bryan Ennis.*

Meeting the Members Katie Torrey chats with a French Club member. As co-president, Katie shared many responsibilities with her brother, John. Together they made the meetings very entertaining. *Photo by Bryan Ennis.*





FRENCH CLUB: *Front Row:* Shannon DiPeppe, Mary Rowe, Angie Kline, Laura Jane Johnson, Elizabeth Batts, Jessie Scherrens, Erin McCants, Kensley Whitler, Meagan Staab, Kristen Lichtenfels, Alison Dabson. *Second Row:* Michelle Degrandis, Whitney Eck, Lisa Schreiber, Amber Tussing, Jennifer Phelps, Melanie Hill, Anne Davidson, Amber Spicer, Anna Ervin, Katherine Kimbrell, Katharine Torrey, Jessica Morris. *Third Row:* Me'me Dameron, Robert Frantz, Ray DeLeon, David Catalano, Kevin Sasser, Chris Tyler, Sharmaine Armwood, Antonie Stevens, Ryan Scoggins, Morgan Baker, John Torrey. *Fourth Row:* Kari Cwiak, Amy Spittler, Jeff Carpenter, Joey Hanzel, Margaret Hein, Patrick Cross, Billy Cropp, Eric Dreiss. *Not Pictured:* Margaret Sacks.



SPANISH CLUB: *Juniors and Seniors Front Row Sitting:* Erin Ryan, Andrea Saikowski, Emily McCormack, Hollis Sullivan, Merideth Goggin, Kira Bernabe, Katie Lorenz, Sarah Bolthouse, Melissa Cushing, Melissa Lang. *Second Row:* Kneeling: Stephanie Waters, Angela Roberts, LeeAnn Smith, Christine Statzman, Kari Cwiak, Gina Moore, Christine Tokar, Sarah Evans, Kristi Moyers, Heather Loving, Amanda Hein, Andrea Stoelker, Robyn Baker, Mike Roberts. *Third Row:* Kneeling: Chip Wilson, Karen Johnson, Angela Cockrill, Karen Gibbs, Erin Doyle, Auxiliadora Mairena, Kelly Cwiak, Anna Ervin, Stacie Bordick, Meghan Green, Melissa Skeen, Maureen Berryman, JonPaul Grizzle. *Fourth Row:* Standing: Matt Moin, Mark Lutterbie, JR Redding, Lyler Horne, Chris Westoff, Matt Harding, Latoria Parker, Samantha Pirog, Nancy Roundtree, Gerard Nelson, Andy Holcomb, JoAnn Parchment, Brian McKinney, Adam Bray, Mrs. McClung. *Top Row:* Bryan Ennis, Chris Denning, Dennis Carmody, John Bridges, Turner Ashby, Brian Quann, Jason Robinson, Andy Craver, Adam Lincoln, Gretchen Kuhl, Jason McKnight, Kerry Knowles.



SPANISH CLUB: *Not Pictured:* Guy Boutchard, Nathan Compton, Jessye Cooley, Maureen Fish, Christine Gates, Kevin Good, Regina Griffith, Carie Grigg, David Hatch, Laura Hinds, Crystal Jenkins, Ebony Johnson, Scott Johnson, Shanna Kilen, Vicki Koussoglou, Justin Lipscomb, Ben Malay, Liz Malay, Leo Manster, Chad Martin, Mark Nisley, Scott Ramsburg, Ben Robinson, Jenny Scaife, Tom Siltzman, Stephanie Skeen, Laura Wenzel, Janica Wine, Candace Yingling, Erin Shea, Jeff Trigger, Christine Penn, Jesse Hanson.

SPANISH CLUB: *Freshman and Sophomores Front Row Sitting:* Allyn Hood, Jeanne Rector, Delilah Puma, Melissa White, Heidi Bach, Kevin Pemberton, Jennifer Smith, Sabrina Wood, Crissy Day, Elisa Mercado, Kim Hourc. *Second Row:* Kneeling: Andrea Bordick, Adam Dowling, Graham Hope, Darren Meyer, Frank Ervin, Jenny Witter, Erica Schuplin, Eleshia Simms, Katherine Brennan, Sam Kang, Frances Truslow, Leri Carmi Chael. *Third Row:* Kneeling: Rachel Maloney, Krista Meais, Micreia Robinson, Darla Herens, Rita Bonelli, Kim Cooper, Sarah Danzi, Melissa Pimberton, Valerie Danielson, Bonnie Zaiko, Alison Hales, Loreen Hagerly, Corey Harding, Janice Hubbard. *Fourth Row:* Standing: Danny Pyle, Andrea Neil, Kyle Hood, Heather Mix, Brittany Jennings, Rita Stevens, Kim Murphy, Justin Sterne, Mike Loving, Beache Whitlock, Chad Martin, Ben Whitford, Brian Pitts, Meleana Kala, Mrs. McClung. *Top Row:* Kari Fredette, Ben Robinson, Alex Doyal, Ryan Gorman, Tim Griffith, Brian Parks, Jeff Roger, JW Boutchard, Len Thomas.

Called to Order Erin McCants and Katherine Kimbrell wait patiently to speak while Johnny Torrey lectures the French Club. He always had a mouthful to say. *Photo by Bryan Ennis.*

History & Science

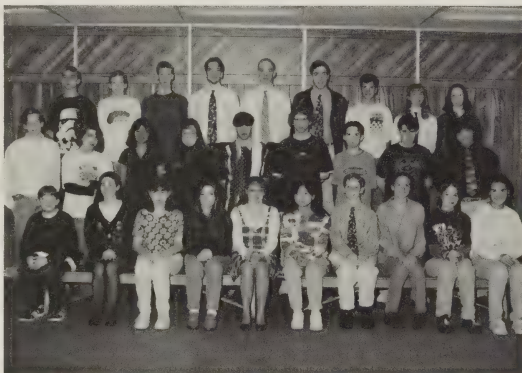
Studying the past & on to the future

The History club had a very productive and active year. They maintained about twenty-five active members throughout the year. They had great times together learning about history, as well as helping others and just having fun. One of the major events the club took on was fixing up the Civil War Graveyard that is right here on school grounds. They worked on this for three years, and concluded the project this year. They cut a path through the woods, cleared all the brush, cleaned up the head and foot stones, and have plans to add a historical marker and a memorial. Reena Desai commented on the project, "I thought it was really interesting to see imprints on the tombstones that were over 200 years old... *The Free Lance-Star* publicity was neat, also!" One of the other events the club participated in was visiting Chancellor's Village retirement home every third Thursday of each month. President of the club, Hans Foy said of the visits, "It's awesome because we got first-hand accounts from people that lived through events such as the Great Depression."

Another club that many students participated in was the Science club. This was a fairly new club run by all new teachers, but it still had about 20 active members and a lot of fun. They had meetings at least once a month. Talking about the meetings, Matt Danzi said, "At one Science Club meeting we blew up hydrogen balloons, made flares of different colors, had an experiment go wrong and came within an inch of putting a nail in someone's eye, and finally put a hole in the ceiling with a cork!" The big event this year was a field trip to the National Aquarium. They saw a dolphin show and also found some time to tour the Inner Harbor. Jennifer McPartland summed up the feeling of the club by saying, "The Science Club allows one to interact with the intriguing world of science." *Story by Cameron Trant.*

SCIENCE: Front Row:

Joey Katz, Jennie Korniotis, Frances Truslow, Melissa Rose, Christina Gray, Elizabeth Cho, Adam Dowling, Melissa Derr, Amy Dudash, Jennifer McPartland. **Second Row:** Michael Crossnicker, Deanna Wingerter, Reena Desai, Whitney Lucado, Jerry Redding, Andy Craver, Chris Moran, Matt Danzi, David Friel. **Third Row:** Doug Bryant, Justin Sterne, Chris Westoff, Alex Doyal, Matt Donaldson, Ryan Gorman, Kurt Chewing, Caroline Miles, Dacia Goldman.



HISTORY CLUB: Front

Row: Vivian Marcus, Angel Rasales, Ashby Canway, Cathy Adams, Mary Rowe, Christina Gray, Reena Desai, Melani Wood. **Second Row:** Torie Keeton, Ingrid Lommers, Sharene Marsh, Todd Bloese, Sean Milton, Meghan Green, Allison Baldwin, Mr. Eric Powell. **Third Row:** Kim Woodson, Damon Wood, Daniel Setzer, Christopher Westhoff, Bryan Ennis.





Gangsta Float Posing for the judges, the History Club presents their Homecoming float. They were completely untouchable and took first place in the club competition. *Photo by Mark Hughes.*

Loving Chemistry Examining the beakers full of chemicals, Joel Wallor and Joey Merenda check out the progress of their experiment. The science club performed many experiments throughout the year. Some were astounding successes, others were a big flop, but either way they had lots of fun. *Photo by Heather Loving.*



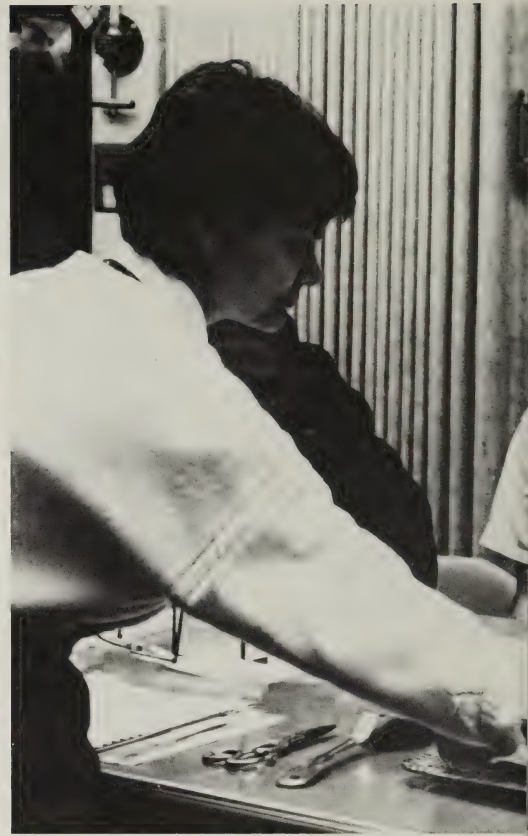
Exploring the World of Science As Jenny Tuskeny performs an experiment, Darla Stevens, Ms. Sommerfield, and Sammy Newsome, watch intently. The Science Club had loads of fun in all of their meetings. Experiments were a favorite of most of the members. *Photo by Rita Stevens.*

Does any one have a hair thingy? Holding back her hair, Shelly Detwiler irons her project to perfection. The finishing touches were almost as important as the first stitch. With the extraordinary presentation the students learned, competitions were a shoe-in.

Photo by Mark Hughes.

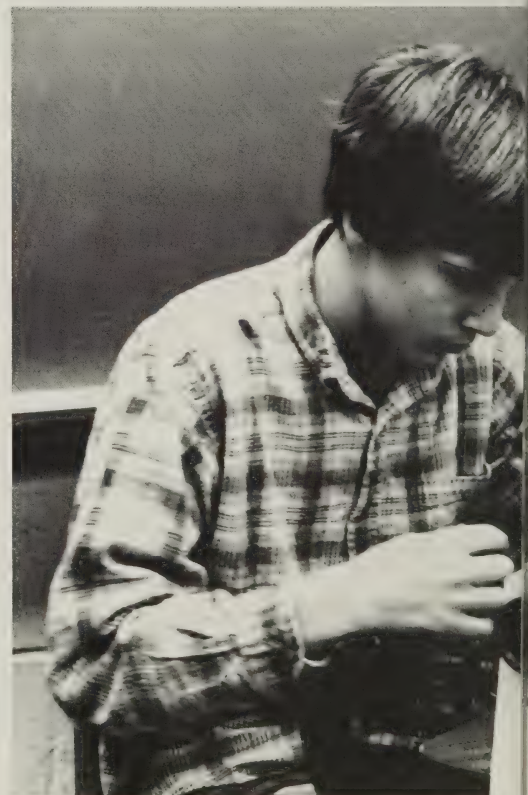
Gourmet at work

Styling a lovely apron, Monte Lambert reads the recipe to his next specialty. Even though it was banned in the rest of the school, food was always allowed in the Home Economics. *Photo by Mark Hughes.*



Fashion Frenzy With a careful eye, Jessica Sleppy creates the latest trend on her sewing machine. Home Economics students didn't have to search for the big sales because they created their own fashion. *Photo by Mark Hughes.*

Men can too! With a steady hand and a sharp eye Peter Vonszilassy threads his sewing machine. Guys excelled in the home economics classes just as much as girls. They too could get in on fashion frenzy. *Photo by Mark Hughes.*



Julia Child? Doing her best impression of Julia Child, Ms. Pat Allen demonstrates the next project for her students, Daniel Agee and Mark Phillips. Projects were more fun than the everyday classroom exercises. Plus the end result was better than any book report. *Photo by Mark Hughes.*

50 Plus

Serving up champions

Celebrating over fifty years of service, the FHA had another strong year in '96. FHA is an acronym for Future Homemakers of America. For those who weren't familiar with this productive club, "It's a change of pace from the desks and pencils of the regular classroom," remarked Daniel Agee. While FHA may be characterized by some as a "change of pace," it was a club that was highly participatory at the local, state and national levels. It was active in all 50 states and was recognized for its social and service activities, which culminated at a competition in March. Stafford had had a successful showing at this competition in the past years and was well on the way to similar year.

HERO and HOSA are extensions of FHA. The letters stand for Home Economics Related Occupations and Health Occupation Student Association. "It can really prepare us for the future," commented Janiel Fritz, co-chairman FHA. Teacher and sponsor Pat Allen, explained that the classes and clubs were for three types of students; students who wanted a job in culinary arts, those who enjoyed it as a hobby, and those who wanted to go on to cooking school. *Story by Jennifer Moore.*



FHA and HERO: *Front Row:* Candace Jenkins, Jennifer Weldon, Jeanina Fitzgerald, Patricia Gibson, Jaci Fisher, Samantha Mend. *Second Row:* Susan Dyson, Jennifer Toombs, Janiel Fritz, Mrs. Shelton, Keisha Gourdine, Mickie Robinson, Melissa Mullins.



HOSA: *Front Row:* Angela Roberts, Amanda Woolner. *Second Row:* Eric Schneider, Kim Uhlrich.

Can I Have... During the early morning, Stacey Rogers buys some candy from Stella Daymude. The school store was open every morning for a half hour. The store was run by DECA members. *Photo by Mark Hughes.*

Taking Care Of Business

The clubs that challenge skill...

FBLA, the Future Business Leaders of America, and DECA, Distributive Education Corporation of America, were clubs that offered teens many opportunities. They included community service, actual jobs, and leadership skills.

Some of the students from DECA were able to have part-time jobs and leave school early everyday. It proved to be a wonderful experience because they could earn money and learn at the same time. They went to competition in February and Erin Franklin commented, "Competition was fun and we could win awards for role-playing in the work field." Marketing and merchandising were some of the topics that were touched on during the year.

FBLA took part in many activities including candy sales, regional meetings, and competitions. They were able to talk about and assume business positions in the club. Cindy Polcha commented, "FBLA has been really fun this year. We've been very busy and all the functions have made the year fly by." *Story by Auxiliadora K. Mairena.*

DECA: Front Row:

Danette Hamner, Patricia Ogle, Melissa Hughes, Thomas Daymude, Erin Franklin, Stephanie Cook, Jill Bliss, Joe Cole, Kristina Hoskins, Christie Tokar.

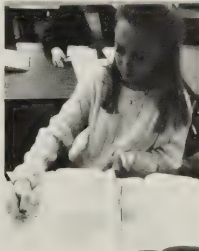
Second Row: Billie Fritter, Bobby Gagnon, Sabrina Hill, Lawanda Jackson, Roshawn Baker, Misty Townsend, Jeff Williams, Troy Carneal, Travis Fleming.

Third Row: Nicole Taylor, Jamie Schoonover, Kevin Drury, B.J. Rodgers, David Powers, Stacy Talak, Justin Lipscomb, Greg Bishop, Kevin Carmody, Christine Kimball.



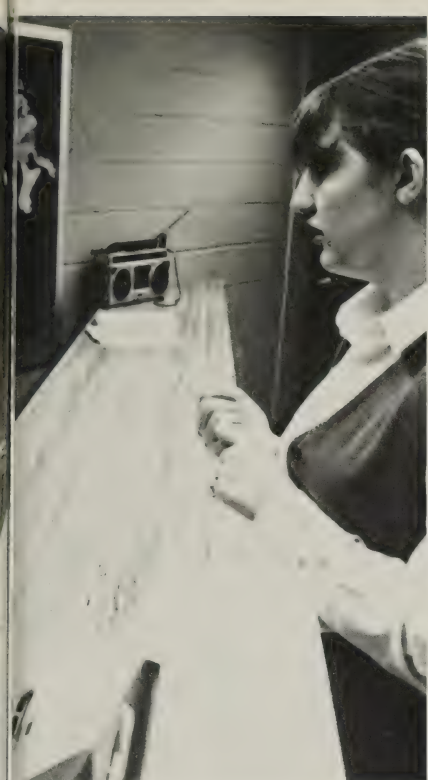
Doing the Books.

While listing all the revenue, Cindy Polcha makes sure that she puts the company names in the right lines. Accounting required much concentration and time. *Photo by Mark Hughes.*



Facts and Figures. Diligently working, Latoria Parker improved her accounting skills. Learning where to put all the debits and credits could be bewildering at times to the students in the class. This was a good place to start for future CPA's. *Photo by Mark Hughes.*





FBLA: *Front Row:* Dena Childress, Reena Desai, Jennifer Johnson, Cynthia Polcha, Angie Cockrill, Katie Baggay, Crystal Goding. *Second Row:* Dolly King, Susannah Campbell, Erin Doyle, Mandy Shealy, Kiley Broyles, Katie Sweet, Troy King. *Third Row:* Nicole Crowley, Jessica Conroy, Janiel Fritz.



FBLA: *Front Row:* Shana Killen, Keisha Gourdine, Nikole Tyson, Christine Stutzman, Bobby Gagnon, Jeff Trigger. *Second Row:* Alvery Stevens, Elliot Sharp, Brian Knight, Trent McEwen, Ben Hall, Chris Burgess.



FBLA: *Front Row:* Melissa White, Kim Murphy, Kerry McKinnon, Kim Houck, Brian Pitts, Jessica Thomas, Dale Ocheltree, James Trinh. *Second Row:* Frances Truslow, Allison Shipard, Aaron Harwell, Christina Gates, Christie Cleaver, Sabrina Wood, Kim Cooper, Miles Eglesky, Jessye Cooley, Vickie Walsh, Christine Lau, Jonathan Rothwell. *Third Row:* Janica Wine, Tiffany Sullivan, Amy Hutchins, Lindsay Coker, Melissa Derr, Jennifer Phelps, Melissa Pemberton, Justin Hensley, Morgan Baker, Mary Smart. *Fourth Row:* Coleman Tyson, Robbie Robinson, Ben Robinson, Christian Lincoln, Chris Moran, Jennifer Weldon, Amber Spicer, Dana Bonelli, Kensley Whittier, Mike Loving, Alexander Doyal.



FBLA: *Front Row:* Janean Neal, Daniel Lawlor, Jesse Isaacs, Trish Throne, Darrin Meyer, Bonnie Zaiko, Mary Tokar, Cassandra Hanna, Robyn Baker, Melissa Blotner. *Second Row:* Heather Mix, Ebony Johnson, Latoria Parker, Mickeia Robinson, Ferranda Ferguson, Emily Barwicke, Nathan Amico, Rebecca Mitchell. *Third Row:* Sharmine Armwood, Thomas Sprow, Stacy Jackson, Jeanie Lomax, Le'Wanda Jackson, JoAnne Parchment, Maureen Berryman.



Clubs

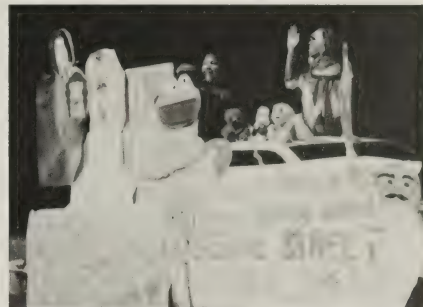
School did not only consist of classes and sports. Clubs were important and prominent events of the after-school life of many students in '96. There were different clubs for a wide variety of interests such as History Club, HERO, or the SAEU. Not only were clubs a way for students to learn more about their interests, but they performed various activities and services for the school and community as well. The French Club was known for their annual St. Valentine's Day activities such as selling flowers and performing singing telegrams. Tug Coker participated in some of the NHS regular activities and remarked, "Tutoring, bringing in food for the needy, and stuff like that is a lot of fun and is very rewarding too." The German Club even helped break the monotony of the almost continual candy bar sales by selling Gummi Bears.

But why did the students join the clubs? There was a wide range of answers to that question. Ben Nuckols could not definitively answer why he wanted to be a member of NHS and the Key Club. "I guess it's just a good way to take up some time," he laughed. Other students were more sure of why they wanted to take part in club activities. "Spanish Club is cool because we got to build pinatas and then BUST 'em!!!" exclaimed Jesse Hanson. Regardless of what club they joined or why, many students filled up their afternoons by voluntarily staying after school for meetings or various club activities. *Story by Stephanie Crain.*

AHHHH!! Decked out in black, Taylor Blackburn, Janet Doublerly, Nick Boeke, Cramer Thompson, and Scott Ramsburg perform in the one-act play "Screen" written by Mr. Tom Clark, and Ms. April Stafford. The actors' hard work and extraordinary talent was rewarded by winning the Commonwealth District title for a one-act play.

Photo by Mark Hughes.

On Their Way To... Smiling broadly for the crowd, members of the SAEU, Student Alliance for Ethnic Unity, take part in their float for the Homecoming halftime show. The theme for Homecoming was Classic TV and for most of us Sesame Street was a staple of our childhoods. *Photo by Stacie Bordick.*



Ooo La La!!! Marching with the French club, Kandice Horsey participates in Homecoming activities. The French club was also recognized for their Valentine's Day celebration. The celebration included selling flowers, balloons, and singing telegrams. *Photo by Mark Hughes.*

Rocket Shot

Lacrosse is war.

Lacrosse was a great sport to have played in high school. The team consisted of 31 skilled gladiators, many of whom were rookies with less than one year of experience. They worked hard and they were one of the few sports that practiced late. Their practices began at 4:30 and ended at 6:30. This made it difficult for the students who were used to going straight to practice after school. Practice consisted of running a mile with all their gear on, strenuous warm-ups, and an hour of scrimmage. All their hard hours of work were put into winning games.

Games weren't just another part of their everyday lives, but an important part. Bryan Ennis commented, "What makes lacrosse better than any other sport is that there is constant action, contact all the time, and well-planned strategy." Many other things contributed to their success which were the speed drills, concentration, coordination, and a lot of heart. Bobby Gagnon stated, "I was very happy with the season and all the teamwork. I'm glad I came out this year."

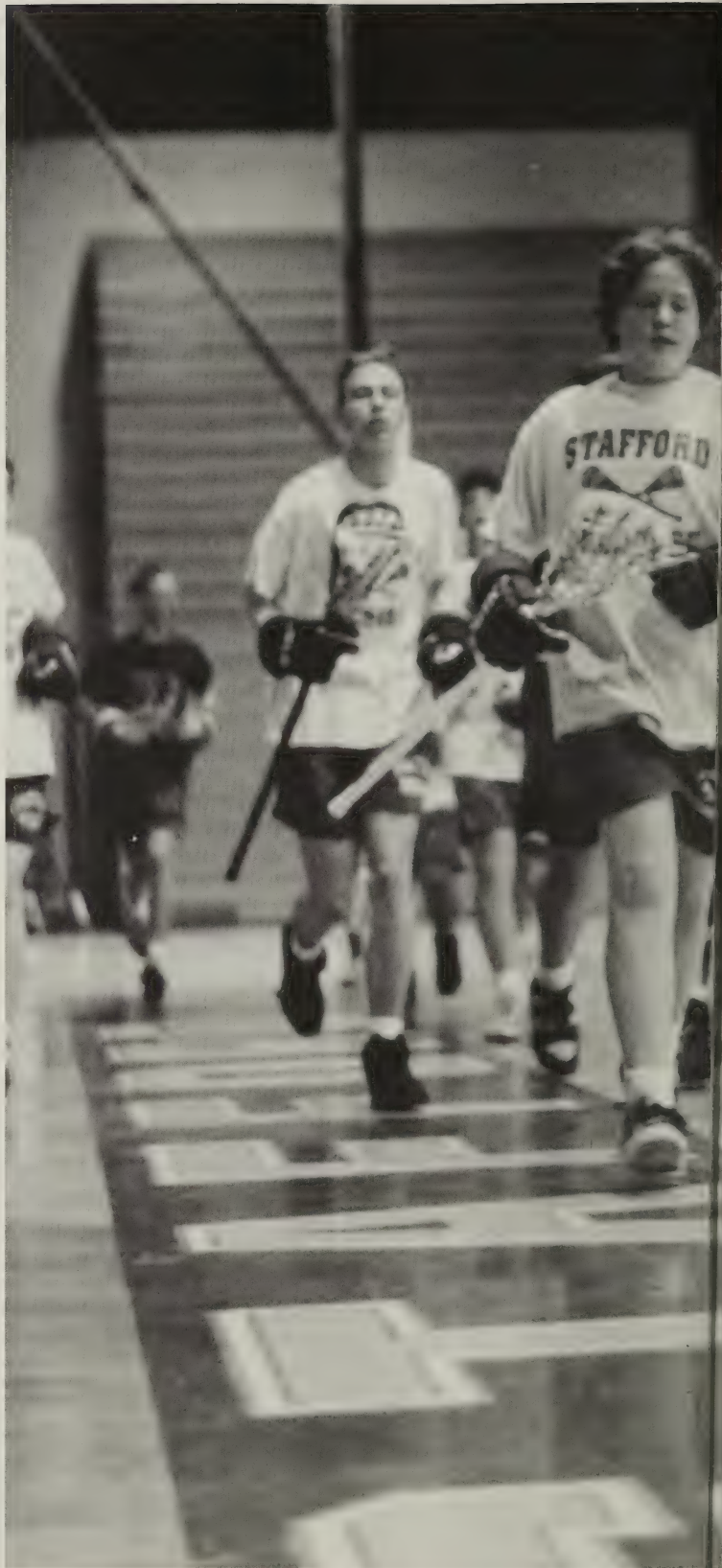
Nevertheless, lacrosse proved to be an exciting new sport. Despite all the work, the players seemed to thrive on the demanding atmosphere. *Story by Auxiliadora K. Mairena.*



Front Row: Billy Ice, Chris Tyler, Karen Mann, Jason Smith, Matt Duran, Dannie Lawlor, Steven Cull, Berideth Liepold, Doug Bryant, Shannon Liepold. **Second Row:** Aaron Prowett, Alex O' Donell, James Tweddale, Patrick Hall, Al Phillpot, Sean Penny, Craig Brooks, Drew Penny, Bobby Gagnon, Christy Tokar. **Third Row:** Coach Colombel, Robert Sidam, Adam Lincoln, Matt Shelton, Thadeus Lyman, Jeremy Shelton, Chris Kraus, Amy Mann, Chad Martin, Brian Ennis, Chris Mertoff, Amy Piester, Coach Penny.

LACROSSE CLUB

March 23	Arlington	Home
March 27	Hylton	Away
March 30	North Stafford	Away
April 3	Fauquier	Away
April 6	North Stafford	Away
April 15	Gar-Field	Away
April 18	Chesterfield	Away
April 20	Fork Union	Home
April 24	Brooke Point	Home
April 27	Loudoun	Away
April 30	Arlington	Away
May 4	Stonewall Jackson	Away
May 6-11	Tournament	





Bar Bashing. During an intense practice, Bobby Gagnon fights for possession of the ball from Thad Lyman. Chris Tyler and Alex O'Donnell are open in the back ready for a steal. Aggression was a good characteristic used during lacrosse game plays. *Photo by Mark Hughes.*

Man On! While trying to steal the ball, Doug Bryant gains on Chris Kraus. Their ball-handling skills were used during practices to improve their passes. Keeping the ball out of the opponent's reach was a critical skill that was mastered. *Photo by Mark Hughes.*



Hustlin'. In the gym, Al Philpott keeps a few steps ahead of teammates Aaron Prowett and Doug Bryant. In order to build endurance they ran everyday supporting their gear. At times it was tiring, but it proved helpful at game time. *Photo by Stefanie Shifflett.*

Gooch. Showing off the season's latest boxers, Ben Nuckols smashes a forehand. It was necessary to practice all the different strokes repeatedly. It took a mastery of all the skills to be successful in tennis. *Photo by Mark Hughes.*

Forty-Love

A smashing year

The tennis team of 1996 started off the year the same as all others, with hard work and lots of practice through tryouts and the first week of practice. The difference this year was that they hoped that their work would pay off and they would win the district championship. These hopes made them want to work extra hard in practice. Ben Nuckols groaned, "I'm surprised we can make it through tennis practice with all that hard running we have to do. You'd think we were the track team!" Andrew Coleman said, "Even though its a lot of hard work, we have lots of fun." The team had been together for several years, so by this season they had all become good friends. "Tennis is a great time to get outside and relax a bit with friends after a hard day at school," Ben Malay commented. "Some people think that tennis players aren't real athletes, but I used to bowl sometimes," joked Ben Studebaker.

The players on the team had a lot of confidence in their coach, and Coach Hylton believed in his players as well. Patrick Hodge stated, "We're nothing without the man who built this team, Coach Hylton." Coach Chris Hylton replied, "If we continue to work hard every day in practice, and the players continuously push each other, we have a good shot at earning a district banner." *Story by Cameron Trant.*



First Row: Andrew Coleman, Phil Lesnek, Mark Lutterbie, Garret Green, Christian Lincoln, Darren Meyers **Second Row:** Kevin Sasser, Turner Ashby, Ben Hall, Benjamin Malay, Michael Hodge, Patrick Hodge, Jeff Quann, Ben Studebaker, Aaron Carter.

BOYS TENNIS

March 26	North Stafford	Home
March 28	Hylton	Away
April 3	Brooke Point	Away
April 15	Hylton	Home
April 16	Gar-Field	Home
April 18	Osborn Park	
April 19 & 20	Stafford Invitational	
April 22	Stonewall Jackson	Home
April 24	Woodbridge	Away
April 26	North Stafford	Away
April 29	Brooke Point	Away
May 2	Stonewall Jackson	Away
May 6	Woodbridge	Home





Serving it Up! Looking skyward, Kevin Sasser prepares to smash an overhead shot. The repetition of practice sometimes became monotonous, but if the team wanted to reach their goal, it was necessary. *Photo by Mark Hughes.*



Backhand? Cooling off on a hot day, Ben Studebaker tries his serve. A good one served the players well in their matches. Velocity and precision were the key parts to getting aces. *Photo by Mark Hughes.*

Rounding Third

...And Coming Home

Once spring has sprung, it is time for the spring sports to begin. And we all know what that means... Softball. The girls of the Softball team had a great season. Led by their mentor, Coach Humphrey, the girls had one of their better seasons in a long time. "The team had a great season; we really came together," said Jeneane Yednock. This success came from a lot of hard work and practice everyday. As Karli Fredette proclaimed, "the toughest thing about practice this year was the gut-runs; it felt like I was going to die."

But it wasn't all hard work; the team enjoyed themselves too. "We make the rookies on the team carry out all the equipment. That saves us veterans from all that work," said Mandy Shealy. Rita Stevens enjoyed the days when they scrimmaged. "That is the most fun of all, when we just have a good time playin' around." *Story by Adam Sullivan.*



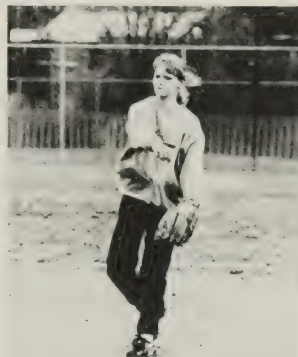
Pitcher Perfect! Working on her throwing skills, Candy Harpine tosses the ball to a fellow teammate. The girls learned cooperation and team work through these and other drills. The hard work that the girls put in at practice payed off for the season. *Photo by Mark Hughes.*

"Keep Your Eye on the Ball." Concentrating on the ball, Amy Butler takes a textbook swing (except for the fact that she misses the ball). The softball team practiced many drills in preparation for their season. Batting practice was very important for these girls to win their games. *Photo by Mark Hughes.*





Batter Up! Taking batting practice on the "bug board," Darla Stevens connects. Batting training was a big part of every practice, even though in a game situation batting takes only a fraction of time in the entire game. This offensive training was an integral part of winning softball games. *Photo by Mark Hughes.*



Hit the Cut-Off Man! After catching the cut-off throw from the outfield, Erika Havasy quickly turns and throws to the catcher. Every outfielder is taught that they have to hit their cut-off man. And in turn, the cut-off man has to make quick and accurate throws. *Photo by Mark Hughes.*



Front Row: Joe Hughes, Billy Ice, Drew Penny, Brian Morey, Sean Byrne, Matt Bailey, Freddy Fisher. **Second Row:** Jared Brooker, Tony Watson, David Dugan, Tony Hamrick, Paul Deal, Dwaine Parker, Jason Lomax.

JUNIOR VARSITY SOFTBALL

March 22	Hylton	Home
March 26	Gar-Field	Home
March 29	North Stafford	Away
April 4	Albermarle	Away
April 8	Stonewall Jackson	Home
April 15	Potomac	Away
April 17	Brooke Point	Home
April 19	North Stafford	Home
April 24	Gar-Field	Away
April 26	Woodbridge	Away
April 29	Hylton	Away
May 1	Osborn Park	Home
May 2	Stonewall Jackson	Away
May 6	Potomac	Home
May 8	Osborn Park	Away
May 10	Brooke Point	Away
May 14	Woodbridge	Home
May 16	Albermarle	Home



Front Row: Darla Stevens, Karen Gibbs, Michelle White, Deidra Mullins, Erika Havasy. **Second Row:** Sara Walor, Erica Civaterese, Candy Harpine, Lena Browneyes, Rita Stevens. **Third Row:** Amy Butler, Colleen Cooney, Kristi Dixon, Jeneane Yednock, Sabrina Reeves.

VARSITY SOFTBALL

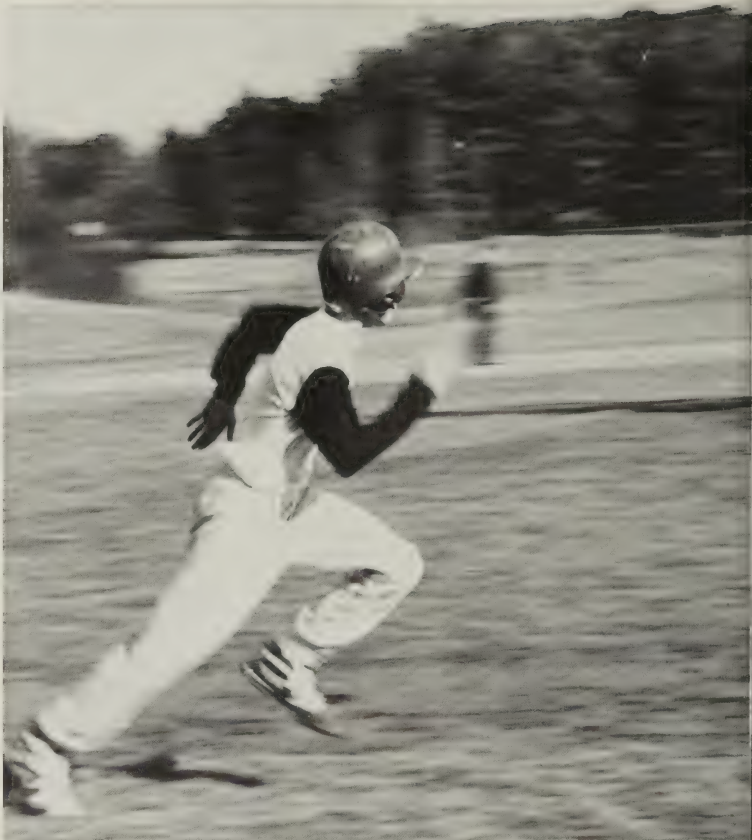
March 22	Hylton	Away
March 26	Gar-Field	Away
March 29	North Stafford	Home
April 4	Albermarle	Home
April 8	Stonewall Jackson	Away
April 15	Potomac	Home
April 17	Brooke Point	Away
April 19	North Stafford	Away
April 24	Gar-Field	Home
April 26	Woodbridge	Home
April 29	Hylton	Home
May 1	Osborn Park	Away
May 2	Stonewall Jackson	Home
May 6	Potomac	Away
May 8	Osborn Park	Home
May 10	Brooke Point	Home
May 14	Woodbridge	Away
May 16	Albermarle	Away

VARSITY BASEBALL

March 22	Hylton	Away
March 26	Gar-Field	Away
March 29	North Stafford	Home
April 8	Stonewall Jackson	Away
April 15	Potomac	Home
April 17	Brooke Point	Away
April 19	North Stafford	Away
April 24	Gar-Field	Home
April 26	Woodbridge	Home
April 29	Hylton	Home
May 1	Osborn Park	Away
May 2	Stonewall Jackson	Home
May 6	Potomac	Away
May 10	Brooke Point	Home
May 14	Woodbridge	Away

First Row: Matt Silkenson, J.W. Bouchyard, David Lane. **Second**

Row: Andy Holcomb, Jason Peterson, Ryan Drewniak, Gary Woodward, Chris Watts, Mike Swansburg, Matt Fines. **Third Row:** Danny Taylor, Randy Chandler, Tug Coker, Francisco Peot, Jason Shelton, Eric Connelly, Jay Schmitz, Myles Eglevsky.



Front Row: Chris Perry, Jonathon Bailes, James Lane, Bradley Richmond, Kevin Drury, Melvin Rogers, Jason Bast, Shane Huffman, Tim Nimmo. **Second Row:** Bobby Bowling, Nick Cornwell, Jamie Montgomery, Billy Hayes, Kevin Oullette, Seth Bourne, Chris Shifflet, Chris Watson.

JUNIOR VARSITY BASEBALL

March 22	Hylton	Home
March 26	Gar-Field	Home
March 29	North Stafford	Away
April 8	Stonewall Jackson	Home
April 15	Potomac	Away
April 17	Brooke Point	Home
April 19	North Stafford	Home
April 24	Gar-Field	Away
April 26	Woodbridge	Away
April 29	Hylton	Away
May 1	Osborn Park	Home
May 2	Stonewall Jackson	Away



Rounding the Bags After tagging the pitcher for a Texas league single, B.J. Rodgers heads for first. Successful hitting led to a very potent offense, resulting in wins. *Photo by Mark Hughes.*

High & Outside

The Success of Baseball

As the weather thawed and the ground turned from a frigid white to a lush green, the Stafford Indian baseball team prepared to indulge in the national pastime. The year was filled with promise as the talent on the team was at an all-time high. One aspect beneficial to the team was the return of four starters, including two previous All-District selections in the outfield, Ryan Drewniak and Eric Connelly.

While faces were familiar, there were new additions to the squad. Todd Campbell and Brian Kay joined Dave Farmer and Dale Portner at the helm of the Varsity team, and John Russ assumed the role as J.V. skipper. Coach Farmer enthusiastically asserted, "We have the greatest wealth of talent I have ever seen at Stafford. Our seniors have stepped up and established themselves as leaders, resulting in a superior season."

This sense of optimism was also present among the players. "We're going to turn quite a few heads," commented Jay Schmitz, and Jason Peterson jokingly quipped, "going undefeated is not out of the range of possibility." With the return of key players and the emergence of younger talent the season was highly successful. The Stafford baseball team could only be inhibited by the perfection for which they strived.

Story by Ryan Drewniak.

The Big K Trying unsuccessfully, Billy Hayes takes a cut during soft-toss. The occasional setback often led to overall improvement. *Photo by Mark Hughes.*



Base Hit B.J. Rodgers makes contact while working on his hitting in the batting cage. *Photo by Mark Hughes.*

Good Contact To further his hitting ability, Chris Shifflett perfects his swing. Countless hours of repetition had its purpose; it prepared one for the season. With 20 games ahead, one had to gain proper form.

Photo by Mark Hughes.

Great Cut! Ryan Drewniak makes solid contact during an inter-squad scrimmage. With such a flawless swing Ryan hoped for many home-runs during the season. Without the guidance of coaches the baseball team could never expect to perfect their cuts. *Photo by Mark Hughes.*

GIRLS VARSITY & JUNIOR VARSITY SOCCER

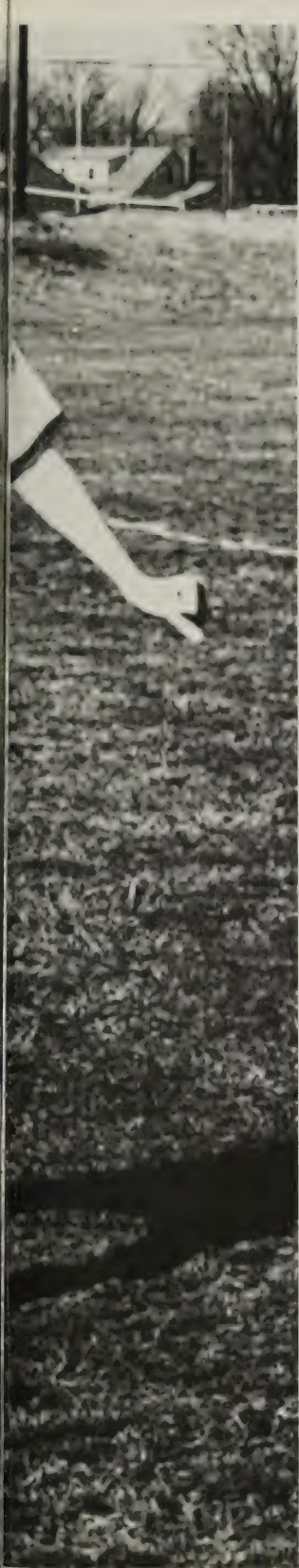
March 22	North Stafford	Home
March 26	Gar-Field	Away
March 29	Potomac	Away
April 1	Albermarle	Home
April 4	North Stafford	Away
April 8	Stonewall Jackson	Away
April 16	Woodbridge	Home
April 19	Brooke Point	Home
April 23	Osborn Park	Home
April 26	Brooke Piont	Away
April 30	Hylton	Home
May 2	Stonewall Jackson	Home
May 3	Cave Springs	Home

Varsity Girls Soccer-First Row: Melissa Derr, Amy Weaver, Amy Rech, Kristen Lichtenfelts, Kari Cwiak. **Second Row:** Laura Crigler, Jenny Connelly, Elizabeth Campbell, Vicki Koussoglou, Kris Denson, Kathryn Kolakowski. **Third Row:** Margaret Sacks, Maickeia Robinson, Crystal Carper, Lindsay Coker, Carol Smith, Jennifer Brown, Jennifer Rose, Elizabeth Herlan.



Junior Varsity Girls Soccer-Front Row: Lisa Mendoza, Sally Harmon, Amy Parsons, Jennifer Sullivan. **Second Row:** Allyn Hood, Jenn Stockdill, Katie Fox, Christy Stoner, Kristy Carter, Rachel Jarnecke. **Third Row:** Mary Curtis Smart, Jammie Hillian, Amy Spittler, Jessica Moore, Katherine Kimberell.





Warming Up Before practice, Jennifer Sullivan warms up by kicking the ball around. The girls had productive practices and worked hard. *Photo by Christy Stoner.*

Go Team!

Preparing for the Season

After a tough tryout, the girls on the JV and Varsity soccer teams had even tougher practices to look forward to. The cold weather that began their season certainly didn't keep them from sweating. The team worked hard to perfect skills like dribbling and passing. "We work hard at practice," said Lindsay Coker. "By the end of the season it really pays off," she added.

Wet weather forced the soccer teams inside to the gym, but even inside practice went as normally as possible. They still worked hard and there were even some advantages. "It's really neat to play indoors because it teaches us to use little passes instead of booting the ball and having to run for it," said Katie Kolakowski.

Looking forward to the games kept them going. A well-fought victory was more than adequate pay off for all their hard work. Their determination and team work brought them those victories. But knowing that they did their best all season was satisfaction enough.

Story by Danielle King.

Showing Off Her Skills Dribbling down the field, Jamie Parker improves her soccer skills. The team worked on their skills and improved more everyday. In the end, it all payed off. *Photo by Christy Stoner.*



Smiling Through It All Working hard at practice, Katherine Kimbrell keeps a smile no matter what. Even though it was her first year on the team, she fit right in. The girls usually enjoyed their practices. *Photo by Christy Stoner.*

BOYS VARSITY & JUNIOR VARSITY SOCCER

March 22	North Stafford	Away
March 26	Gar-Field	Home
March 29	Potomac	Home
April 2	James Monroe	Home
April 4	North Stafford	Home
April 8	Stonewall Jackson	Home
April 17	Woodbridge	Away
April 19	Brooke Point	Home
April 23	Osborn Park	Away
April 26	Brooke Point	Home
April 30	Hylton	Away
May 2	Stonewall Jackson	Away
May 6	Potomac	Away
May 10	Gar-Field	Away

Varsity Boys Soccer-First Row: Richard Greenlaw, Chris Holcomb, Carl Cabanis, Jon-Paul Grizzle, John Bridges **Second Row:** Brian Whited, Jesse Hanson, Jason Twigg, Sean Sullivan, Brad Wolfe, Matthew Harding, Jason Green, Kenneth Varga, Patrick "Bug" Edwards, Thomas Hagerty **Third Row:** Dennis Taylor, Paul Wielt, Trent McEwen, Kurt Chewing, Andrew Rowdon, Amr Fuaod, Jonathan Bousa, Patrick Fiendt.



Junior Varsity Boys Soccer-First Row: Matthew Crebbs, Dustin Rollins, Thomas Perone. **Second Row:** Andrew Stamps, Michael Roberts, Scott Whitestone, J.W. Harrison, Shawn Kerr, Corey Harding, Dwayne Hillian. **Third Row:** Travis Foss, Travis Price, Michael Brown, Sean Payne, Coleman Tyson, Adam Cwiak, Christopher Cox, Jonathan Truslow.



Eye on the Ball. Keeping his eye on the ball, Sean Sullivan focuses to retain control. After days of practice, players beefed up their strategies, and their ball-handling skills improved. The fancy foot work of the Boys' Varsity Soccer team was impressive to those who are not as talented and would fall over their own feet. *Photo by Niki Tyson.*

Kick Some Goals

Showing off fancy foot work...

The boys' soccer teams were looking good at the beginning of their season. The Varsity team was privileged enough to get a new coach. Coach Taylor took Coach Breede's spot as head coach, and made the team look very promising. Patrick Edwards said, "The new coach really knows what is going on and he works us hard." Though Coach Breede was missed, the improvement of the team demonstrated how well the team adjusted to change. John Bridges felt that they would do as well as Districts, at least. He said, "We have some good players returning from last year's squad and four Freshman that should really contribute a lot." The teams were hopeful that their hard work would pay off at the end, so that they would have a great season. Though the teams had to miss some practices at the beginning of the season because of the weather, they made up the practices that they missed by trying extra hard. Chris Holcomb admitted, "Being on the team keeps me busy after school, and makes my down time more interesting. I can't wait until I score some goals." The Junior Varsity team also got a new skipper. Coach Moncrief took over for Coach Caron, helping to improve the JV team. Referring to Coach Moncrief, Coleman Tyson said, "I feel I have improved as a player and a person with our new coach." With the addition of the new coaches and more dedicated players, the men's soccer teams showed all the signs of improvement. *Story by Anna Ervin.*



You Were There.

Changing his direction, Jason Green hustles to keep up with the ball. Soccer players were always quick on their feet to make sure they were in position to gain possession of the ball. They became accustomed to running the field to be there for their team. *Photo by Niki Tyson.*

I Got It! Chris Holcomb holds the opponent back to help out Andy Rowden. To play well together the team had to defend their teammates. The success of their team was more important than individual glory. *Photo by Niki Tyson.*



Anxious Faces Before the game starts, the boys' Varsity Soccer team walks out onto the field hoping to do their best. They had to concentrate before the game in order to focus on what they had to do to win the game. The pre-game jitters went away as soon as the game began, because instead of worrying about the game they tried their hardest to win. *Photo by, Niki Tyson.*

Winter Track: *Front Row:* Jessie Scherrens, Eric McCants, Aaron Austin, Krista Mears, Dale Ocheltree. *Second Row:* Jesse Hanson, Kerry Knowles, Jason Curtis, Ben Malay, Patrick Edwards, Chris Conway, Ray DeLeon, Jarvis Atkins, Jason Trant, Mike Kozicki, Kevin Sasser, Chris Westhoff. *Third Row:* Katie Fox, Gina More, Jennifer Moore, Amanda Masters, Allison Masters, Jessica Moore, Genny Scherrens, Eric Lunney, Ahmed Fouad, Ben Whitford, Brandon Ratliffe, Lisa Chinn.




Spring Track: *First Row:* Amanda Masters, Jessie Scherrens, Allison Masters, Jennifer Moore, Dara Kopley, Liz Malay, Renee Griffin, Edith Taylor, Emily Godfrey, Laura Hickman, India Clemens, Balisha Rivers, Joel Denning, Melanie Allen, Genny Scherrens, Krista Mears. *Second Row:* David Catalano, Nick Rowden, Dale Ocheltree, Adam Sullivan, Mike Kozicki, Chris Conway, Tom Marlow, Brandon Ratliffe, Alex Doyal, Ron Sullivan, Eric Green, Eddie Johnson, Chad Martin, Mike Crossnick, Jason Trant, Jimmy Delp, Tom Siltman, Eric Lunney, Ben Whitford, Jonathan Truslow.

TRACK & FIELD SPRING SCHEDULE

MARCH 30	I-95 TRACK CLASSIC AT STAFFORD
APRIL 3	COURTLAND, ORANGE AT STAFFORD
APRIL 4-5	COLONIAL RELAYS AT W & M
MAR. 29 - APR. 15	SPRING BREAK IN PRINCE WILLIAM
APRIL. 5 - 15	SPRING BREAK IN STAFFORD
APRIL 17	OSBOURN PARK, NORTH STAFFORD AT STAFFORD
APRIL 19	STAFFORD RELAYS AT STAFFORD
APRIL 24	STONEWALL JACKSON, HYLTON AT STAFFORD
APRIL 27	BATTLEGROUND RELAYS AT MARY WASH. COLLEGE
MAY 1	GAR-FIELD STAFFORD AT WOODBRIDGE
MAY 4	T.C. WILLIAMS INVITATIONAL
MAY 8	POTOMAC, STAFFORD AT BROOKE POINT
MAY 11	JIM ENGLAND INVITATIONAL AT R.E. LEE
MAY 16	COMMONWEALTH DISTRICT MEET
MAY 24	NORTHWESTERN REGIONAL MEET U.Va.
MAY 31 & JUNE 1	STATE AAA MEET AT TODD STADIUM



Winter & Spring Track



Tell-All Faces As they hand off, Dale Ocheltree's and Chris Conway's faces tell their whole story. In the relay races, just as one man finished with a face of relief the next one was out with a face of determination. It was determination that was the key to success in the sport of track. *Photo by Mark Hughes.*

Equal Rights

Across the Starting Line

The track teams have always been coed but this year they took on a different outlook. It was equal rights across the line, the starting line that is. "We decided this year to break the team up not based on sex, but on specialty. We had long distance, sprint, and field event experts," explained coach Pete Gorfida. Whatever they changed it sure showed in the results. The winter track team seized the district and regional titles in the 4 X 800, district titles in pole vault, and the 1000 meter run. There were many other results that were just as impressive too. With most of the winter track athletes returning for another season in spring the teams looked just as promising.

As spring began, the tracksters were hoping not to run into the weather difficulty as in the winter. The rugged athletes were able to make the most of it though. "Having to shovel your way to practice was an incredible upper body workout," commented Jessie Scherrens. Spring took on a better outlook. The team tripled in size from winter. It was whether they could survive the heat. "We get through the extra hot days by remembering the phrase "nobody has ever drowned from sweat" stated Allison Masters. And sweat they did. *Story by Jennifer Moore.*

BANG! Like a shot from the starting gun itself, Brandon Ratliffe explodes from his starting block. The starting blocks were where Brandon and other Stafford competitors took and kept the lead. With great starts and hard work the winter track team was very successful. *Photo by Mark Hughes.*



A Father and Son Act With coaching tips or maybe fatherly advice Joe Ocheltree and son Dale Ocheltree talk at the District Winter Track meet. *Photo by Liz Malay.*

An Assuring Glance With a quick look back Genny Scherrens makes sure she receives the relay baton from teammate Liz Malay, as they race against their rivals Woodbridge. The hand-off had to be perfect in order to get a step ahead of their opponents.

Limbering Up Listening to inspirational music, Amanda Masters stretches before her race. Stretching was essential before a race to prevent injuries. Amanda was a member of the District and Regional Championship 4x800 team. *Photo by Liz Malay.*

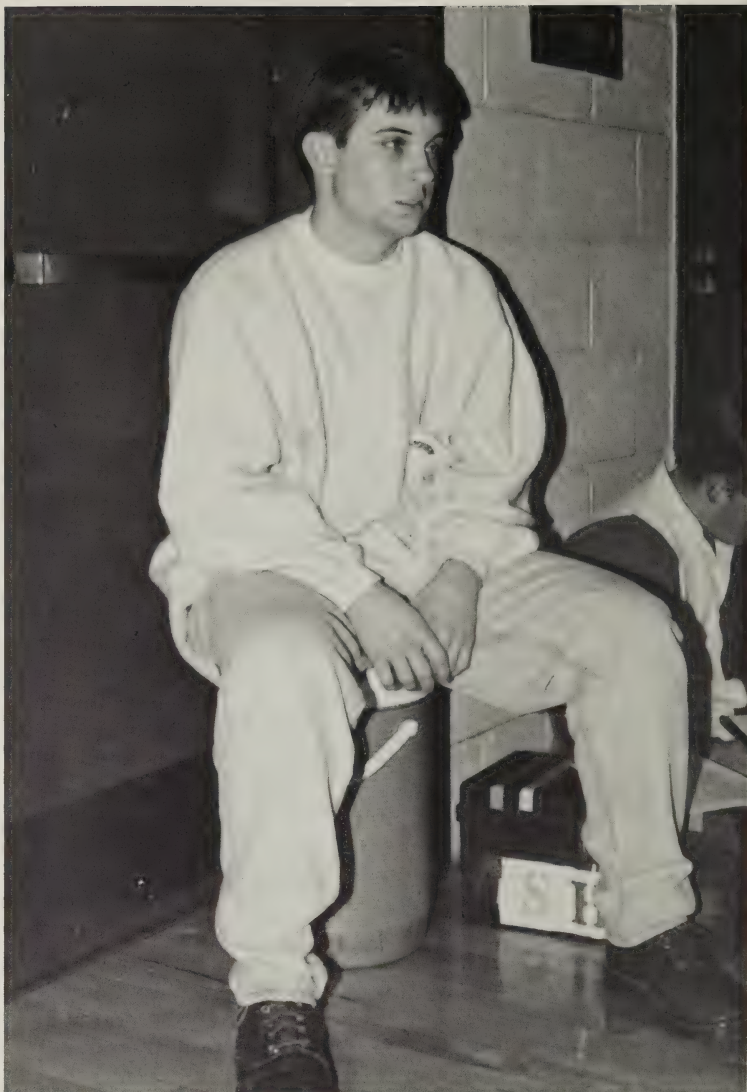
Behind the Scenes

...working hard to remedy the "ouches"

Not always noticed, sports trainers took care of the problems which occurred off the scenes of action. When athletes injured themselves or just felt under the weather, the sports trainers were always there to the rescue. They bandaged, iced, and comforted those who came to them with problems. The sports trainers were not just some kids pretending to know what they were doing. A lot of studying and knowledge about bones and symptoms of illnesses were needed. Those such as Chip Wilson said that "I want to major in this when I go to college." Others such as Nathan Miller replied that "It's a fun after-school activity." Dealing with the injured athletes was not always the best experience. As Dawn Epperson explained, "It's hard work and people don't realize it, but the athletes can get an attitude because they're hurt, and then it becomes even harder. But I enjoy it anyway." Being a sports trainer took much patience and knowledge, but the present sports trainers did an excellent job making it seem effortless. *Story by Gina More.*

On the Job Watching from the sidelines, Chip Wilson makes sure to be on hand in case of an emergency. The sports trainers were skilled in the area of helping the hurt. They soothed the injured worked hard. *Photo by Rita Stevens.*

Teamwork Working together, Chip Wilson and Nathan Miller prepare to go on the job. Special precautions were needed to be taken during injury cases because of risks. *Photo by Rita Stevens*



Athletic Trainers: *Front Row:* Chip Wilson, Nathan Miller.
Second Row: Dawn Epperson, Maureen Berryman, Ms. Buttery.





Helping Hand While on the job, Dawn Epperson comes to the rescue for the injured wrestler, Chris Kraus. Many injuries occurred during sports activities, but the sports trainers were always there to help out in case of emergencies. *Photo by Mark Hughes.*



Having Fun During a game, Amanda Kingston, Aaron Prowett, and Dawn Epperson are on hand in case of an emergency. The athletic trainers studied hard to make sure they knew what to do in all situations. Many hoped to pursue a medicine-related career in the future. *Photo by Liz Malay.*

Expertise Unwrapping an injured foot to check the progress, Maureen Berryman takes special care. The injured athletes could be very sensitive and needed to be comforted during their time of pain. The sports trainers knew just what to do to comfort the hurt. *Photo by Rita Stevens.*

GYMNASTICS

You'll Flip Over It!

They always seemed to make it look so easy, but in reality, lots of practice and hard work went into being a gymnast. Not only was there a ton of physical stress, but the mental fatigue was a lot to deal with as well. However, the gymnasts had proved themselves more than capable of handling the stress this year.

While most students leave school with intentions to go home, to rest, and to do homework, these girls stayed and practiced in the auxiliary gym, preparing for upcoming meets and competitions. After a hard practice they got to look forward to an evening of sore muscles. Knowing that every tenth of a point counted, the team realized that being as close to perfect as possible was very important. "Every little thing has to be just right. Perfecting our passes was a big part of practice," said Jessye Cooley, a returning gymnast. Even those who have been tumbling for years still worked hard to improve themselves even more. In this sport, people literally saw every move you made. That's why so much preparation went into each and every routine. After all ... practice makes perfect! *Story by Danielle King.*



My Turn Yet? Nadya Lieb watches as she awaits her turn on vault. Waiting for their turn left more time for butterflies, but the gymnastics team had nothing to worry about. All of their hard practice paid off. *Photo by Christy Stoner.*

Here Comes The Music Waiting for the music, Liz Malay poses before her routine begins. Liz did exceptionally well in this year's gymnastics meets, participating in floor and beam. *Photo by Christy Stoner.*

Highlights

- 1st District winner in gymnastics in 10 years,
- 1st Regional winner in 12 years
- Chrissy Janis broke a school record on floor with a 9.7.
- Beth Patton broke a school record on the beam with a 9.55.
- Undefeated regular season: Liz Malay, Christy Stoner, and Nicole Dauch scored in the 9's for the first time in their High School careers.





The High Life Chrissy Janis amazes us again with her balance beam skills. She set a new record of 9.7 this year. She was not only a gymnast, but also a varsity cheerleader. This meant she got to show off her tumbling at basketball games and football games. *Photo by Liz Malay.*

Strike A Pose Christy Stoner poses for her floor routine and patiently waits for her music. She practiced hard and it definitely paid off. Christy did very well at her meets and as a whole the team had a great season. *Photo by Mark Hughes.*



Front Row: Jessye Cooley, Kim Houck, Christy Stoner. **Second Row:** Beth Patton, Jamie French, Kristina Gates. **Third Row:** Hiliary Butler, Jenny Rankin, Liz Malay, Chrissy Janis, Nicole Dauck, Christi Noll, Nadya Lieb.

Gymnastics

Woodbridge/North Stafford/Stafford	106.2/125.2/137.8
Garfield / North Stafford / Stafford	129.1 / 123.6 / 138.20
Stafford / Hylton	133 / 127.3
Hylton / Stafford / Woodbridge	129.1 / 138.5 / 125.5
Brooke Point / North Stafford / Stafford	137.2 / 124.2 / 139
Washington and Lee Invitational 16 teams	10.1.6 placed 4th
Commonwealth District Championship	1st place 139.65
Northwest Regional Championship	1st place 139.65

Different Strokes

100 fly, back, breast, and free....

Even though the school did not have a pool of its own, the swim team held its practices at the YMCA. The swim team was not as easily recognized as most other sports because practices and meets were never held at school. Eric Connelly pointed out, "Swimming is often overlooked when people talk about tough sports, but personally it ranks high up there because of the time and dedication that goes with it."

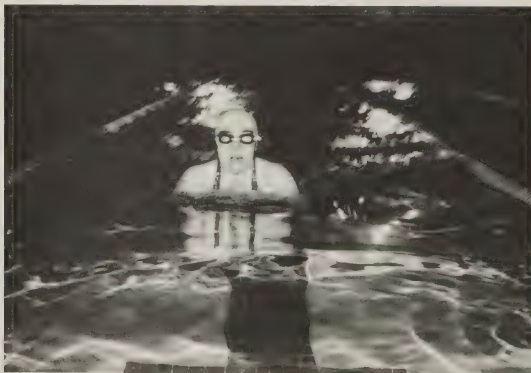
Swimming was difficult because the same distances that track runners ran had to be completed in the water. It took a lot of upper body strength. Andrea Saikowski exclaimed how, "swimming takes a lot of self-discipline and hard work to improve, but I have enjoyed it for four years." Some students swam year-round; therefore, they had more time to improve. "I swim all year and I usually place in the breast stroke," commented Cathy Cleaver.

Winning was always a big incentive, as with any sport. Danny Swierk was always asked if he was going to win and he'd always reply, "Yeah!" Whether the swimmers did it for themselves, to win, to improve, or to socialize, they all had fun! *Story by Anna Ervin.*



Break Time. Brian Whited relaxes in the pool during a rough practice. He took advantage of any breaks, since they were scarce. The Swim Team held its difficult practices at the YMCA everyday after school. *Photo by Niki Tyson.*

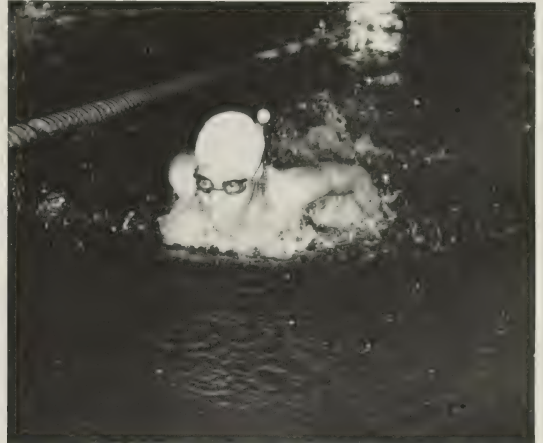
I Need Air. Coming up for air, Amy Piester rises while swimming the breath stroke. Breathing was one of the hardest parts to perfect in swimming. Once a swimmer knew their swimming pattern, it was a matter of endurance. *Photo by Christy Stoner.*





Reach! Reach! Stretching, Gretchen Kuhl competes with her strong back stroke. Often coming in first, she was a very important part of the team. Everyone who placed added a point to Stafford's score. *Photo by Christy Stoner.*

Almost There. A Stafford swimmer inhales while swimming the butterfly stroke. The butterfly stroke was one of the most difficult strokes. *Photo by Christy Stoner.*



Front Row: Meleana Kala, Christina Tokar, Kelly Combs, Matt Slayden, Phillip Walski, Emily Godfrey, Andrea Stoelker, Rachel Jarnecke, Kimberly Anderson, Bonnie Combs, Rachel Maloney.
Second Row: Brian White, Andrea Saikowski, Julie Sullivan, Danny Pyle, Lorean Hagerty, Joelle Denning, Edith Taylor, Jenny Witter, Kristen Lichtenfels, Jenny Conelley. **Third Row:** Nancy Pyle, Ryan Gorman, Matt Dursa, John Payne, Danny Swierk, Jason McKnight, Gretchen Kuhl, Cathie Cleaver, Andy Stamps, Jon Raymond. **Fourth Row:** Michael Crosnicker, Ryan Swierk, Nick Powers, Rob Frantz, Jessica Thomas, Allison Godfrey, Elizabeth Herlan, Tommy Wilson, Billy Atkinson, Christie Cleaver, Amy Piester, Shannon Glasshoff.

Swimming

1.2..3..Pin!

Wrestling: the one sport that has stood the tests of time. It pairs two men in a ring, grappling, straining, eager for a mistake to be made by his counterpart that can be capitalized on and turned into a win. The Romans were the first civilization to try the sport of wrestling. They used it not only as a past-time, but as a way to weed out the weak warriors among their armies. The masses came to watch these men as we do today. The wrestling program at Stafford was a great one; it turned the meek into hulking mountains of men, and the strong into the fiercest fighters in the area. One of these was Scott Johnson; he won his weight class and gave his team a guaranteed win at every meet. "I love to wrestle; it brings out the beast in me. It is a lot of hard work but it is definitely worth it", said Scott. "What was really fun was getting the ring worm disease and spreading it to all the other teams." The threat of such skin diseases was always around. To prevent this awful nuisance, cleansing of the mats was necessary. Nick Shahan spoke out about this travesty: "Cleaning the mats has to be the worst torture of all; they weigh a ton. What a mess."

One of the hardest things to deal with was the constant fasting to make it under weight. If a wrestler is above his weight class he will have to wrestle up which hurts his chances at winning. Hagai Nassau was no stranger to hunger. "Lunch was a horrible experience every day during the wrestling season. I never got to eat any of that delicious cafeteria food." However, even with all these draw backs, it didn't stop our warriors from going for the pin. *Story by Adam Sullivan.*

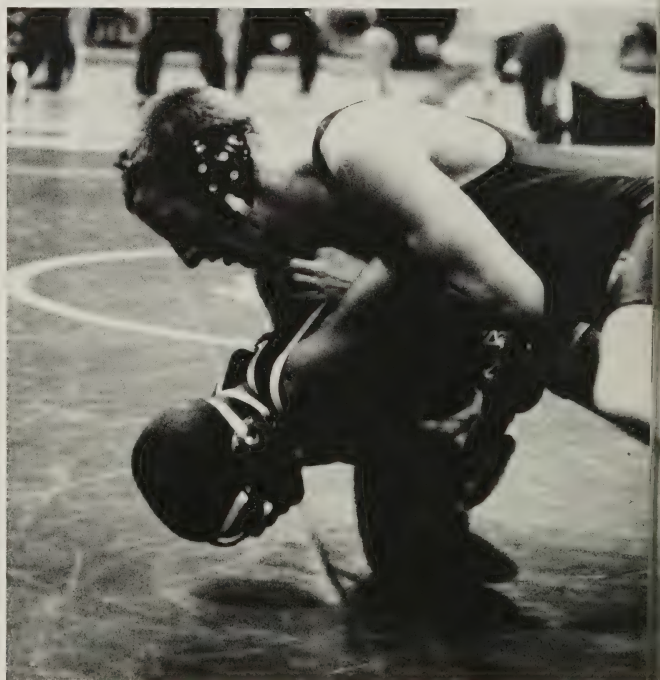
Wrestling

Osborn Park	W	34-30
Stafford Invitational	5th place	
Osborn Invitational	6th place	
Woodbridge	L	26-44
Quad at Brentsville	2-1	
Stonewall Jackson	L	12-54
Brooke Point	L	28-34
Quad at Sherando	2-1	
North Stafford	W	36-29
Courtland	W	41-25
Potomac	W	56-12
Brentsville	L	36-29

Nick Shahan (10) 103 District Champion

Scott Johnson (12) 140 Repeat District Champion

Front Row: Omri Nassau, Cason Moore, Bradley Richmond, James Patee, Thomas Hageraty, Nickie Shahan, Mike Sekellick, Joey Harding, Kyle Rose, John Paul Grizzle.
Second Row: Chris Wiemer, Hagai Nassau, Nick Rowdon, Matt Thompson, C.W. Harrison, Jason Reed, Kaden Yealy, Franky Irvin, Miguel Colombo, Matt Koriotis, Shane Huffman.
Third Row: Coleman Tyson, Shaun Sturm, Beech Whitlock, Chad Martin, Andy Rowdon, Robert Daley, David Kitchens, Terrance Galivan, Curtis Rose, Jason Ayres.
Fourth Row: Jonathan Catalano, Rey Perry, Fran Okeson, John Mike Steinmetz, Scott Boyd, Scott Johnson, Paul Wielt, Matt Shelton, Butch Bennett, Pat Hall.





Punish Him!

During the high-intensity bout, Nick Rowdon puts his man in a hurt lock. The punishment inflicted by Rowdon was too much for his meager opponent, who folded in the second round.

The Stafford wrestling program emphasized size and technique for their wrestlers to be the best they could be. *Photo by Mark Hughes.*



PIN!!! While the wrestler from Potomac desperately tries to prevent it, Paul Wielt uses a headlock to put him to shame. Paul had wrestled from middle school on and was very successful on the mat. Wrestling took experience, talent, and hard work. *Photo by Mark Hughes.*

Do What, Coach? Looking for help on what to do next, Chris Kraus attempts to pin his opponent. While Chris had a lot of football experience, he was fairly new to wrestling and often had to be given extra guidance when he was on the mat. The team was fairly young so '96 was a rebuilding year and a learning experience for all of the non-seniors. *Photo by Mark Hughes.*

Hoop Dreams

Working as a Team

The Girls' Freshman and Junior Varsity Basketball worked hard during the year of '96. They showed their determination through long practices and evident perseverance. Sara Philpot said that being on the team was "fun and the teammates are nice and I'm having a pretty good time. The Junior Varsity team had to adjust to a new coach, but seemed to adapt well and had a good game record. Samantha Hall said that "it's great and we're all doing our best."

The Freshman team had a harder season. They did not do as well as they had hoped, but there was the abundant team spirit that still shone through. Besides, the team still had the future to look toward, to turn it all around! *Story by Gina More.*



No Way! Blocking her opponent, Sara Bishop puts all her effort toward the basketball game. Constant attention to the fast paced events which surrounded the game was needed to come out victorious. *Photo by Mark Hughes.*

Score! Hopefully waiting, Lindsey Coker awaits to see if her shot goes in the basket. Long practices and determination ensured that the girls' basketball team had a successful season. *Photo by Mark Hughes.*

Strategy Attempting to keep the ball away from her Brooke Point opponent, Christie Abel guards the basketball. Good offense and defense were needed to make the game successful and win. *Photo by Mark Hughes.*



Comin' Through Trying to break through the defense of two Brooke Point opponents, Jessica Raymond waits for an opening. Careful coordination and well-planned execution were evident during the basketball games. *Photo by Mark Hughes.*



Junior Varsity Girls Basketball

Paul VI	L	27-35
Garfield	L	27-38
Stonewall	W	49-11
Hylton	L	29-50
Potomac	W	36-26
Woodbridge	W	49-24
Albemarle	L	17-45
Stonewall	W	47-10
North Stafford	L	38-45
Osborn Park	W	42-35
Brooke Point	L	27-28
Osborn Park	W	42-35
Brooke Point	L	31-32
Potomac	W	37-36
Garfield	L	26-43
North Stafford	W	45-36

Front Row: Katie Kolakowski, Colleen Cooney, Megan Randall, Amy Butler, Mickea Robinson, Sara Philpott. **Second Row:** Sara Bishop, Sabrina Reeves, Samantha Hall, Jessica Roberts, Lindsay Coker, Erika Hauasy.



Front Row: Sara Hall, Katie Staab, Crystal Martinez, Belisha Rivers, Kristy Bowen, Kristen Baker. **Second Row:** Cristi Abel, Jessica Raymond, Rachel Tuttle, Jessica Lee, Jessica Anderson.

Freshmen Girls Basketball

Air Campbell. With perfect form, Elizabeth Campbell goes up for a foul shot. Being able to concentrate and shoot perfectly was a strong point all the girls had. Those shots proved to be a great help in their game. *Photo by Mark Hughes.*

Hot Shots

Making a difference in the world of basketball.

The Girls' Varsity Basketball team has always overcome obstacles that have gotten in their way. The team's path was clear and they were ready for stardom. The team was young, consisting of two seniors, three juniors, and the rest underclassmen. Jeneane Yednock remarked, "It's great how a group of girls can become so close and work so well together. Hard work and dedication was the key to our success."

Most of the team had kept up on their practice by participating on a fall team and going to camp. It was a great experience for a group with so much potential and talent to work together. Vicki Koussoglou commented, "This is the most tight-knit team I've ever been associated with, and I think that we will go far."

Basketball games remained a popular event this year. The stands were filled to maximum capacity and everyone enjoyed themselves. It psyched everyone up to be in a room full of other fans who shared the same interest in the sport.

Story by Auxiliadora Mairena.



Reviewing Strategy. During a time out, the Varsity girls planned the next play. They knew they had to get out on the floor with pride and prove that they were the #1 team. They took the challenge and were victorious.

Photo by Mark Hughes.

Dribblin' Down The Court.

With the steal, Kris Denson runs down the court for two. "The key to success in our game was boxing out and hitting the boards." The girls supported each other in all plays. *Photo by Mark Hughes.*





On Guard. Playing defense, Vicki Koussoglou made sure that the opponent doesn't get by. Being point guard required a lot of ability and concentration. *Photo by Mark Hughes.*



Front Row: Amy Hutchins, Crystal Carper, Vicki Koussoglou, Kris Denson, Amy Cascio. **Second Row:** Jeneane Yednock, Elizabeth Campbell, Kari Fredette, Becky Doyal, Jennifer Brown.

Varsity Girls Basketball

Paul VI	W	60-46
Garfield	L	58-42
Stonewall Jackson	W	55-27
Hylton	L	69-52
Potomac	W	59-47
Woodbridge	L	59-52
Albemarle	W	62-54
Stonewall Jackson	W	66-22
North Stafford	W	56-51
Osborn Park	L	38-34
Osborn Park	L	72-55
Woodbridge	W	49-33
Brooke Point	L	49-47
Potomac	W	51-40
Garfield	L	43-26
Brooke Point	W	45-44
North Stafford	W	47-29
Tournament		
Norh Stafford	W	46-26
Woodbridge	W	53-45
Hylton	L	52-45

Commonwealth District Champions

Junior Varsity Boys Basketball

James Monroe	L	64-53
Garfield	L	63-58
Stonewall Jackson	W	56-49
Potomac	L	81-36
James Monroe	L	68-61
Stonewall Jackson	L	56-52
Brooke Point	L	70-68
Woodbridge	L	74-31
North Stafford	L	62-54
Osborn Park	W	42-36
Garfield	L	65-61
Brooke Point	W	66-49
Potomac	L	67-43
North Stafford	L	40-38

Front Row: Adam Dowling, Mike Loving, Adam Bray, Mark Nisley, Lin Thomas, Jason Lomax, Gerard Nelson. **Second Row:** Ben Hall, Sean Farmer, William Keiner, Jason Green, Matt Donaldson, Alex Doyal, Jay Schmitz.



Front Row: Dwayne Hillian, Drew Penny, Brett Lively, Brian Eland, Michael Brown, Carl Cabiniss. **Second Row:** Chris Shiftlett, Kevin Ouliette, Reese Banks, Andy Truslow, Nathan Havasy, Andrew Bailey.

Freshmen Boys Basketball

Gar-Field	W	37-16
Stonewall Jackson	W	48-42
Hylton	L	22-46
Potomac	W	50-44
Stonewall Jackson	L	21-30
Brooke Point	L	20-31
North Stafford	W	28-21
Woodbridge	L	43-56
Osborn Park	W	35-32
Gar-Field	W	38-30
Brooke Point	L	21-31
Potomac	L	34-40



Shootin' the J! Skyng above his opponents, Ben Hall takes a jump shot. This shot, like many others that day, were on the money, putting Stafford past the Black Hawks. *Photo by Mark Hughes.*



Timeout! During a timeout, Coach Kraus huddles the team together. They used the time to get their strategy together for the next few moments of play. *Photo by Mark Hughes.*

Rough, Tough, and Ready

The teams didn't always win, but they always had spirit.

The J.V. Boys' Basketball team spent the season learning while having a fun time. Jay Schmitz joked, "Even though we didn't do very well, we had a great time playing!" The team constantly improved as the season progressed. In the later games of the season, they played their opponents tough and came close to winning many games. "In our game against James Monroe, we went into double overtime. In the second overtime our free-throw shooting faltered and we lost the game," commented Gerard Brooks. Tug Coker said of the future of Stafford's basketball program, "The JV basketball team is keeping their heads up through some tough times; they are playing well together as a team. They are really fun to be around."

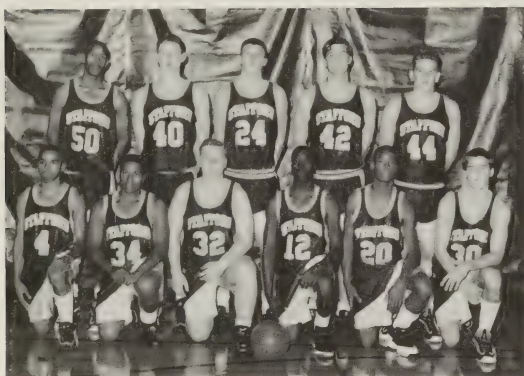
The Freshman team fared a little better this year. They had moments when they looked like an all-star team, and other moments when their inexperience showed. Dawn Epperson said, "They were always willing to try their hardest, even when they weren't always getting good results. Despite low attendance for their games, they always managed to put on a good show." Midway through their season, Coach Jim Stemple said, "If we play the rest of our games like we did against North Stafford, we will win the rest of our games." *Story by Cameron Trant.*

Triple Threat Taking a moment to decide his next move, Kevin Ouliette looks for the open man. Teamwork and concentration were a must for the big game against Brooke Point. *Photo by Mark Hughes.*

Gimme Five Charging out to center court, Randy Chandler receives good luck from his teammates. Knowing their teammates supported them added confidence to their game. The Indian members were behind each other all season. *Photo by Bryan Ennis.*



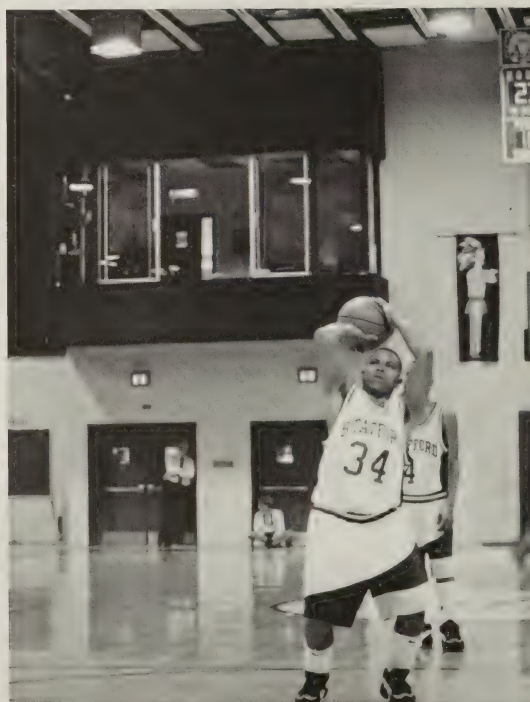
Charging the Baseline As faithful fans watch intently Ralph Kay fakes out his North Stafford opponent. High-speed motion and technical moves were what helped Stafford top their opponents. *Photo by Mark Hughes.*



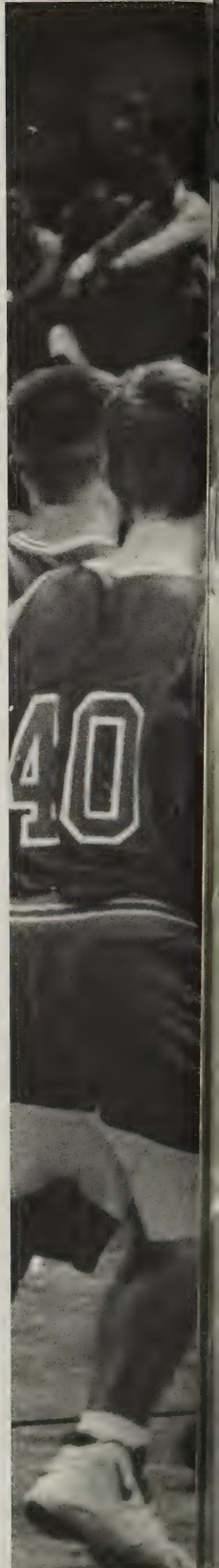
Front Row: Craig Branham, Monte Lambert, Brian Knight, Dwaine Parker, Eric Greene, Turner Ashby. **Second Row:** Ralph Kay, Randy Chandler, Robbie Thomas, Tug Coker, Matt Cull.


Varsity Boys Basketball

James Monroe	W	52-43
Garfield	L	44-52
Stonewall Jackson	W	74-44
Hylton	L	56-57
Potomac	L	64-90
Woodbridge	L	48-62
Kiwans Holiday Classic	W	60-54
Brooke Point	L	55-57
Garfield	W	70-47
Brooke Point	W	55-47
Osborn Park	W	62-45
Potomac	L	48-62
North Stafford	L	49-55
Stonewall Jackson	W	68-50
O.P.	L	53-54
Osborn	W	62-40
Norht Stafford	W	64-62



Through the Hoop Guard Monte Lambert cocks back preparing to attempt a foul shot. Free throws not only helped rack up points, but also gave the players a temporary respite from the high-speed pace of the game. *Photo by Mark Hughes.*





B-Ball Bonding

"A definite force to be reckoned with!"

The '96 boys' varsity basketball team found it took more than height and big shoes to be successful. On nights when teamwork was in their game plan, the Indians came alive. "I am so proud of them; they are playing extremely unselfish basketball. They have blended well together, and I really think they are enjoying playing together," explained head coach Steve Spicer. His view of the team was common among the players as well. They were all bonded by the sport and the challenges it presented. "I enjoy playing with everyone on the team. We're trying to make a repeat trip to the regional playoffs," admitted Randy Chandler.

Their trip looked forthcoming halfway into the season. Posting a 2-1 record in the district, the team had found their success in sharing. It seemed everyone had more fun when they were working together. "This has been my favorite year of basketball. The players enjoy one another and play well together. We are a definite force to be reckoned with," commented Tug Coker. Whatever the force, there was something that held them together. From 5' 3" to 6' 6", they used their teamwork to bring them success. Their height and big shoes helped a little, too. *Story by Jennifer Moore.*

Working Together As teammate Tug Coker fends off two North Stafford opponents, Robbie Thomas looks for the shot. Teamwork was the key to the guys success in '96. *Photo by Mark Hughes.*

Dancin' Divas

The girls who take energy to a new level

During football and basketball halftimes, this highly energetic group of girls was seen setting the crowd on fire. Their performances consisted of many types of dance beats. In order for them to have the routines ready for games they had to practice every day. Their practices consisted of many rigorous work-outs and exercises.

Practicing every day did not affect their interest in school. Stephanie Crain commented, "It is hard work for me to juggle schoolwork, dance, and then a job. I found that if you truly want it enough, then it's not impossible." Most of the Indianettes found that they could manage their time better when they stayed after for an extracurricular activity.

Being an Indianette took a lot of dedication and hard work. However, Crystal Goding summed it up by saying, "It's a wonderful feeling to know that people enjoy the routine especially after you've spent hours of your time learning and perfecting it." *Story by Auxiliadora K. Mairena.*



Dancers In Da' House. Getting ready to show off their stuff, the Indianettes flash smiles at the awaiting Pep Rally crowd. They danced to a variety of music which always left the audience hyped. *Photo by Liz Malay.*

Got The Groove. Showing off her enthusiasm, Stephanie Crain performed for the school. She showed her style in sync with her teammates. The energy they had was put to the test during the half-times. *Photo by Mark Hughes.*





Feel The Vibe. With perfect movements and motions, Robyn Baker shows everyone how it's done. Excellence was always #1 for the Indianettes. The music they danced to helped them reach their goal. *Photo by Mark Hughes.*

Varsity Drill Team

Front Row: Rebecca Washburn, Katie Roberts, Robyn Baker, Amy Cooper, Karen Johnson, Stephanie Crain, Sarah Jones, Jennifer Gallahan, Sandy Mesa. **Second Row:** Crystal Goding, Erin Doyle, Janelle Cook, Jessica Thompson, Kim Murphy, Kathrin Havrilla, Michelle Cowen, Cristi Torrice, Staci Killion.



Junior Varsity Drill Team

Front Row: Jennifer Covington, Jennifer Stanley, Carly Renniger, Jammie Hillian, Mary Tokar, Jessica Sleppy. **Second Row:** Patti Hurlock, Courtney Berry, Valerie Thompson, Chrissie Donaldson, Katy Russell, Alexis Young, Lorean Hagerty.

We've Got Spirit

Gimme an S!

The cheerleaders brought in the spirit at this year's basketball games, football games, and pep rallies. The Junior Varsity cheerleaders, coached by Janet Baggett, worked hard wherever they could find a place to practice. From the Auxiliary Gym to the gym lobby, they chanted and stunted where there was available space. The gym lobby was a bit chilly in the winter, but they kept their spirit and wore lots of warm jogging clothes. "The lobby was cold, so we didn't mind jumping around and practicing hard. It actually kept us warm," said Melissa White.

The freshman cheerleaders were new to the routine, but with the help of Mrs. Felicia Russ, they made great progress. They too practiced where there was empty space, which for them also usually meant the gym lobby. The freshman cheerleaders stayed at home for camp and learned chants, cheers, and dances that they preformed at the games. The JV squad went to James Madison University for camp where they spent four days and three nights doing basically the same as the freshman, only away from home. "Camp was hard work, but we had so much fun!" said Caroline Miles.

Both squads put in a lot of time and dedication practicing and improving as a team. They not only learned cheers, but also how to work as a team and cooperate. The girls ended the year knowing a whole lot more than how to show spirit. *Story by Danielle King.*



Let's Get Fired Up!

Cheering on the team, Kensley Whittler chants with her fellow JV cheerleader. The football season was a cold one, but it didn't stop the cheerleaders from being spirited. *Photo by Mark Hughes.*

Go Stafford! Daragh

Copley pauses for moment to think of another chant to start. The cheerleaders worked hard to learn all the chants and cheers for the football season.

Photo by Mark Hughes.





Junior Varsity Cheerleading

Front Row: Hillary Butler, Kristina Gates. **Second Row:** Jessie Cooley, Sabrina Wood, Melissa White. **Third Row:** BJ Lawson, Kim Cooper, Nadya Lieb, Danielle King. **Fourth Row:** Bonnie Hamilton, Joann Fisher, Caroline Miles, Amber Spicer, Kensley Whitler.



Freshmen Cheerleading

Front Row: Sarah Hall, Amy parsons, Jennie Tuscany, Nicole Brors. **Second Row:** Melissa Rose, Shannon Barnes, Crystal Tussing, Brittany Wood, Jamie Hizer. **Third Row:** Darragh Copley, Kristi Noel, Kristin Dietz.

Let's Go! Shannon Barnes holds the last motion of her chant with a grin. Keeping a grin through the whole game was hard, but the cheerleaders kept up their spirit. *Photo by Mark Hughes.*

Hit It! Hitting her high "V," Megan Staab cheers the football team to victory. Cheerleaders had to hit every motion with power and accuracy to appear together. *Photo by Margaret Sacks.*

Here You Go! Heather Loving throws a plastic football to the crowd with great enthusiasm. The throwing of the footballs got the crowd on their feet with excitement. The cheering of the crowd inspired the football team to run their hardest. *Photo by Mr. Hughes.*



Better In Here Than Outside. Kevin Sasser and Adam Sullivan show off their manliness at a basketball game. They got dressed up as Indians to get everyone in the Indian Spirit. The Indian Spirit was the key to victory. *Photo by Mr. Hughes.*



Go SHS!

Where's your spirit?

The Varsity Cheerleaders always had the spirit. At every game, rain or shine, the crowd could always count on the cheerleaders. Not only were they great football and basketball supporters, but they did very well at competitions, too. "We have a lot of talent on the team and we had some big competitions this year," said senior captain Liz Malay. The success of the squad was acquired after many years of practices. They practiced from the week of tryouts in May, until Grand Finals in March. Cheerleading was definitely a full-time sport, and they have gotten very close through the years. Some of the cheerleaders had cheered together since their freshman year. "Cheerleading is a family. I like that feeling, knowing there's always someone there," said Mandy Shealy about the members of the squad.

Varsity Cheerleading is composed of both juniors and seniors, so it was tough for the juniors to say good-bye after becoming such close friends throughout the year. Sarah Evans said, "It's going to be hard to watch a lot of my good friends I've made on cheerleading leave and go off to college." The friendships helped the squad work together to look like a unit. *Story by Anna Ervin.*



Let Me See Your Tomahawks. The Varsity Cheerleaders show their tomahawks to get the crowd involved. Involvement cheers proved to being a successful strategy for bringing spirit to the crowd. The yells of the crowd were what the Indian Spirit was all about. *Photo by Margaret Sacks.*



Front Row: Beth Patton, Dolly King, Liz Malay, Emily McCormic, Christy Stoner. **Second Row:** Rebecca Kimmitz, Mandy Shealey, Heather Loving, Sarah Evans, Kiley Broyles, Whitney Lucado. **Third Row:** Carol Smith, Jennifer Jognson, Katie Sweet, Corbin Stacy, Chrissy Janis, Kristi Moyers, Megan Stabb.

Setting to Serve. Jenny Witter concentrates hard to hit her target. As a freshman, Jenny was one of the five top six freshman players of the team. Together, the team ended its season as the number one team in the district.

Photo by Stefanie Shifflett.

Nice and Easy. Only a few feet from the hole, Tim Byrne prepares to hit his last shot. Golf required much patience and concentration. Though a relaxing sport, golf was quite competitive for Stafford. *Photo by Niki Tyson.*



Here We Go! Jimmy Delp focuses on the ball. Quite a distance from the hole, the ball needed a smooth swing. The skills of the team stood out at every tournament. *Photo by Niki Tyson.*



Shooting Par

The fall ball- hitters hit it to the top.

The tennis and golf teams were very successful. The tennis team made it to Districts after having an undefeated season. "I was very proud to say I was part of an All-District Team; it was the first time in fifteen years. We all look forward to a strong team next year," said Becky Bricken. The tennis team was fortunate enough to have very strong freshmen players join the team. Jenny Witter said, "I was nervous as a freshman, but everyone was nice and accepted the newcomers." The top six players were all freshmen except for Andrea Saikowski, who finished the regular season as an undefeated player. Andrea said, "I had worked for three years, and always enjoyed the game. Practices and away matches were great because we had a really close team." The time spent together brought everyone closer, and enabled the team to improve and become the number one team during the regular season.

The golf team placed in Districts, and made it to States. Ryan Drewniak, who played for four years, said "I felt that golf taught me sportsmanship, gave me confidence, and helped me learn to perform in front of crowds of spectators." He played at States for his last two years, and ended the season an excellent player. Tug Coker said, "The team was very relaxed and it showed on the golf course. When matched up against other golf teams, we considered ourselves studs." Both the golf and tennis teams had a season they will never forget. *Story by Anna Ervin.*



Front Row: Andrea Saikowski, Hollis Sullivan, Joanna Fray. **Second Row:** Dana Bonelli, Andrea Bordick, Whitney Eck, Allison Hales, Ashley Sisson, Meredith Goggin, Christie Tokar, Sally Harmen, Rebecca Bricken. **Third Row:** Jenny Witter, Carrie Griggs, Robin Jones, Margaret Sacks, Kari Fredette, Terrie Carmichael, Tia Campbell, Anna Ervin.

Girl's Tennis

North Stafford	W	8-1
Stafford Invitational	Third Place	
Gar-Field	W	6-3
Brooke Point	W	6-3
Hylton	W	5-4
Gar-Field	W	7-2
Osborn Park	cancelled	
Stonewall Jackson	W	8-1
Woodbridge	W	9-0
District Playoffs		
Brooke Point	W	9-0
Woodbridge	W	9-0
Regional Playoffs		
E.C. Glass	L	0-9

Commonwealth District Champions, 8-0 record
13-1 overall record with only loss coming in regional semifinals to E.C. Glass
All varsity players #1-6 members of 1st Team All-District
Senior tri-captain Andrea Saikowski went undefeated until regionals
finishing with a 16-1 singles record.



Front Row: Steve Clark, Ryan Drewniak, Jason Elliot, Chuck Harris, Shane Musselman. **Second Row:** Tim Byrne, Corey Davis, Tug Coker, Jimmy Delp, P.J. Cox.

Golf

Brooke Point/Woodbridge	2-0
Heritage Tournament	3rd of 16
Stonewall Jackson/Brooke Point	2-0
North Stafford/Stonewall Jackson	2-0
Quantico Tournament	6th of 42
North Stafford/Woodbridge	2-0
Hylton	0-1
Quantico/Garfield	1-1

District Playoffs

Evergreen 1st of five

Regional Playoffs

Evergreen 2nd of eight

Ryan 1st all District, 1st all Regional, Potomac News
Player of the Year, Corey Davis- All Regional, All
District, Tug and Jimmy- All District

Together...

...they rose and set with the sun.

VHSL rules couldn't keep this team apart. Just like all other fall sports, the cross country team could not begin official practice until three weeks before school started. They found ways to be together anyway, fun runs, camp, volleyball tournaments, and ultimate days were how they began to build their team. "When I returned from camp I knew that the season held something special for all of us. I couldn't wait for practice to start," smiled Edith Taylor. The beautiful August day finally arrived, when the team of hard working boys and girls were united with their coaches, and the sun was just rising over their heads. "Early mornings were the only way we could find to beat the heat; otherwise we could not produce quality workouts," remembered Tom Sitzman. And just like they woke up the sun they put the sun to rest every evening with night practices.

The saying goes that the season is won or lost in the off-season. If that phrase holds true, those grueling mile repeats, mountain runs, and sprints through the sprinklers were responsible for Stafford being one of only two schools in the entire state of Virginia to have both their boy's and girl's teams in the top ten in the state. After taking first place in the Judges Classic, VMI invitational, and Commonwealth District championships, the boy's cross country team was sixth in the state. The girl's team produced a somewhat similar record and finished up tied for ninth in the state.

TOGETHER they produced one of the best cross country programs in Virginia. *Story by Jennifer Moore.*

Girl's Cross Country

Great Meadows	3rd of 9
Handley Judges Classic	5th of 19
VMI Invitational Lexington	2nd of 5
William & Mary Invitational	13th of 26
Albemarle Invitational	4th of 19
Stafford Invitational	1st of 6
District	
Stafford	2nd
Regional - Darden Towne Park	
Charlottesville	3rd
Group AAA State Meet	
Great Meadows	10



Front Row: Jessie Scherrens, Emily Godfrey, Allyn Hood, Renee Griffin. **Second Row:** Edith Taylor, Julie Sullivan, Allison Masters, Amanda Masters, Jennifer Moore, Amy Cascio.

Finish season ranked as one of the top 10 AAA Teams in VA
All-District Runners Jessie Scherrens, Amanda Masters,
Allison Masters, Jennifer Moore. All Regional Jessie Scherrens



Get Set... Go! The boys cross country, lead by Michael Kozicki, Dustin Hood and Jason Trant, are off in their district championship race. The boys edged ahead of their long time rivals, Woodbridge, to take the district title for the second time in three years. *Photo by Mark Hughes.*

The Big Race As the sun glistens through the fall trees, Dustin Hood leaves the other runners in the woods. Dustin was second in the district race, overcoming a broken foot he experienced near the end of the race. His determination was a symbol of the teams spirit. *Photo by Mark Hughes.*





Front Row: Carl Cabiness, Ben Whitford, Jason Trant, Dustin Hood, Patrick Edwards, Kayden Yealy. **Second Row:** Thomas Marlow, Patrick Cross, Alex Doyle, Kevin Ouellette, Michael Kozicki.

Boys Cross Country

Great Meadows	3rd of 12
Gar-Field & Osbourn Pk	won
Handley Judges Classic	1st
Potomac & Stonewall Manassas	won
VMI Invitational & Lexington	1st
Brooke Point & Hylton	won
William & Mary Invitational	5th of 32
Woodbridge North Stafford	won
Albemarle Invitational	1st
Stafford Invitational	2nd
District	
Stafford	1st
Regional-Darden Towne Park	
Charlottesville	3rd
Group AAA State Meet	
Great Meadows	6th

Highest finish at the state meet in school history
Won District for the second time in three years.
Six all district runners.



The Home Stretch Jennifer Moore rounds the last leg of the district race. It was a beautiful day for running in October. The race was held at Stafford for the second year in a row. *Photo by Mark Hughes.*

I Can Determination races through the mind of Jessie Scherrens as she sprints to the finish of the district race. Jessie ran number one on the girls cross country team that placed in the top ten in the state. *Photo by Mark Hughes.*

Sticking Together

The Field Hockey team grew close to each other through their victories and defeats.

The Field Hockey team had a very successful year. Mrs. Wheelbarger said "I had a great bunch of girls to work with this year. Even though they were young, they were competitive in every single game." The team started practicing in August and never let up. They had two practices each day during the last month of their summer vacation. All the hard work paid off when they earned a spot in the Virginia High School League State Playoffs. They were one of the last eight teams playing. "We deserved everything we got and more because we worked for it," stated Lindsay Coker.

The year didn't just consist of accomplishments on the field. The team grew to be the best of friends. "We were so 'close knit' together and had such good times. In my opinion it was the best year the program has probably ever had. We were all proud as a team," smiled Kris Denson. Jenny Connelly described the togetherness of the team with these five letters "U-N-I-T-Y."

At the end of the year the players were thanking Mrs. Wheelbarger for being so tough with them in practice. "Wheelbarger's worse than a drill sergeant! But that's why we love her," laughed Allison Baldwin.

The Junior Varsity team also enjoyed a successful year. They learned a lot through practice and by getting game experience. "For the returning players it was an awesome experience because it was as if we were the leaders of the team. We had a lot of fun!" said Rita Stevens and Aaron Austin. And fun it was for these teams to continue in the winning tradition of Stafford Field Hockey. *Story by Cameron Trant.*



Junior Varsity Field Hockey: Front Row: Amber Sullivan, Allison Derr, Aaron Austin, Amanda Evans, Bonnie Combs. Second Row: Vicki Morgan, Jennifer Stockill, Jessica Moore, Katie Fox, Kristy Carter, Chrissy Buck. Third Row: Jennifer McPartland, Katie Jacoby, Becky Doyal, Rita Stevens, Dacia Goldman, Joanna Beard.

Junior Varsity Field Hockey

Charlottesville	W	4-1
Brooke Point	L	0-1
Fauquier	T	0-0
Woodbridge	T	2-2
North Stafford	L	0-1
Albemarle	T	1-1
Charlottesville	W	3-1
Woodbridge	W	1-0
Fauquier	W	3-1
Brooke Point	L	1-2
Albemarle	T	0-0
North Stafford	W	2-1

Captains -- Amanda Evans, Aaron Austin, and Katie Jacoby played hard for the team all year. 1st time goalie and captain Rita Stevens gave superb performances in goal each game. New comers Amber Sullivan and Becky Doyal also contributed to the teams success.



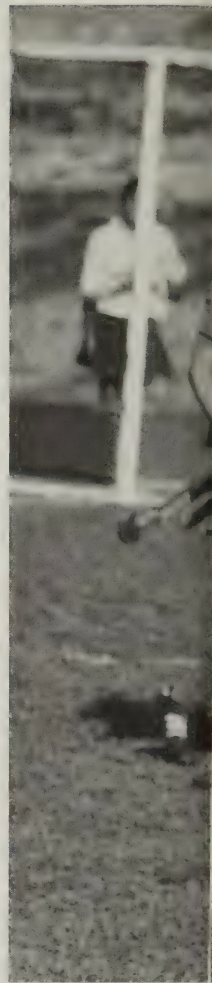
Varsity Field Hockey: Front Row: Kelly Combs, Amy Hutchins, Karen Gibbs, Jenny Connelly, Erin Ryan. Second Row: Sara Philpott, Katie Kolakowski, Darla Stevens, Allison Baldwin, Angela Roberts, Susannah Campbell. Third Row: Amy Butler, Amy Piester, Crystal Carper, Kris Denson, Lindsay Coker, Swanja McClay, Elizabeth Campbell.

Varsity Field Hockey

Collegiate Invitational Tournament

McDonogh	L	0-1
Charlottesville	W	3-0
Charlottesville	W	2-0
Brooke Point	L	1-2
Fauquier	W	1-0
Woodbridge	W	3-1
North Stafford	W	0-1
Albemarle	L	0-1
Charlottesville	W	3-0
Woodbridge	W	2-1
Fauquier	W	1-0
Brooke Point	W	2-1
Albemarle	W	2-0
North Stafford	L	0-2

Crystal Carper 10 goals 2 assists
Karen Gibbs 3 goals 14 assists





In a Pinch Fighting between two defenders, Karen Gibbs goes for the ball. Crystal Carper stood by to give support. The players had to communicate and help each other out on and off the field. *Photo by Mark Hughes.*

It's my ball! Fighting for position, Kris Denson struggles against Mary Emond of Brooke Point. Many times the player who was the most determined won the battles in the field. Hustle was an important part of the hockey games. *Photo by Mark Hughes.*



Out of My Way! Sprinting after the ball, Sara Philpott fights for control of the ball. It was the times like this when all of the ball handling drills came into use. *Photo by Mark Hughes.*

Here's the Plan Planning out their strategy, Mrs. Pat Wheelbarger talks with Darla Stevens and Angela Roberts about how to get past Brooke Point's defense. The hard preparation paid off when the team made it into the state tournament. *Photo by Mark Hughes.*

Oh Say Can You See. While playing the Star-Spangled Banner, Andy Stamps shows his talent. After many practices this past summer it was considered second nature to play the National Anthem without fault. His talent added to the band's style and performance. *Photo by Mark Hughes.*

Not Just Drums

...not just marching to the beat of the music.

The Marching Band was not only a class, but also an extracurricular activity. They were the ones who were heard by the sports teams throughout summer vacation. Their sonorous din was heard as far away as the football field. It consisted of trumpets, french horns, drums, and many other instruments, as well as flags and a majorette. Coached by Mr. Hite, their purpose was to help bring school spirit to pep rallies and football games.

The band participated in many competitions and won many awards. Even though they were interacting with each other musically, they were also joining together socially. Kristen Bartholow remarked, "Everyone gets along really well. We're like a big family. Everyone gets to know someone new at every competition."

Students don't have to be musically inclined to be in the marching band. There was the Flag Corps who takes care of the artistic and decorative part of the presentation. Drum Major Maureen Fish, said, "Practice is really fun and it is great to see both the musicians and the flags come together to make a great performance. It makes me really proud." Even though it was a tough job, many endured the long hours until perfection was reached. Ben Nuckols felt, "that it was worth it but I am really glad its over with."

Marching Band was a really great experience while it lasted and memories and friendships were made. *Story by Auxiliadora Mairena.*

Here's My Cue. While watching her fellow band members, Rita Botts awaits her time to chime in with the xylophone. Playing a separate instrument allowed a great view of the performance and also a part. Concentration could then be focused only on the instrument and not the walking.

Photo by Mark Hughes.



Here Come The Flags. During a performance on the field, Casey Sullivan and Sarah Leimer concentrate on their next move. It often took a lot of practice and the right timing for the flag routine to look flawless. They stole the spotlight and held the audience in a captive stare.

Photo by Mark Hughes.





Safety In Numbers.

While showing off their stuff, Jonathan Barnum, Todd Blose and Tyler Horne play in unison. This trumpet triplet played together many times on the field during half-times. It was a great way to express their feelings musically.

Photo by Stacie Bordick.



Marching Band **Row 1:** Leo Manster, Alison Sheperd, Maureen Fish. **Row 2:** Ben Childress, Travis Cooper, Jared Newton, Angie Stewart, Karen Tyler, Joey Marendia, John Gayle, Steven Messer, Nick Powers, Chris Cahill, Garret Green, Gary Woodward. **Row 3:** Adam Schelin, Jenny Oulette, Liz Woomer, Bobbie Lawson, Mary Ann Di Maio, Kathy Adams, Margaret Trost, Rebecca McIntosh, Jennifer Kitts, Kathy Brewington, Megan Thomas, Elizabeth Holland, Melanie Allen, Sarah Leimer. **Row 4:** Merideth Leopold, Tiana Muton, Michelle Surls, Kelly Selb, Sean Mullins, Jennifer Phelps, Laura Jane Johnson, Carrie Lovert, Melissa Sprague, Rebecca Sarith, Michi Otis, Melanie Hill, Vivian Marcus, Rita Botts. **Row 5:** Morgan Jolley, Erin Kerby, Stacy Arran, Criste Markham, Ben Nuckols, Eric Lunney, Heather Bennett, Cason Moore, Jason Sheetz, Tony Gaithon, Katie Kooger, Amy Mann, Dwayne Green, Justine Galyen, Marci Jones, Sephanie Skeen, Missy Skeen. **Row 6:** Shari Marsh, Jason Green, Tim Brennan, Chip McCaslin, Tim Stello, Todd Blose, Karen Mann, James Como, Bradley Richmond, Tyler Horne, Jon Barnum, Heather Howe, Ryan Wainwright, Andy Stamps, John Paul Rapier. **Row 7:** Tim Wahl, Mike Payne, Casey Sullivan, Emily Richards, Kate Nuckols, Laura Hickman, John Mark Sullivan, Edith Bowers, Kristen Barthelow.

Breakin' Loose. As he puts the moves on the defensive line, Eddie Johnson burns up the field for a first down. The intricacy of the sport of football is surpassed only by the sheer power of the men that play it. *Photo by Mark Hughes.*



Football Fever

...the good, the bad,
& the ugly.

With most of the attention being diverted from the JV and Freshman teams, few were aware of the success and failures of these two teams. "The JV team was very explosive and we were organized, too," said Jason Lomax. "We had the best JV season that Stafford has seen for a while." With a successful season of 7 - 2, the team was overjoyed and ready for next year. The freshmen season wasn't as successful. The struggling team had an upsetting 1 - 9 season. Josh Chamberlain expressed his thoughts about the season, "It was a disappointing year, but we all stuck together." The great resilience to punishment was reminiscent of previous football teams throughout Stafford's history. Here's to a brighter future! *Story by Adam Sullivan.*



Front Row: Joe Hughes, Billy Ice, Drew Penny, Brian Morey, Sean Byrne, Matt Bailey, Freddy Fisher. **Second Row:** Jared Brooker, Tony Watson, David Dugan, Tony Hamrick, Paul Deal, Dwaine Parker, Jason Lomax, Eddie Johnson. **Third Row:** Brian Satterwhite, Joe Petrucelli, Gerard Nelson, Charles Henderson, Matt Dursa, Ed Burton, Travis Saunders, John Mike Steinmetz, Jacob Gadd, Jason Bast, Gerrad Brooks, Prosser Lough, Chris Burgess, Chris Cox, David Friel.

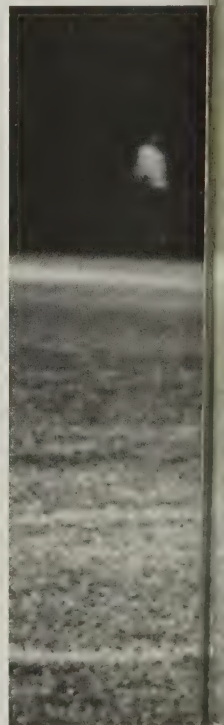
Junior Varsity Football

Albemarle	W	27-0
Brooke Point	L	26-34
Wakefield	W	18-0
Stonewall Jackson	W	42-0
Mount Vernon	W	33-0
Potomac	L	0-6
Woodbridge	W	13-0
Osborn Park	W	Forfeit
North Stafford	W	20-16

JV Commonwealth District Champions
Scored a total of 146 points
Allowed a total of 56 points.
Had 5 shutouts.
Most wins in the 90.

Freshmen Football

Front Row: J. Stephens, J. Atwell, J. Bailey, J. Schmidt, C. Smith, J. Barr, E. Shuets, D. Goding, C. Brooks, J. Pattee. **Second Row:** C. Shackelford, S. Hein, T. DiMaio, J. Epperson, T. Foss, D. Behm, K. Rose, J. Turro, B. Burruss. **Third Row:** C. Wells, M. Brown, M. Titus, C. Shifflett, J. Chamberlin, R. Perry, J. Sullivan, K. Conlee. **Fourth Row:** T. Powell, T. Douangadora, S. Daffern, A. Truslow, D. Coleman, T. Yonts, L. Ellis.





A War of Attrition. The battle that takes place on a football field is won on the line. The unsung heroes of the game are called the lineman, and these men headed up the JV teams success. *Photo by Mark Hughes.*



Are you okay? After being taken out of the game from a hard shot to the helmet, Matt Dursa gazes at the field with a dazed and confused look. Sometimes, during the course of a game, an injury takes a man out. Thankfully Matt was all right and returned after a short respite. *Photo by Mark Hughes.*

Burn Baby, Burn! After breaking free from his pursuers, John Mike Steinmetz moves with great tenacity towards the goal line. The team rejoiced after this spectacular play. This is what makes football great.

Photo by Mark Hughes.

The Freshman! Watching the field intensely, Jeremy Shelton prepares to place the helmet on his head. This youngster was assigned to the varsity team because of his size and ability as a tackler. As his teammates said, "every team should have a freshman". *Photo by Mark Hughes.*

Breakout Tearing through the banner, the team takes the field. They were given an special escort for the special Homecoming night. Four Indians surrounded them and lit the way creating an impressive and intimidating picture. *Photo by Mark Hughes.*

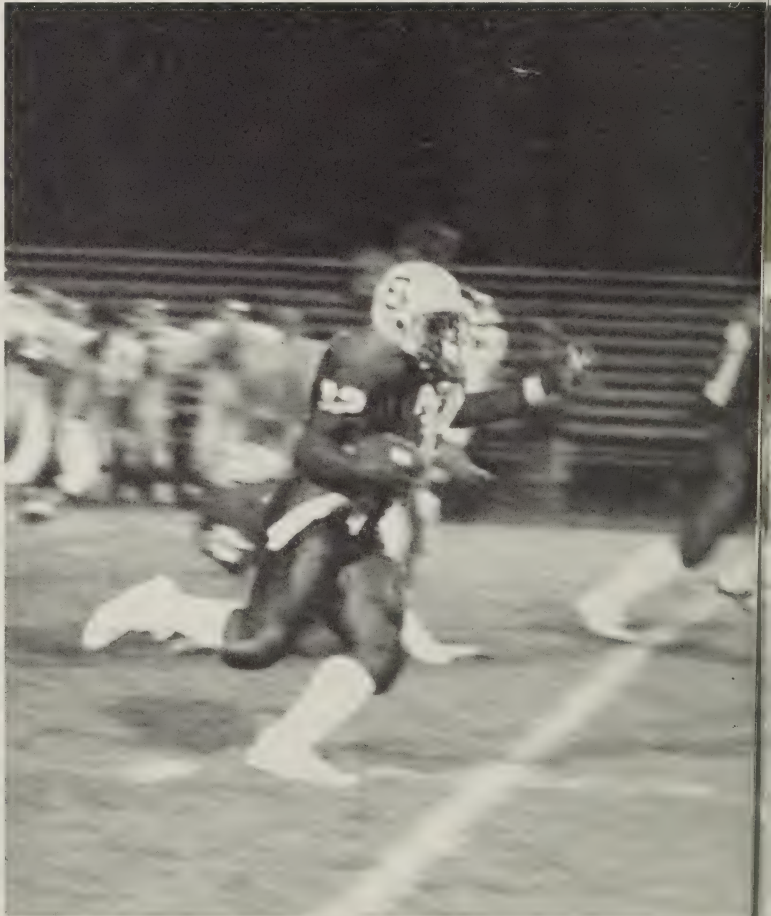
Cutback Looking for running room, Troy Farrar makes his cut. Edison couldn't handle the team speed Stafford displayed. Troy ended the night with 81 yards and two touchdowns. *Photo by Stacie Bordick.*



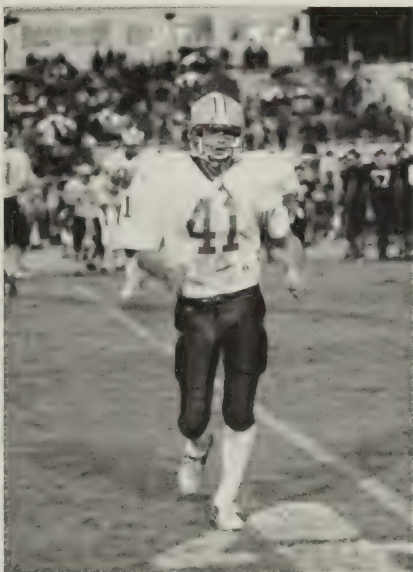
Front Row: Troy Ferrar, Kerry Knowles, Brian McKinney, Craig Hughes, Chris Watts, Sean Sullivan, Monte Lambert, Aaron Prowett.
Second Row: Matt Durran, Charlie Gorham, Chris Kraus, Chris Tyler, Patrick Hall, David Illi, James Poole, Jerome Hill.
Third Row: Matt Shelton, Michael Donaldson, Jay Smits, Jeremy Shelton, John Kraus, Cameron Trant, Paul Weilt, Eric Schneider, Jason Smith.

Varsity Football

Edison	W	28-0
James Monroe	W	15-6
Brooke Point	L	0-40
Wakefield	W	28-14
Stonewall	L	28-27
Mount Vernon	W	30-14
Potomac	L	28-14
Woodbridge	L	21-14
Osborn Park	W	30-0
North Stafford	L	20-14



Ready To Rumble While he usually played tight end when on offense, Cameron Trant prepares to take off as he assumes the position of wide receiver. Versatility of skill was evident on the hard-working team. *Photo by Mark Hughes.*



Taking A Break After a strong defensive stop, Paul Wielt jogs off the field. Because of the small size of the team, it was hard to find a minute to take a break from the action. *Photo by Mark Hughes.*

No Problem!! Breaking out into the open, Brian McKenney picks up the first down. Brian carried the ball 13 times for 141 yards to lead the Indians to a 28-0 victory over the Edison Eagles. A thunderstorm ended the game early. *Photo by Mark Hughes.*

Football Fever

...quite an experience

This year the football team had a season that won't be forgotten for a long time. Games were more enjoyable than ever before. "This year the boys that I grew up with became the men I saw on the field. Through all of the ups and downs they grew as individuals and as a team; I wouldn't have had it any other way," said Stefanie Shifflett with a reminiscent smile. The year was an emotional rollercoaster for the team, the coaches, and the devoted fans. There were times of pure delight and excitement, like after beating across-town rival James Monroe. Then, the next game after a week off, they couldn't manage to get any offense going to put points on the board. In the Wakefield game where they played in the absence of Coach Kraus, who had back surgery that week, and under the direction of Coach Stemple, they came from fourteen points down to win 28-14. There was the Stonewall game where we all agonized over a one-point loss in overtime, and the Woodbridge game where they faltered late in the fourth quarter, giving up two touchdowns and losing the game by seven points. "Because of a few wins we couldn't manage to pull out, our final record was a disappointment. We expected so much more of ourselves," said Eric Schneider.

Many achievements were made this year as a direct result of all of the hard work that was put in to football. For the seniors, it was the time they reaped the benefits of four years of hard work. The team scored the second most points in the district, and allowed the second fewest. "Despite having a relatively small line, we produced almost 2,500 yards rushing and more than 3,000 total offensive yards. I think that's a tribute to the ten men that played in the trenches all year," John Kraus recalled. John was also chosen as defensive player of the year by the area coaches.

If nothing else, the team grew to be close friends with each other, the coaches, and those that were there with them through all of the ups and downs. "Football is the only game that can be compared to life. This year football showed me that even through disappointments, let downs, and setbacks, the ability to move forward is hard, but its not an unaccomplishable goal," smiled Chris Watts. Matt Shelton said, "I felt like this year we turned the final page that put Stafford football on the map. This year also climaxed my relationship with my teammates that I've been with forever. I love'em all." Liz Malay added "I have a lot of pride in our team. Even when they were losing, they never gave up. Sometimes that is better than winning. I'll miss cheering for them next year." Kris Denson summed it all up by saying, "I think this year's team was very special considering the starting lineup was mostly seniors. Their fans will miss them! But I look forward with faith to the future..." *Story by Cameron Trant.*



Sports Divider

Sports

From golf to wrestling, field hockey to gymnastics, there were sports for any and everyone who was interested. While there were students such as Paul Wielt and Jennifer Moore who played sports during all three seasons, there were also those like Cathie Cleaver and Scott Johnson who concentrated on only one sport the whole year, participating during their respective seasons and working the rest of the year on conditioning. Cathie, in fact, participated on three separate swim teams and therefore, "I only go to practice with the school team one or two days a week." The athletes' hard work definitely paid off with several teams placing well in the district and region and a few even making it to the state playoffs.

The physical benefits of playing sports were not the only benefits. Another very important aspect and for some maybe even the most important aspect of playing was the friendships that were formed. "We (the tennis team) really bonded and became like sisters," smiled Carrie Grigg. The entire girl's Cross Country team had a song that they felt inspired them as a group: John Michael Montgomery's "I like it, I love it, I want some more of it!". Those friendships often extended past the playing field as well. During the season at least ten varsity football players were seen raiding the Shoney's on Rt. 3 on Friday nights for some after-the-game refreshments and to just chill with their friends.

Regardless of why an athlete participated or even what the final score was, playing a sport had benefits that one could glean from nowhere else. Coleman Tyson had a very original opinion of playing sports at Stafford. "It's fun... even though I lose!" *Story by Stephanie Crain.*

Iron Men Using every bit of strength they have, Tom Sitzman and Ben Whitford push ahead of the Woodbridge runner. Cross Country was an extremely difficult and demanding sport. Those who could cut it were a rare breed and deserved much respect. *Photo by Mark Hughes.*

Water Fountain Looking exhausted, Jenny Connelly stops to get a drink during a Field Hockey game. The Field Hockey team worked exceptionally hard and that work definitely paid off. They made it all the way to the state finals. *Photo by Mark Hughes.*



A Breather... With his socks falling down, Cameron Trant takes a minute to relax during a football game. Cameron played offense, defense, and special teams so he didn't get much chance to relax. With only about 24 players, many starters on the team had to play both ways. *Photo by Stacie Bordick.*



Eagle Eye While watching her students like a hawk, Mrs. Peggy Perry keeps track of mistakes made and offers advice to the non-drivers down below. The driver's education program is an intricate part of the entire "learning to drive" process. And remember: no speeding allowed. *Photo by Bryan Ennis.*

The Incredible Stress of It All Succumbing to the pressure of the test, these driving pupils massage the pain out of their heads. All sophomores had to navigate their way through the horrific driving range. Let's hope, for all our sakes, that they passed with flying colors. *Photo by Bryan Ennis.*





The P.E. Experience

...and the driving challenge

For years it has been standard practice for students in the 9th and 10th grades to take physical education along with health and drivers education, and '96 was no different. "P.E. this year was the same as other years except for the fact that we had to bring our own clothes to change into," said Julie Sullivan. The P.E. and health experience was definitely one to remember: great memories of crab soccer and badminton, the heroics displayed during the football and basketball tournaments, and the hardships of defeat in European handball.

The students taking drivers education were very happy to finally get behind the wheel of a car and cruise around the driving range at less than 2 m.p.h. "I got yelled at for having my foot on the gas when I didn't even have my foot on the gas," complained Stephanie Crain. Everyone needed the practice and the time getting used to the cars so they could pass the all-important road test. "My class all passed the road test and got our licenses, but it came to my attention that the guys would get better grades than the girls. But that was just my observation," pointed out Matt Dursa.

Elective P.E. was also offered at Stafford to those of the student body who wanted to stay in shape for all four of their high school years. "It was the easiest class I've ever had," stated John Bridges. The Masters twins were also enrolled in elective P.E., "Sometimes when we play volleyball all period, I use that as a warm-up to track practice so I can run more," said Amanda. Yes, we will all look back and remember our own P.E. experience. *Story by Adam Sullivan.*

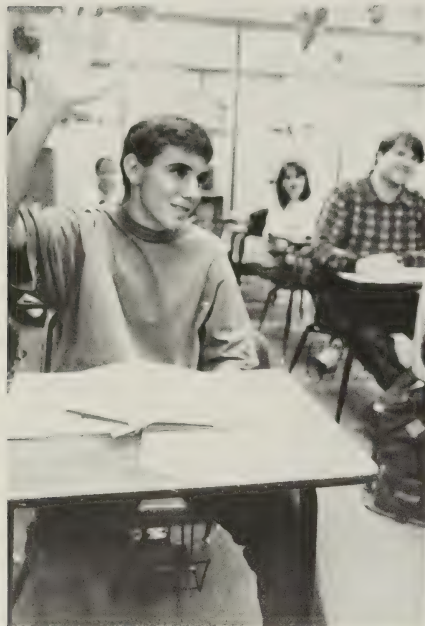


Take It To The Hole. Standing beyond the free-throw line, Tony Smith shoots the ball. During P.E. class students were encouraged to enjoy themselves in a friendly game of basketball.

Photo by Mark Hughes.

Pump It Baby! During weight lifting, Adam Bray uses the curl bar as Alex Doyle looks on. Curling was one of the most important exercises the basketball players did. *Photo by Mark Hughes.*

I Know!!! Waiting to be called on, John-Paul Grizzle seeks to be acknowledged. When students knew the answer to questions, it gave them a sense of satisfaction. Hard work and determination were needed to succeed throughout the school year. *Photo by Bryan Ennis.*



Trying Hard Looking on, Erica Havasy diligently works on her schoolwork. Concentration was hard to achieve during the school day because of interruptions such as friends passing by. However, friends could be a relief from the stressful routine. *Photo by Rita Stevens.*



Around the World

Different languages making their way into the minds of students

The English language is hard enough to learn, with the many slang terms and grammar rules. So why do students decide to take another language? Reasons ranging from academics to personal preference were given when students were asked this question. Kristi Moyers said that she's "taking Spanish to fulfill my requirement for college because most colleges require it." Hope to master a foreign language was an aspiration for Sabrina Wood. She is "taking up to Spanish 5 to hopefully speak fluent in Spanish. And it will help me for my profession as a lawyer." Perhaps the most interesting reason for deciding to take a foreign language was given by Jessica Rose. She said that "I take Latin because the Pope speaks it." *Story by Gina More.*



What a Joke!

Laughing away, Jamie Heiser looks on. Having a good laugh could improve the day, especially when lots of homework prevailed. School could be very difficult, but proved to pay off after all the hard work was finished.

Photo by Bryan Ennis.

Teacher Help During Latin class, Chris Conway is assisted from Mr. Wray during a presentation. When students were in a jam with school work, teachers were usually there to help them through the rough times. *Photo by Bryan Ennis.*



Art Swap

Collaborations and additions to the arts

In '96 the Drama and Art departments found that two heads were better than one. During the fall production, art classes worked side by side with drama classes to create a colonial set to perform *Our American Cousin*. The production took place November 16, 17, and 18th with the first-ever Saturday matinee. "I felt it was important for the art students to get a practical experience," remarked Mrs. Rachel Sigler. The students were all involved in painting back drops, props and even a false presenium.

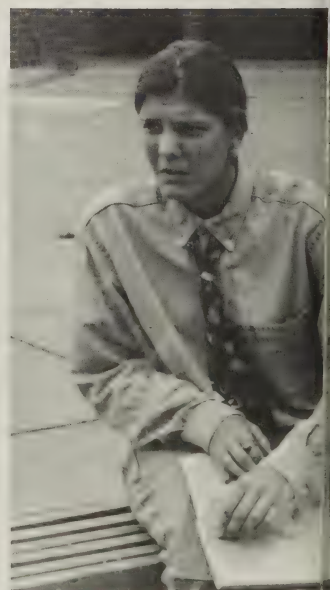
When they weren't on the stage, the Art department was very busy in its own little corner. The addition of Ms. Holly Dittmar brought new and young ideas. She did a portion of her student teaching at Stafford only three short years ago. This year she not only became a new mother, but also taught three classes. "Her energy and deep devotion to all her students served to make Mrs. Dittmar a daily inspiration for all her art classes," smiled James Como.

The Drama department had their additions as well. Ms. April Stafford worked along with Mr. Clark during the production, sharing her theatrical background. "Ms. Stafford added a unique perspective for our fall production," quoted Brian Creasy. The arts were well equipped in '96 and the products showed their efforts. *Story by Jennifer Moore.*

The Buddy System

Working outside, Ryan Drenniak and Jennifer Moore enjoy their art class. The upper level art classes were given special privileges, such as going outside. Their sharing of ideas and techniques led to excellent artwork. *Photo by Niki Tyson.*

Artist at Work Squinting, Swantje McClay explores the fall foliage. All year, art students tried to recreate the environment around them. Some were lucky enough to recreate the outside environment. *Photo by Niki Tyson.*





Behind the Scenes

Backstage the cast of *Our American Cousin*, including Stefanie Shifflett, Christy Stoner and Cramer Thompson discuss their backstage jitters. The fall play was pulled off with stunning success. The drama department put on a great show in all their performances in '96.

Photo by Liz Malay.



Uhhhh...Yes it is

Dressed to kill, Erin McCants and Michelle Grigg debate their lines. Stafford's young actresses were rehearsing up until opening night. Their hard work payed off in the end. Photo by Liz Malay.

Hands-On Learning

Students preparing for the real world

Students in business, vocational, and technical classes received knowledge and job opportunities for the future. The business department dealt with commercial aspects such as accounting and keyboarding. Students have found that the knowledge they gained in their classes was useful for using their computers at home. Jennifer Johnson remarked, "I enjoy taking business classes because that's what I plan to be my major in college."

The vocational department focused more on hands-on training. Learning the basics of design was rewarding. For Butch Bennett, "Vocational classes test your abilities. People underestimate our knowledge and don't give us enough credit. It's really harder than you think."

The technology department helped students perform specific tasks using programs such as CAD. Billie Fritter commented, "I've learned skills that will last me a lifetime." The skills learned in these classes have helped create more highly skilled workers. The new technology has helped students' learning progress and build their confidence. *Story by Auxiliadora K. Mairena.*



Typing Queen. During a timed writing, Shanna Kilen zips right through a conditional writing assignment. Classes were started out with trials everyday to ensure that students were progressing. Computers made the job faster and easier. *Photo by Mark Hughes.*

What A Mess. While taking care of some bolts, Jimmy Moran gets ready to drain the oil pan. Getting messy was just part of the job in the Auto Mechanics lab. Students were allowed to wear overalls and had to use a tough detergent for their hands. *Photo by Liz Malay.*

Perfect Dimensions. Mike Roberts explains certain dimensional concepts to Dennis Galindo and John Paul Grizzle. In order to be successful in drafting everything had to be to scale. Projects kept the students busy and practice led to perfection. *Photo by Michelle Damos.*

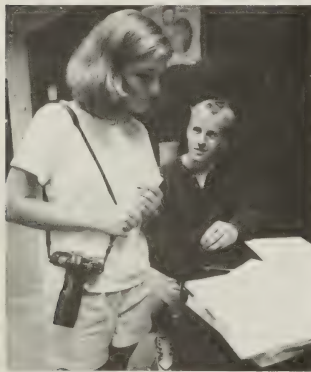
What Program?

Debating whether or not to use a certain program, Robyn Baker ponders over the computer. Devising ways of executing programs, the business students learned many forms of computer language. Their new-found skills could aid them in the world of growing technology. *Photo by Mark Hughes.*

Free Time Vicki Koussoglou observes what Mr. Driver is doing on the computer... or trying to do. After deadlines were met, the newspaper staff could use their free time to work on the next deadlines. *Photo by Liz Malay.*

Kicking Back Brian Quann and Sarah Bolthouse look back over their most recent edition of the Smoke Signal. Relief came after the final copy was produced and deadlines were met. It was nice to have time to relax after all the stress was over.

Photo by Niki Tyson.



Just Doing Her Job

Photographer Niki Tyson stops to chat with Ryan Drewniak on her way to take pictures. Being on the yearbook staff was a big responsibility, but it was a lot of fun too. *Photo by Christy Stoner.*



Agghhh...the Memories

Organizing an entire year of memories into one book is harder than it looks, but it's loads of fun too. The 1995-96 school year was one to remember and thanks to the yearbook staff and those who helped, we never have to forget it. "Years from now, we'll all look back at our yearbooks and laugh. It's great to have something that helps hold onto the memories," said Lindsay Coker.

It took lots of planning and hard work to meet deadlines and of course "make the grade." Students who contributed to this year's yearbook were either writers, photographers, or designers. Each job meant time spent working hard to meet the deadlines and sometimes even others' deadlines as well. "I never knew just snapping pictures involved so much extra... stuff. The title Photographer has a whole new meaning now," said Rita Stevens, who took the time to photograph sports events, classes, and whatever else her new graded hobby called for.

Printing, enlarging, developing, and making contact sheets were just a few of the skills it took to take pictures for the yearbook. And for the newcomers to the profession, learning it all was almost overwhelming. "It took a lot of practice and patience to get used to it all," added Rita. The writers learned the formulas for writing captions and the skill it took to write more than "Once upon a time..." stories. And then there are the designers, the ones who put it all together and organize the final product. All three worked together to produce this year's annual. But what about the sponsor?... Mr. Mark Hughes was probably the one who underwent the most pressure. Making sure students met deadlines, phone calls were made, and everything was on track, was just a few of his many, many jobs.

Another publication is the Smoke Signal. Students enjoyed reading their horoscopes and finding out which movies were worth seeing at the end of the week. "Even though we aren't a big news source, I hope we provide some entertainment," said Vicki Koussoglou. The hard work and dedication paid off when the yearbook was finally published and all minds could rest until next year.
Story by Danielle King.



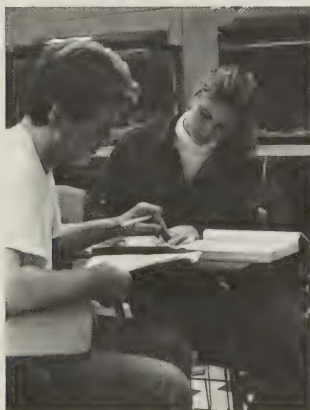
Deadlines Angela Rutherford finishes her deadline as Stacie Bordick waits for the computer. When deadlines were due, the computers were first come-first serve. *Photo by Cameron Trant.*



Decision Making Jennifer Moore and Jacquelyn Bonner decide which photos go into the yearbook. Getting to see the pictures before anyone else was the best part. *Photo by Niki Tyson.*

Where Is This Answer? Charles Morgan is studying in front of the fish tanks. At the beginning of the year the class went on a field trip to Virginia Beach to collect specimens for their tanks. The animals collected became the pets of the class, and they cared for the fish the rest of the year.

Photo by Michelle Damos.



Just Guess. Kari Cwiak and Hans Foy answer their review sheets for Marine Science. The class used their textbook throughout the year. The review sheets were very helpful to the students when test time came around.

Photo by Michelle Damos.

Ahh Wet! Joanna Beard performs an experiment in science class. Experiments made learning more fun, especially when the students got to get their hands dirty. The material used in experiments was more easily remembered for tests.

Photo by Christy Stoner.



Newton & Einstein

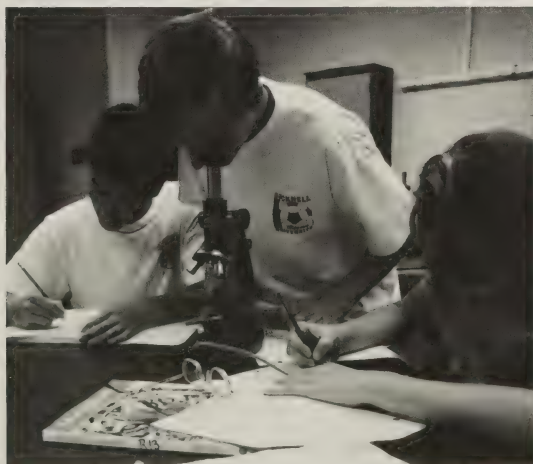
Where the explanations of life come from

Almost everyone's schedule contained some level of math and science. There were so many science classes to choose from, that some students took two science classes a year. Auxiliadora Mairena took Physics and dual enrollment Biology in one year; she said, "they were difficult but the labs made them fun." "Labs are an interesting part of science because you can briefly see what the teacher has lectured about for days," said Angela Rutherford. The faculty of the science department changed, and many students appreciated the new teachers. Billy Cropp said that Mr. Shrader, the new Biology teacher "was cool because he was young, related to the class, and knew what was going on." Science alone was neat, but it was even better with a good teacher.

The math department had to say good-bye to Mr. Breede. He had been the D.E. Calculus teacher for years. Mr. Hinds took his place and Liz Malay admits she is "glad they offer college-level Calculus in high school. Hopefully I will never have to take it again." Ryan Drewniak "finds Calculus with Mrs. Monn a highly challenging class; it's just good that I have a great fondness for derivatives and polynomial functions." The many levels of math in high school gave students the opportunity to find the best class for them. *Story by Anna Ervin.*

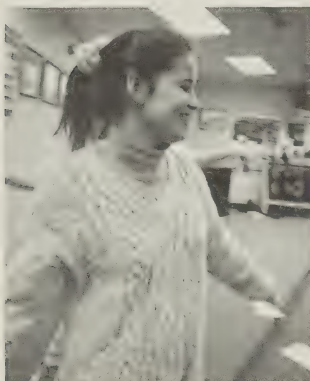


Fire! Fire! Leo Manster and Matt Morin play with fire in a chemistry lab. It was best to observe principles of science through labs to understand concepts. The hard part was writing up labs because the students had to explain in detail what they did and why. *Photo by Alvin Weeks.*



I Can't See Anything. Andy Rowden peeps through a microscope in biology class. Microscopes were used often in viewing microscopic organisms. After each view students had to copy the tiny organisms on a drawing sheet. *Photo by Christy Stoner.*

Playin' the Brass. As the band plays on, Marcus Waltington accompanies his fellow horn players in an interlude of symphonic harmony. The brass horns are the basis of most of the big band music, and the Stafford band played it the best. *Photo by Niki Tyson.*



Singing with a Smile.

In chorus class, Sophia Odam enjoys the company and camaradery of her fellow singers. Chorus was a fun and exciting class. They sure could sing! *Photo by Christy Stoner.*

Playin' da Blues.

Tuning up in the band room, David Lawson toots on his horn as John Bridges goofs off and tries to play an instrument. Band took dedication and lots of hard work to make Mr. Hite proud.

Photo by Christy Stoner.



The Groovin' Indians

Music from Stafford

For many artistic people, the greatest release was to play an instrument or sing. There were a great many people in the band this year. They went on trips for competition and parades and the like. Joey Merenda's favorite memories were of the trips, "The trips were great and the bus rides were fun, especially on the way up to Winchester for the Apple Blossom Festival."

The Chorus group enjoyed much of the same luxuries as the band, although there were some differences: "Going to the middle schools and recruiting people is the most fun, but I really just like to sing," said Jamie Sandborne. As a member of girls' ensemble, Jessica Thompson had the honor of singing at the Country Club. "What an experience; it was the most fun ever." As a rule, these artists had a blast. *Story by Adam Sullivan.*



Studying Hard. While in the band room, Rebecca Macintosh and Liz Holland whip out the textbooks. Studying for a different class was a big no-no for band students, but these two prodigies were allowed to slide by the rules. *Photo by Christy Stoner.*

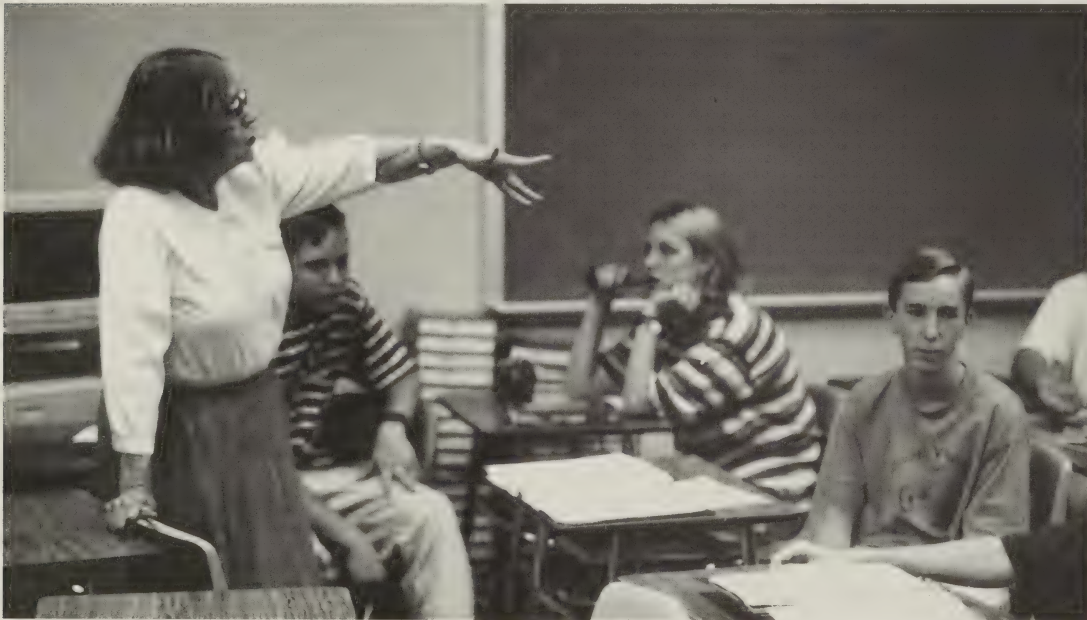
Around the World

From History to English...What a Day!

Imagine traveling from Christopher Columbus times to the world of Nathaniel Hawthorne all in one day. That was the case for students who were required to take History and English classes.

Matt Bailey, who opted to take AP History rather than College Prep, did so because it's "challenging, not boring." Students who took on harder class courses found it to be a benefit for them in the long run.

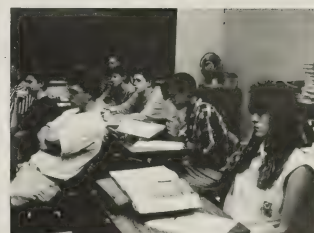
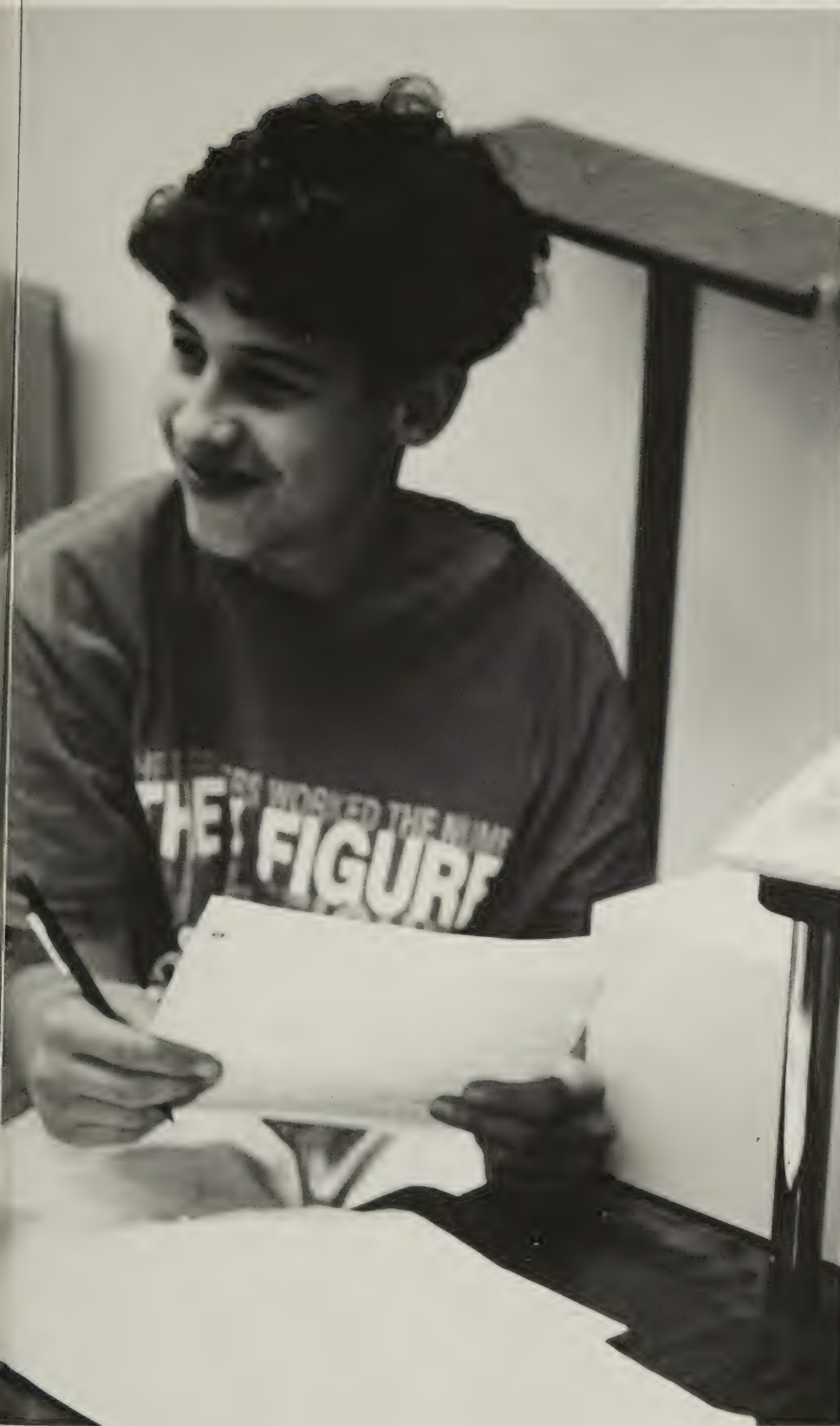
English was another mandatory class during the school year. Many felt indifferent as to the course itself. Ryan Swierk said "it's alright." Learning about a language they already know was the biggest complaint among students. However as Justin Miller summed it up: "English... it's just English." *Story by Gina More.*



Your Turn During an English lecture, Ms. Blalock calls on an unsuspecting student as Kim Ulrich and Shaun Kerr look on. English classes usually held many discussions to get everyone involved. *Photo by Stefanie Shiflett.*

Think Hard Oblivious to anything going on around them, Sara Brewington and Lena Browneyes concentrate on the work before them. To excel throughout the school year, students had to do a lot of work. *Photo by Stefanie Shiflett.*





Hard Workers Listening to the teacher, Chris Weimer and Jeanina Fitzgerald look ahead. Teachers often lectured to teach their material. Class periods for the students seemed to drag on forever in some cases. *Photo by Stacie Bordick.*

That's Funny! Smiling at something comical that just happened, Brandon Pratt looks on. Laughing at the funny occurrences that went on during class relieved some of the stress that was put on the students from all the work. *Photo by Stacie Bordick.*



Academics

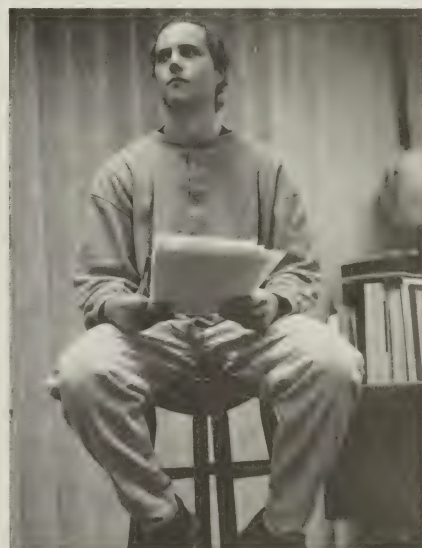
Whether they liked it or not the students had to go to school and they had to take classes. There were even some classes that were required for everyone, regardless of which diploma they were trying to attain, such as English, World Geography, etc. While a common misconception was that high school students only liked lunch and electives, Katherine Kimbrell commented that "without a doubt, my favorite class is Chemistry with Mrs. Dennis. I've never met a teacher so enthusiastic about blowing things up." Often when the subject of a class did not make for a student's favorite class, the people who were in the class did. A student who wished to remain anonymous remarked, "My favorite classes are those with Tug Coker in them!!!" Many of the students liked the classes that were not as formal and structured as the normal Geometry or English class. Heather Howe stated, "Yearbook is fun because we have freedom to do things at our own pace and when we want, as long as we get our deadlines in on time. Plus almost everyone in here are good friends so we have fun."

Any normal high school student looks forward to graduation, and the students of Stafford in '96 were not any different. The Senior class was especially excited about the prospect of being done with high school and a severe case of Senioritis broke out. Scott Johnson was one of the many who caught it and laughed, "I don't really care as much about my grades anymore because I already got into VMI." Students soon learned, however, that colleges usually want to know the prospective students' final grades and it was possible to have an acceptance taken back by the school if their grades did a nose-dive. They didn't let it get them down too much, though, because most of the Class of '96 had their sights set on graduation. Perhaps Erin Doyle summed it up best when she exclaimed, "June 7th, I am outta here. Graduation is going to be kicking!" *Story by*

Stephanie Crain.

Working Hard Playing the part of a diligent student, Michelle Cowen works in her journal in Creative Writing. Mrs. Julie Stemple's Creative Writing class consisted of (naturally) a LOT of writing. The class was most definitely for those who thoroughly enjoyed writing. *Photo by Bryan Ennis.*

Attention, Please Getting ready to speak to the class, Aric Rose looks around the room. Many different classes ranging from English to History to Spanish required oral presentations. While they were not usually fun to do, most students got used to getting up in front of the class. *Photo by Stefanie Shifflett.*



Typing Queen As Margaret Sacks and Maureen Fish look on, Stefanie Shifflett types "Learning Objectives" in A.P. American/Comparative Government. Learning Objectives were a Mr. David Shotwell invention and were not the favorite activity of the students. *Photo by Niki Tyson.*

Fall

Play

The drama production of *Our American Cousin* attracted loads of attention. "I love the way the actors portrayed themselves as ghosts," said Rita Stevens. "It was my favorite thing all year," said Stefanie Shifflet, who played Mrs. Mountchessington. "The practices were really long and hard, but I think it all paid off. Plus, I thought the set was amazing," she added. Stressful time was put into designing the set, learning lines, deciding on costumes, and getting to the end product, which to say the least, drew quite an audience. Students enjoyed viewing the play during their English periods, and both students and parents swarmed to the auditorium to see the four weekend shows. "It was really good. Johnny Torrey was pretty funny," claimed Adam Sullivan.

Months were spent on the preparation of the play. The colonial setting actually took more time than the play itself. "I thought it was very creative how the whole 'play within a play within a play' was portrayed," said Tug Coker. The hard work and stress finally paid off when *Our American Cousin* came to life. *Story by Danielle King*



Looking On Christy Stoner, Alok Gulatie, Dee Dee Bevens, Taylor Blackburn, Dennis Carmody, Marcus Lawrence and Ben Robinson look on as they listen to Hans Foy as he sneers back at them. *Photo by Niki Tyson.*

"Our American Cousin"

FLIP SIDE

Katie Torey was a huge part of the Stafford Drama productions. Her performance



in Our American Cousin was her seventh play production. She was part of the 1994 cast that won first place in the Virginia High School League's One Act Play State Competition. Her hard work has paid off and she plans to go on to perform or teach in the Drama field. We wish her luck in the future in pursuing this career. Good luck, Katie.

Knocked Out
Hans Foy lays motionless after being tricked into drinking too much in the play Our American Cousin. Hans Foy played the villain, Mr. Coyle. Photo by Liz Malay.

Drama Aces
Marcus Lawrence and John Torrey converse on stage. Marcus and John worked long hour with the rest of the staff to learn their lines. Both had major roles in Our American Cousin. Photo by Liz Malay.



Athletes

There were only a few athletes at Stafford who were committed to a sport every season. It would mean a lot of time and effort, but those who kept up with sports from summer to summer did not regret it. Kerry Knowles said, "I love getting the opportunity to represent Stafford because sports is a big part of my life." He felt that the rush he got after making a big hit or a good play was awesome." Another football player, Matt Shelton said, "I enjoy supporting and watching the school's sports develop." He was able to see his achievements throughout the year in football, wrestling, and lacrosse. Competition was an important aspect of athletics, because athletes like to win. Drew Penny liked competition and said, "I am a very competitive person. Being a freshman, I got to meet new people." Finding new friends was a great advantage to students. The feeling of being part of a team was what Amy Cascio liked most about basketball. "All of my best friends are on the team, so they made it lots of fun," said Amy. Paul Wielt said, "My friend got me into football. Then I wrestled to keep busy and stay in shape throughout the year. I played soccer to improve my skills because I hope to play in college." The students who were lucky enough to have the talent to participate in multiple sports had to work hard to balance both school work and practices, but it prevented them from having dull moments during the week. *Story by Anna Ervin.*



Full-time Athlete. Paul Wielt catches his breath after a victorious football game. Football was only the beginning of a very busy year. He also participated in wrestling and soccer to complete a three season year. *Photo by Liz Malay.*

Year Round Runner. Running hard at a cross-country meet, Jennifer Moore pushes until the finish line. She ran in cross-country, winter, and spring track. As a devoted runner, she never took a break from her favorite sport. *Photo by Mark Hughes.*

Never a day off.

FLIP SIDE

There were some talented individuals who did not participate in any school sports, but were active in



special sports. Stacie Bordick spent a majority of her time before and after school taking care of her three horses: Queen, Out-of-Sorts, and Max. She cleaned the stalls, fed, and put out her horses every morning at five o'clock. After school she rode her horses and participated in many combined training events. No wonder she has no time for school sports!



You're under arrest. During the school's production of Our American Cousin, Scott Ramsburg throws Hans Foy to the ground in an attempt to maim the crooked accountant. The plays put on by the drama company were a great success and an excellent way to spend an evening. *Photo by Liz Malay.*

Although all students at Stafford possessed an amount of creativity, the abundance of the crop was distributed throughout the elective classes. For example, the band had many creative and original people within its tightly knit bonds. Mike Swansburg, a senior, was in the band for seven years and learned a lot about creativity. "I felt that the only way to really enjoy music is to make it yourself, and for that you have to have an air of originality." As for the artsy crowd, Dawn Baker said, "Art class is the only time I can escape from the reality of the rest of the school day." Drama people knew their way around the creative kitchen, too. Jesse Hanson said, "You can be whatever you want and wherever you want when you're in drama." *Story by Adam Sullivan.*



"Give me that knife!" This Halloween tradition almost went too far when T.C. Calverley got a hold on this knife. There is always a lot of fun when it comes to carving the pumpkin, you just have to know when to say when. *Photo by Shirley O'Esterle*

...and the ones who possess it.

FLIP SIDE

One of the top minds on the creativity scene was Stefanie Shifflett. "I really like to write poetry, it brings out my internal



feelings. I see the world and express it." Stefanie was also enrolled in art throughout her high school career including Art 4 her senior year. After school Stefanie spent her time acting in plays that the school's drama department presented. She also was an accomplished athlete, playing softball and a host of other sports including Sega and ping pong.

Bus

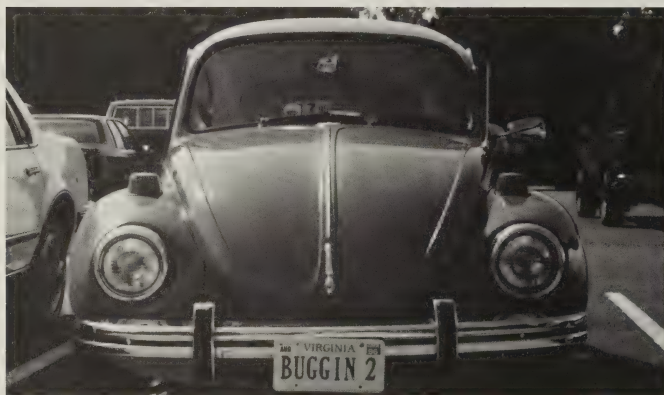
Never Ending Line Waiting for their opportunity for a parking permit, students formed a line from the front lobby all the way to the cafeteria. Students were not allowed to park in the parking lot without a permit, so waiting in the seemingly endless line was a necessity. *Photo by Mark Hughes.*

or

There were two alternatives in the morning for students getting ready for the school day. They could either be the group driving themselves or hitching a ride with a friend, or they could be the ones found riding the school bus. Morgan Baker felt that "riding with someone is better because you have more time in the morning and you don't have to ride for hours to who knows where." Students who had a hard time becoming motivated to get themselves out of bed found that being able to leave when they felt like it was nice.

The students who had to ride the bus (commonly referred to as the Cheese Wagon) found the ride "too crowded and smelly" as observed by Joey Hughes. Justin Hensley felt that the bus "came too early and it was never the right temperature, you were always either too cold or too hot."

Whatever their mode of transportation, students had to make the journey to school, be it car or bus. *Story by Gina More.*



car

Punchbuggy Orange An orange bug stands out amidst the other vehicles parked in the students' parking lot at school. Uniqueness was a priority for students throughout the year, and they displayed it through their modes of transportation was an option.

Photo by Mark Hughes.

The Students' Decision

FLIP SIDE

The normal routine of driving to school was disrupted on October 2, 1995. As the cars approached the school, they were rerouted to the stadium. The confusion was evident as



students asked what was going on. Soon the news that there had been a bomb threat spread throughout. The school had to be totally clear of people to ensure safety, hence the relocation to the stadium. Mike Roberts said, "I was angry because I wanted to go back to bed." However, not all students were upset at the fact that they had to wait around for a long period of time. Matt Korniotis said, "It was good because at least we got out of classes." The excitement shortly ended around mid-morning, after the threat was gone. Students were lead back into the building to begin a somewhat normal day of school.





Student Life

The new year brought with it many experiences that were old favorites: pep rallies, Spirit Week, Homecoming, Prom. As for new experiences, everyone can remember the infamous bomb threat. Although most time was spent in school or on homework, everyone made time to enjoy themselves. For some it was hangin' out with friends; others just enjoyed a quiet moment alone. This year was a stressful one for some people: "This is the most hectic year ever, and I thought senior year was supposed to be fun," said Stefanie Shifflett. "Although I was praying for a vacation after the first 4 weeks of school, the year seemed to fly by!" exclaimed Jesse Isaacs.

Sports were also a way to release the pent-up frustrations from the day. With the great seasons the teams had, their players were flying high with pride. "The [football] team just came together this year. We had some injuries that hurt us, but we all helped each other out when time came," said Eric Schnieder. Matt Duren gave more insight into the injury situation: "Football was good this year... until I broke my foot."

Even though the stress of school was sometimes unbearable, the student body survived with the thought of freedom being around the corner. *Story by Adam Sullivan.*

Too Sexy Practicing for the Christmas parade with her crew, Jeanie Lomax sports the "Right Said Fred" look. Dancers had to go through many grueling practices to prepare for the D-Day... A.K.A. the Fredericksburg Jaycee's Christmas parade. *Photo by Mark Hughes.*

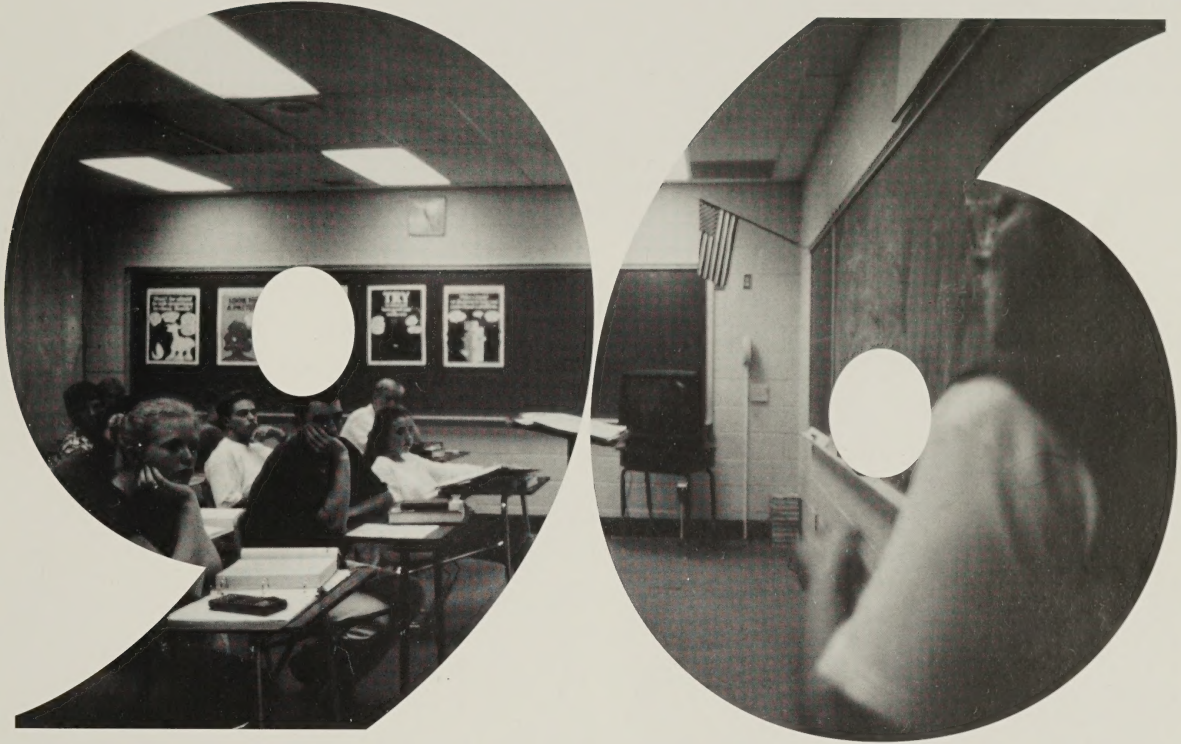
Go ahead Mr. Pugh! Having a good time at the dance Bill Pugh jokes around with Shelli Spoon. Both faculty and students had a good time at the dance. *Photo by Shirley Oesterle.*



We're #1! The eye blackened, overzealous, bruised and bloodied (but oh-so-sexy) Senior squad rejoices after their victory over the Juniors in the 2nd annual Powder Puff football game. The victory was a momentous occasion for all. Way to go girls! *Photo by Mark Hughes.*



Stafford High School



The Indian Legend

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Academics 12



Sports 30



Clubs 80

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